

# The Seagull



Issue 622 Friday 27<sup>th</sup> September 2019

Next week is Week 1

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## HEADTEACHER'S NEWS

### Year 11

I just wanted to say what an excellent start our Year 11 students have made to their last year in KS4. Following our fantastic GCSE results in the Summer I know that this year group will want to do even better in August 2020. All the signs are that they have begun the year with real determination and ambition. It is only about seven months to the first GCSE exam and this time will be precious to them in terms of making sure that they are ready for the challenges ahead.

I wish them all the best of luck.

Mr Smith  
Headteacher



## GENERAL NEWS

### Year 7 Lexia Sessions after school

Year 7 Lexia sessions will begin the week commencing 30<sup>th</sup> September. The timetable below indicates the day each form will be completing Lexia after school. Please note the Monday and Wednesday timings are different due to the varying timings of the

school day. Each form will complete this on the same day for the rest of the academic year. A letter has been posted home with more information.

Form	PM reg	Room	Finish time
<b>C+F</b>	Monday	C - Lit Lab F - IT3	4.30pm
<b>A+E</b>	Tuesday	A - Lit lab E - IT3	3.30pm
<b>B+H</b>	Wednesday	B - Lit Lab H - IT3	1.50pm
<b>D+I</b>	Thursday	I - Lit Lab D - IT3	3.30pm
<b>G+J</b>	Friday	G - Lit Lab J - IT3	3.30pm

Mrs Musker  
Lexia Co-ordinator



### Whole School Achieve Days – 16<sup>th</sup> & 17<sup>th</sup> October 2019

Please continue to return reply slips to the School Office for Year 7, 8 & 9, payments are to be made in full by Wednesday 9<sup>th</sup> October 2019. If you have not received a leaflet please ask your child to collect one from the School Office.

### Year 9 Passport and European Health Insurance Card (EHIC)

The deadline for students to bring in their passports is today (Friday 27<sup>th</sup> September), please ensure we have a copy of this by the end of the school day for your child to be included in the trip.

Thank you

Mrs Garland  
Trips Administrator

### Non School Uniform Day



A Non School Uniform Day has been organised for **Thursday 10<sup>th</sup> October** in order to mark World Mental Health Day. We ask that students donate £1. All money raised will be donated to a mental health charity.

The theme of the day is green. Students and staff will be encouraged to wear or

incorporate green into their outfits. Please ensure that students are dressed appropriately. Our usual make up, jewellery and hair colour rules will apply.

Ms Salih  
Assistant Headteacher

### JRCS joins Global Day of Action against Climate Change



On Friday a group of students lead JRCS in Action Against Climate Change. This was part of the International Global Climate Change demonstrations and these students joined millions of people in 188 countries around the world to raise awareness of the urgent need to take action to stop climate change. At lunchtime the students dropped a banner over Buck Bridge and lead a chant "Save the Planet", then walked around school gathering like minded students worried about the planets future. The students have now formed the JRCS Environmental Action Group and plan to organise other activities to raise awareness about Green Issues.

Ms Lynch  
Second in SDD

### Exploration into the University of Cambridge



On the 18<sup>th</sup> September 2019, 24 students had the opportunity to look around the University of Cambridge. The trip was mainly focussed on the Faculty of Physics at Gonville and Caius located at the heart of Cambridge. The



first event that we attended was a Q&A session with a Psychology student. She told us what it was like being a student at Cambridge and about the accommodation and services provided to undergraduate students. We were also told about the grade requirements, application process and work ethic needed in order to apply for the University of Cambridge.

After the Q&A session we had a tour of the Gonville & Caius College, which is one of 31 colleges in Cambridge University. We were lucky enough to be taken around the campus and feel the experience of living at Caius which is a calm and quiet place which has many places to study, for example the Gonville and Caius library, which has 100 working spaces and around 60,000 volumes of books and journals. There are also many social spaces to relax and good sports facilities.

In the afternoon we took part in 8 activities in the Physics Department at the Cavendish laboratories, the medical Mavericks, where students got to see and use some of the equipment including ultrasound probes and key hole surgery equipment. We also took part in the AWE session, which taught the students about states of matter, in particular plasma, and they discussed their role in developing nuclear weapons for the army.



Miss Mitchell  
Teacher of PDE & Social Studies



## OFFICE ASSISTANTS

The Office Assistants for next week are:

Monday	Eva Spakauskaite 8A
Tuesday	Goda Steponaityte 8A
Wednesday	Oskaras Vinta 8A
Thursday	Angel Woodham 8A
Friday	Nishat Ahmed 8B



By Aylin Acar 10B, Cole Otite 10B and Sorna Chondhury 10A.

