SMSC "Matters" Summer 2019

SMSC General



Jack Petchey Achievement Awards

On Tuesday 30th April the Jo Richardson Community School attended The Broadway Theatre, Barking and were given Jack Petchey Achievement Awards in recognition of their extra-curricular achievements, dedication and acts of bravery or kindness. Headteacher, Mr Smith said 'As a school, we are very proud of all our young people and it is always a privilege to attend this fantastic award ceremony. It was wonderful to see how many of our students go the extra mile for others and they are a shining example to all young people.'

Congratulations to the following students who all received their awards: Sueda Oktay, Bailey Wallace, Josiah Ugowe, Yasmin Begum, Chanel Nugent, Danny Scannell, Holly Dicko, Hannah-Queren Mbomba and Chloe Ward.

Congratulations also to our Leadership Award winner Miss Draisey who was a worthy winner.

Ms Boller Student Communication Manager

Head Boy and Head Girl

It gives me great pleasure to introduce the new Head Boy and Girl and Deputy Head Boy and Girl for the academic Year 2019-2020. 22 students interviewed for the position and it was an extremely competitive interview process. All the students involved did an excellent job at interview and made myself and Mr Smith very proud. It was a really tough decision but our successful candidates were...

Head Boy – Domas Cesnulevicius 10D Head Girl – Mehnaz Musthafa 10E Deputy Head Boy – Jeremiah Ogunturin 10E Deputy Head Girl – Jayzy Daniel 10H

Miss Duncan Head of Year 10

Archery Success for Lucas Van Kleef-Bolton!

On Saturday 20th April 2019, seven juniors from Noak Hill Archers took part in the Havering Youth Games. Year 8 Lucas competed in the U16 recurve category, which involves shooting 4 dozen arrows at a target 40 yards away and 2 dozen at 20 yards. It was his first competition since taking up archery in October last year and he scored 448 which he was very happy with! He received a

special mention at the award ceremony afterwards for coming 3rd in the U16 recurve category, which he was extremely proud of!

Congratulations to Lucas on his achievement and we wish him success in his next competition.

Miss Boulton Head of PE

Future Youth Zone



This term 200 JRCS students had the opportunity to attend an event at the new Future Youth Zone. Students participated in a number of activities including basketball, arts and crafts, gym work and music technology. The Youth Zone provides a safe and inspiring place for young people to make productive use of their leisure time by offering them opportunities to try new

activities, meet new people and develop their skills.

The Future Youth Zone is set to officially open on 18th May and will be open to young people aged 8 to 19. Young people aged between 13-19 will be able to attend senior club Monday, Tuesday and Thursdays between 4pm and 9pm and Fridays and Saturdays between 4pm and 10pm. To get involved, simply register your child as a member at <u>www.futureyouthzone.org</u>. Annual membership is £5.00 and then members pay 50p per visit, which includes all activities.

Ms Keane Head of School





Gold Seagulls

Maesha Farzana Afm Mahmudul 8H Muhammad Tahir 7B Pronov Rahman 8H Zubin Burley 7F Chloe Whyte 7E Kristupas Liaugaudas 7B Arturs leva 8H Rachel Okine 9C Liepa Blandyte 9B Valeria Gavazyuk 9H Nicky Monsheju Inzinga 9C Keira Thomas 10J Jessica Soares Paim 10E Esther Johnson 7H Lillie Cooper 7I Sanaa Joseph 7B Ruby Brannan 7B Justin Tuna 8D Alice-Mae Tyler 8G Madalina Ciuchi 8C Jannah Nuha 7B Charlee Bromwich 7G Ella Ayres 8D Kira Bath 8E Julia Seferi 81 Christina Adjei-Sarpong 8C Hafsa Khan 8E **Richmond Ofosu 8I** Stacey Levitt 8H Mae Turner 8G Oluwamayomikun Otufowora 9C Presdie Mateus 9G. Aleksandra Neykaluk 7J Victoria Idahosa 8G Lucy Davis 8F Harleigh Nicholls Mallia 8H Rvan Lai 8E Aqsa Saleemi 8J Martins Ogunyemi 8E Goda Valeisaite 9C Venessa Dapaah 9G Muhammed Ali 9H Cole-Armani Otite 9B Abiola Yusuf 9H Liam James Staley 9D Candice Amponsah 10E Lauren Simson 12C Frankie Garland 8D Iva Georgieva 8A Maryam Saleh 81 Millie Hindle 8D Sheree Bartram 10C. Noor-ul-ain Yousaf 7E Aimee Matthews 7J, Reece Addo-Boateng 7I Oluwatunmininu Onafadeji **Emmanuel Sesay 8I** Brandon Eintracht 8F Waleed Rafigue 9J Adedamola Olatunji Oristade 9A Adiyat Sharif 9B Charis Adams 9A Zion Piedade 9G

Alperen Oktay 12C

Teodor Fotev 7G Reuben Thomas 7C Aleksandar Nenadovic 7D Ella Turner 7G Ruby Lyons 81 Lewis Walsh 8I Jasmine Hunter St. Louis 8B Aleina Miliauskaite 8H Aisha Rashid 8F Zach Skeels-Jackson 8C Maddie Mortimer 9D Aylin Acar 9B Sulaiman Diallo 9G Enisa Kurta 9H Williams Yahava 9G Abrar Sikder 91 Bisma Tahir 9D Nancie Tyler-Goode 9G Yasmin Begum 10E Annabelle Ngala 10J Summer Mason 7J Owen Scott 7I Tara Boafo 8G Jessica Patmore-Martin 8G Monica Pavlova 8C Joseph Varey 8A Rosie Cook 8C Gift Alatishe 8E Mofoluwashewa Johnson 8C Kazi Rahmah Zaman 8J **Daniel Morton 8B** Ellie-Marie Pereira 81 Alfie-James Sedge 8C Corey Bhavnani 8G **Ruby Whitton 8G** Olatokunbo Osanyintola 9F Matilda Boateng 9A Megan Jackson 9D Gloriane Kabeya 9F Mihaela Costache 9D Luisa Seferi 9B Remi Newman 91 **Chanel Nugent 9B** Chelsea Boanerges-Kihan 9D Kanya Archer 10F

Double Gold Seagulls

Nikolay Petrov 7B Radvile Padelskaite 7B Tayte Bramley-Naipaul 8H Chloe Sealey 8J Megan McCabe 9F **Doris Blumel 9G** Ediri Chelsea Akposheri 9C Theodore Toma 7D Zubin Burley 7F Rebekah Ogunturin 9G Sajida Amina 9C Lucy Davis 8F Filip Zajdler 9H Mariyah Tufael 9F Sammi Lai 9G Adedamola Olatunji Oristade 9A

Triple Gold Seagull

Lubna Ishaque 8G Hayley Stevens 8G Theodore Toma 7D Radvile Padelskaite 7B Filip Zajdler 9H



















Mental Health Awareness Week

13th – 19th May was Mental Health Awareness Week, and with the onset of SATs, GCSEs and A-Levels at schools across the country, this year's Mental Health Awareness Week saw an especial focus on the mental wellbeing of both teachers and students.

