

The Seagull



Issue 625 Thursday 17th October 2019

Week commencing 28/10/19 is Week 2

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HEADTEACHER'S NEWS

Half term

As I am writing this we are starting the first day of our ACHIEVE programme for the academic year 2019/20. Coaches are heading off to Mountfitchett Castle and Colchester Zoo. Year 8 students are heading to the tube for their trip to the Globe Theatre, London Dungeons and The Science Museum. Half of our Year 9's are already in Belgium and activities have been set up across the school. We are looking forward to two days of activities and events which take our students learning outside the classroom. We hope all students enjoy the ACHIEVE Day program, If you have not yet made payment please do so as soon as possible via Parent pay.

I hope you all have an excellent half term and look forward to seeing everybody back in school on Monday 28th October.

Mr Smith
Headteacher



GENERAL NEWS

Year 11 Progress Evening will take place on Wednesday 6th November 3:45pm – 6:30pm.

It is extremely important that all parents/carers attend this first Progress Evening in the most important year of your child's schooling to date. You will hear about the progress your child has made in terms of their character, behaviour and attainment.

We will also share information on the challenges that lie ahead and how you can support your son/daughter at this crucial stage of their education. You will be given the most current progress data, including feedback from mock exams in English, Maths and Science and information about preparation for the December mock exams.

The Sixth Form team will also be there to give students guidance on their next steps. Students must bring their planners with them on the evening.

Please sign the sticker in your child's planner to confirm your attendance.

We look forward to seeing you there.

Miss Duncan
Head of Year 11

Youth Mental Health Summit

On Thursday 10th October JRCS ran its 2nd annual Youth Mental Health Summit. On World Mental Health awareness day we raised £1029.81 for the chosen charity of Young Minds. A huge thank you goes out to everyone involved and to everyone who contributed to this amazing figure.

Ms Boller
Student Communications Manager



Year 11 – Invitation Parents/Carers and Students all welcome

The Sixth Form Open Evening is on Wednesday 13th November from 4:00pm – 6.30pm. JRCS Sixth Form is among the best locally and in the Borough. Come and see how you can be part of it. Find out about the subjects we offer and meet students and staff. There will be time to ask questions and explore the opportunities available.

At 5:00pm there will be a short formal presentation. Please come before and stay after this in order to talk to teachers and students about the subjects on offer and Sixth Form life.

I am looking forward to seeing you there.

Mrs Wren
Acting Director of Sixth Form



Work the World 2019

Each year two lucky Year 10 students get the fantastic opportunity to travel abroad to a location of their choice for their work experience. This experience comes with some financial and logistical support from the school for the chosen individuals. This year we had a total of 14 wonderful applicants who wrote outstanding and heartfelt applications for the opportunity (please see full list below). On Thursday 10th October, myself and Mr Smith interviewed these students and we were in awe of their resilience and positivity, additionally we were delighted to see how much they had done for JRCS already in their time here. Sadly, we could only choose two students and those lucky individuals were:



John Egbedeyi
Who is planning to travel to Canada.



Chiara Fidami Khida
Who is planning to travel to France.

A huge congratulations to this wonderful and humble pair, of course, we were incredibly sad to say no to the other applicants but please congratulate all students if you can!

Feba Abraham 10I, Melani Marinova 10I, Dylan Ferreira 10G, Sorna Chondhury 10A, Tiffany Robinson 10A, Arafat Abiola 10C, Rachel Okine 10C, Chelsea Akposheri-Oweh 10C, Joshua Sam 10A, Rhianna Mutyaba 10J, Kehinde Dihinsulu 10H and Taiwo Dihinsulu 10H.

Miss Draisey
Head of Year 10

Holidays during term time

In line with legislation, we are expected to take a strong stance towards holiday taken during term time.

As with other schools in the local vicinity, JRCS will now be issuing fines on a regular basis to parents who have taken their child out of school for a holiday. We do understand how difficult it can be due to the costing and increase in price. This is out of our control. As a school community we have parents who work within our system at all different levels who unfortunately also have to abide by the legal requirement. When unauthorised holiday is taken, your child will also be excluded from attending any extra-curricular activities for a period of 6 months following the leave.

