The Seagull



Issue 631 Friday 6th December 2019

Next week is Week 2

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JRCS Environmental Action Group



HEADTEACHER'S NEWS

Wednesday 11th December

School will finish at the usual time of 1:30pm on Wednesday 11th December, however, no clubs or activities will run during the afternoon. All students should leave school at 1:30pm unless they are having lunch which will be served until 2:00pm.

As we approach the Christmas break we have lots of exciting events coming up in our calendar. Please have a good look at the dates for your diary below so that your son or daughter does not miss out on any.

Dates for your diary:

Tuesday 10th December: Student Christmas Lunch

Wednesday 11th December – Tuesday 17th December: JRCS Winter Fair (Break and Lunchtimes)

Thursday 12th December: JRCS Dance Christmas Showcase 4:30pm – 5:30pm

Thursday 12th December: Sixth Form Progress Evening 3:45pm – 6:30pm

Tuesday 17th December: Lower School

Disco 5:30pm - 7:30pm

Thursday 19th December: Staff No Talent Show: Late start at 11:00am (Students should not arrive to school before 10:30am) – Early finish 1:15pm approximately after the Staff No Talent Show (non-uniform day). Please be aware there will be no food service on this day. Year 11 students will finish their mock exam period on Wednesday 18th December and therefore should not attend school on Thursday 19th December.

Monday 6th January: Return to school

(normal time).

Mr Smith Headteacher



Christmas Lunch on Tuesday 10th December 2019

JRCS will be celebrating the festive season with a full Christmas dinner for students. As a result, normal food service will be modified.

Breakfast service: There will be a normal breakfast offer on this day.

Break time service: There will no Year 7 food service at break on this day due to preparations for the Christmas lunch. There will be limited services for Year 8-13 students at the sandwich and pasta bar only.

Year 7: To celebrate the completion of the first full term at JRCS, the Year 7s will be enjoying a sit-down Christmas meal at 12pm. If you wish your child to partake in this meal please ensure they have funds on their ParentPay account in advance of the day (£2.30). If you do not wish for them to have the Christmas meal, please ensure they have a packed lunch as we will not be serving any alternative meals on this day, but they will be expected to sit with members of their form class to share in this experience regardless of whether they are having the Christmas meal offer or not.

Year 8 -13: For Years 8 to 13 we will be serving a full Christmas lunch starting at 12:30pm through till the end of normal lunch time. If you do not wish for them to have the Christmas meal, please be aware that there will be a limited selection of other items on sale via the secondary food service locations at break and lunch.

Miss Boulton Assistant Headteacher

Sixth Form Progress Evening

Sixth Form Progress Evening is on Thursday 12th December from 3:45pm.

All Year 13 students are expected to attend.

We hope that parents and carers will also be able to come to meet subject teachers to discuss progress and achievements. All the partnership schools are open that evening and staff on all the sites will be glad to see you.

Some Year 12s will be invited too. We are holding another evening next term, February

27th, for all Year 12 with some invites to Year 13s.

We look forward to seeing you there.

Miss Campbell
Deputy Director of Sixth Form
Head of Year 13

Celebration Evening

On Wednesday 18th December we are delighted to welcome back last year's Year 13 students who are now at university or at work. They are coming to celebrate their achievements and collect their certificates. It will be lovely to see them and to catch up with their news.

Mrs Wren
Director of Sixth Form

JRCS Environmental Action Group Activities

On Thursday 28th November, JRCS Environmental Action Group joined students around the world by doing a week of activities to raise awareness about environmental issues.











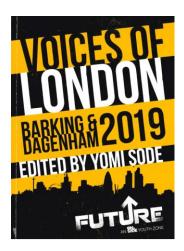
All week students campaigned on Main Street, collecting signatures to introduce a recycling scheme to the school and asking their peers and staff to make a pledge to change one thing in their lives to be greener. The zenith of the week was when students did a litter pick in the streets around the school. Students were alarmed at how much litter there was and the realisation it would end up in the earth's waterways and oceans. They were particularly alarmed that some of the rubbish was from JRCS students! Whilst out and about, students received support

from passing motorists who beeped their horns and gave the students an enthusiastic thumbs up.

Well done to the EAG!

Ms Hunt, Mr Kilminster and Ms Lynch

Well done Sulaiman!



A huge well done to Sulaiman for his published work in the Voices of London – Barking and Dagenham 2019 (printed below). This is such an incredible achievement for this young man, and I am very proud of him.

On Blackness

Black is pride

Black is celebration My Family

My mum telling to wash the dishes on a day I'm not keen on washing dishes

Black is happiness My friends It's sports

It's overcoming all the struggles

Black is free Is fashion Colour, seeing colour

Standing up for what you think is right

It's food Is overcoming segregation

Is music

My tradition Technology Breaking stereotypes

Is me, my name – Sulaiman – me, Sully what my friend, Kaya, calls me. A social person that gets on with people, that's funny. I don't know if she means it. Sully, not from Top Boy, who on typical days, walks down the street greeting everyone he meets. Sulaiman – SULAIMAN, meaning man of peace, and on typical days I avoid all the bad things that make me sad. In most cases I wish I had a button to take it away, whether roadman, knives, thieves, murders, take it away, pain, suffering, people crying – take it away. A typical day for Sully, for me, is walking down the street,

greeting everyone I meet.