In February for Time to Talk Week, Ms Quail, Mr Kilminster and I ran an assembly alongside Kieran and Ebony in the Sixth Form. In a short video, we modelled the important act of talking about mental health by exploring and sharing our own experiences with a range of issues. These included depression, anxiety and obsessive-compulsive thinking.

Some of us spoke about good friends or loved ones, while others among us - myself included - made the decision to share our own deeply personal mental health journeys with the 1,600-strong school community for the first time.





The assembly caught the interest of BBC Teach, who dispatched a film crew to the school a few days later to interview me and film a question-and-answer session that I hosted with 9D.

9D not only demonstrated sensitivity, tolerance and a complete lack of judgement but also asked some fantastic questions. These allowed us to have a great dialogue on the topic of mental health and how it can affect us all when not cared for.

The video debuted on Tuesday, just in time for Mental Health Awareness Week, and can be watched at <u>https://www.bbc.com/teach/teacher-support</u>

My hopes that this process would encourage staff and students alike to speak more openly about their mental health have been far exceeded. It has been wonderful to receive all manner of anecdotes and feedback from across the school community that speak of people finding both a voice to express themselves with and willing ears to listen. As I wrote back in February, quite often that is all someone with a mental health concern is looking for.

It is that culture of acceptance, openness and support that we are very fortunate to have here at Jo Richardson and that is a big part in ensuring 'Success for All'. I hope that the work we have done and will continue to do concerning mental wellbeing inspires staff and students to keep talking and listening to one another. As we've discovered, it is an issue that affects us all!

Mr Rutland English & Media Department

Farewell Year 11





After months of hard preparation and gruelling hours spent revising. The Year 11 students finally said their final goodbyes before doing a celebratory balloon release outside of school to mark their friendships and achievements at JRCS. They have been a fantastic year group who have been committed and hardworking throughout their time here. They have contributed so much to the school community and we hope that they are ready their next step.

We wish them every success in the future and we cannot wait to hear about all of their fantastic achievements and adventures in the future. You will be truly missed by all of the staff here at school.

Good luck to all of you and a huge thank you to the families who have shown such support in getting their child through, what can be a tough time. We will see you all on results day on August 22nd.

Miss Branch - Head of Year 11

KS3 Inter-form Reward Trip

On Wednesday 26th June, I had the fantastic opportunity to take 90 wonderful young people over to 'Jump London' to celebrate their inter-form success. Throughout the year all KS3 forms have been collecting inter-form points in a variety of areas. For example, being awarded LOC's or credits. The winning form gets to take some time off from school to go and celebrate their awesomeness!

This year the winning forms were Mr Hargreaves' 7H, Ms O'Neil's 8H and Mr Loughnane's 9C. It was a complete joy to take the groups over to the trampoline park and see them have such a great time. The flips, jumps and dancing were very impressive and I look forward to seeing who wins the competition next year. I would also like to take this opportunity to thank Ms Salih for organising the trip for everyone.



Well done to 7H, 8H and 9C!

Miss Draisey - Head of Year 9

JRCS Prom 2019

The prom was as magical as the year group had hoped for, a really emotional event where staff got to say a well deserved 'well done' and 'good bye' to the most hard working of students . The boys looked dapper and the girls looked elegant. All of the planning came together nicely as students stepped out of their cars to be snapped by photographers and greeted by staff at Orsett Hall who had made the event extra special for our students.

Straight after dinner the students hit the dance floor where they remained all night celebrating the memory of secondary school with friends they have made for life. The chocolate fountain was flowing and students spent the night dressing up for photos at the magic mirror. We wish them a world of happiness and look forward to greeting them on results day, where we will hopefully be celebrating together once again.

Miss BranchMs MeaneyHead of Year 11Pastoral Assistant

JRCS PROM 2019





























Colour Run 2019



JRCS Colour Run took place on Monday 8th July and saw over 170 students take part and raise money for the charity Phab kids. Many thanks to all the students took part making the event thoroughly enjoyable and for all the sponsor money raised for Phab.

Phab inspires and supports children and young people with and without disabilities to make more of life together - breaking down community barriers, reducing social isolation, and creating opportunities for disabled people to enjoy the same activities and challenges as, and alongside, those without a disability.

Miss Hall Director of SDD

SMSC Science

Planet Hunters with Python Project

Congratulations to Brandon Bridges in Year 12 who completed the Planet Hunters with Python project with Queen Mary University in April. Students from Years 10 and 12 attended a lecture and introduction session at Queen Mary University on the 15th October and since then Brandon has been working hard using a programming language called Python to write a computer program to detect and analyse data from NASA's Kepler Space Telescope. He was able to use the data and the program he wrote to find a planet orbiting a star and find out what the planet is like.

Brandon did a fantastic job showing resilience and ambition, overcoming problems with the code as well as producing an excellent academic poster displaying the findings from his project.

Mr Tizzard Science Department

A-Level Physics trip to CERN in Geneva, Switzerland: Sunday 7th - Tuesday 9th July 2019

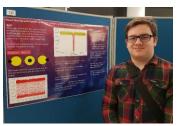
The A-Level Physics students arrived at school early Sunday morning before the sun had risen. Weary eyed from little sleep and recent exams they piled into the minibus for the drive to Luton airport. After a smooth flight over Paris and onto the foothills of the Alps, we arrived at Geneva airport and were greeted by a pleasantly warm breeze and the promise of a sunny day. After checking into the hotel and a short rest, we were out to explore the city of Geneva. We visited the Musée d'histoire des sciences, which is located within the beautiful park overlooking Lake Geneva. Here students viewed various exhibits including trying their hand at some mechanical problems, using various sun dials to work out the time of day as well as apparatus to measure time, temperature, electrical properties and uncovering aspects of physics that students have covered during their A-Level course so far.

