

# SMSC “Matters”

## Summer 2015

### SMSC General



#### **Jack Petchey Awards**

On Wednesday 29<sup>th</sup> April, I attended the Borough's Jack Petchey Award Ceremony at the Broadway Theatre. It was a privilege to attend an event that celebrated the achievements of not only our own JRCS students, but also all students who have been given Jack Petchey Awards in the Borough's secondary schools. There is a feature in this week's Barking and Dagenham Post with pictures of all our award winners.

Mr Smith  
Headteacher

## Charity Skydive



On 5th April Ellie Lynch from Year 11 did a tandem skydive to raise money for Ovarian Cancer Action. She raised £312.46 and had a brilliant experience and said she would highly recommend it to anyone over 16 years old. "I am so glad I was able to experience it as it was amazing. Thanks to everyone who helped me raise money for Ovarian Cancer Action and people who donated".

Ms Boller  
Student Communication Manager

## LIFE Programme

Mark Hunt 10D recently attended the LIFE Programme. This programme gives students the opportunity to learn skills needed to become a firefighter. Mark settled into the role extremely well, showing good leadership skills which resulted in his peers voting him the winner of the Jack Petchey Award. Mark said "I really enjoyed the course, it was a great experience. If anyone has the opportunity to do this programme, they should 100% do it".

Well done Mark!

Mrs Falzon  
LSU Manager



## Gold Seagull Winners

In the last week of April, I was delighted to give out 26 Gold Seagull awards to students in Years 7 -11. It makes me very proud to give out these awards as it shows that our young people are really aspiring to be the best that they can possibly be.

## London Marathon 2015

I am delighted to announce that two members of JRCS staff took part in and completed the London Marathon on Sunday 26<sup>th</sup> April.

Many congratulations to Miss Wilkinson in PE and Mrs O'Connor, one of our lunchtime supervisors, on their fantastic achievement.



## Ruxandra Ilie 10D

I am delighted to announce that Ruxandra has been chosen to represent England in the Tang Soo Do championship in Las Vegas in July and August 2015. This is great honour as she will be the youngest competitor representing the London Black Belt Academy in England. Many congratulations to Ruxandra and the best of luck in America.

Mr Smith  
Headteacher



## 'Tackling Stop and Search'

Why are young people stopped by the Police? This was one of the questions, along with many others, that was answered by the ARC Theatre Company during their visit to our school last Friday. Funded by Barking & Dagenham Safer Neighbourhoods Board, ARC has devised a powerful new youth engagement programme using live theatre to raise awareness of the realities of Stop and Search.



Students from Years 8, 9 and 10 attended and tackled the issues of why young people are treated by the police in a certain way - they watched and participated in performances that dealt with real life situations. According to Police statistics, those aged between 15 and 24 are more subject to 'Stop and Search' than any others. 34% of this age group will be stopped in the course of a year, compared with 1.4% from outside this age group.

It was a very productive theatre workshop for the 280 students that attended, all of whom found the event informative: 'I didn't know what my legal rights were, this really helped to understand where I stand' - Year 10. 'I enjoyed how they showed us ways to behave if we are stopped on the streets and avoid getting into further trouble' - Year 9

A very successful day with the support of tutors and everyone else involved. When I went to speak to ARC during lunchtime, they commented on how well behaved and enthusiastic our students were and they look forward to coming back and working with us again!

Ms Shahana  
English Department

## Comenius Project

The last week of April saw the finale of the Comenius Project about Sustainability. Six students and two teachers went to Antwerp in Belgium in the final part of the two year project. The main theme for this part of the project was Sustainability and Health. The week saw students take part in a range of activities regarding healthy eating and a healthy lifestyle.



The students started the week by taking part in an opening ceremony where they had a warm up dance. They were involved in designing a campaign about health issues such as avoiding injury in sport, sports drinks and their health benefits, smoking/alcohol and their effects on your health.

Students designed an informative and creative way in which to get their messages across. The results saw a variety of flyers, powerpoints, songs, videos and drama pieces presented by the students.

Students took part in a variety of health workshops and learned how to cook healthy food. They got the opportunity to go to the capital Brussels for one day where they saw local landmarks and visited the Atomium building.

The project has been a great success for JRCS over the last two years and we are hoping to have the opportunity to host again in the future.

Ms Byrne  
International Coordinator

## 'We Are Silent' march



On Friday 22<sup>nd</sup> May, I had the honour of joining 168 students as they made their way to City Hall, where they took part in a silent march, aimed at raising awareness of a variety of contemporary issues, ranging from bullying to racism to child labour and self-harm to homophobia to terrorism.

Students carried signs and banners highlighting the issues they were silent for and took up their silent protest, across Tower Bridge and towards City Hall.