Miss Draisey Head of Year 10

Life of a Year 7! - by Nifemi

Upstairs, downstairs, inside, outside. Homework piling up like a game of Jenga. Life in Year 6 was never this busy! In fact Year 7 is quite tricky.

Math, Science, English, French Before Christmas, so many tests! Cramming, revising – better yet memorizing All the sets, so much stress!

Down the corridor, So many children! Bombarding you from every way "Excuse me, Pardon! Sorry!" Getting squished is quite a worry!

HOWEVER!!

There is laughter and lots of fun!
Sitting with friends, having a smile
Pointless pencil jokes, Tearable paper puns
With all this stress I feel free.

Funny, kind, smiley teachers I'm exaggerated for each day Year 7 may be tricky But I love school, friends, teachers, and all either way.

"Ignorance Isn't Bliss"

I had the absolute pleasure to be invited to see the premiere of a short film called "Ignorance Isn't Bliss" last Sunday at the BFI Southbank.

The film was written, produced, directed, gaffered, lit, edited and everything else needed to produce a film by a group of young film makers (and they acted in it too!) Emma in Year 13 was a member of this group and I was delighted to be invited, as her guest, to the event. It was truly inspirational to see the talent our young students have and wonderful to see the opportunity they were given to display it. Emma applied for the opportunity at the start of the academic year and made "the cut" to get on the course. She worked through her half term, and all weekends since meeting the rest of her group, under the guidance from mentors, to get the film finished. In true Hollywood fashion, they took it to the wire and only got it finished the weekend before the premiere!

I was not only proud sitting there and watching the film that Emma helped create, but also proud of her for the independence she had demonstrated by stepping out of her comfort zone, applying for the opportunity and joining a group of people she did not know. She is truly an inspiration and a wonderful example of what can be achieved by taking a leap of faith and confidence.

You can see the film and the story of the making via the following links to youtube: https://www.youtube.com/watch?v=f263wyhB-Dw - Film

<u>https://www.youtube.com/watch?v=R-J83LjZjwg</u>
-Behind The Scenes

Hopefully if there is ever a Hollywood premiere, I'll get another invite!

Miss Campbell Deputy Director of Sixth Form Head of Year 13

JRCS Pride and Allies



JRCS Pride and Allies have entered the Educate and Celebrate annual bake off competition. They spent a session decorating this masterpiece, representing the theme "Change Starts With Us". You can see homophobes being squashed by the celebratory cake.

Now we need your help! Voting has begun for the best cake and we need all the votes we can get! Please click on:

https://poll.app.do/edu-cake-cel-a-bake-great-rainbow-bake-off-2019/QXptIh5F or scan the URL code to vote for the JRCS Cake:



Nifemi said "Remember, be happy. Whatever you feel and whoever you love, you should be happy."

Majid said "I had fun making the cake and I did it because I want to tell people that it is fine being LGBT and just because you support LGBT doesn't mean you are gay."

Eva said "Change starts with us! We have to be strong and stand up for what is right."

Noor said "When you are not homophobic, you get delicious cake".

Jo Richardson celebrates and supports all students, however they choose to identify. The Pride group was formed to help support students struggling with their identity but also to normalise and celebrate the LGBT+ community.

Ms Harland said "JRCS Pride and Allies is a lovely community and growing stronger each day. We want a safe and inviting space for people to come without fear or judgement."

JRCS Pride and Allies are also looking for role models from KS4 and 5 to join the group - MS2, Wednesdays, 1:30pm.

Thank you for all your support of the LGBT+ community at JRCS.

Ms Harland Head of Media Studies

New Arrival

Congratulations to Mr Howard (Head of PE) on the birth of his baby boy Ernest Benjamin Albert, born 01/12/19 weighing 4lb 15oz.



JRCS Dance notices

JRCS Dance started the academic year with auditions for Wings Dance Academy where we welcomed four new members - Rebeca, Harpreet, Tayte and Elvinas. Congratulations! The next set of auditions will be on Tuesday 21st January 2020 (ask Miss England for details).

Wings Dancers have performed in a few assemblies already this year including a choreography based on raising awareness for Mental Health week. The dancers performed beautifully and are experimenting with several styles whilst preparing for a show in Brighton this coming January and pieces for the Christmas show next week.



A group of KS3 students were chosen to attend a Dance Careers Day trip last month hosted by Laban and Trinity Centres for advanced dance training. Students were able to take part in technical workshops and learn about the array of jobs that dance can lead to.







