

# Secondary School Menu – WEEK ONE

	Monday	Tuesday	Wednesday	Thursday	Friday
Mid Morning	Selection of Sandwiches, Baguettes and Wraps Pasta & sauce pots £1.50 Peri Peri Chicken Wrap £1.50	Selection of Sandwiches, Baguettes and Wraps Chinese Noodles & Authentic Toppings £1.50 Sticky BBQ Chicken Drumsticks 65p each	Selection of Sandwiches, Baguettes and Wraps Pasta & sauce pots £1.50 Italian Variety Pizzas £1.00 per slice	Selection of Sandwiches, Baguettes and Wraps Chinese Noodles & Authentic Toppings £1.50 Spicy Meat Sub £1.50	Selection of Sandwiches, Baguettes and Wraps Pasta & sauce pots £1.50 Chicken Burger in a bap £1.50
Main Meal £1.60	Shepherd's Pie Served with a choice vegetable. Tuna Arribatta with onion Bread (V)	Homemade Steak & Onion Pie with New Potatoes Vegetable Chilli with lemon fragrant rice (V)	Spaghetti Bolognese Spanish Vegetable Tortilla with Diced herb Potatoes (V)	Roast Chicken Leg with Yorkshire Pudding served with Roast Potatoes Cheese & Red Onion Pasty served with Roast Potatoes (V)	Fish of the day with lemon slice & Chips Spicy Bean Burrito with Chips
Sides from 30p	Diced Swede 30p Steamed Broccoli Florets 30p Onion Bread 30p	New Potatoes Seasonal Spring Greens Garlic Parsley Slice	Diced Herb Potatoes Roasted Vegetables Broccoli Florets Garlic & Parsley Slice	Roast Potatoes Organic Carrots Garden Peas Soda Bread	Chipped potato Baked Beans Sweetcorn Fresh white Bread
Desserts	Tropical Ice Smoothie 40p	Cherry & Sultana Flapjack 35p	Fresh Fruit Pot 80p	Rustic Chocolate Crisp 35p	Chocolate Drizzle Cake 60p
Hot Light Bites	Hot Filled Jackets from £1.00 Peri Peri Chicken Wrap £1.50 Pasta blast with selection of sauces and toppings £1.50	Hot Filled Jackets from £1.00 Sticky BBQ Chicken Drumsticks 65p each Pasta blast with selection of sauces and toppings £1.50	Hot Filled Jackets from £1.00 Pasta blast with selection of sauces and toppings £1.50 Italian Variety Pizza £1.00 per slice	Hot Filled Jackets from £1.00 Spicy Meat Sub £1.50 Pasta Blast with toppings £1.50	Hot Filled Jackets from £1.00 Pasta Blast with toppings £1.50 Chicken Burger in a bap £1.50
Cold Light Bites	Home made Sub Rolls Sandwiches, Baguettes, Pre made Sandwiches & Wraps, Fresh Salads & Pasta Bowls	Home made Sub Rolls Sandwiches, Baguettes, Pre made Sandwiches & Wraps, Fresh Salads & Pasta Bowls	Home made Sub Rolls Sandwiches, Baguettes, Pre made Sandwiches & Wraps, Fresh Salads & Pasta Bowls	Home made Sub Rolls Sandwiches, Baguettes, Pre made Sandwiches & Wraps, Fresh Salads & Pasta Bowls	Home made Sub Rolls Sandwiches, Baguettes, Pre made Sandwiches & Wraps, Fresh Salads & Pasta Bowls
Additional Desserts	Cheese & Crackers, Cakes, Biscuits, Yoghurt, Jelly, Set Desserts, Various Fruit Options	Cheese & Crackers, Cakes, Biscuits, Yoghurt, Jelly, Set Desserts, Various Fruit Options	Cheese & Crackers, Cakes, Biscuits, Yoghurt, Jelly, Set Desserts, Various Fruit Options	Cheese & Crackers, Cakes, Biscuits, Yoghurt, Jelly, Set Desserts, Various Fruit Options	Cheese & Crackers, Cakes, Biscuits, Yoghurt, Jelly, Set Desserts, Various Fruit Options