The silent march was part of the 'We Are Silent' campaign set up by Free the Children, the international charity and educational partner, which delivers the Mayor's Team London Young Ambassadors programme in schools. The 'We Are Silent' campaign challenges young people of all ages to stand up for those whose voices are not heard, the children around the world who are denied their human rights or those here in the UK who are bullied.



It was amazing to see so many students show such passion for the campaign which drew much needed attention. All students conducted themselves in a professional and mature manner and were truly a credit to the school. A fantastic event, that students should be proud to say they were a part of.

Ms Savva  
Head of Year 9

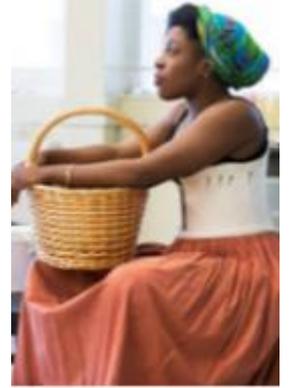
## JRCS Ex-students

I just wanted to take the opportunity to keep you updated on the success some of our ex-students are enjoying in the careers that they have embarked upon since leaving JRCS.



In January, Benik Afobe was transferred to Wolverhampton Wanderers FC and finished the season joint top scorer in the four English football leagues with Sergio Aguero of Manchester City with 32 goals. A fantastic achievement for a very talented young man.

Secondly, Ronke Adekoluejo who recently graduated from RADA after she had left Jo Richardson is receiving rave reviews for in her role as Jane Bennet in *Pride and Prejudice* at the Sheffield Crucible. Ronke is a highly talented actress and we are confident that she will go on to great things.



Mr Smith  
Headteacher

## Farewell Year 11!



Thursday 11<sup>th</sup> June was our last day in Key Stage 4 for our Year 11 students. We had shirt signing, gifts, tears and a fantastic end of year assembly. I would like to wish every single one of this fantastic year group the very best of luck in the future. Many of them will be continuing their journey at JRCS in our Sixth Form and I look forward to celebrating another year of excellent results with them this coming August.



Mr Smith  
Headteacher

## Work the World



For work experience week (8/6/15 - 12/6/15) I went to Hamilton, Ontario, Canada where I worked in a family friend's surgery. I was treated like an actual employee; I was able to help him with basic jobs like filing documents and gained some knowledge of his job.

It was interesting meeting Canadians. I discovered that Canada is bigger than I thought and they did a few things differently to us, like driving on the right side of the road.

The week of work experience was educational. I acquired many skills like adaptability, communication and was also able to do things I could not do here in Dagenham. For instance, he took me to see some attractions like Niagara Falls and the CN Tower. So I'm grateful I was given this amazing opportunity and I wish many more students will be able to participate in Work the World.

Moyinoluwa Adetoye 10H



## Fantastic achievement!

I am extremely proud of Margaret Adesunloro and Melbonne Madden-Jones, both 9A, for not only achieving the Gold Seagull once, but twice this academic year. Both students should be highly commended for their hard working nature and utter commitment to their education. Congratulations girls!

Miss Savva  
Head of Year 9



## Congratulations Ula Szczepanik 11H

Ula won a bronze medal in Judo at the Crystal Palace London Youth Games in June. Ula did amazingly well considering she was also studying for her GCSE exams.

Well done Ula, we are all very proud of you.

Mr Smith  
Headteacher



## CMS Jazz Ensemble

I am extremely proud to share the wonderful news that two students in Year 9, Teri Keenan 9G and Camilo Mosquera 9H were selected to perform in a Civic Reception at the Broadway Theatre as part of the CMS Jazz Ensemble to mark the visit of Her Majesty the Queen and Prince Philip. I know that both students were tremendously excited to be a part of the event and should be commended for their hard work, commitment and efforts.

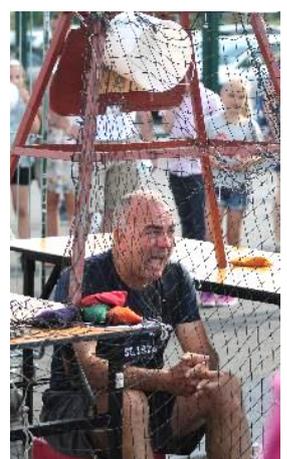
Miss Savva  
Head of Year 9



# CIRQUE DU SEAGULL

On Friday 3<sup>rd</sup> July JRCS held its bi-annual school fete, not your traditional fete but a circus extravaganza! Our tennis courts were transformed into a Big Top with a circus ring that showcased dance, singing, juggling and magic. Everyone was able to go along to the circus workshop and learn new skills but if you didn't fancy that you could ride the dodgems, the teacups or the Miami. It was an outstanding success thanks to the support and hard work of students, staff and parents with profit going to Macmillan Cancer Trust.





# SMSC D of E

## Year 7 and 8 Trewern trip March 2015

On Sunday 15<sup>th</sup> March, 30 Year 7 and 8 students travelled to Trewern Outdoor Education Centre for a week of outdoor activities. The purpose of the week was to build independence and organisational skills, boost confidence and also engage in teamwork and leadership.

