

The Seagull

Issue 597 Friday 25th January 2019

Next week is Week 1

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HEADTEACHER'S NEWS

Year 9 Options Evening

On Wednesday 23rd January we held our annual Year 9 Options Evening in Boothroyd Hall, it turned out to be one of the best attended parent events that we have ever held at JRCS! It was great to see so many young people focusing upon the future courses that they want to follow when they go into Year 10. A huge thank you to all the parents who attended and your support for your sons and daughters through this process is much appreciated. We look forward to seeing you all again on Wednesday 27th February for our Year 9 Progress Evening.

Dates for your diary:

Wednesday 30th January: Year 10 Progress Evening 3:45pm - 6:45pm.

Thursday 7th February: Sixth Form Progress Evening 3:45pm - 6:45pm (Year 13 priority).

Wednesday 27th February: Year 9 Progress Evening 3:45pm - 6:45pm.

Mr Smith
Headteacher

GENERAL NEWS

Year 10 Progress Evening

The Year 10 Progress Evening will be held on Wednesday 30th January from 3:45pm - 6:45pm. Could all parents please check that your son/daughter is making appointments with their teachers. Parents should attend even if students are on the Trewern trip. Students will receive their latest report and will be able to discuss their progress 1:1 with all of their subject teachers for the first time since starting GCSE's. Hopefully you will now have signed the sticker in students' planners to say you are able to attend. If you are unable to attend, please ensure you provide a note explaining so we can make a plan to provide you with the school report.

Miss Duncan
Head of Year 10

Year 11's and Post 16 Planning

It was lovely to meet so many Year 11 students and parents at the Progress Evening. I am now following up with students that we didn't meet. It is important to us that

all Year 11's have a plan for next September.
I would encourage you to research your choices and find out all you can.

We want to welcome as many students as possible into the Sixth Form, as long as that is the best choice for them.

Any students who have questions, or who want to change their Sixth Form subject choices, should see me or Mrs Evans as soon as possible.

Mary Wren
Director of Sixth Form

Karl Nova Poetry Workshop

Last Tuesday JRCS welcomed Karl Nova, CLIPPA award winning poet and hip hop artist, to lead a workshop with Year 7 students. Karl gave examples from his childhood of the types of everyday events that inspire him to write hip hop influenced poetry and performed several of the poems from his new book, 'Rhythm and Poetry' to the year group. The workshop was a huge success. Students came away feeling inspired to try and write their own poetry based on a challenge set up for them by Karl on the theme of colour. Students were challenged to use more than 10 colours in their poems with some using up to 14 examples!



Year 7 should feel very proud of their poetry. There are some fantastic examples for you to enjoy below.

Ms Dulwich
Head of English (KS3)

The Light in the Darkness

I look up above to the black night skies
I see the golden bright lights
right before my eyes.

They sparkle light pink fairy dust
And shine like the glistening orange sun,
They started to fade as the new day begun.

A blue blanket hid the lights
Oh, where could they have went?

I know I saw them,
I was a hundred percent.

As the sun had set
The white moon rose.
Maybe they left, I suppose.

They may return,
Soon or never
But I will not forget
The silver shimmer, I once saw

I look up to the sky,
The deep indigo sky
And what do I see?

A familiar shine.

Katelyn Lewis Ward 7J

Colour Poem

When we were together
I thought it would last forever
But that red passion, that scarlet burning love
Soon turned frosty, blue and cold
Now that you're up above.

I now turn green with envy
Of the gods who rule the sky
Cos I know that you're with them
And I wish that time would fly by.

Since I used to be so strong
Glowing golden rays of sun
But...now that you are gone
My life is boring grey
You lit up my younger years
Now, I'll never be the same.

I miss all I've lost so dearly -
My heart's melted,
Like white snow underneath the sun
But with you no longer here
I thought my happiness was done!

Now I see the light at the end of the tunnel
It's bright and shining yellow -
My heart is no longer black or dull -
My amazing family members helped me
remember
I am loved.

So if you're ever in a rough patch,
One that's dull and grey
Just remember that your loved ones will bring
back that
And will always save the day.

Summer Mason 7J

Colours

Blue, the cooling, calm whistle of the sea.
The unique and shady.

Purple, the prudent
The console of confusion
The mesmerising mother of
Them all.