We then took a pleasant walk along the lakeshore observing the impressive fountain at a distance before a boat ride across to the other side of the lake during which the views of the surrounding mountains were amazing. Then it was time to fuel up with an authentic

Italian pizza for dinner and an essential stop for gorgeous gelato to wash it down as we meandered through the city streets back towards the hotel.

Monday morning we were well-fed from our hotel breakfast and ready for our visit to CERN. It was amazing to meet Professor Mario Campanelli from UCL (University College London) who gave us an introductory lecture about the history of CERN and the research that has been carried out there. He then gave us a tour of the very first particle accelerator that was built on the site in 1957 and took us through the developments that happened up to this day and the current use of the LHC (Large Hadron Collider). We visited the control room at ATLAS, which is one of the particle detectors working on innovative research to find the fundamental building blocks of matter and the forces that govern their interaction. We then visited the 'microcosm' exhibit which guided us what we know so far about the particles that make up our universe and about the early particle accelerators. Overall, it was a privilege to visit the site and for the students to gain a deeper understanding into the research that is carried out at CERN and I hope they really enjoyed a memorable visit.

Mrs Brook KS5 Physics Lead







SMSC MFL

Paris 2019

On Friday the 5th April 2019, the Modern Foreign Languages Department took 37 year 10 and 11 students to Paris. The purpose of the trip was to give our students an opportunity to use the language they learn in the classroom in real life context, as well as extending their cultural awareness.

As soon as we arrived in Paris, we took in the sights of the majestic Eiffel Tower, the Arc de Triomphe and the breath-taking view from the Montparnasse Tower. The next day, we enjoyed a full day at Disneyland to the students' great delight and visited both parks! We continued our immersion into the French Culture through a visit to the Louvre Museum on the final day. We were fortunate to take some memorable pictures of some paintings including the famous portrait of the Mona Lisa (La Joconde) painted by Leonardo Da Vinci, one of the most emblematic portraits in the history of Art. We concluded our trip on a cruise boat on the Seine river (bâteau mouche) with an incredible guided tour and view of some of Paris' main monuments and most famous landmarks including the Cathedral of Notre de Dame, we were privileged to see the iconic Cathedral before the devastating fire.

The trip was immensely enjoyable and a huge success and the students' exemplary behaviour further enhanced the values we believe in at JRCS.

















SMSC D of E

Gold D of E Canoeists gain paddling skills over Easter

I was extremely impressed by the group of students whom I accompanied to Trewern OEC over the Easter holidays with the aim of completing their gold practice expedition. They worked all week from 8th – 12th April with Juliet Parker-Smith, the former Head of Centre at Trewern, and acquired a huge range of skills and experience to help them on their way with their four day/three night canoeing expedition in July, when they will canoe for four days on the River Wye starting at Hay-on-Wye and finishing four days later at Symonds Yat.

I asked the group to act like a group of sponges – soaking up skills and vital information all week and they did just that! They worked hard from their first day's paddling on the River Usk at Brecon. On the second day they progressed to moving water skills on the River Wye, before undertaking a two day journey on the Monmouthshire and Brecon canal. I was very proud of the way that they rose to all



of the challenges that they met. They were a fantastic group and a pleasure to have along on expedition. Huge thanks also to Terry Dignam for his help with supervising the group all week, and to Juliet for her expert instruction. I know the group are really looking forward to their expedition in July. The students involved all receive an LOC for committing to their learning. They are: Daniel Gill, Yewande Oginni and Nathan Rehmat 12A, Lauren Simson, Emma Smith and Alperen Oktay 12C, and Emily Fawsitt 12E. Big commiserations to Jovan Nenadovic who was unable to join us due to a nasty basket balling injury, we hope he will be back on the river in July.

JRCS Host Annual Borough D of E Celebrations

On Thursday 25th April Jo Richardson School played host to the borough Duke of Edinburgh Award Celebrations. We took time out at the start of the evening to remember Jodie Chesney with a minute's silence. Jodie completed her Silver award with a group from JRCS in 2017, and will always be remembered fondly as part of our D of E family. Students from two other schools, Eastbrook and Riverside attended, as well as a group of young people from The Vibe who had completed their award

in partnership with the Abphab organisation. There were 11 students from Jo Richardson receiving awards: Shanise Garner, Ire Ajala, Klaidas Runele and Luke Craigie received their Bronze awards, whilst Daniel Gill, Yewande Oginni, Lauren Simson, Emma Smith, received their Silver awards along with Lucy White (who completed her Silver award alongside Jodie). An exstudent now studying in Year 12 at Dagenham Park, Silviu Ionescu, also attended to receive three section certificates. We hope he will go on next year to gain his skill section and complete the whole award. I hope the fantastic success of these brilliant young people will inspire all those who have yet to complete an award to go on and get their sections completed, and I look forward to them joining in our celebrations next year. It's also very heartening to know that very many of those who received their awards are going on to do Silver and Gold awards this year.

The ceremony was attended by Oliver Rice, a regional Operations Officer from the D of E London office. He spoke of his D of E journey which had started with his mum persuading him to do his Bronze award which has now led to a full time job. Cllr Evelyn Carpenter also attended and presented the badges to the award recipients.



I would like to thank all those who attended and helped on the evening, especially Terry Dignam, Mr Hargreaves, Bill Lockton, Miss Keane and Mrs Wren. A huge well done and thanks to Shanise Garner who entertained us all with a beautiful song, demonstrating the skill aspect of the award.

I look forward very much to celebrating many more awards next year!

Ms Montague D of E Manager

Bronze D of E groups establish resilience!