The group took part in caving, canoeing and mountain walking, and also enjoyed a final day on site at the centre, designed as a challenge day, which included climbing wall games, archery, shelter building, BMX biking, bush craft skills, and even pizza making in a wood fired clay oven. One group were even invited to meet some newly born spring lambs at a local farm.

The group had a fantastic week and will be celebrating their achievements with an assembly later this term, and a celebration evening on Tuesday 5<sup>th</sup> May at 6:00pm. The students involved were:

Victoria Bertrand 7C, Kai Brace 7E, Curtis Chandler 7C, Jake Fern 7D, Jack Fitzsimons 7C, Ria Green 7G, Cieran Issacs 7D, Taylor Jefferson 7D, Ethan Nsiah 7C, Ben Page 7B, Harry Spong 7H, Harvey Whitton 7A, James David 7D, Enrique Del Rio 7D, Khai Sesay 7D, Silviu Ionescu 7A, Samuel Clark 8B, Harry Ely 8A, Seidu Salifu 8A, Vasilena Pencheva 8B, Georgina Padgett 8H, Charley Gambier 7G, Rubie Smith 7A, Amelia Sammy 7A, Dagmara Onoszko 7D, Ellie Brown 7D, Sandra Redzynska 7D, Dario Shabani 7A, Shanise Garner 7H and Atas Kaminskas 7H.

Well done to all on your various achievements throughout the week, from learning to lay a table to leading a fellow student through a cave! A huge vote of thanks also goes to the Trewern staff who worked very hard with our groups and the other staff who accompanied the group, Mr Kilminster, Miss Doig, and Mr Hill. Thanks also to Mrs Spong for her support. Without the help and support of these adults the trip would not have been possible and I am very grateful for the time and enthusiasm that they gave to the week.

Ms Montague  
Year 7/8 Trewern Trip Leader



## **D of E News**

### **Nineteen Reasons for a celebration!**

19 Jo Richardson students have been successful in completing their Duke of Edinburgh Awards following the last expedition season. These awards were celebrated at a ceremony at Barking Town Hall on Wednesday evening 1<sup>st</sup> April, attended by award holders and their families from across the borough. Peter Fleet the London Director of D of E, presented the students with their certificates and encouraged them to shout about their awards and use them to demonstrate vital skills that



will be useful in university, college and job applications in the future. Cllr Darren Rodwell, Leader of Barking and Dagenham Council, said that the students were 'Borough Champions', and had shown excellent citizenship through their participation in the award.

At JRCS we are certainly extremely proud of all those who have taken up the considerable challenge of the Duke of Edinburgh Award, alongside their studies in KS4 and 5.

Many congratulations to each and every one, they are: Rosie Dunn, Emily Vincent, Billy Simson, Charlotte Craven, Clara Dikongue, Aderonke Adesenoye, Jay Batchelor, Tomi Adegbenla, Andrew Odame Kwakye, Korede Salami, Salvi (Mohammed) Islam, Vanessa Moreira, Paula Stuomaite, Elizabeth Olabode, Yaseen Lahmami, and Anjolaade Ogunwolu (all Year 11 - bronze award), Stephanie Taylor and Dean Payne (both Year 12 - silver award), and Sarah Hadley (Year 13 - gold award).

### **Four 'Golden Girls' on Practice Expedition!**

Congratulations to the four Sixth Form students who completed their Gold Practice Expedition over Easter holidays.

Stephanie Taylor and Yinka Egbedeyi in Year 12 and Katherine Pirie and Martyna Kortarska in Year 13 travelled to Trewern Outdoor Centre on the Wales/England borders on 13<sup>th</sup> April and then completed four days of canoeing including practising skills on the River Usk and River Wye, and then undertaking a two day expedition on the Brecon and Monmouthshire Canal. They exceeded expectations on the final day and kept up an excellent pace completing seven hours of paddling, as well as their planned distance.



Their final challenge in July will be to complete a four day three night canoeing expedition on the River Wye, starting at Hay-on-Wye and finishing at Symonds Yat. I'm sure you will join me in wishing them every success with this venture.

I would also like to thank Terry Dignam who also accompanied the group and shared the driving to Wales and back. Hhe also cooks a mean barbeque!

Ms Montague  
D of E Manager

## **D of E Bronze Practice Weekend Enfield and Lea Valley**

On the first weekend in May, the students listed below went out on the practice weekend to Lea Valley. They made a great start with the navigation, moving through the check points with ease; only one group had to be put right on their direction of travel.



On arriving at the campsite, I was impressed with the way the students set up camp and got on with preparing their evening meal. They then settled down for a much needed sleep.