We understand there may be times when circumstances may arise where leave is unavoidable. In these situations we require as much proof as possible, this enables the school to make a fair decision as to whether the absence was truly unavoidable and should be authorised.

- If flights are booked in an emergency situation or bereavement, proof of when flights were booked
- If taken ill while away preventing return to school on time, then a copy of medical documentation needs to be provided.

If your child fails to return following a leave of absence and the school is not provided with requested information, the school's Attendance Manager will liaise with the local authorities Children Missing Education Officer. This will result in a fine being issued and in some cases after prolonged absence your child may lose their school place

Mrs O'Keefe
Student Services Manager
Attendance/Safeguarding Lead

Business Trip



Last week, on 9th October, the Business Department organised an incredibly enriching trip to an internationally recognised firm; Clifford Chance. A group of Year 11 students, who currently study GCSE Business were able to travel to London's heart of finance, Canary Wharf.

Upon arrival, we were greeted by the tranquil atmosphere. At first we were taken to one of the conference rooms, where the enrichment activities would take place. However, many students said their favourite part was the guided tour of the firm. Specifically finding out that the firm has a pool, gym, an extensive restaurant and bar area, and other cool features for those who work long hours.

We learnt about the different sectors at Clifford Chance; from Capital Markets to general finance. We also had the fantastic opportunity of talking to some solicitors, who were able to give us valuable advice, and a genuine insight into their job. Ironically, the most comforting thing to know was that most of them didn't know exactly who they wanted to be when they were our age. Learning that most simply did the EPQ, assured us that we still have plenty of time to choose our paths. We were also able to bombard them with questions about how they got to where they are, which also helped us to consider the skills needed to be successful.

Overall, the organised trip was of great value, not only did we learn, but we thought and engaged a lot throughout. Thank you to the Business Department for organising this trip, and many thanks to Clifford Chance for having us!

Pictured above are all the students involved: Left, Miss Abdalla, Devika Ahtty, Elizabeth Aforts, Lilijana Blazeveciute, Demi Gray, Beatriz Menezes Pataca, Kwame Swaray-Agbloe, Daniel Sanusi, Rebecca Mikeli, Rodrigo Cardoso, Leonardo Cardoso, Oluomachi Ukonu, Jessica Alexandra Soares, Joel Jeffy, Tawanchai Sherritt, Demi Peake, Farid Hassan, Michael Laryea, Elliot Owen, Billy Kemp, Leonard Tyler-Goode, Mr Richards, Zaynab Nohur and Miss Ryzak.

By Jessica Soares-Paim 11E & Miss Abdalla
Teacher of Business

Muslim Student Panel Event

On Saturday 28th September I went to the Muslim Student Panel. The first activity was a Q and A session with students from a variety of faculties. During this session we were able to ask questions for example "How are you able to manage your time to pray 5 times a day?" and "What A-Level grades are required in order to get into one of the Russell Group Universities?"

In my opinion I thought that lunch time was the best memory I had from this experience. This was because at lunch time everyone got together boys and girls, men and women and we all prayed together which was led by one of the male lecturers there. I was shocked to hear how Muslim individuals were able to pray in the middle of their lectures and the professors would not mind. Instead, some of the Muslim professors would encourage the students to pray and remind them when they needed to. Everyone there was very helpful and respectful to the views of others. They were very religious using Islamic words such as InShaAllah, MaShaAllah and Assalamualaikum.

Later, we had a networking session; I spoke to one of the medical students who studied at Imperial College London. The medical student I spoke to was from Chelmsford and we had many similarities such as the people who we watch on YouTube. She also spoke to me about attending lectures which were open to everyone to attend and how that would enable me to build my confidence. We spoke about what grades are required in A-Level for medicine. In addition to this we spoke about what type of questions are asked in interviews and how some universities base it on the outcomes of your learning whereas others base it on academics results. Finally, we finished off with advice on how to write a personal statement; how to not over complicate your statement and using a dictionary in order to find more sophisticated words which are unfamiliar to you.

After this session I felt honoured and very thankful for being able to attend an event like this as it encourages people of all races to attend universities and how to enjoy the University life.

By Sorna Chondhury 10A

Urgent plea - Uniform

If you have any of the following spare uniform for KS4 (Year's 10 and 11) that is no longer needed, but in good condition, we would be most grateful for donations.