On Friday and Saturday 10th and 11th May the Year 10 Bronze D of E group completed their practice expedition, over two days and one night in the Lea Valley and Enfield area. They walked in to the campsite at Theobalds Park carrying everything that they needed for the night. The weather was not especially kind and the skies looked very threatening but this did not deter our students and they got stuck in to the second day of their venture. They dodged the showers all the way through to the finish and everyone said they had learnt a huge amount about map and compass work (especially after getting lost a few times), and the need to work as a team. This was the second weekend when money from the Duke of Edinburgh Award Diamond Fund funded the hire of a special off-road electric wheelchair for Reece Ward, who thoroughly enjoyed using this state of the art lightweight chair.

Six students from the Year 9 Learning Lab group also completed a D of E practice expedition, this time enjoying some brilliant sunshine on Wednesday 15th and Thursday 16th of May. They were all very grateful to Mr Hill who kept them on track each day.

Well done to all the students involved: Nicola Hicks, Tolu Famelegun, Devikha Ahtty, Michael Idahosa, Gopal Goswami, Ini Philips, Harrison Whyte, Josiah Ugowe, Reece Ward and Posi Oyebola (all Year 10), Frankie Sedge, Alin Gingioveanu, Frankie Sedge, Lewis Martin, Cayden Eagleton, Yasmin Rizk, Eniola Koleowo (all Year 9). I would also like to thank Mr Hill, Mr Dignam, Miss Hunt and Mr Hession for the support, encouragement and advice they gave to the students, both



throughout the weekend and during last week. We wish the students all the best with their qualifying expeditions later on in June.

Ms Montague Duke of Edinburgh Award Manager

Bronze Expedition Success



In June, two groups of students embarked upon the challenge of the Bronze Duke of Edinburgh Award qualifying expedition. The first group from Year 10 set out on Friday 7th June from the

southern tip of Epping Forest near Whipps Cross Hospital and made their way to an overnight camp in High Beech. The weather was not ideal as the groups departed from the start in torrential rain, but to their credit no-one complained and they made it to the finish point in reasonable time. The groups had also managed to make a marked improvement in their ability to work together as a team when compared to their performance on the practice expedition which was really great to see. Once again Reece Ward who uses an electric wheelchair could participate alongside his peers thanks to the generous funding from the D of E Diamond Fund which enabled us to hire a specialised light weight off road wheelchair from a company called 'Beyond the Boundary'.

On the second day the weather was a little brighter which lifted everyone's spirits, but didn't stop both groups getting a little bit lost on their way to the finish point. Never mind though – it's all part of Bronze D of E! Thanks to all the students involved for their hard work and positive attitude in spite of the awful weather, and to the staff who supported them.

On 11th and 12th June it was the turn of a group of Year 9 students to complete their expedition. They too started out at the southern tip of Epping Forest aiming for High Beech. Their aim for the expedition was to light a fire without using matches or a lighter and to cook on it. Thanks to the perseverance and resilience of Yasmeen Rizk they did manage to do this and enjoyed a warm fire and then toasted some tasty marsh mallows on the embers.

On the morning of their second day Yasmeen was once again in action getting a fire started and making hot chocolate using a Ghillie Kettle. The weather was reasonable in the morning but deteriorated towards the afternoon, and the group were very grateful to finish one checkpoint early and promptly fell sound asleep in the minibus on the way back to school.

Congratulations and well done to all the students involved, who were all in Year 10: Nicola Hicks, Tolu Famelegun, Devikha Ahtty, Michael Idahosa, Gopal Goswami, Ini Philips, Harrison Whyte, Josiah Ugowe, Reece Ward and Posi Oyebola. In Year 9, Frankie Sedge, Alin Gingioveanu, Lewis Martin, Cayden Eagleton, Yasmin Rizk, Eniola Koleowo. I would also like to thank Mr Hill, Mr Dignam, Miss Mir Miss Hall and Mr Kilminster for their support and for the encouragement and advice that they gave to the students during last week.

Ms Montague D of E Manager

D of E pre- Silver Expedition on the South Downs



I joined an amazing group of students in their pre-expedition training for their final expedition starting on 10th June 2019, what impressed me about these students was the way they started with such a positive approach to the expedition and showing respect and resilience to the event. I was so happy to spend the time on the first day and walk with such an amazing group of students and watch them both develop as a group and their navigation improved so much over the three days. What I was most impressed with was the way they jelled together and got up without any staff intervention. Sometimes in life you have to say to yourself this is what its all about. I am sure you will all do well and I look forward to seeing you get your Silver badge.

You are all amazing people and it was both a pleasure and honour to spend those days with you all.

Mr Hargreaves D of E Leader

Bronze Training Weekend

On 21st and 22nd June 14 Year 9 students and five staff visited Danbury Outdoor Centre in Essex to set up camp as part of the training weekend in order to start on the expedition training for their Bronze Duke of Edinburgh Award. This weekend was a reward for having completed at least two sections of the award already during Year 9.

Congratulations to all the students who attended for their dedication in completing so much of the award.

The aim of the weekend was for the students to apply the camp craft skills that they had learned in an after school session in a real camping situation. They also had an introduction to the art of navigation, learning to find their way around the countryside using a map and compass.

It was a real pleasure to work with these students and their behaviour and attitude throughout the weekend was a credit to them and to the school. The students involved were: Chanel Nugent, Adiyat Sharif and Nicky Eaton, all 9B, Bobby Lee, Chelsea Akposheri-Oweh, Justina Folorunsho and Sophie Waiharo all 9C, Noorjahan Ahmed, Philip Adu and Elias Dragoi all 9D, Maisie Lethbridge 9G, Sameer Ali and Victor Oso both 9H, and Chelsea Bowers 9J. Great thanks also to Terry Dignam, Mr Hargreaves, Mr Hill and Miss Draisey whose support with the training was invaluable.

We wish the students all the best with the rest of their training in Year 10 and look forward to seeing them complete their expedition next Summer term!









Ms Montague D of E Manager

SMSC Music

Music Recital Evening – Tuesday 21st May

Well done to all students who took part in our Recital Evening in May. The standard of performance was excellent and it was great to see students performing in front of such a supportive audience. Also, a big thank you to all students who announced acts, Sean Kerry for running tech, and of course to all family, friends and staff who came along to listen!