The next day was an early start at 6:00am. This was the hardest part of the weekend for some! Having breakfast and packing up quickly can be a challenge. We departed at 8:30am, which was a little later than planned.

The supporting staff were on the ground ensuring students were heading off in the correct direction and ensuring they had gone through most of the locations. The groups finished at check point 9 at 3:00pm on a nice sunny day.

Well done to you all for completing your Bronze practice run. I would also like to thank Mr Kirkbride, Ms McCormack and Mr Cocksworth for giving up their weekend to support the students and bring them home safely: Adaeze Ogbonna, Emi Shabani, Sinead Murphy, Tolulope Oluwole, Amirat Odofoin, Jessica Idahosa, Britney-Lea Ogbemor, Charlotte Dutton, Joshua Jones, Charlotte Nicholls, Aida Marku, Ogechi Ibeh, Ebunoluwa Ajala, Sueda Oktay, Sarah Thomas, Ruxandra Ilie, Ibukunoluwa Aluko and Isata Sesay.

Mr Hargreaves  
D of E Leader

## **D of E News - Year 9 new recruits**

It has been really rewarding to welcome the 52 students in Year 9 who have applied for the Bronze Duke of Edinburgh Award. I have now met with all of the students following their interviews and they have been allocated a JRCS D of E staff mentor. They are now regarded as D of E probationers, and it is now their job to make a start on the volunteering, skills and physical parts of the award, and get their mauve probationer's cards completed. We will meet again on Tuesday 15<sup>th</sup> September when the students must bring along their completed mauve cards in order to continue with the award. At this stage, if they have met their targets as probationers they will become full members of the group, they will be invited to take part in their first residential training weekend which will take place on 2<sup>nd</sup> and 3<sup>rd</sup> October for those in forms A – D and 9<sup>th</sup> and 10<sup>th</sup> October for those in forms E – H. The Year 9 students now involved with starting their bronze award are:

Jessica Smith, Lucy Payne, Matthew Norris, Zak Barrett, Georgina Hart and Daniel Odejide, all 9A, Oliwia Lopaczewska, Eniz Phillips, Mac Harvey, Brooke Spence, Josephina Muskollari, Lauren Tooze, Foreman Petrie, Jack Slattery, Abigail Jacobs all 9B, Taylor Paul, David Adebajo, Sabrina Asrafora, Mayaz Talukder, Reggie Ryan and Erjon Uraj, all 9C, Paris Tankard, Nathan Batt, Victoria Gawel, Hafusat Adeyemi, Jyotika Antty, and Emmanuel Nnadi all 9D, Maria Oyenuga and Emilija Vanagaite both 9E, Alfie Lee, Melissa Arch, Jennifer Taborda Da Silva and Shanice Makili all 9F, Joshua Stuart-Evans, Megha Islam, Jake Sanchez, Teri Keenan, Jodie Chesney, Demi Ogunti, Angela Omorere, Axel Adams, Jack Riches and Alfie Patching all 9G, Yasmine Raji, Billy Tyler, Karolina Derlukiewicz, Hanan Abdulhamid, Lucy Whyte, Faith Barovbe, Faye Barker, Jamie Adekeye, and Emma Davison all 9H.

## **Year 10 Bronze Practice Expedition -15<sup>th</sup> and 16<sup>th</sup> May**

The Group 2 practice expedition took place the weekend before half-term in the Lea Valley and Enfield area. The groups did well on the Friday evening and made their way to Theobalds Park Campsite in under the route card time of four hours. Once there they wasted no time in putting up tents and cooking their evening meal. I was very encouraged when visiting each of the groups during the evening to see some great team work with students sharing their food and cooking together (rather than each cooking their own meals). The groups also had a very realistic idea of the time it would take to pack up, eat breakfast and get underway in the morning.



Everyone was awake by 6:30am and worked well together to get breakfast cooked and tents and equipment packed away. There were a few mistakes with navigation on Saturday, but the groups soon learned their lessons and got back on track. They were all relieved to reach Trent Park and the end of their journey, where refreshments and ice creams could be purchased!

Congratulations to all of group 2 (and those who joined us from group 1) who certainly put up a very resilient performance throughout the weekend. Thanks go to Mr Marks, Mr Hill, Bill Lockton and Miss Davies, without whom the weekend would not have been possible. They provided superb supervision and guidance from which the students benefited enormously. The students involved were: Emi Shabani 10A, Charley Hunt 10C, Anisha Makwana, Oreoluwa Olayinka, Mahmoud Kayiizi, Noor (Ashan) Moraby, Aydin Phillips, Kelech Ogbonna all 10E, Radoan Mohamed – Ali, Morgan O’Connell, Nathaniel Atuejide and Thomas Woolman all 10F, Louise Toms and Aiesha Francis 10G, Moyin Adetoye, Marin Distafa, Macey Rees and Lauren Toms all 10H.

