

The Seagull



Issue 610 Friday 17th May 2019

Next week is Week 2

Enquiries: 020 8270 6222
Absence Line: 020 8724 1531

Website: www.jorichardson.org.uk
Email: headteacher@jorichardson.org.uk
Twitter: @JRCS_School 



HEADTEACHER'S NEWS

Summer Term

Over the coming weeks we will be publishing a timetable of all the events and activities that will be taking place in the second half of the Summer term. This list will include the dates and times of ACHIEVE days, Celebration Events, Sports Day, New Intake Evening and many more. We will also update this list on a regular basis if there are any changes or additions to our programme. Please make sure that you keep an eye on your weekly Seagull so that you are fully informed about everything we are doing over the coming months.

Gold Seagulls

Congratulations to this week's Gold Seagull winners:

Zubin Burley 7F, Chloe Whyte 7E, Kristupas Liaugaudas 7B, Arturs Ieva 8H, Rachel Okine 9C, Liepa Blandyte 9B, Valeria Gavazyuk 9H, Nicky Monsheju Inzinga 9C, Keira Thomas 10J and Jessica Soares Paim 10E.

Special Congratulations to Ediri Chelsea Akposheri 9C who has achieved a Double Gold Seagull and extra special congratulations to Lubna Ishaque 8G who is the first student this year to achieve the Triple Gold Seagull!

Mr Smith
Headteacher



ACHIEVE Days - Wednesday 10th, Thursday 11th & Thursday 18th July.

Please continue to send in reply slips and make payments on ParentPay, if you do not have access to ParentPay please contact the School Office to request a barcode for use at a PayPoint.

Year 7 France Trip.

In order for your child to participate in the France trip they require a valid passport with at least 6 months validity from the date of the trips. Please continue to send passports into school for photocopying, if you are applying for a new passport we must have a copy of this by Wednesday 12th June 2019 with payments made in full by Friday 28th June 2019.

Mrs Garland
Trips Administrator

Knife Crime Workshop



On Friday 10th May Year 9 had the fantastic opportunity to attend a series of Knife Crime Workshops. As we know from reading the news and from our own experience when we lost a former student, Jodie Chesney to a knife crime incident, knife crime is a persistently damaging and growing crime that is taking lives and harming families all over London and the UK. As a result, more needs to be done to raise the profile of knife crime, our young people need to know that

carrying/using a sharp object has legal implications, harmful consequences and can ruin the lives of everyone surrounding an incident (victim and perpetrator).

The day was split into three workshops, one from the police, one from the ambulance service and one from an older brother of a knife crime victim. The police workshop included the legalities surrounding carrying a sharp object, using a sharp object and explained the notion of 'joint enterprise'. The paramedics explained to Year 9 how an injury with a sharp object can affect the body, how to deal with such an injury and some personal stories of dealing with knife crime incidents.

Finally, and most powerfully, Nathan told the group about how he lost his younger brother to knife crime and he was completely innocent. It was a difficult day for Year 9, but also one of great importance. The day finished with Year 9 being told that each and every one of them was special, important and amazing. They were asked to stand up if they believed these things about themselves and eventually, everyone was up and shouting back at our speakers that 'We are Special'.

We are extremely grateful for the time we were given on Friday by these three groups of important people. I was also exceptionally proud of the way that Year 9 conducted themselves across the day and how they demonstrated their respect as Nathan told us his story. I sincerely hope that our message of 'Go Straight Home' has been heard and that if they see or hear about a knife related incident that they will report it to keep others safe.

Miss Draisey
Head of Year 9

BAD Youth Forum

I am proud to have been voted in as a representative for the LBBY Youth Forum is a youth group which meets to discuss issues that affect teenagers in our Borough. The group, which includes students from many of the Borough schools hold meetings which allows us a voice for all young people in our local community.

As a group we work with the council/Police and other agencies to discuss ways to help

young people – for example setting up clubs, advice on knife crime, ideas for services for young people and a few members of LBBD Youth Forum actually go to Parliament to discuss the issues with MP'S.