Red, a burning emerge
Of lava, blood and ire.
The gush of frustration.

Orange is that much needed
Tangy zest flavour in life,
The pop, bang and fizz of it all.

Yellow, the lingering ray of sunshine
The delicate gleam of my night sky.
The waterfall of joy.

Burgundy is priceless.
A rich and deep sensation
A majestic and awing colour.

Pink, the cute and fair
The soft, adorable and warm one.

Lime green is the refreshing
Awakening of life.
A reviving luscious landscape.

Gold, the treasure
The glorious luxury
The prominent and most precious of them all.

Colours

A funny aspect of growing up
Difficult to explain but meaningful
Once understood.

Monjola Olayiwola 71



KS3 Dance Workshop – Centre of Advanced Training

A selection of JRCS students in Years 8 and 9 took place in a Dance Careers Day along with a number of other schools in the Borough. Students were able to experience technique classes and creative workshops in

a professional environment from teachers at the world-famous Dance Schools Laban and The Place. The students were able to learn about the routes available to them in Dance education and understand the huge number of jobs that further education in Dance can offer you.



GCSE and Wings Dance Showcase

We would like to invite you to come and watch a short Dance Showcase on **Thursday 31st January from 5:00pm – 6:00pm**. This is an opportunity for the GCSE Dance students to showcase their own Choreographies as well as Wings Dance Academy to perform pieces they have been recently working on. This will be a filmed mock examination performance for the Year 11 GCSE students so please arrive by 4.50pm so that we can start promptly at 5:00pm. We look forward to seeing you there.

Dance Department

Cooking Club



Students prepared a vegan curry and we are going to promote this to other students within the school, a couple of times a week in order to promote healthy eating and to cut down on processed foods and animal fats. The students cooked a chick pea vegan curry and really enjoyed the session, we had an amazing 18 students who attended and cooked a really tasty curry.

Well done to everyone.

Mr Hargreaves
Food and Catering

GCSE and Wings Dance Showcase



Thursday 31st January
Boothroyd Hall

Arrive at the Castle Green Entrance
for 4:50pm

5:00pm – 6:00pm



Miss Boulton
Head of PE

KS3 Cheerleading Club



The KS3 Cheerleading Club is looking to recruit new members in preparation for the Spring Cheerleading Showcase at the Excel Centre in March. All students in KS3 are welcome to attend on Wednesdays in the Sports Hall from 2:00pm – 3:00pm. The sessions are run by a specialist Cheerleading Coach from Ascension Eagles Cheerleading Club and no previous experience is required. This is a fantastic opportunity to develop your gymnastics and dance skills and compete against other schools as part of a fun and exciting team.

Please see the PE Department for further information and we hope to see some new faces next week!

Year 10 Football

Congratulations to the Year 10 football team who beat Barking Abbey 3-0 in the Borough Cup. A confident performance included two goals from Taylor Skinner and another from Nana Annan to complete a convincing win and the team now progress to the quarter-finals of the competition, where they will face Robert Clack.

Congratulations to everyone who took part: Bayley Maffia 10H, Jack Curtis 10F, Samuel Ogunyemi 10F, Taylor Skinner 10A, David Elliot 10I, Olu Owoseni 10B, Anthony Thomas 10C, Ernest Peka 10C, Fortunate Olaleye 10C, Dimeji Olayinka 10J, Renaldo Hurtault 10I, Nana Annan 10C and Joel David 10F.

Mr Howard
PE Department



OFFICE ASSISTANTS

The Office Assistants for next week:

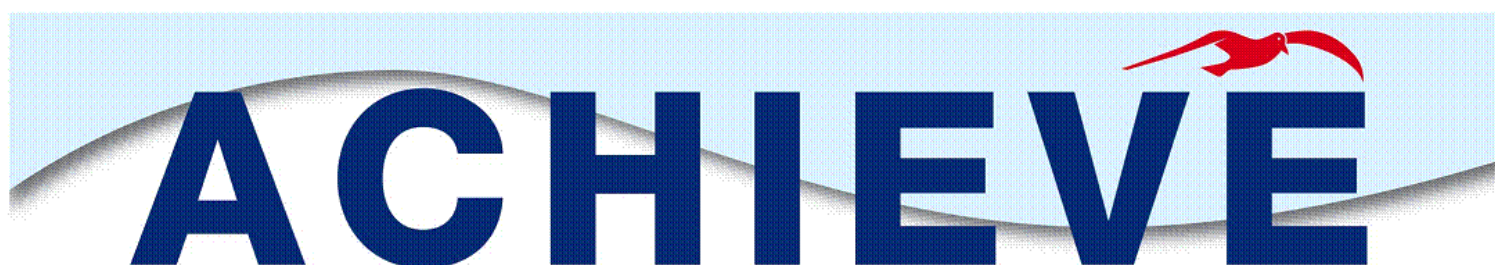
| | |
|-----------|----------------------|
| Monday | Jimmy Bradley 8F |
| Tuesday | Kenzie Dyer 8F |
| Wednesday | Brandon Eintracht 8F |
| Thursday | Eden-Rose Follen 8F |
| Friday | Kiran Kaur 8F |

Weekly Outline of Out of School Hours Learning Activities – Spring Term 2019

| Club | Year Group | Staff | Time | Venue |
|----------------------------|------------|---------------------------|-------------------|------------------|
| Monday | | | | |
| Choir | All | Mr Jenner | 8:15am - 9:00am | MU1 |
| SDD Homework Club | 8 - 11 | Mrs Roult & Miss Chandler | 1:30pm - 2:05pm | SD2 |
| IT Work Catch-up | 8 - 11 | Mr Campbell | 1:30pm - 2:05pm | IT1 |
| Girls Basketball Club | All | Ms Emeny | 1:30pm - 2:10pm | Sports Hall |
| Indoor Athletics Club | 7 - 9 | Ms.Pridie | 4:05pm - 5:05pm | Sports Hall |
| Tuesday | | | | |
| Fitness / Indoor Rowing | All | Mr Coupland | 7:45am - 8:15am | Gym |
| Wind Band | Invited | Mr Johnston | 8:30am - 9:00am | MU1 |
| SDD Homework Club | 7 | Mrs Prockter & Mr Hession | 12:30pm - 1:05pm | SD2 |
| Puzzle Club | 7 | Ms Moody & Ms Colborne | 12:30pm - 1:05pm | Maths Department |
| Badminton/ Table tennis | KS3 | Mr Coupland | 1:30pm - 2:05pm | Sports Hall |
| SDD Homework Club | 8 - 11 | Ms Newman & Mr Bashir | 1:30pm - 2:05pm | SD2 |
| IT Work Catch-up (Week 2) | 8 - 11 | Mr Campbell | 1:30pm - 2:05pm | IT1 |
| PE GCSE Intervention | 10 - 11 | Ms Boulton / Mr Howard | 1:30pm - 2:10pm | PE1 |
| Drama Club | 7 | Miss Cook | 3:05pm - 4:15pm | DR1 |
| Girls Netball | 7 - 8 | Miss Pridie / Miss Emeny | 3:05pm - 4:30pm | Netball Courts |
| Boys Football | 7 - 8 | Mr Coupland | 3:05pm - 4:30pm | Astro / Field |
| Y10 Bronze D of E (Week 2) | 10 | Ms Montague | 3:05pm - 4:45pm | SD3 |
| Wings Dance Academy | Invited | Miss Simpson | 3:15pm - 4:15pm | DA1 |
| Wednesday | | | | |
| Fitness / Indoor Rowing | All | Miss Boulton | 7:45am - 8:15am | Gym |
| Boxing Fitness Club | 7 - 9 | Mr Hession | 7:45am - 8:15am | Plumbing Studio |
| Orchestra | Invited | Mr Jenner | 8:15am - 9:00am | MU1 |
| Basketball | 12 - 13 | Miss Emeny | 11:00am - 11:30am | Sports Hall |
| Times Table Rockstars | 7 - 8 | Miss Johnson | 11:00am - 11:30am | MA12 |
| Gold D of E | Invited | Ms Montague | 11:30am - 12:30pm | SD3 |
| Jazz/Big Band | Invited | Mr Clement | 1:30pm - 2:00pm | MU2 |
| Dance Club (Mixed styles) | All | Miss England | 1:30pm - 2:00pm | DA1 |
| Badminton | 10 - 11 | Mr Howard | 1:30pm - 2:00pm | Sports Hall |
| Panathlon Club | All | Ms Montague | 1:30pm - 2:05pm | Sports Hall |
| SDD Homework Club | 7 - 11 | Mrs Roult & Mrs Debono | 1:30pm - 3:00pm | SD2 |
| Cheerleading | 7 - 9 | Coach | 2:00pm - 3:00pm | Sports Hall |
| Peace Garden | All | Mr Kilminster | 2:00pm - 3:00pm | Peace Garden |
| Girls Football | All | Mr Richards | 2:00pm - 3:00pm | Astro / Field |
| Basketball | All | Coach | 3:00pm - 4:00pm | Sports Hall |