Ms Montague  
D of E Manager

## **D of E Bronze qualifying weekend in Epping Forest**

This weekend the following students went out on the qualifying weekend to Epping Forest, It was a great start with the navigation. The students moved through the check points with ease, although one group had to be put right on the direction of travel.

I was impressed with the way the students set up camp and got on with the evening meal. The next day was an early start at 6:00am, I was impressed with the speed and how efficiently they packed up to leave camp, the staff did not have to get involved at all. We were supposed to leave at 8:00am and we did! The assessor was really impressed at the way the students were ready to go by 7:30am. The day was very hot, so we all set off early. The staff on the ground ensured students were heading in the correct direction and that they had gone through most of the locations. The groups reached the last check point in Hainault Forest at 3:30pm on a nice sunny day.

Well done to you all for completing your Bronze qualifying expedition and passing with flying colours, I am so proud of you all. I would like to thank Ms Osunsami, Mr Dignam, and Mr Kirkbride for giving up their weekend to support the students below and bringing them home safely: Adaeze Ogbonna, Emi Shabani, Sinead Murphy, Tolulope Oluwole, Amirat Odofin, Britney-Lea Ogbebor, Charlotte Dutton, Joshua Jones, Charlotte Nicholls, Aida Marku, Ogechi Ibeh, Ebunoluwa Ajala, Sueda Oktay, Sarah Thomas, Ruxandra Ilie, Ibukunoluwa Aluko, Isata Sesay, Jessica Idahosa, David Osikorobia, Charley Hunt, Oritsetimeyin Jacdonmi and Isioma Uwajeh.

Mr Hargreaves  
D of E leader

# SMSC PE

## Spring Term Cheer and Dance Showcase

On Friday 27<sup>th</sup> March I had the pleasure of accompanying not one but two cheer leading squads who were taking part in the Spring Term Cheer and Dance Showcase at the Excel Centre. As we have come to expect at these events, there was some stiff competition from the other teams present. Robert Clack School were there in force, with many more tricks and a really polished performance. St Angela's School from Newham were also present (our main rivals), and they did look extremely impressive this term.

Both of our squads, the JRCS Wolves (who meet on Thursdays after school) and the JRCS Leopards (who meet on Tuesdays after school) gave impressive performances, and tried their best to impress the judges.

The Leopards came away with a silver award, an excellent result for their first showcase, and the Wolves again achieved a gold award. However after a very commanding performance by St Angela's they were crowned grand champions for the spring term.

**JRCS Wolves**



**JRCS Leopards**



All the girls who performed were extremely well behaved and have shown great dedication throughout the term, they therefore all received an LOC for their efforts. The students involved were:

Leyla Demitriou, Medi Tietie, Rhian Davis, Sally Turner, Charlotte Turner, Joana Balla, Elizabeth Ogunyamwo, Joy Osayiwu, Greta Petrokaite, Esther Harvest, Lauren Dawson, Amelia Sammy and Rubie Smith (all Year 7), Natalia Labdon, Kiarah Fanning, Lilymay Cooper, Megan Mukuna, Racheal Kesinro, and Nicky Dikongue (all Year 8), Emma Davison, Lillie Fox, Karolina Derlukiewicz, Summer Green, Sade Akinyeni, Hanan Abdulhamid, Maria Oyenuga, and Nambuwa Akafumba (all Year 9), and Oritsetimeyin Jacdonmi, Anisha Gohil, Amirat Odofin, Ibukun Aluko, Oliwia Husak, Isioma Uwajeh, Jessica Idahosa and Isata Sesay (all Year 10).

I would also like to take this opportunity to thank Mrs Davies and Miss Saunderson who supported the trip by accompanying the girls on the journey to and from the Excel Centre, your time is very much appreciated.

Ms Montague  
OSHL Co-ordinator

## Many medals won by JRCS students at Disability Athletics Competitions

On Tuesday 5<sup>th</sup> and Wednesday 6<sup>th</sup> May, it was my privilege to accompany a total of 13 JRCS students taking part in two disability athletics competitions at the Jim Peters Stadium in Mayesbrook Park. On Tuesday, Georgina Hart, Vaselina Pencheva, Charlotte Mew and Jake Pengelly took part winning a very impressive medal haul!



Georgina won three gold medals for 60m run, shot and discus, Jake Pengelly (7C), also struck gold three times in the 100m sprint, 200m and discus, Vaselina also scored a golden hat trick in the 400m, 200m and shot put competitions.

On Wednesday a further nine students took part: Enrique Del Rio 7D, Sam Deriouch 7D, Khai Sesay 7D, Harry Ely 8A, Seidu Salifu 8A, Sam Clark 8B, Daniel Odejide 9A, Jadene Holmes 9D and Nathan Batt 9D. Daniel won gold on the 800m, and Sam Clark got silver. Khai achieved a gold in the high jump, Enrique got silver in the 100m, and Nathan won gold in the shot put.