The Forum is based at The Vibe in Dagenham which is a Youth Centre but will be working from the new Future Youth Zone when it opens. The Forum takes part in a range of activities and also goes out and tries to help people, for example, we are going to a food bank in June to help the homeless, and we also helped Prince Harry open the Future Youth Zone.

The Forum is a very good thing to get involved with because it gets your voice heard and may even change our local community for all of the young people who live here.

Joshua Harvey 9F



This week was Mental Health Awareness Week, and with the onset of SATs, GCSEs and A-Levels at schools across the country, this year's Mental Health Awareness Week has seen an especial focus on the mental wellbeing of both teachers and students.

In February for Time to Talk Week, Ms Quail, Mr Kilminster and I ran an assembly alongside Kieran and Ebony in the Sixth Form. In a short video, we modelled the important act of talking about mental health by exploring and sharing our own experiences with a range of issues. These included depression, anxiety and obsessive-compulsive thinking.

Some of us spoke about good friends or loved ones, while others among us - myself included - made the decision to share our own deeply personal mental health journeys with the 1,600-strong school community for the first time.

The assembly caught the interest of BBC Teach, who dispatched a film crew to the school a few days later to interview me and

film a question-and-answer session that I hosted with 9D.

9D not only demonstrated sensitivity, tolerance and a complete lack of judgement but also asked some fantastic questions. These allowed us to have a great dialogue on the topic of mental health and how it can affect us all when not cared for.

The video debuted on Tuesday, just in time for Mental Health Awareness Week, and can be watched at

<https://www.bbc.com/teach/teacher-support>

My hopes that this process would encourage staff and students alike to speak more openly about their mental health have been far exceeded. It has been wonderful to receive all manner of anecdotes and feedback from across the school community that speak of people finding both a voice to express themselves with and willing ears to listen. As I wrote back in February, quite often that is all someone with a mental health concern is looking for.

It is that culture of acceptance, openness and support that we are very fortunate to have here at Jo Richardson and that is a big part in ensuring 'Success for All'. I hope that the work we have done and will continue to do concerning mental wellbeing inspires staff and students to keep talking and listening to one another. As we've discovered, it is an issue that affects us all!



Mr Rutland
English & Media Department

Well done Sorna!

Huge well done to Sorna Chondhury 9A who has been accepted onto the Year 9 Engineering Summer School at Imperial College London. Commiserations to Suboni Olatunji 9A and Sammi Lai 9G who had outstanding applications but were unsuccessful. We look forward to hearing all about how Sorna gets on.

As well as this, I am incredibly proud of Doris, Bradley, Zach, Sulaiman and Charlotte (all of 9G) who have attended City University all

week this week to learn more about university life. I sincerely hope that they have had a great time and that it has given them some more insight into their own future.

Miss Draisey
Head of Year 9

Cooking Club



The students had a great Cooking Club on Thursday, they made a really excellent lemon curd. The students put a great deal of effort into the lesson and each produced a lovely jar of lemon curd to take home. I was very pleased with both the recipe and their efforts in what was a GCSE level practical and these students are from Years 7 - 9.

I would like to say a big well done to all. I would also like to thank Mrs Moffatt for her continued support.