## Thank you Abigail and Sueda

Former Jo Richardson students Abigail and Sueda returned from university for the day to run a pilot workshop with Year 9s. The workshop will be delivered at the Mental Health Well Being Summit, that we are proud to be hosting for a second time in October. Year 9 students were given the opportunity to share their thoughts about mental health and social media.

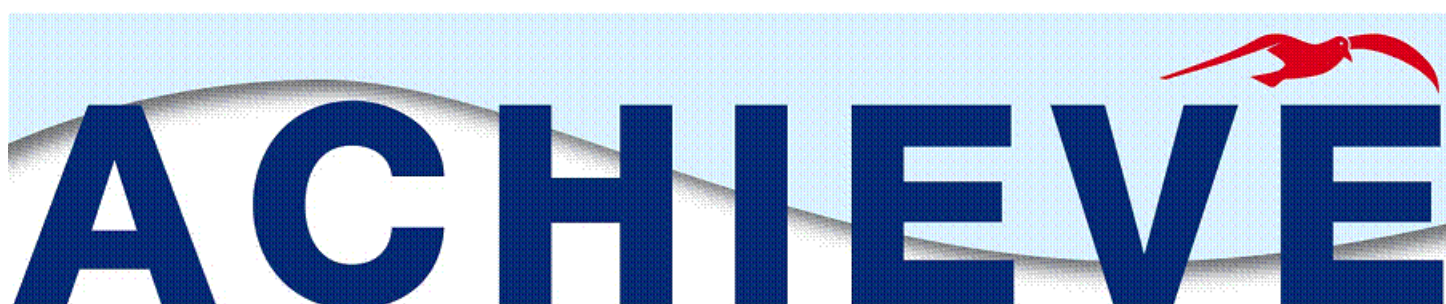


## Weekly Outline of Out of School Hours Learning Activities – Autumn Term 2019

Club	Year Group	Staff	Time	Venue
<b>Monday</b>				
Times Table Rockstars	All	Miss Johnson	11:00am - 11:30am	MA12
SDD Homework Club	7	Mrs Prockter	12:30pm - 1:05pm	SD2
Netball	8 - 10	Miss Pridie	1:30pm - 2:00pm	Sports Hall
Yoga	All	Miss England	1:30pm - 2:00pm	DA1
SDD Homework Club	8 - 11	Mr Bashir & Mr Hession	1:30pm - 2:05pm	SD2
Maths Games Club	8 - 9	Ms Moody	1:30pm - 2:05pm	Maths Department
Indoor Athletics	7 - 9	Miss.Pridie	4:15pm - 4:50pm	Sports Hall
<b>Tuesday</b>				
Fitness	All	Mr Coupland	7:45am - 8:15am	Fitness Suite
Wind Band	Invited	Mr Johnston	8:30am - 9:00am	MU1
SDD Homework Club	7	Miss Newman	12:30pm - 1:05pm	SD2
Maths Games Club	7	Ms Colborne	12:30pm - 1:05pm	Maths Department
Table Tennis & Badminton	8 - 9	Miss Jones	1:30pm - 2:00pm	Sports Hall
SDD Homework Club	8 - 11	Mrs Roult & Mrs Debono & Mr Bashir	1:30pm - 2:05pm	SD2
Science Club (Starts 05/11/19)	7 - 9	Mrs Iqbal	3:05pm - 4:05pm	SC12
Bronze D of E (Week 2) Starts 24/09/19	10	Mr Hargreaves	3:05pm - 4:45pm	FC4
Netball	7 - 8	Miss Pridie & Miss Jones	3:15pm - 4:15pm	Netball Courts
Football	7 - 8	Mr Howard & Mr Coupland	3:15pm - 4:15pm	Field
Wings Dance Academy	Invited	Miss Simpson	3:15pm - 4:15pm	DA1
<b>Wednesday</b>				
Fitness	All	Mr Coupland	7:45am - 8:15am	Fitness Suite
Orchestra	Invited	Mr Jenner	8:15am - 9:00am	MU1
Jazz Band	Invited	Mr Hurst & Mr Jenner	1:30pm - 2:00pm	MU2
Zumba / Dance	All	Miss Jones & Miss England	1:30pm - 2:00pm	DA1
Panathlon Club	All	Ms Montague	1:30pm - 2:00pm	Sports Hall
Carnegie Shadowing Reading Club	7 - 10	Mrs Colangelo-Lillis	1:30pm - 2:05pm	EN3
JRCS Pride	All	Ms Harland	1:30pm - 2:05pm	MS2
SDD Homework Club	7 - 11	Mrs Roult & Mrs Debono	1:30pm - 3:00pm	SD2
Cheerleading	7 - 9	Coach	2:00pm - 3:00pm	Sports Hall
Peace Garden	All	Mr Kilminster	2:00pm - 3:00pm	Peace Garden
Girls Football	All	Mr Richards	2:00pm - 3:00pm	Astro / Field
Basketball	All	Coach	3:00pm - 4:00pm	Sports Hall