The relay team of Daniel, Sam Clark, Jadene and Khai showed true grit and resilience battling around the track in storm force winds and horizontal rain to achieve a silver medal.

Congratulations to all the students who took part on some really good sporting behaviour and excellent performances!

Ms Montague  
School Games and OSHL Co-ordinator



## Inter-form Basketball

Year 7 took part in inter-form basketball last week. All forms took part and there were some great games played. Well done everyone who took part. The overall results were:

1<sup>st</sup> 7C      2<sup>nd</sup> 7F      3<sup>rd</sup> 7E      4<sup>th</sup> 7D

Massive congratulations to 7C for winning and thank you to Miss England for coming and cheering on your form from the side-line.

Miss Wright  
PE Department



## Inter-form Handball

Year 8 took part in Inter-form Handball in May, where some great games were played. Well done everyone who took part. The overall results were:

1<sup>st</sup> 8D and 2<sup>nd</sup> 8A.

Well done to 8C and 8F for getting to the semi-finals and massive congratulations to 8D for winning and playing some brilliant Handball.

Miss Wright  
PE Department



## Year 9 aspiring Sports Leaders do a brilliant job!

It has been my pleasure to work with around 100 students from Year 9 who are thinking of taking up the option of the Level 1 Sports Leadership qualification in their core PE lessons next year in Year 10. They have been working with children in Years 1, 2, 3 and 4 from James Cambell Primary School in order to run multi-skills festivals in our Sports Hall. There has been some excellent feedback from the primary school staff who found our students to be very mature and responsible in the way they worked with the younger children. Many congratulations to all those involved, and I hope that you seriously consider taking up the option of Sports Leadership.



## Young Gymnastics Judges in Year 10

Congratulations to the 13 students who helped out alongside students from Barking Abbey School at the Primary Key Steps Gymnastics Competitions held here at JRCS both the week before half-term and on Thursday 4<sup>th</sup> June. Thirteen girls from Year 10 trained (mostly in their own time) as Young Gymnastics Judges and then took part in judging these two competitions. They carried out their responsibilities very professionally and helped to ensure that the event ran very smoothly. They are:



Jessica Idahosa 10A, Alice Campbell 10B, Emily Meehan 10C, Ibukun Aluko, Sinead Murphy, Estrela Andre and Olivia Husak all 10D, Isioma Uwajeh and Sarah Singleton both 10E, Georgia Wyatt 10F, Kelsey Symes 10G, Moyin Adetoye, and Macey Rees both 10H.

Ms Montague  
School Games Co-ordinator

## Skipathon Fundraiser

The Year 7 and 8 students have been skipping to raise money for two charities in their PE lessons. Following Miss Wilkinson's assembly on Children with Cancer, many students expressed a wish to do something themselves to raise money for the charity. Therefore the Department decided that, along with the British Heart Foundation who provide fitness and fundraising resources, we would let the children skip for 50 minutes to raise money whilst keeping fit. Students could either bring in £1 donation or get sponsored. Then in class they either skipped to music, or completed in skipping relay races. Prizes were awarded for the hardest working or best skippers for boys and girls in each class and winners have included:

Ibrahim Kanneh 7E, Josh Volkwyn 7B, Clare Morgan 7F, Ellie Lapping 7F, Sonny Foster 8F, Emily Chrysanthou 8H, Sally Turner 7A, Beautiful Ayogo 8H and Lauren Simson 8D



Prizes will be awarded to the most fantastic fundraisers for each year. The best fundraisers so far (they have until the end of the week) are: Casey Margerison 8D who has raised over £130, Jay Connelly 8G £60, Caitlin Chiltern Booth 8A £60, Elizabeth Ogunyanwo 7G £38 and counting and Hadley Grant 7G £24.

Monies are still to be counted but we think we have raised around £500 to split between the two charities which is amazing. Thanks to all who took part.

Miss Wilkinson  
PE Department

## Rounders Tournament

The Year 7 rounders team went to Robert Clack for the Borough Tournament. The weather was ridiculously hot but they played well, drawing with Robert Clack, easily beating Riverside and then losing by just  $\frac{1}{2}$  rounder to All Saints. They met the eventual finalists Eastbury in the groups and lost by five rounder's. This meant they came 3<sup>rd</sup> in the group missing out on qualifying for the semi-finals.



Well played to everyone, especially the four new members to the team who settled in well.

Miss Wilkinson  
PE Department

## Sea Cadets Project



During June, some students in Years 7, 8 and 9 visited the Sea Cadets' base at the London Regatta Centre on the Royal Docks. They were taking part in a number of water sports including sailing and canoeing. They had quite an exciting time whizzing around in various boats, right under the flight path of London City Airport! The Sea Cadets' instructors commented on how well behaved our students were and how well they listened and responded to the instruction they received.