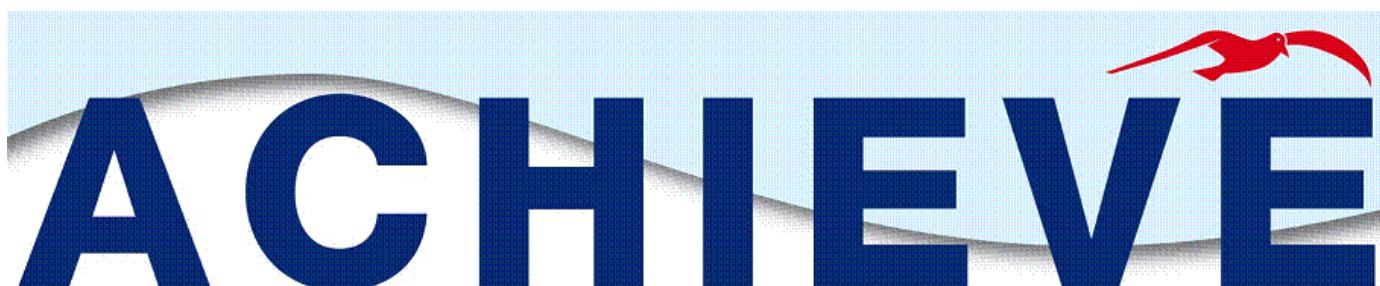
Mr Hargreaves
Food and Catering



OFFICE ASSISTANTS

The Office Assistants for next week are:

Monday	Scarlett Camilleri 8J
Tuesday	Anesu Choga 8J
Wednesday	Holly Cuthbert 8J
Thursday	Sidnie Day 8J
Friday	Holly Docherty 8J



GCE & GCSE Exams

Below is the exam timetable for GCE and GCSE exams which start on Monday 13th May. These are official exams and students will be required to attend normal lessons when they do not have a scheduled exam. Please make sure students have a good breakfast and they have the correct equipment with them for each exam, including a calculator (if needed) and a black pen. If they wish to, they may bring water, but this needs to be in a clear plastic bottle with the label removed. Please remind your child that under no circumstances should mobile phones or smart watches be taken into exam rooms. If your child is unable to attend any of their exams, please call the attendance line as usual and we will require a letter from your doctor.

Date	Time	Exam name
20/05/2019	9:00 AM	GCSE RELIGIOUS STUDIES A P2A EXCL TEXT
20/05/2019	2:00 PM	GCE PSYCHOLOGY ADV PAPER 1
20/05/2019	2:00 PM	GCSE PORTUGUESE: LISTENING WRITTEN
21/05/2019	9:00 AM	GCSE MATHS NON-CALCULATOR
21/05/2019	2:00 PM	GCSE GEOGRAPHY PAPER 1
21/05/2019	2:00 PM	GCE HISTORY - GERMANY 1918-89
22/05/2019	9:00 AM	GCSE SPANISH LISTENING & READING
22/05/2019	9:00 AM	GCE SOCIOLOGY ADV PAPER 1
22/05/2019	9:00 AM	OCR CAMBRIDGE H & S U4 ANATOMY & PHYSIOLOGY
22/05/2019	9:00 AM	GCSE PERSIAN: LISTENING WRITTEN
22/05/2019	2:00 PM	GCSE PHYSICS PAPER ONE
22/05/2019	2:00 PM	GCSE DUAL SCIENCE PAPER ONE: PHYSICS
23/05/2019	9:00 AM	GCSE ENGLISH LITERATURE PAPER 2
23/05/2019	2:00 PM	GCE ENG LIT: DRAMA & POETRY PRE-1900 WTN
23/05/2019	2:00 PM	GCE PE: PHYSLGCL FCTR AFCT PERF WTN
23/05/2019	2:00 PM	BTEC Level 3 Business Studies UNIT 3: PERSONAL AND BUSINESS FINANCE
24/05/2019	9:00 AM	GCE BUSINESS STUDIES - MARKET, PEOPLE & GLOBAL BUS
24/05/2019	9:00 AM	GCSE ITALIAN LISTENING & READING
24/05/2019	9:00 AM	GCSE BUSINESS STUDIES INV SMALL BUSINESS
24/05/2019	2:00 PM	GCSE D&T: PRNCPLS OF DSGN & TCHNLGY - WRTN
03/06/2019	9:00 AM	GCE ENG LIT: CMPRTVE & CNTXTL STDY WTN
03/06/2019	9:00 AM	GCSE MEDICINE IN BRITAIN
03/06/2019	2:00 PM	GCE POLITICS ADV PAPER 1
03/06/2019	2:00 PM	GCSE ITALIAN WRITING TEST TIER H
03/06/2019	2:00 PM	GCSE MEDIA STUDIES EXPLORING MEDIA
03/06/2019	2:00 PM	GCE BUSINESS STUDIES - ACTIVS, DECISION & STRATS.
04/06/2019	9:00 AM	GCSE ENGLISH LANGUAGE PAPER 1
04/06/2019	2:00 PM	GCSE PORTUGUESE: READING WRITTEN
04/06/2019	2:00 PM	GCSE BUSINESS STUDIES BUILDING A BUSINESS
04/06/2019	2:00 PM	GCSE PERSIAN: READING WRITTEN
04/06/2019	2:00 PM	GCSE MUSIC: LISTENING AND APPRAISING - WTN
04/06/2019	2:00 PM	GCE CHEMISTY A: PRDC TBLE ELMNT PHY CHM WTN
04/06/2019	2:00 PM	GCE SOCIOLOGY ADV PAPER 2
05/06/2019	9:00 AM	GCE PURE MATHEMATICS 1