Students involved were as follows:

Sanaa Joseph 7B, Radvile Padelskaite 7B, Theodore Toma 7D, Chloe Whyte 7E, Elio Aliaj 7H, Joel Nzanga 8A, Victoria Idahosa 8G, Keira Christopher 8G, Sean Kerry 8J, Justina Folorunsho 9C, Michael Rafferty 9F, Venessa Dapaah 9G, Nancie Tyler-Goode 9G, Sulaiman Diallo 9G, Sammi Lai 9G, Maisie Lethbridge 9G, Filip Zajdler 9H, Mayowa Ogundele 9I, Joshua Mendoza 10C, Jonjoe Mould 10G, Kwame Swaray-Agbloe 10H, Alicia Percival Jack 10H, Tolu Famulegun 10H, Sam Clarke 11A and Favour Anibeze 12C.

Music Department



Summer Music Night 2019

A huge well done to all students who took part in our Summer Music Night on Monday 8th July. It was a lovely event, with nice weather and some fantastic performances from groups and soloists. A real show of how much hard work and commitment our students have shown over the last year.

Also thank you to our helpful tech team and all other students who helped in any way.

We hope you have a fantastic summer - don't forget to keep practising!

Music Department

SMSC Maths

International Maths Competition Winners

Congratulations to Arturs leva (Year 8) and Nikhil Ahtty (Year 7) for winning through the preliminary round and reaching the finals of the Pangea Maths Competition. This competition is run in 21 European countries and is very prestigious. We are thrilled that these two JRCS students have made it to the finals being held in London this year.

Good luck and we wish you well.

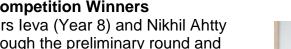
Ms Moody Maths teacher

Maths Week

On Thursday 13th June the Maths Department celebrated Maths Week by putting on two hours of competitions for Year 7 and then Year 8. The aim of the event was to engage the students with Maths outside of the classroom, this included both practical tasks and problem solving activities. During this event students had the opportunity to participate in an online escape room, a connect 4 competition, creating 3D shapes and objects and a relay tic tac toe competition.

It was a great day for all with a team from 7J side and 8J side winning their corresponding events. They received medals as well as gift bags to commemorate the event.

Ms Johnson & Miss Thomas Maths Department

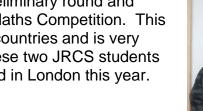














SMSC Year 9

Well done!

A huge well done to Adiyat Sharif 9B, Charis Adams 9A, Abiola Yusuf 9H and Sheikha Ali 9G for going, completely independently, to City University for their university taster weeks this week. I look forward to hearing all about what they have been learning and how they feel their time at university was.

Well done!

Miss Draisey Head of Year 9

Knife Crime Workshop



On Friday 10th May Year 9 had the fantastic opportunity to attend a series of Knife Crime Workshops. As we know from reading the news and from our own experience when we lost a former student, Jodie Chesney to a knife crime incident, knife crime is a persistently damaging and growing crime that is taking lives and harming families all over London and the UK. As a result, more needs to be done to raise the profile of knife crime, our young people need to know that carrying/using a sharp object has legal implications, harmful consequences and can ruin the lives of everyone surrounding an incident (victim and perpetrator).

The day was split into three workshops, one from the police, one from the ambulance service and one from an older brother of a knife crime victim. The police workshop included the legalities surrounding carrying a sharp object, using a sharp object and explained the notion of 'joint enterprise'. The paramedics explained to Year 9 how an injury with a sharp object can affect the body, how to deal with such and injury and some personal stories of dealing with knife crime incidents.

Finally, and most powerfully, Nathan told the group about how he lost his younger brother to knife crime and he was completely innocent. It was a difficult day for Year 9, but also one of great importance. The day finished with Year 9 being told that each and every one of them was special, important and amazing. They were asked to stand up if they believed these things about themselves and eventually, everyone was up and shouting back at our speakers that 'We are Special'.

We are extremely grateful for the time we were given on Friday by these three groups of important people. I was also exceptionally proud of the way that Year 9 conducted themselves across the day and how they demonstrated their respect as Nathan told us his story. I sincerely hope that our message of 'Go Straight Home' has been heard and that if they see or hear about a knife related incident that they will report it to keep others safe.

Miss Draisey Head of Year 9

Well done Sorna!

Huge well done to Sorna Chondhury 9A who has been accepted onto the Year 9 Engineering Summer School at Imperial College London. Commiserations to Suboni Olatunji 9A and Sammi Lai 9G who had outstanding applications but were unsuccessful. We look forward to hearing all about how Sorna gets on.

As well as this, I am incredibly proud of Doris, Bradley, Zach, Sulaiman and Charlotte (all of 9G) who have attended City University all week this week to learn more about university life. I sincerely hope that they have had a great time and that it has given them some more insight into their own future.

Miss Draisey Head of Year 9

Celebrating more Year 9s!



In May we had a number of students out of school and at City University learning about university life. The university have praised our Year 9s for their efforts during this time. However, they took the time to email me specifically about one student, Bradley Williams (9G). Bradley really stood out to them and was awarded their 'Star Student' Award of Amazon vouchers. They reported that Bradley was a cheeky chappy that worked hard throughout the week and regularly volunteered his ideas to the group. The university ambassadors really enjoyed watching him develop throughout the week and left him with one piece of advice, to try to make the right decisions.

I cannot express how proud I am of Bradley and all of the other students who attended. What a wonderful show of our values in Year 9.

Work Hard. Be Nice. Take Opportunities.

Well done!

Miss Draisey Head of Year 9

City University Taster Week 2019

I always used to say to myself "I don't want to go to university" or "university is not where I see myself in the next few years". But, ever since I signed up to the taster week at City University London it has opened my eyes up a lot about university and what it is all about. The taster week was amazing, we did so many activities there throughout the week. On Monday we had a tour around campus to see all the departments and the cafeteria, on Tuesday we learnt about all the different types of psychology, Wednesday led us to the Crown Prosecution Service in London for the day and on Thursday we learnt a little bit about social science before we went on a lunch trip to Pizza Express. Finally, on Friday we had our graduation day, on this day we were given certificates and we had our photos taken with the student ambassadors.

I had such a great time at the taster week and I was so proud of myself for signing up for this taster week because it was the best week of my life. Going to this taster week has really changed the way I think about university and what opportunities are lined up ready for me to grab them. I do definitely think that I will be going to university when I finish school and Sixth Form.