Weekly Outline of Out of School Hours Learning Activities – Spring Term 2019

| Club | Year Group | Staff | Time | Venue |
|---|------------|----------------------------------|------------------|------------------------------|
| Thursday | | | | |
| Silver D of E | 11 | Ms Montague | 7:30am - 8:30am | SD3 |
| Fitness / Indoor Rowing | All | Miss Pridie | 7:45am - 8:15am | Gym |
| Guitar Club | 7 - 9 | Mr Clement | 8:15am - 9:00am | MU2 |
| Piano Ensemble | Invited | Mr Jenner | 8:15am - 9:00am | MU1 |
| SDD Homework Club | 7 | Mrs Debono & Miss Chandler | 12:30pm - 1:05pm | SD2 |
| Basketball | 7 | Miss Emeny | 12:30pm - 1:10pm | Sports Hall |
| Trampolining | 7 | Ms Boulton | 12:30pm - 1:10pm | Sports Hall |
| Trampolining | All | Mr Howard | 1:30pm - 2:05pm | Sports Hall |
| Panathlon Club | All | Ms Montague / Miss Hall | 1:30pm - 2:05pm | Sports Hall |
| SDD Homework Club | 8 - 11 | Mrs Prockter & Mr Hession | 1:30pm - 2:05pm | SD2 |
| Puzzle Club | 8 - 11 | Ms Hunt | 1:30pm - 2:05pm | MA8 |
| IT Work Catch-up | 8 - 11 | Mr Campbell | 1:30pm - 2:05pm | IT1 |
| Science Club | 7 - 9 | Miss Iqbal | 3:05pm - 4:05pm | SC12 |
| Girls Netball | 9 - 10 | Ms Boulton / Ms Emeny | 3:05pm - 4:30pm | Netball Courts / Sports Hall |
| Girls Football | All | Miss Pridie | 3:05pm - 4:30pm | Astro / Field |
| Boys Football | 9 - 10 | Mr Howard / Mr Brierley | 3:05pm - 4:30pm | Field |
| Volleyball / Handball | All | Mr Coupland | 3:05pm - 4:30pm | Sports Hall |
| Boys Rugby | All | Coach | 3.05pm - 4.30pm | Field |
| Photography Club (until February half-term) | 9 - 10 | Miss Franz | 3:10pm - 4:30pm | AR2 |
| Engineering Club | All | Mr Massop | 3.15pm - 4.15pm | DT8 |
| Textiles Club (Week 2) | 7 - 9 | Miss Mir | 3:15pm - 4:15pm | DT4 |
| Hip Hop Dance | All | (Guest Teacher) see Miss England | 3:15pm - 4:15pm | Miss England |
| Cooking Club | 7 - 9 | Mr Hargreaves / Mrs Moffat | 3:15pm - 4:45pm | FC4 |
| Friday | | | | |
| Boxing Fitness Club | 7 - 9 | Mr Hession | 7:45am - 8:15am | Plumbing Studio |
| SDD Homework Club | 8 - 11 | Ms Newman & Mr Bashir | 1:30pm - 2:05pm | SD2 |
| IT Work Catch-up | 8 - 11 | Mr Campbell | 1:30pm - 2:05pm | IT1 |
| Futsal | 8 - 9 | Mr Coupland | 1.30pm - 2.05pm | Sports Hall |
| IT Work Catch-up | 11 | Mr Campbell | 3:10pm - 4:10pm | IT1 |
| Wings Dance Academy | Invited | Miss England | 3:15pm - 4:15pm | DA1 |



JANUARY GYM OFFERS!



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Adult Member

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