The students involved were:

Shannon West 7H, Daniel Barcroft and Joshua Volkwyn both 7B, Alice Solomon, Havilah Ekwes and Lewis Halahan all 7C, Charlie Harford 7D, Lauren Simson, Alperen Oktay, and Ryan Maun all 8D, Melissa Arch 9F, Billy Tyler, Yasmine Raji, and Faith Baroube all 9H.

Well done to you all for engaging in this brilliant opportunity to learn new skills, and for representing the school so positively. Thank you also to the staff who helped to transport students down to the docks each week; Mr Cole, Miss Branch and Mr Kilminster, your support is very much appreciated.

Ms Montague  
OSHL Co-ordinator

## Panathlon Final

I was privileged on Thursday 18<sup>th</sup> June to be able to accompany, along with Mr Kilminster, ten of our students who were in the Barking and Dagenham team taking part in the London Champions Final of the Panathlon Challenge which took place at The Copper Box Arena in the Olympic Park. As winners of the East London finals, Barking and Dagenham faced Croydon, the winners in South London, Hammersmith and Fulham, the winners in North London and Sutton, the winners in West London.



The students involved were:

Enrique Del Rio and Khai Sesay both 7D – boccia, Jake Pengelly 7C – table cricket, Charlotte Mew 8A – table cricket, Harry Ely 8A – table cricket and mobility restriction race, Georgina Hart 9A – precision bean bag, Daniel Odejide and David Olanrewaju both 9A – foam javelin, and ambulant race, Abigail Jacobs 9B – wheelchair slalom, power chair and combination races, Nathan Batt 9D – seated shot put.



It was a particularly special event as one of our athletes, Georgina Hart, had been given the honour of reading the Panathlon oath at the start of the event (in much the same way as Olympians and Paralympians took an oath at the start of the London 2012 Games). Georgina was introduced by Liz Johnson, Panathlon ambassador and Paralympic champion, who had herself read the Paralympic oath in 2012. Georgina spoke beautifully, and it was a very proud moment for all of us, especially those from JRCS.

Once the competition started, the athletes found their competitors very tough. However, that didn't stop Abigail Jacobs doing a personal best time and gaining a gold medal in the power wheelchair slalom event.

Charlotte, Harry and Jake got into the final and gained silver medals in table top cricket. Nathan got bronze for his shot put and Daniel and David gained bronze in the javelin, competing against some much older and more powerful students. Georgina gained fourth place in the precision bean bag, where she and partner Reagan faced very stiff competition. One of the most exciting parts of the day was a tense final Boccia match between Croydon and B and D, which Barking and Dagenham won, so gold medals for Khai and Enrique who were part of the victorious team. When the points were added at the end of the competition however, Barking and Dagenham came a close second place to Croydon, this year's winners.



Congratulations to all those who took part for your brilliant performances throughout the competition, and thanks also to the staff who have helped to support the students at each competition, Mr Kilminster and Miss Boulton. We now have next year's competition to look forward to!

Ms Montague  
School Games Co-ordinator

# SMSC Business

## Year 10 students perform at 'Speak-Out Challenge' Regional finals

Two of our students represented the school admirably last week at the regional finals of the Jack Petchy Speak-Out Challenge.

Jay Scott 10H and Loide Miranda 10A had to prepare and perform a three minute speech on a topic of their choice in front of a live audience and judging panel at Barking Abbey School. The students were up against some tough competition from a range of schools from across the borough. Although they weren't able to go through to the Grand Final, they both performed brilliantly under immense pressure.



Well done to both Jay and Loide, we are very proud of you!

Mr Marks  
Business Department

## Year 10 students delve into City life

On Wednesday 20<sup>th</sup> May, specially selected Year 10 students completed their four-part mentoring programme with RPC, a leading law firm in the City of London. Students were able to hone their skills in presenting, CV writing, and interviewing as well as improve their overall confidence. Each student was also allocated their own mentor from the staff at RPC who has given them invaluable guidance and advice for their future careers.

Maryam Heydari, 10C said of the programme, "I really enjoyed getting the one-to-one advice that was tailored to my individual needs." Isata Sessy 10A, said, "It was a really inspirational opportunity which the Year 10 students should apply to do next year."



We look forward to running an enhanced version of the scheme again with next year's Year 10 cohort.

Miss McCormack  
Business Department

# SMSC Student Voice

## Student Voice

On Friday 1<sup>st</sup> May, nine members of the Student Voice Leadership Team accompanied me to speak at the Smart Schools Council Conference in Islington. The students, Sueda Oktay, Ruxandra Ilie, Sukhdeep Kailey, Lewis Golby, Sid Summers, Shanise Garner and Lauren Young, spoke to teachers from across the country and an international school from Bahrain about the benefits of having an active student voice. Our students were complimented for their maturity and passion and were praised for how they spoke with confidence.