SMSC Year 10

Year 10 Work Experience

Year 10 have just completed a week of work experience which has given them an invaluable experience to add to their CV and something tangible to talk about in interview as students prepare themselves to enter the world of further education and work.

Feedback has been really positive overall but there have been some outstanding examples:

Daniel Jurkin 10C - Daniel's supervisor said she was really impressed with Daniel and was now going to consider the Jo Richardson school for her child because of how well Daniel had presented himself and the school.

Rodrigo Cardoso 10D - "We have had the above named pupil from your school with us this week. I felt compelled to write to you to tell you how outstanding Rodrigo has been this week. A very polite, articulate young man who has thrown himself in and relished the opportunity. He is going to come back and volunteer for us over the school holidays and with his parents written permission will be joining us on Monday 17th June for a business networking event here at the BEC. He really has been a joy to have around and will be sadly missed next week when he returns to school."

Adunola Olayiwola 10F- "She has been fantastic throughout her work placement in Year Five at Grafton Primary School. She has been punctual, attentive and eager to work throughout the week. She has taken instruction well and has been very adaptable by working in a number of classrooms and with a number of different children with varied needs. She has a bright, bubbly and caring personality. The children have enjoyed being helped by her and she has had an immediate impact with the children and the small groups she has worked with. I am very proud to see a former pupil of our school excel in your school. I thought I would let you know and pass on my praise for her hard work."

Russel Duffield 10G - "I just wanted to let you know what a pleasure it was having Russell with us for his work experience. He had such positive attitude, eager to learn and made us all laugh. He didn't mind what tasks were allocated to him, he just kept saying 'all work is work and it's all got to be done, so pass it to me'. We allocated a variety of tasks including some telephone work, post and sorting employer and student evaluations."

Russ ended up on their Twitter feed and has been offered an apprenticeship with them when he finishes school.

Many congratulations to all of our Year 10s who completed highly successful work experience placements.

Miss Duncan Head of Year 10

Congratulations to Charlie Brown 10E

Charlie plays trombone in the Romford Drum and Trumpet Corps. On Saturday evening (15/6/19) the band held its presentation night, a night in which the band officers and committee recognise the achievements of all band members over the last two years, within the band and outside of it. Charlie was awarded for passing his grade 2 baritone and more recently his grade 4 on trombone, he was also awarded "best newcomer" and promoted to Lance Corporal.

This is a brilliant achievement and we are all really proud of Charlie.



Miss Duncan Head of Year 10

SMSC Food & Catering

Cooking Club

Students prepared a Spanish omelette, it was a difficult task with a lot of cutting skills involved and they managed to complete some excellent dishes. The students thought this dish was really tasty and wanted to cook it again at home. I would like to thank Mrs Moffatt for her continued support, I could not run it without her.

Cooking Club

The students had a great Cooking Club on Thursday 9th May, they made a really excellent lemon curd. The students put a great deal of effort into the lesson and each produced a lovely jar of lemon curd to take home. I was very pleased with both the recipe and their efforts in what was a GCSE level practical and these students are from Years 7 - 9.

Cooking Club

Year 7, 8 and 9 students who made homemade pastry followed by making some traditional jam tarts. The students stepped up to the challenge and produced some excellent products. I would like to thank Mrs Moffatt for her support and say well done to all the students, I hope your families enjoyed your jam tarts.

Afternoon Tea

The Year 9 students held an afternoon tea task as part of the current module and made a number of different products to serve to their invited guests. They entertained members of staff and chatted over a cup of tea or coffee. The staff were very impressed with how the students conducted themselves, and the students got a great deal out of planning and executing the task. Here are some of the staff comments:

Ms Howe - I have experienced lots of afternoon teas in my time and this one was of the best. The food, atmosphere and service were all first class. Well done Year 9.

Ms Harland - Thank you for the invite! I feel like my teeth might fall out with all the sugar I've eaten. The students were delightful and their baking was fab.

Mr Brierley - Had a fantastic half hour with our delightful Year 9's. They were great company and most experiencing an afternoon tea for the first time. Genuinely the food was excellent! Well baked scones and Victoria sponge as well as tasty sausage rolls and biscuits. Would recommend to a friend!

Well done









Cooking Club Summer Season



Students had another great cooking session. We are working on barbecue cooking skills. The students made homemade kababs with a mixture of lamb and beef, the result was great, and really healthy, as the meat was 5% fat content, the students really enjoyed this, they had never completed this task before, they can show their

parents how to make them in preparation for the summer break.

Cooking Club

Students continued with the barbecue theme and made some homemade burgers, which turned out really well. They prepared the meat element and ensured it was flavoured to their taste, they used 5% fat minced meat as a healthy option and also added fresh salad to count towards their five a day. They cooked the burgers to perfection.

Well done and I would again like to thank Mrs Moffatt for her continued support.



SMSC English

Author Stephen Kelman visits JRCS

Last Thursday we hosted a visit from Stephen Kelman, the author of Pigeon English, who ran Q&A sessions with Years 9-11 about his novel. Students start studying Pigeon English in Year 9 in preparation for the GCSE English Literature exam they take at the end of Year 11, so this visit was extremely helpful for students who are working hard to revise for it at the moment.



Students spent time in their English lessons writing questions for Mr Kelman that were then put to him by our student panels. Kelman was able to provide new insights to the novel and told us about his journey to becoming a writer. He was very impressed by the quality of the questions he was asked and stayed behind at the end to talk to students, sign copies of their novels and pose for photos.

It's very rare that students have the chance to pose questions to the authors they study at GCSE so this was a fantastic opportunity to get involved in.

Thank you to all staff who supervised and students who were involved in the sessions – we hope they have been valuable in your study of the novel.

Ms Dulwich Head of English (KS3)



Pigeon English the Movie

On Tuesday 14th May, Ms Tingey's Year 10 group were involved in a session with David and Jordan from E16 Spillers Co, a production company based in East London, who were conducting research for the Pigeon English movie that is currently in the pipeline. Students were asked their opinions about what they wanted to see from the movie and had the opportunity to discuss the novel at length with David, who played the role of Harrison in the 2013 stage production. Michael Laryea's knowledge of the novel was so impressive that he beat the rest of his peers in a quiz and won a hoodie from the production company.