05/06/2019	9:00 AM	GCSE SPANISH WRITING
05/06/2019	2:00 PM	GCE PE: PSYCHLGCL FCTR AFCT PERF WTN
05/06/2019	2:00 PM	GCE HISTORY - ITALY & SPAIN
05/06/2019	2:00 PM	GCSE GEOGRAPHY PAPER 2
06/06/2019	9:00 AM	GCSE MATHS - CALCULATOR: PAPER 2
06/06/2019	9:00 AM	GCE BIOLOGY ADV PAPER 1
06/06/2019	9:00 AM	GCE POLITICS ADV PAPER 2
06/06/2019	2:00 PM	GCSE HISTORY: AMERICAN W., SAXON, NORMAN
07/06/2019	9:00 AM	GCSE ENGLISH LANGUAGE PAPER 2
07/06/2019	9:00 AM	GCE BUSINESS STUDIES INVESTIGATING BUSINESS
07/06/2019	2:00 PM	GCE PSYCHOLOGY ADV PAPER 2
07/06/2019	2:00 PM	GCSE BIOLOGY PAPER TWO
07/06/2019	2:00 PM	GCSE DUAL SCIENCE PAPER TWO: BIOLOGY
10/06/2019	9:00 AM	GCE DANCE ADV WRITTEN
10/06/2019	9:00 AM	GCSE FOOD PREP AND NUTRITION WRITTEN
10/06/2019	2:00 PM	GCSE MEDIA STUDIES UNDERSTAND MEDIA
11/06/2019	9:00 AM	GCSE MATHS - CALCULATOR: PAPER 3
11/06/2019	2:00 PM	GCSE HISTORY WEIMAR & NAZI GERMANY
11/06/2019	2:00 PM	GCE CHEMISTRY A: SYNTHS & ANALYTCL TCHNQS WTN
11/06/2019	2:00 PM	GCE PE: SOCIO-CLTRL PHYSL ACTV SPRT WTN
12/06/2019	9:00 AM	GCSE CHEMISTRY PAPER TWO
12/06/2019	9:00 AM	GCSE DUAL SCIENCE PAPER TWO: CHEMISTRY
12/06/2019	9:00 AM	GCE SOCIOLOGY ADV PAPER 3
12/06/2019	9:00 AM	GCE PURE MATHEMATICS 2
12/06/2019	2:00 PM	GCE HISTORY BRITAIN: EMPIRE & WARFARE
12/06/2019	2:00 PM	GCSE CITIZENSHIP PAPER ONE
12/06/2019	2:00 PM	GCSE POLISH LISTENING & READING
12/06/2019	2:00 PM	GCSE GERMAN LISTENING & READING
13/06/2019	9:00 AM	GCE BIOLOGY ADV PAPER 2
13/06/2019	9:00 AM	GCSE GEOGRAPHY PAPER 3
13/06/2019	9:00 AM	GCE POLITICS ADV PAPER 3
13/06/2019	2:00 PM	GCSE DANCE WRITTEN PAPER
14/06/2019	9:00 AM	GCSE PHYSICS PAPER TWO
14/06/2019	9:00 AM	GCSE DUAL SCIENCE PAPER TWO: PHYSICS
14/06/2019	9:00 AM	GCE PSYCHOLOGY ADV PAPER 3
14/06/2019	2:00 PM	GCE MATHS STATISTICS & MECHANICS
17/06/2019	9:00 AM	GCE BIOLOGY ADV PAPER 3
17/06/2019	9:00 AM	GCSE GERMAN WRITING TEST TIER H
17/06/2019	9:00 AM	GCSE CITIZENSHIP PAPER TWO
18/06/2019	9:00 AM	Hosp & Catering (Spec A) Unit1: Onscreen (Resits & Year 10)
19/06/2019	9:00 AM	GCE CHEMISTRY A: UNIFIED CHEMISTRY WTN
19/06/2019	9:00 AM	GCSE POLISH WRITING TEST TIER H