# Secondary School Menu – WEEK TWO



	Monday	Tuesday	Wednesday	Thursday	Friday
Mid Morning	Selection of Sandwiches, Baguettes and Wraps Pasta & sauce pots £1.50 Peri Peri Chicken Wrap £1.50	Selection of Sandwiches, Baguettes and Wraps Chinese Noodles & Authentic Toppings £1.50 Sticky BBQ Chicken Drumsticks 65p each	Selection of Sandwiches, Baguettes and Wraps Pasta & sauce pots £1.50 Italian Variety Pizzas £1.00 per slice	Selection of Sandwiches, Baguettes and Wraps Chinese Noodles & Authentic Toppings £1.50 Spicy Meat Sub £1.50	Selection of Sandwiches, Baguettes and Wraps Pasta & sauce pots £1.50 Chicken burger in a bap £1.50
Main Meal £1.60	Chilli Beef with Jacket Wedges & Cheese Macaroni Cheese with Onion Bread (V)	Sausages with sauté of onions Linda McCartney Rosemary & Onion Sausages (V) Both served Mash Potatoes	Chicken Curry & Rice Cheese, Baked Beans & Potato Wrap & Rice	Traditional Roast Beef with Yorkshire Pudding Vegetable Loaf (V) Both served with Roast Potatoes	Home-baked Fish in Batter Jamaican Patties (V) Both Served with Chips
Sides from 30p	Sweetcorn Cob 30p Roast Seasonal Vegetables 30p Garlic Bread 30p	Diced Potatoes 70p Garden Peas 30p Cauliflower 30p Cheese & Tomato Flatbread 30p	Steamed Rice 70p Fresh Carrots 30p Broccoli 30p Wholemeal Loaf 30p	Roast Potatoes 70p Medley of Vegetables 30p Garden Peas 30p Soda Bread 30p	Golden Chipped Potatoes 70p Baked Beans 30p Sweetcorn 30p Fresh white Bread 30p
Desserts	Frozen Strawberry Yoghurt	Chocolate & Beetroot Brownie	Toffee & Apple Tart	Fresh Fruit Pot	Banana Loaf
Hot Light Bites	Hot Filled Jackets from £1.00 Peri Peri Chicken Wrap £1.50 Pasta blast with selection of sauces and toppings £1.50	Hot Filled Jackets from £1.00 Sticky BBQ Chicken Drumsticks 65p each Pasta blast with selection of sauces and toppings £1.50	Hot Filled Jackets from £1.00 Pasta blast with selection of sauces and toppings £1.50 Italian Variety Pizza £1.00 per slice	Hot Filled Jackets from £1.00 Spicy Meat Sub £1.50 Pasta Blast with toppings £1.50	Hot Filled Jackets from £1.00 Pasta Blast with toppings £1.50 Chicken Burger in a bap £1.50
Cold Light Bites	Home made Sub Rolls Sandwiches, Baguettes, Pre made Sandwiches & Wraps, Fresh Salads & Pasta Bowls	Home made Sub Rolls Sandwiches, Baguettes, Pre made Sandwiches & Wraps, Fresh Salads & Pasta Bowls	Home made Sub Rolls Sandwiches, Baguettes, Pre made Sandwiches & Wraps, Fresh Salads & Pasta Bowls	Home made Sub Rolls Sandwiches, Baguettes, Pre made Sandwiches & Wraps, Fresh Salads & Pasta Bowls	Home made Sub Rolls Sandwiches, Baguettes, Pre made Sandwiches & Wraps, Fresh Salads & Pasta Bowls

