The Seagull



Issue 596 Friday 18th January 2019

Next week is Week 2

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Year 7 Netball Team win yet another Essex Cup!



HEADTEACHER'S NEWS

Sixth Form

This week we found out that our Sixth Form have been awarded a 2018 Alps Certificate of Outstanding Progress which places us in the top 20% of Sixth Form providers nationally!

Congratulations to everyone involved!

Year 9 Options Evening 23/01/19

I am writing to remind you about the upcoming Options Evening on Wednesday 23rd January. This is a very important event in the Year 9 calendar as your son/daughter will get the opportunity to explore the wealth of subjects on offer at GCSE level.

Importantly, they can also introduce you to subjects that are new in the curriculum, so that you can have informed discussions about the options process at home together. I am delighted to say that all subjects, the Year 9 Team, our SENCO and the school Career's Advisor will all be on hand to answer any questions your child has about their options and their future. A letter has been sent home about this evening, I hope that you have now received this and that you have had chance to sign the notice sticker in your son/daughter's planner about the event.

Date: Wednesday 23rd January

Time: 3:45pm - 6:45pm Room: Boothroyd Hall Miss Draisey said she is very excited to see Year 9 flourish and mature throughout this process and she looks forward to working with you as their support network to help achieve their goals.

Year 11 Progress Evening

It was great to see so many students and parents at our Year 11 Progress Evening on Wednesday. Over the next five months our Year 11's are going to be totally focused on their Summer exams and with your support I know they can achieve great things.

Many thanks for coming along and please do not hesitate to contact us if we can be of any further help or support.

Dates for your diary:

23/01/19: Year 9 Options Evening 3:45pm. 30/01/19: Year 10 Progress Evening 3:45pm. 27/02/19: Year 9 Progress Evening 3:45pm.

Gold Seagull

Well done and congratulations to this week's Gold Seagull winner Tayte Bramley-Naipaul 8H.



Mr Smith Headteacher

GENERAL NEWS

Change of address or contact details

Could all parents/carers please ensure that they notify the school office of any change of address or phone number as soon as possible. Please send the details of new phone numbers in writing, for change of address we need to have an official document (utility bill, tenancy agreement, bank statement etc).

Please ensure we are kept up to date as this could mean that you do not receive important letters or texts.

Mrs Stone Office Manager

Panathlon News



On Wednesday 9th January students from Jo Richardson took part in Round 1 of the East London Panathlon Challenge Competition, as part of the Borough team. The students involved were Tristan Filbert 9C, Robyn Parker 8H, Porscha Swann 8I, Victor Oso 9H, Lewis Chilver 9C and Eniola Koleowo 9B.



The competition was extremely successful and the Borough team were victorious coming top of the four Borough's beating Havering, Waltham Forest and Redbridge. Robyn Parker was at her first Panathlon competition competing as part of the Boccia

team. She certainly made her mark by making a decisive shot that secured one of the ends for the Borough team, helping them win a Silver medal. The rest of the teams also put in excellent performances: Tristan – Gold in the Poly-bat competition, Porscha – Gold in the running races, Victor - Gold in the wheelchair slalom and wheelchair races, Lewis and Eniola also won Gold in the running races.

Congratulations to all who took part on your achievements and your very sporting performances. They now go forwards as part of the borough team to take part in the Cup competition Round 2 event which takes place at UEL Sports Dock on Tuesday 26th March. Thanks also goes to Mr Bashir who also supported the team on the day of the competition.

Ms Montague Teacher in SDD

Year 7/8 Trewern Trip 4th – 8th March 2019
A reminder to all students taking part in this trip and their parents and carers; there will be a meeting for all participants and their parents on Tuesday 12th February, please meet at 6pm in the Castle Green foyer. At this meeting we will finalise all the details for the trip. In the meantime, please ensure that you are up to date with your staged payments for the trip on ParentPay. You can use the same barcode letter that was used for the deposit, if you need a new barcode letter, please contact the School Office.

Ms Montague Teacher in SDD

Year 7 Netball

The Year 7 netball team (featured on the front page) have won yet another Essex Cup game! This time the girls went up against The Davenant Foundation School, from Loughton. The girls started the game strong and were 3-0 up in the first quarter. Asharni Blake (7C) turned over two centre passes with her ability to cleanly intercept the ball and Priscilla Collin's (7G) fed the ball fantastically into the attacking circle allowing the shooters to shoot comfortably under the post.

The girls played exceptionally well together and the game ended 9-3 to Jo Richardson!

Player of the match was awarded to Chanise Diallo (7D) for her fantastic shooting ability.

