

Do you really know who you're talking to online?



Jessica & Clare age 8



Anna age 9?

- Some people may not be who they say they are.
- Don't give away your name, address, phone number or school, even in your user ID.
- If you do arrange to meet anyone for the first time, always take a trusted adult with you.
- Be careful what you send or put online. It could be tracked, changed, copied and reappear after you delete it.

Staysafeonline

Do you really know what your children are viewing online?



- Beware of illegal, inaccurate, hateful, rude, violent and other extreme content online.
- Make sure you use reputable sites when you look up something or take part online and check what you find.
- Create different user accounts for each member of your family and set up parental controls so they can view age appropriate content.

Stay safe online

Don't let the cyber-bullies get to you



- Tell a trusted adult if someone or something makes you feel uncomfortable, worried or upset.
- Don't pass on or reply to any messages that are upsetting or rude as this may encourage the bullies.
- Block the sender; but keep a copy of emails, texts or messages and when they were sent.
- Consider changing your online nicknames, user IDs and passwords to something different

Stay safe online

Do you know the true cost of what you're downloading online?



- Accepting spam or junk emails, instant messages, music, pictures or texts from people you don't know or trust can lead to problems.
- Don't open, reply to or follow links in them; just delete them. They may contain viruses, deceptive or nasty messages or breach copyright.
- Make sure your computer has up-to-date antivirus and anti-spyware software along with a good firewall.

Stay safe online

What are you saying about yourself online?



- Beware of posting anything online you would not want a future employer to see
- Don't publish your own or your friends' personal details for anyone to find
- Set privacy settings so that only people you know in the real world can see your profile and contact you
- Use different nicknames, user IDs and good passwords for different online activities.

Stay safe online