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Club	Year Group	Staff	Time	Venue
<b>Thursday</b>				
Fitness	All	Mr Coupland	7:45am - 8:15am	Fitness Suite
Choir	All	Miss Herel & Mr Jenner	8:15am - 9:00am	MU1
Table Tennis & Badminton	10 - 11	Miss Jones	1:30pm - 2:00pm	Sports Hall
Panathlon Club	All	Ms Montague	1:30pm - 2:00pm	Sports Hall
SDD Homework Club	8 - 11	Miss Chandler & Mr Hession	1:30pm - 2:05pm	SD2
Jazz Band	Invited	Ms Hurst & Mr Barquilla	3:15pm - 4:00pm	MU2
Football	9 - 10	Mr Howard & Mr Brierley	3:15pm - 4:15pm	Field
Netball	7 - 8	Miss Boulton & Miss Jones	3:15pm - 4:15pm	Netball Courts
Basketball	7 - 9	Mr Coupland	3:15pm - 4:15pm	Sports Hall
Girls Football	7 - 9	Miss Pridie	3:15pm - 4:15pm	Field
Wings Dance Academy	Invited	Miss England	3:15pm - 4:15pm	DA1
Cooking Club	7 - 9	Mr Hargreaves / Ms Moffat / Miss Deboo	3:15pm - 4:45pm	FC4
Textiles Club (Week 1)	7 - 9	Miss Mir	3:20pm - 4:15pm	DT4
<b>Friday</b>				
Piano Ensemble	Invited	Mr Jenner	8.30am - 9.00am	MU1
Drama Club	7	Miss Cook	12:30pm - 1:05pm	DR1
Basketball	10 - 11	Mr Coupland	1.30pm - 2.00pm	Sports Hall
Drama Club	8 - 9	Miss Cook	1:30pm - 2:05pm	DR1
SDD Homework Club	8 - 11	Ms Newman & Miss Chandler	1:30pm - 2:05pm	SD2
Photography Club	9 - 10	Ms Franz	3:10pm - 4:15pm	AR2
Hip Hop Dance	7 - 9	Coach	3:15pm - 4:15pm	DA1





# Main School Dates 2019/20

## Autumn Term 2019

Staff training day. School closed	Tuesday	3 September
Start of term for students – Year 7	Wednesday	4 September
Start of term for students – Years 8,9,10,11 & 13	Thursday	5 September
Start of term for students – Year 12	Friday	6 September
Year 13 induction trip	Wednesday	18 September
Whole school ACHIEVE Days 1 & 2	Wed – Thurs	16–17 October
Staff training day. School closed	Friday	18 October
First day of half term	Monday	21 October
Last day of half term	Friday	25 October
Year 11 Progress Evening 1	Wednesday	6 November
Year 12 Student Performance Review Day	Wednesday	20 November
Sixth Form Progress Evening 1	Thursday	12 December
End of term	Thursday	19 December

## Spring Term 2020

Start of term for students	Monday	6 January
Year 11 Progress Evening 2	Wednesday	15 January
Year 9 Options Evening	Wednesday	22 January
Year 10 Progress Evening	Wednesday	29 January
First day of half term	Monday	17 February
Last day of half term	Friday	21 February
Sixth Form Progress Evening 2	Thursday	27 February
Year 9 Progress Evening	Wednesday	4 March
Year 10 work experience week	Mon – Fri	30 March–3 April
Year 7 Progress Evening	Wednesday	1 April
End of term	Friday	3 April

## Summer Term 2020

Start of term for students	Monday	20 April
Year 8 Progress Evening	Wednesday	29 April
Public Holiday	Friday	8 May
First day of half term	Monday	25 May
Last day of half term	Friday	29 May
Whole school ACHIEVE Days 3 & 4	Wed – Thurs	8–9 July
Sports Day	Friday	10 July
Sixth Form transition week	Wed – Wed	8–15 July
Whole school ACHIEVE Day 5	Thursday	16 July
End of term	Friday	17 July
GCE results day	Thursday	13 August
GCSE results day	Thursday	20 August





# SPINNING

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\*Concessionary rate applies to those that are unemployed or over the age of 60 or if you work for the London Borough of Barking and Dagenham. You will need to provide ID and evidence.

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# Junior GYM

Ages 11-15



**WEEKDAYS**  
4PM - 6PM

**WEEKENDS**  
8:30AM - 5PM

**JRCS HOLIDAYS**  
8:30AM - 6PM

\*Must be supervised by an  
Adult Member

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