Well done to you all!

Ms Boller  
Student Communication Manager

# SMSC Music

## Instrumental Recital Evening

Just before the half term break, a number of our instrumental students performed in a recital evening here in the Music Department. We were proud of every student as they all performed to a high standard and really showcased their focus, commitment and musicality.

A very big well done and thank you to all. Students involved were as follows:

Year 7: Arsel Aliaj, Ifeanyi Ogbonna, Adam Lahmami, Rebecca Marku and Joana Balla.

Year 8: Dylan Swann, Katie Bryan, Daniel Gill and Alperen Oktay.

Year 9: Hafusat Adeyemi, Lucy Whyte, Teri Keenan and Matthew Norris.

Year 10: Tolulope Oluwole, Katrina Healy and Lucy Lombard.

Year 11: Shaydah Azmayesh

Miss Ford  
Music Department



# SMSC Music

The Project's Final Gig was held on Thursday 7<sup>th</sup> May in Boothroyd Hall.



# SMSC Science

## Partner school visit



On Friday 22<sup>nd</sup> May a group of students and teachers from our partner school in Poland – Gimnazjum no 4 in Stargard Szczeciński – visited our school. Together with The Smarties Science Club members, our visitors took part in a number of activities. Our guests started the visit with a tour of the school and were really impressed with our facilities. Together we also conducted a number of experiments. London sightseeing was the main part of the visit. Including a tour of Wembley Stadium and visiting the Tower of London.

Go to the Smarties Science Club website: <http://smartiesjrsc.blogspot.co.uk/> to see more photos from the visit.

Miss Ochwat  
Science Department

### **RSC Grant for the Smarties Science Club**

It gives me a lot of pleasure to inform you that we secured an £800 grant from the Biological and Medicinal Chemistry Sector (BMCS) Interest Group of the Royal Society of Chemistry (RSC) to support our students' learning experience in chemistry. This funding will be used to promote Chemistry around school, inspire and increase student interest in Science through hands-on activities as well as enhance their learning experience in general.

The Smarties Science Club will be recruiting its new members soon, so watch this space for more information.

Miss Ochwat  
Science Department

# SMSC Sixth Form

## Sixth Form Student Spotlight - Mabel Olonisaye-Collins 12C

Mabel achieved an APS of 57.3 and is currently studying:  
AS Biology, AS Chemistry, AS Maths, AS Psychology and IFS



### GCSEs achieved in 2014:

English Language	A*	Drama	A*
English Literature	A*	French	A*
Maths	A*	Geography	A*
Science (Core)	A*	History	A*
Science (additional)	A*		

Last year Mabel was an exemplar student, achieving the highest GCSE Average Point Score (APS) in her cohort. Mabel decided to continue her studies here at JRCS Sixth Form “because of the programme of study available, the friendly staff who already know and understand my needs”.

Since starting, Mabel has found studying at JRCS “really enjoyable, my subject choices are interesting and fun. The trips are varied and great experiences. My favourite subject is Psychology because it is a new subject with interesting content”.

Mabel carefully selected her AS levels because she wants to pursue a career in medicine after studying at St Batholomew’s Hospital and The London School of Medicine and Dentistry.

## Farewell



The photograph above was taken when our Year 13 students were about to go on their Thames boat trip to celebrate the end of their time at JRCS. They are a fantastic group of young people who are going on to a wide range of university courses and job opportunities. We wish them the best of luck on their future pathways.

Mr Smith  
Headteacher

## Former Students

We had our first ever former students' event in June. There was an open house and buffet. The students had a look round to see what had changed since they were here and chatted to their teachers. One student had been offered a job as a veterinary nurse that very day; another is training as a midwife and has delivered six babies since she started in September. One of our other visitors is going to be a teacher at Sydney Russell School in September. After the buffet, some stayed to hear the Year 13 BTEC band concert.

We are very proud of our former students and will be repeating the event next year. If you are a former JRCS student, please keep in touch with us through Future First:

<http://networks.futurefirst.org.uk/former-student-search>

Mrs Wren  
Director of Sixth Form

# SMSC SDD

## ARP News

In March we celebrated Autism Awareness Week for the first time at JRCS. Our aim was that by the end of the week, all staff and students would have a better understanding of what it was like to live with Autism and ways in which we can support and help them. We made a short informative film (which was shown to every student), sold wristbands, shakes and cakes! Our grateful thanks go to parents from the support group, Media Department, Sixth Form and staff who helped and encouraged us. I'm pleased to inform you that we raised a total of £353 which will be presented to the National Autistic Society.



ARP team

# SMSC Dance

## Dance News

The boys Dance Company Detonate and Girls Dance Company Epidemik performed at the Secondary Schools Platform at The Broadway Theatre on Friday. Both companies showcased some excellent talent and all dancers performed with energy, creativity and flare.



Miss England  
Head of Dance