Team: Asharni Blake (7C), Chanise Diallo (7D), Priscilla Collin's (7G), Elyse Inzinga (7D), Monjola Olayiwola (7I), Ella Turner (7G), Beatrice Bukauskaite (7I), Anatasia Dizako (7C), Sadia Khoyer (7A), Hanifa Juma (7E), Angeline Varghese (7D) and Greta Antanviciute (7D)

Good luck with the next game girls!

Miss Emeny PE Department

Year 7 Football



The Year 7 second team took part in a tournament over at Barking Abbey. The boys went undefeated winning three games 2-1 and two games 4-0 and were crowned champions. Elijah Ajayi 7H claimed the top scorer award with eight goals throughout the tournament.

Mr Coupland PE Department

KS3 Girls Rugby Festival











The U13 girls rugby squad represented JRCS in the Barking and Dagenham Girls Rugby Festival held on Monday 14th January at Barking RFC. This was the final of three festivals that Robert Clack have hosted this season and the girls have shown progress each time winning more games and displaying improvement in their skills and decision making each time. We won our first game against Robert Clack winning by 1 try. We then lost to Barking Abbey's A team by 3 tries, but went on to beat their B team by 1 try.

The girls have really enjoyed the experience of contact rugby and it is pleasing to see many players follow pathways over to Barking Rugby Club and represent JRCS. It is also great to see an increase in the participation of girls rugby, which is down to the inclusion of rugby with the KS3 curriculum and extra curricular opportunities offered by Keith Hughes our rugby coach.

Well done to all the girls involved:

Barakat Olokoobi 7J, Frankie Garland 8D, Bethanie North 8C, Casey Mwangi, Mae O'Brien 7D, Abieyuwa Sankan 7G, Priscilla Collins 7G, Millie Bowers 7H, Charlotte Neale 7H, Lilly O'Biren 7I, Ella Turner 7G, Destiny Rosier-Welch 8H, Charlee Bromwich 7G, Aimee Matthews 7J, Lola Oloyede 8F and Victory Ndibe 8A.

Miss Boulton Head of PE



WINGs Dance Academy Auditions
Thursday 24th January
DA1

3:30pm - 4:30pm

WHAT YOU NEED TO DO BEFORE THE AUDITION....

Prepare a 30-second solo or duet to perform in front of the panel

Results will be available on Monday 28th January in DA1 at 3.30pm



OFFICE ASSISTANTS

The Office Assistants for next week:

Monday Tuesday Wednesday Thursday Friday

Mahhum Saqib 8E Keziah Sarpong 8E Lewis Turner 8E Harvey Amparbeng 8F

Paa Kwesi Boateng 8F

Weekly Outline of Out of School Hours Learning Activities – Spring Term 2019 Year Club Staff **Time** Venue Group **Monday** Choir ΑII Mr Jenner 8:15am - 9:00am MU1 SDD Homework Club 8 - 11 Mrs Roult & Miss Chandler SD2 1:30pm - 2:05pm IT Work Catch-up 8 - 11 Mr Campbell 1:30pm - 2:05pm IT1 Girls Basketball Club 1:30pm - 2:10pm ΑII Ms Emeny Sports Hall Indoor Athletics Club 7 - 9 Ms.Pridie 4:05pm - 5:05pm Sports Hall **Tuesday** Fitness / Indoor Rowing ΑII Mr Coupland 7:45am - 8:15am Gym Wind Band Invited MU1 Mr Johnston 8:30am - 9:00am SDD Homework Club Mrs Prockter & Mr Hession SD2 7 12:30pm - 1:05pm Puzzle Club 7 Ms Moody & Ms Colborne 12:30pm - 1:05pm Maths Department Badminton/ Table tennis KS3 Mr Coupland 1:30pm - 2:05pm Sports Hall SDD Homework Club 8 - 11 Ms Newman & Mr Bashir 1:30pm - 2:05pm SD2 IT Work Catch-up (Week 2) IT1 8 - 11 Mr Campbell 1:30pm - 2:05pm PE GCSE Intervention 10 - 11 Ms Boulton / Mr Howard 1:30pm - 2:10pm PE1 Drama Club 7 Miss Cook 3:05pm - 4:15pm DR1 Girls Netball 7 - 8 Miss Pridie / Miss Emeny 3:05pm - 4:30pm **Netball Courts Boys Football** 7 - 8 Mr Coupland 3:05pm - 4:30pm Astro / Field Y10 Bronze D of E (Week 2) SD3 10 Ms Montague 3:05pm - 4:45pm DA1 Wings Dance Academy Invited Miss Simpson 3:15pm - 4:15pm Wednesday Fitness / Indoor Rowing Miss Boulton ΑII 7:45am - 8:15am Gym 7 - 9 Plumbing Studio **Boxing Fitness Club** Mr Hession 7:45am - 8:15am Orchestra Invited Mr Jenner 8:15am - 9:00am MU1 Basketball 12 - 13 11:00am - 11:30am Sports Hall Miss Emeny Times Table Rockstars 7 - 8 Miss Johnson 11:00am - 11:30am MA12