May and June Revision Timetable 2019

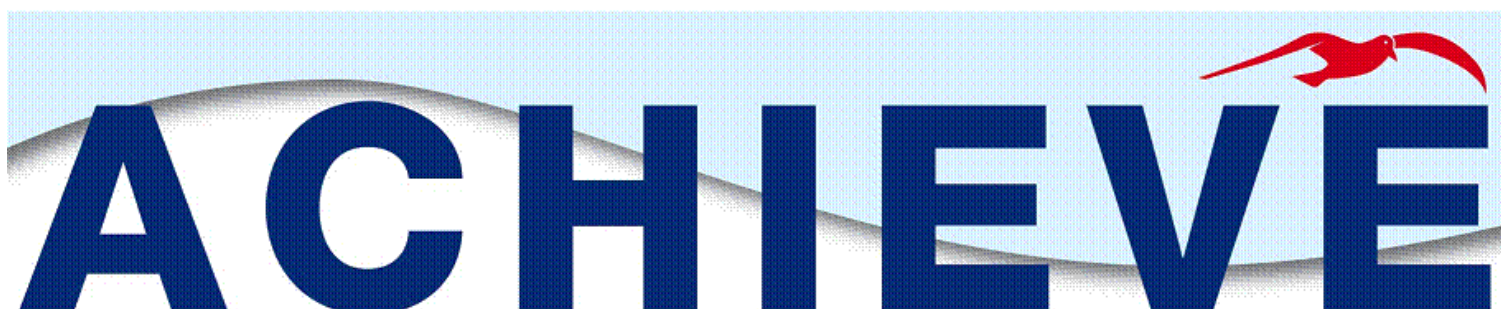
Saturday 18th May	GCSE Maths 9:00am – 1:00pm Maths Block	A Level PE 9:00am – 1:00pm PE1 & Sports Hall	A Level History 9:00am – 1:00pm Mr Hinchliffe - HU1
Sunday 19th May	GCSE Geography 9:00am – 11:30am Mr Bourne, Ms Ross & Mr Christie - HU4, HU5 & HU6		
Saturday 25th May	A Level Biology 9:30am – 2:00pm Ms Iqbal and Ms Shahin SC12 & SC2	GCSE Science 10:00am – 12:00pm Ms O'Neil, Ms Brook, Mr Tizzard & Ms Bakkali-Taheri SC11, SC8, SC10 & SC6	GCSE Triple Science 12:15pm – 2:15pm Mr Tizzard & Ms Brook
Tuesday 28th May	A Level Psychology 9:00am – 11:00am Ms Quail - SS2	A Level Psychology 11:30am – 1:30pm Ms Draisey - SS2	A Level Politics 12:00pm – 2:00pm Ms Mitchell - SS2
	GCSE Science 10:00am – 12:00pm Ms Akhtar, Ms Shahin & Mr Agyapong SC4, SC2 & SC6	A Level Biology 9:00am – 2:00pm Ms Iqbal & Ms Shahin SC12 & SC2	GCSE Music 11:00am – 2:00pm Mr Jenner - MU1
Wednesday 29th May	A Level Psychology 9:00am – 11:00am Ms Tasneem - SS2	A Level English 11:30am – 2:30pm Ms Davies - EN8	A Level Biology 11:30am – 2:30pm Ms Shahin & Mr Agyapong SC2 & SC6
	GCSE Science 9:00am – 1:00pm Ms Iqbal – SC12		
Thursday 30th May	GCSE Geography 9:30am – 12:45pm Mr Bourne, Ms Ross & Mr Christie - HU4, HU5 & HU6	A Level Dance 9:30am – 11:30am Miss England & Miss Simpson PE1	GCSE Dance 1:00pm – 3:00pm Miss England & Miss Simpson PE1
Friday 31st May	GCSE English 8:45am – 1:00pm Boothroyd Hall, Plumbing Studio, EN1 & EN2		
Saturday 1st June	GCSE Maths 9:00am – 1:00pm Maths Block	A Level Maths 1:00pm – 4:00pm Mr Gaudoin - Maths Block	
Sunday 2nd June	GCSE History 9:00am – 1:00pm Mr McFaul, Dr Longson, Mr Hinchliffe, Ms White & Mr Yeates HU1, HU2, HU3, HU4		
Saturday 8th June	GCSE Maths 9:00am – 1:00pm Maths Block	A Level Psychology 9:00am – 11:00am Ms Quail - SS2	A Level Psychology 11:30am – 1:30pm Ms Tasneem - SS2
Sunday 9th June	GCSE Geography 9:30am – 11:30am Mr Bourne, Ms Ross & Mr Christie - HU4, HU5 & HU6	A Level Dance 9:30am – 11:30am Miss England & Miss Simpson EN1	GCSE Dance 12:00pm – 2:00pm Miss England & Miss Simpson EN1