David and Jordan were blown away with the response and engagement from the students and found this to be very useful for their research. They have assured us that they'll be back in





touch with JRCS when they look to run auditions for the cast. For updates on the progress of this follow @e16spillersco

Ms Dulwich Head of English (KS3)

SMSC PE

Well Done Girls!

Congratulations to the Year 9 Rounders Team who have started the rounders season off with a win by beating The Warren School 16-10. The player of the match goes to Sammi Lai 9G for her excellent all-round performance.

Miss Pridie PE Department

University of Essex Visit

On Friday 24th May a group of selected Year 10 and Year 12 students had been given an elite opportunity to visit the University of Essex.

All students took part in two workshops designed to enhance their knowledge of Sports Psychology and Biomechanics.

They were also given the opportunity to explore the campus and work alongside university students.







Well done to all student who took part.

Miss Pridie & Mr Howard PE Department

Year 7, 8, 9 and 10 Borough Athletics

The Year 7 and 8 athletics squads represented JRCS at the Borough Athletics Championships on Tuesday 14th May and Thursday 16th May at Cricklefields Athletics Stadium, Ilford. There were some fantastic individual performances including the following:

Elizabeth Kersino 8A – Silver 300m Aatif Issa 8B – Silver Triple Jump Soraya Kapitene 8B – Silver 200m Jack Marshall 7B – Bronze 800m Elyse Inzinga 7D – Bronze 100m Thomas McCabe 7D – Gold Shot Putt Temi Taiwo 10A - Gold 1500m Michael Tittley 10A - Silver- 1500m Leticha Correia Cabral 9C- Bronze 1500m Donte Auguste 9E - Silver 1500m Ella Adomo 10A - Silver 200m Olu Owoseni 10B - Bronze- Discus Taylor Skinner, Tyresse Stoute, Fortunate Olaleye, Dimeji Olayinka - Gold - 4x100m

The Year 7 Girls team came 8th and Year 7 Boys team 7th. The Year 8 Girls achieved 4th place and Year 8 Boys came 6th. The Junior Squad achieved 7th place overall in the borough out of 12 teams entered. The Year 9 squads came 6th overall and the Year 10 squads came 7th overall. Stand out performances go to the Year 10 Boys Relay Team. The boys became relay champions by 0.01 second. Fantastic way to finish off the day and to finish off their athletics season.



Well done to all the students selected to represent the JRCS athletics team and congratulations to Thomas, Elizabeth, Soraya, Temi, Donte and Aatif who will go on to represent Barking and Dagenham Schools at the Essex Schools Championships next month.

Miss Pridie PE Department

Year 7 & 8 Borough Cricket

The Year 7 and 8 cricket teams took part in the Barking and Dagenham 6-a-side cricket tournament. The competition was open to every school in the Borough and despite performing very well on the day, both teams were unable to make the finals. This is still an excellent achievement from everyone who took part, considering that this was the first time any of the students have participated in a formal competition. Congratulations to:

Reuben Thomas 7C, Taylor Smith 7C, Murtaza Ali 7D, Arsalan Tahir 7B, Alfie Page 7C, Nikhil Ahtty 7E, Abdullah Muhammad 7F and Aymaan Choudhury 7C, Daniel Morton 8B, Ishaak Choudhary 8A, Abdullah Farraukh 8B, Jamil Lartey 8D, Sandeep Singh 8B, Alfie Sedge 8C and Hazar Hergunerler 8D.

Mr Howard PE Department

Year 7 & 8 Borough Rounder's Rally

The Year 7 rounder's team had a successful run in the pool stage of the competition beating Warren, Sydney Russell and Dagenham Park to make it through to the semi-finals. They narrowly lost to 1 rounder which meant we went through to the 3rd/4th playoff. The girls played really well together considering the lack of match practice they have had due to recent poor weather. We eventually lost out on a medal in the 3rd/4th playoff to Eastbury, however the girls demonstrated excellent sportsmanship and resilience throughout the tournament.

The Year 8 team had a strong start beating a well drilled All Saints team 5 to 4 ½ rounders. We then played Sydney Russell who batted well against us and scored 6 rounder's to our 1. Finally, we played Robert Clack whose fielding skills were excellent and they prevented us from scoring off some great hits. We made a number of errors when fielding against them and this resulted in JRCS being knocked out of the pool stage.

Miss Boulton and Miss Pridie PE Department

Year 7 LYG Hockey Tournament

The JRCS Year 7 Hockey Team represented Barking and Dagenham in the London Youth Games In2Hockey Tournament at Redbridge Sports Centre on Thursday 27th June. This was the first experience of hockey for many of the girls and I was impressed by the positive attitude and keenness that the team demonstrated.

We suffered quite a heavy defeat in the first pool game against Waldegrave School (Richmond) who were a more experienced and

skilful team and had won their borough competition convincingly. We then played Oaklands school from Tower Hamlets and we were well matched in terms of ability and experience levels.

The girls had learnt quickly from the first game and we displayed a greater tactical awareness and decision making in the second game which we went on to win 1-0. We then progressed to the quarter finals after coming runners up in our group, to meet Coopers Coborn School from Havering. It was a valiant effort from the girls however we were outplayed in the quarterfinal and lost 7-0. The girls have since expressed a keen interest in the sport and we will be arranging some friendly fixtures in the future in the hope to increase the participation in hockey in our local area.

Well done to the following Year 7 girls:

Skye Phillips, Sam McCann, Shanmitha Magesh, Beatrice Bukauskaite, Saule Venclauskaite, Aysha Rafique, Aimee Matthews, Barakat OloKoobi, Ella Turner, Emily Plock and Abieyuwa Paul Sankah.

Miss Boulton Head of PE

Tayte Bramley-Naipaul 8H

On Sunday 30th June Tayte took part in a regional gymnastic competition. Tayte performed fantastically and he won the Gold trophy for being floor champion with the highest floor score and the Silver medal was for coming 2nd overall in his level which means he also has won a place in the London GFA Finals in November.

Well done Tayte!

Miss Pridie PE Department







Wimbledon 2019

This year we were fortunate enough to secure tickets to Wimbledon through the LTA Schools Ballot and 10 students were selected to attend the rewards trip based on their effort and progress in PE lessons, as well as their outstanding commitment to extra-curricular activities.