<b>Additional Desserts</b>	Cheese & Crackers, Cakes, Biscuits, Yoghurt, Jelly, Set Desserts, Various Fruit Options	Cheese & Crackers, Cakes, Biscuits, Yoghurt, Jelly, Set Desserts, Various Fruit Options	Cheese & Crackers, Cakes, Biscuits, Yoghurt, Jelly, Set Desserts, Various Fruit Options	Cheese & Crackers, Cakes, Biscuits, Yoghurt, Jelly, Set Desserts, Various Fruit Options	Cheese & Crackers, Cakes, Biscuits, Yoghurt, Jelly, Set Desserts, Various Fruit Options
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# Secondary School Menu – WEEK

## THREE

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Mid Morning</b>	Selection of Sandwiches, Baguettes and Wraps Pasta & sauce pots £1.50 Peri Peri Chicken Wrap £1.50	Selection of Sandwiches, Baguettes and Wraps Chinese Noodles & Authentic Toppings £1.50 Sticky BBQ Chicken Drumsticks 65p each	Selection of Sandwiches, Baguettes and Wraps Pasta & sauce pots £1.50 Italian Variety Pizzas £1.00 per slice	Selection of Sandwiches, Baguettes and Wraps Chinese Noodles & Authentic Toppings £1.50 Spicy Meat Sub £1.50	Selection of Sandwiches, Baguettes and Wraps Pasta & sauce pots £1.50 Chicken burger in a bap £1.50
<b>Main Meal £1.60</b>	Mince Beef Hot Pot Goobi Aloo Saag (V)	Country Chicken Pie with a Puff Pastry top Country Vegetable Bake	Beef Lasagne Jacket Wedges with Onions and Peppers topped with Cheese	Roast Turkey with Yorkshire Pudding Quorn Toad in the Hole (V)	Fish of the day Cheese & Onion Quiche (V)
<b>Sides from 30p</b>	Steamed Green Beans 30p Organic Carrots 30p Naan Bread 30p	Mashed Potatoes 70p Seasonal Cabbage 30p Cauliflower 30p Cheese & Tomato Flatbread 30p	Corn on the Cob 30p Mixed Vegetables 30p Garlic & Herb Slice 30p	Roast Potatoes 70p Medley of Vegetables 30p Cauliflower 30p Wholemeal Loaf 30p	Golden Chipped Potatoes 70p Baked Beans 30p Garden Peas 30p Classic Bloomer 30p
<b>Desserts</b>	American Pancake with Mango Puree	Rich Chocolate Cake & Chocolate Sauce	Toffee & Apple Tart 60p	Fresh Fruit Pot 60p	Banana Loaf
<b>Hot Light Bites</b>	Hot Filled Jackets Peri Peri Chicken Wrap Pasta blast with selection of sauces and toppings	Hot Filled Jackets from Sticky BBQ Chicken Drumsticks Pasta blast with selection of sauces and toppings	Hot Filled Jackets from Pasta blast with selection of sauces and toppings Italian Variety Pizza	Hot Filled Jackets from Spicy Meat Sub Pasta Blast with toppings	Hot Filled Jackets from Italian Style Pizza Slice Pasta Blast with toppings

<b>Cold Light Bites</b>	Sub Rolls Sandwiches, Baguettes, Wraps, Salads & Pasta Bowls	Sub Rolls Sandwiches, Baguettes, Wraps, Salads & Pasta Bowls	Sub Rolls Sandwiches, Baguettes, Wraps, Salads & Pasta Bowls	Sub Rolls Sandwiches, Baguettes, Wraps, Salads & Pasta Bowls	Sub Rolls Sandwiches, Baguettes, Wraps, Salads & Pasta Bowls
<b>Additional Desserts</b>	Cheese & Crackers, Cakes, Biscuits, Yoghurt, Jelly, Set Desserts, Various Fruit Options	Cheese & Crackers, Cakes, Biscuits, Yoghurt, Jelly, Set Desserts, Various Fruit Options	Cheese & Crackers, Cakes, Biscuits, Yoghurt, Jelly, Set Desserts, Various Fruit Options	Cheese & Crackers, Cakes, Biscuits, Yoghurt, Jelly, Set Desserts, Various Fruit Options	Cheese & Crackers, Cakes, Biscuits, Yoghurt, Jelly, Set Desserts, Various Fruit Options