Weekly Outline of Out of School Hours Learning Activities – Summer Term 2019

Club	Year Group	Staff	Time	Venue
Monday				
Choir	All	Mr Jenner	8:15am - 9:00am	MU1
Boxing Fitness Club	7 – 9	Mr Hession	1:30pm - 2:00pm	Sports Hall
SDD Homework Club	8 - 11	Mrs Roults & Miss Chandler	1:30pm - 2:05pm	SD2
Girls Basketball Club	All	Ms Emeny	1:30pm - 2:00pm	Sports Hall
Athletics Club	7 - 9	Ms.Pridie	4:15pm – 4:5pm	Sports Hall
Tuesday				
Fitness	All	Mr Coupland	7:45am - 8:15am	Fitness Suite
Wind Band	Invited	Mr Johnston	8:30am - 9:00am	MU1
SDD Homework Club	7	Mrs Prockter & Mr Hession	12:30pm - 1:05pm	SD2
Puzzle Club	7	Ms Moody & Ms Colborne	12:30pm - 1:05pm	Maths Department
Drama Club	7	Miss Cook	12:30pm - 1:05pm	DR1
Wings Fitness	7 - 9	Miss Pridie	7:45am – 8:15am	Sports Hall
SDD Homework Club	8 - 11	Ms Newman & Mr Bashir	1:30pm - 2:05pm	SD2
Drama Club	8 - 9	Miss Cook	1:30pm - 2:05pm	DR1
Indoor Cricket	8 - 9	Mr Coupland	1:30pm – 2:00pm	Sports Hall
Athletics (Field Events)	8 - 10	Miss Pridie	1:30pm – 2:00pm	Field
Cricket	7 - 9	Mr Howard & Mr Coupland	3:05pm – 4:05pm	Sports Hall
Rounders	All	Miss Boulton & Miss Emeny	3:05pm – 4:05pm	Field
Y10 Bronze D of E (Week 2)	10	Ms Montague	3:05pm - 4:45pm	SD3
Wings Dance Academy	Invited	Miss Simpson	3:15pm - 4:15pm	DA1
Wednesday				
Fitness	All	Mr Coupland	7:45am - 8:15am	Fitness Suite
Orchestra	Invited	Mr Jenner	8:15am - 9:00am	MU1
Times Table Rockstars	7 - 8	Miss Johnson	11:00am - 11:30am	MA12
Gold D of E	Invited	Ms Montague	11:30am - 12:30pm	SD3
Jazz/Big Band	Invited	Mr Clement	1:30pm - 2:00pm	MU2
Dance Club (Mixed styles)	All	Miss England	1:30pm - 2:00pm	DA1
Carnegie Shadowing Reading Club	7 - 9	Mrs Colangelo-Lillis	1:30pm - 2:00pm	EN3
Panathlon Club	All	Ms Montague	1:30pm - 2:05pm	Sports Hall
SDD Homework Club	7 - 11	Mrs Roults & Mrs Debono	1:30pm - 3:00pm	SD2
Cheerleading	7 - 9	Coach	2:00pm - 3:00pm	Sports Hall
Peace Garden	All	Mr Kilminster	2:00pm - 3:00pm	Peace Garden
Girls Football	All	Mr Richards	2:00pm - 3:00pm	Astro / Field
Basketball	All	Coach	3:00pm - 4:00pm	Sports Hall