We attended day 3 of the championships and watched some fantastic tennis on court no.2 and the outside courts. The first game was a thrilling men's singles match which went to 5 sets between Stan Wawrinka and Reilly Opelka. This was followed by a women's singles game won by Simona Halep and finally we watched the start of the Kevin Anderson match.

The students really enjoyed the opportunity and were fully immersed in the Wimbledon experience which I hope will ignite a passion for tennis and encourage them to play themselves. We hope to be able to replicate this trip next year and give more students opportunities like this to increase participation in physical activity.

Students invited to attend were:

Fortunate Olaleye, Ahmed Kassa, Temi Taiwo, Emmanuella Adomo, Ronnie Fletcher, Jamilah Lartey, Megan McCabe, Rebekah Ogunturin, Jack Marshall and Maisie Lethbride.

Miss Boulton Head of PE

SMSC Student Development

ARP Trip to the Museum of London

On Tuesday 11th June nine students, Mrs Johnson, Miss Konstandinou and Ms Lynch had a fantastic day at the Museum of London. We saw the Iron Age flint spears, walked through a Victorian London street and the 2012 Olympic Torch. They were so fantastically behaved that a member of the public commented on how polite and respectful they were. It was a fantastic day!

Ms Lynch Student Development Department

2nd ARP Trip to the Museum of London

On Tuesday 17th June nine students, Miss White, Mr Hill and Ms Newman travelled on the tube to the Museum of London and explored the history of London from 450,000 BC to modern day. We saw a replica of the Battersea Shield and then discovered how Londinium came to life and what daily life was like for Romans in the city 2,000 years ago. We continued onto Medieval London and learnt about the Black Death then onto the Renaissance and saw



the tragedy of the Great Fire of London in 1666. We then explored how London was rebuilt and walked through Victorians streets to see what life was like during the Victorian period. The day



concluded with the 1900's to present day and we walked through the stories of protests, two world wars and how Britain changed during the 1960's and 1970's. The students were fantastic historians and loved exploring each time period. It was a pleasure to see the students actively engage with the history around them!

Miss White History Department

ARP Trip - Hainult Forest Park

Year 7 students from the ARP went to Hainult Forest Park and had a fantastic time! The wild geese, ducks and squirrels were very relaxed and the students were able to get close and learn the importance of being calm around animals. The students were very active climbing the rope bridges and walking around the whole lake. They also had lunch in the park and watched butterflies and bird life before seeing even more animals in the mini zoo. A really fabulous day!



Ms Lynch ARP Lead Teacher

SMSC Sixth Form

JRCS Sixth Form "Save Lives"

Over 40 Year 12 students have taken part in a First Aid Course during this academic year. Students were taught the theoretical aspects of dealing with emergencies and the protocols to ensure that the casualty and themselves remained as safe as possible.

Being given the task to identify what an injury might be and what course of action may be required made the students think about difficult scenarios in the safety of the classroom. To make it more realistic the students were put in practical situations either as the casualty or the first aider. All casualties, I am pleased to report, survived!



Students performed amazingly well during the course and are all now more confident to deliver what might be necessary lifesaving actions.

This is an amazing life skill that will look impressive on applications but more importantly may just be that bit of knowledge that means someone is able to live another day due to our students actions.

Miss Campbell Deputy Director of Sixth Form - Head of Year 12

Jennifer impresses to win a place on Herbert Smith Freehills "Networked Scholarship" For the last eight years we have been fortunate enough to be invited to be part of the Herbert Smith Freehills Networked Scholarship scheme. Six of our Year 12 students were selected to attend two workshops at this prestigious law firm's London offices. They had the opportunity to apply for the scholarship which, if successful, allows them to embark on a 5 year support programme whilst they complete their A levels, move onto university and ultimately get help to network to get their first step onto the employment ladder. Students from eight different London based schools compete for five scholarship places during March-June Year 12.

This year we had six amazing students represent us, three getting through to the gruelling group interview assessment day, having successfully impressed interviewers at their 1:1 interview. During the day they were split into two groups and had to deliver a presentation to a panel of judges not only from HSF but also a business partner of theirs – SKY TV. During this high pressure situation, students were observed and judged on their performance looking at their contribution as an individual, as a team member and their influence over the content and presentation of the final delivery. All students made a great impression but only five could achieve the ultimate prize of a scholarship with HSF.

It is with great pride that we can announce that Jennifer Dicko won a place. Her overall performance convinced a very critical judging panel that she possessed the necessary qualities to go on and make the most of the opportunity they had to offer.

We are immensely proud of this achievement as it means that she will have a three week internship during Summer 2020, probably have a business trip to Paris with the firm and also get the opportunity to present a pitch, to one of HSF's top clients, quite possibly Goldman Sachs. Jennifer will attend a launch evening at Herbert Smith Freehills in September where the new cohort of scholars will be formally introduced and embark on their special journey. Jennifer becomes our 4th successful Networked Scholar – Congratulations!

Miss Campbell Deputy Director of Sixth Form

Visit to Cherry Orchard Care Home

On Friday the 29th June, the Year 12 Health and Social Care class and three Year 9 students visited the Cherry Orchard Care Home in Dagenham.

The Cherry Orchard Care Home is a specialist care home that provides residential support for those who are living with dementia, and other complex mental and physical needs. On this day the care home opened its doors to the public and we provided a range of activities for the residents and their families. As part of

the Health and Social Care course the Year 12 team planned and organised a range of activities including biscuit decorating, pass the parcel and a range of games. We also sang with members of the Year 9 choir whilst our very own planist Favour provided the music.

We met a range of different people and got to make new friends with the residents and workers. We all thoroughly enjoyed our time there and enjoyed supporting individuals with dementia. It was heart-warming to see the residents join in with the singing and dancing and activities we planned and it was a wonderful and eye-opening experience for us all. We hope to be attending the care home again to complete more activities with them in the coming years.

Students involved:

Emma Hobden (12D), Daisie Gaish (12A), Favour Anibeze (12C), Jordan Kesler (12B), Bonita Umar (12A), Faizah Kamaly (12D), Nancie Tyler Good (9G), Rebekah Ogunturin (9G) and Sulaiman Diallo (9G)

Miss Ma'ani Social Studies Department