Ms Montague

Mr Clement

Miss England

Mr Howard

Ms Montague

Mrs Roult & Mrs Debono

Coach

Mr Kilminster

Mr Richards

Coach

SD3

MU2

DA1

Sports Hall

Sports Hall

SD2

Sports Hall

Peace Garden

Astro / Field

Sports Hall

11:30am - 12:30pm

1:30pm - 2:00pm

1:30pm - 2:00pm

1:30pm - 2:00pm

1:30pm - 2:05pm

1:30pm - 3:00pm

2:00pm - 3:00pm

2:00pm - 3:00pm

2:00pm - 3:00pm

3:00pm - 4:00pm

Gold D of E

Badminton

Jazz/Big Band

Panathlon Club

Cheerleading

Peace Garden

Girls Football

Basketball

SDD Homework Club

Dance Club (Mixed styles)

Invited

Invited

ΑII

10 - 11

ΑII

7 - 11

7 - 9

ΑII

ΑII

ΑII

Weekly Outline of Out of School Hours Learning Activities – Spring Term 2019

Club	Year Group	Staff	Time	Venue
		Thursday		
Silver D of E	11	Ms Montague	7:30am - 8:30am	SD3
Fitness / Indoor Rowing	All	Miss Pridie	7:45am - 8:15am	Gym
Guitar Club	7 - 9	Mr Clement	8:15am - 9:00am	MU2
Piano Ensemble	Invited	Mr Jenner	8:15am - 9:00am	MU1
SDD Homework Club	7	Mrs Debono & Miss Chandler	12:30pm - 1:05pm	SD2
Basketball	7	Miss Emeny	12:30pm - 1:10pm	Sports Hall
Trampolining	7	Ms Boulton	12:30pm - 1:10pm	Sports Hall
Trampolining	All	Mr Howard	1:30pm - 2:05pm	Sports Hall
Panathlon Club	All	Ms Montague / Miss Hall	1:30pm - 2:05pm	Sports Hall
SDD Homework Club	8 - 11	Mrs Prockter & Mr Hession	1:30pm - 2:05pm	SD2
Puzzle Club	8 - 11	Ms Hunt	1:30pm - 2:05pm	MA8
IT Work Catch-up	8 - 11	Mr Campbell	1:30pm - 2:05pm	IT1
Science Club	7 - 9	Miss Iqbal	3:05pm - 4:05pm	SC12
Girls Netball	9 - 10	Ms Boulton / Ms Emeny	3:05pm - 4:30pm	Netball Courts / Sports Hall
Girls Football	All	Miss Pridie	3:05pm - 4:30pm	Astro / Field
Boys Football	9 - 10	Mr Howard / Mr Brierley	3:05pm - 4:30pm	Field
Volleyball / Handball	All	Mr Coupland	3:05pm - 4:30pm	Sports Hall
Boys Rugby	All	Coach	3.05pm - 4.30pm	Field
Photography Club (until February half-term)	9 - 10	Miss Franz	3:10pm - 4:30pm	AR2
Engineering Club	All	Mr Massop	3.15pm - 4.15pm	DT8
Textiles Club (Week 2)	7 - 9	Miss Mir	3:15pm - 4:15pm	DT4
Hip Hop Dance	All	(Guest Teacher) see Miss England	3:15pm - 4:15pm	Miss England
Cooking Club	7 - 9	Mr Hargreaves / Mrs Moffat	3:15pm - 4:45pm	FC4
		Friday		
Boxing Fitness Club	7 - 9	Mr Hession	7:45am - 8:15am	Plumbing Studio
SDD Homework Club	8 - 11	Ms Newman & Mr Bashir	1:30pm - 2:05pm	SD2
IT Work Catch-up	8 - 11	Mr Campbell	1:30pm - 2:05pm	IT1
Futsal	8 - 9	Mr Coupland	1.30pm - 2.05pm	Sports Hall
IT Work Catch-up	11	Mr Campbell	3:10pm - 4:10pm	IT1
Wings Dance Academy	Invited	Miss England	3:15pm - 4:15pm	DA1





Winter Concert 2019

Thursday 24th January 6pm Boothroyd Hall

> Tickets on sale in the Music Department from Monday 14th January Adult: £2

> > Under 16: £1

JANUARY GYM OFFERS!



NO JOINING FEE & FIRST MONTH FREE*

*Must pay following month upfront. Adult £15.00 / Concession £10.00

EXISTING MEMBERS

12 MONTHS MEMBERSHIP FROM £80*

Membership still valid? Renew early to get this deal!

*Adult £100.00 / Concession £80.00

FLEXIBLE MEMBERSHIPS OPTIONS Including a FREE locker token for all new members

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