Weekly Outline of Out of School Hours Learning Activities – Summer Term 2019

Club	Year Group	Staff	Time	Venue
Thursday				
Fitness	All	Mr Coupland	7:45am - 8:15am	Fitness Suite
Guitar Club	7 - 9	Mr Clement	8:15am - 9:00am	MU2
Piano Ensemble	Invited	Mr Jenner	8:15am - 9:00am	MU1
SDD Homework Club	7	Mrs Debono & Miss Chandler	12:30pm - 1:05pm	SD2
Indoor Cricket	7	Mr Howard	12:30pm - 1:05pm	Sports Hall
Indoor Cricket	8 - 9	Mr Howard	1:30pm - 2:05pm	Sports Hall
Panathlon Club	All	Ms Montague / Miss Hall	1:30pm - 2:05pm	Sports Hall
SDD Homework Club	8 - 11	Mrs Prockter & Mr Hession	1:30pm - 2:05pm	SD2
Puzzle Club	8 - 11	Ms Hunt	1:30pm - 2:05pm	MA8
Science Club	7 - 9	Miss Iqbal	3:05pm - 4:05pm	SC12
Athletics	All	All PE Staff	3:05pm - 4:30pm	Field
Engineering Club	All	Mr Massop	3.15pm - 4.15pm	DT8
Textiles Club (Week 2)	7 - 9	Miss Mir	3:15pm - 4:15pm	DT4
Cooking Club	7 - 9	Mr Hargreaves / Mrs Moffat	3:15pm - 4:45pm	FC4
Hip Hop Club	All	Miss England	3:30pm - 4:30pm	DA1
Friday				
Basketball	All	Miss Emeny & Miss Pridie	7:45am - 8:15am	Sports Hall
SDD Homework Club	7	Miss Chandler	12:30pm - 1:05pm	SD2
SDD Homework Club	8 - 9	Miss Newman & Mr Bashir	1.30pm - 2.05pm	SD2
Futsal	8 - 9	Mr Coupland	1.30pm - 2.05pm	Sports Hall
Wings Dance Academy	Invited	Miss England	3:15pm - 4:15pm	DA1



RACE NIGHT



We're holding a race night at

JRCS BOOTHROYD HALL

Raising funds for

VIETNAM 2020 – Tickets £3

First race at

5.40pm

Date

Thursday 27th June -Doors Open 5:15pm



THE JO RICHARDSON

SUCCESS FOR ALL

COMMUNITY SCHOOL

ACHIEVE

Contact Ms Hall or Ms Mir or Mr Hill for tickets