Items particularly required for both girls and boys are:

Black trousers and skirts
Navy Jumpers and cardigans
Blue Shirts
JRCS PE kit

Thanking you for any assistance you can provide.

Mrs Eades
Pastoral Support Year 10

Year 7 Football

On Thursday 10th October the Year 7 football team played their first competitive match in the Essex Cup 1st round against Ockendon Academy. The boys played well considering it was their first game together and they managed to win the game 3-2 after extra-time, thanks to a hat-trick from Kenzie Maffia. All of the boys should be very pleased with this result and look forward to playing in the next round.

Sion Nurse 7C, Harry Ewington 7C, Barimeh Peprah Boateng 7C, Craig Corbin 7H, Kenzie Maffia 7C, Frankie Hills 7B, Jack Cook 7E, Daone Thorbourne 7D, Brad Aliaj 7E, Caleb Martin 7E, Ayden Karaoke 7C and Melchi Rhema 7H.

Mr Howard
Head of PE

Music News



JRCS students from years 7 - 13 have shown promise in Music this half term and it has been a pleasure to see the

talent and determination of our instrumentalists, composers and technicians. The school choir are working hard to prepare for the Jack Petchey Perfect Pitch competition, with the finals taking place in January 2020. Good luck to all involved!

Our vocalists have led the charge this half term with performances in assembly from the

Year 10 vocal trio, Sulaiman Diallo, Venessa Dapaah and Nancie Tyler-Goode, and a special performance by Armonia, of Stevie Wonder's 'Isn't She Lovely' for Black History Month.

Music Theory Club began this week for all students who would like to develop their knowledge of music theory up to grade 5. The club runs from 3:10pm – 4:00pm every Tuesday in Room MU2.

Several Year 7 students have signed up for instrumental lessons and extra-curricular clubs and it was great to see Ethan Adu-Gyamfi joining in with older students as a new drummer in the school's Jazz Band.

Remember that you can sign up to be added to the waiting list for Instrumental Lessons by seeing any of the staff in the Music Department.

Miss Hurst
Head of Music

We offer the following lessons:



OFFICE ASSISTANTS

The Office Assistants for next week are:

Monday	Jack Marshall 8B
Tuesday	Laila Miceli 8B
Wednesday	Maggie Nicholas 8B
Thursday	Jannah Nuha 8B
Friday	Radvile Padelskaite 8B



ACHIEVE



SPINNING

EVERY WEDNESDAY AT 6.15PM IN THE
THE DANCE STUDIO WITH WALTER
BOOK YOUR SPACE NOW...



£5.00
per class

£4.00*
concession

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AND HEALTHY
WITH OUR HIGH
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BIKES!




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020 8724 1500
to book a
space!
(Payment required at
time of booking)

*Concessionary rate applies to those that are unemployed or over the age of 60 or if you work for the London Borough of Barking and Dagenham. You will need to provide ID and evidence.

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Pilates

This class will improve your flexibility, build strength and develop control of the entire body. The instructor will guide you through alignment, breathing and development of a strong core.

Ideal for beginners, more experienced welcome

Venue: Castle Green Leisure Centre,
Gale Street, Dagenham,
RM9 4UN

Day: Tuesdays

Time: 6:30pm to 7:15pm

Cost: Free to LBBD Weight Management Programme clients
£5.00 per class
£4.00* concession

*Concessionary rate applies to those that are unemployed or over the age of 60 or if you work for the London Borough of Barking and Dagenham. You will need to provide ID and evidence.

Have fun, make friends, and move more!

For more information please contact:

Email: marilyn.morgan@lbbd.gov.uk

Mobile: 07980 946341

Call 020 8724 1500 to book or book online!





Junior GYM

Ages 11-15



WEEKDAYS
4PM - 6PM

WEEKENDS
8:30AM - 5PM

JRCS HOLIDAYS
8:30AM - 6PM

**Must be supervised by an
Adult Member*

**NO JOINING
FEE!**

ONLY £2
PER SESSION

MONTHLY
£7.50!

**SATURDAY
BOOTCAMP**

3 - 4pm

Lead by a qualified
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Instructor

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