Every Thursday we have Hip Hop Dance Classes held by Nathan, an experienced professional Hip Hop teacher and performer. The students have worked tremendously hard and developed in their focus, skill and technique over just a few weeks.



The GCSE Dance students attended a day of workshops with Boy Blue Dance Company and James Cousins Dance Company at The Laban Centre in Greenwich recently. The students were lucky enough to learn straight from the company's professional dancers while working in the outstanding space that is Laban.

To keep up to date with JRCS Dance news follow: https://twitter.com/jrcs_dance

Miss England Head of Dance

Under 13s Girls Football - Sydney Russell

On Thursday 28th November the under 13s girls football team took on a very talented Sydney Russell team in the 3rd round of the Essex cup. JRCS got off to a difficult start by going 2-0 down inside the first 10 minutes. However, the girls fought back by Ella (Year 8) playing a perfectly timed pass to Adriana (Year 7) for her to get her first goal for JRCS. The girls confidence grew and Aimee (Year 8) managed to score a fantastic volley from a corner. In the second half the girls carried on playing some fantastic football but unfortunately lost 3-2. Player of the Match goes to Ella (Year 8).

Under 14s Girls Football - William Edwards

On Monday 2nd December the under 14s girls football team travelled away to Williams Edwards School in Grays. Once again, like the under 13 girls on Thursday, JRCS found themselves 1-0 down in the opening minutes. However, as a team they managed to redeem themselves and score a goal near half time. Goal scored by Lola (Year 9) which is her 3rd goal in three games. With the girls battling against a very fit side and the light William Edwards scored in the final stages of the game and therefore the game ended up 2-1 to William Edwards School. Player of the Match goes to Lola (Year 9).

For any girls interested in joining, training is on Wednesday 2pm-3pm with Mr Richards and Thursdays 3.05pm-4.05pm with Miss Pridie.

Year 9 Netball News - Eastbury

On Tuesday the 3rd December the Year 9 netball team looked to extend their unbeaten run to four in a row by taking on Eastbury. Due to injuries and illness the Year 9s had to play with the bare seven. The girls showed fantastic composure at times with great defending from Victory, Jamilah and Tekairah. Additionally, there was very accurate shooting from Lola and Soraya too. The game unfortunately ended up in a loss for JRCS (9-7). However, player of the match goes to Margaret. The next Year 9 game is on Tuesday 10th to Riverside School. Good luck girls.

Miss Pridie PE Department

Year 11 Mock Exams

Below is a copy of the Year 11 mock exam timetable that starts on Monday 2nd December. These are internal exams and students will be required to attend normal lessons. Please make sure students have a good breakfast and they have the correct equipment with them for each exam, including a calculator (if needed) and a black pen.

If they wish to, they may bring water, but this needs to be in a clear plastic bottle with the label removed. Please remind your child that under no circumstances should mobile phones be taken into exam rooms. If your child is unable to attend any of their exams, please call the attendance line as usual and we will require a letter from your doctor.

Year 11 Mock Exam Timetable December 2019			
Day/Date	Paper	Length	Time
Monday 9 th December	Combined Science Chemistry Separate Science Chemistry	1 hour 10 mins 1 hour 45 mins	8:45am
Monday 9 th December	GCSE Business BTEC Business	1 hour 30 mins 2 hours	11:15am
Monday 9 th December	Spanish Listening and Reading	1 hour 45 mins	2:00pm
Tuesday 10 th December	History - Paper 2	1 hour 20 mins	8:45am
Tuesday 10 th December	Dance Citizenship	1 hour 30 mins 1 hour 45 mins	11:15am
Tuesday 10 th December	Geography - Paper 2	1 hour 15 mins	2:00pm
Wednesday 11 th December	Music Listening	1 hour 30 mins	8:45am
Wednesday 11 th December	Separate Science Physics	1 hour 45 mins	11:15am
Wednesday 11 th December	PE - Paper 2	1 hour	2:00pm
Thursday 12 th December	RE - Paper 2	1 hour 20 mins	8:45am
Thursday 12 th December	Media Studies - Paper 2	1 hour 30 mins	11:15am
Thursday 12 th December	Spanish Writing Computer Science	1 hour 15 mins 1 hour 30 mins	2:00pm
Monday 16 th December	Art in Art Corridor - all day		
Tuesday 17 th December	Art in Art Corridor - all day		
Wednesday 18 th December	Dance in DA1 – 9:00am – 11:00am		
Wednesday 18 th December	Food Prep & Nutrition in FC1 9:00am – 1:30pm		

WORD OF THE WEEK

2nd – 6th December 2019

JRCS 200 word challenge



Read It

zenith



When you reach the zenith, you're at the top: the highest point, the peak.



The word **zenith** developed firstly from Arabic, then travelled through Old Spanish, Medieval Latin, and Middle French before makings its way into the English language. As long ago as the 1300s, English speakers used the word **zenith** to refer to the highest point in the sky, directly overhead. By the 1600s, the meaning of **zenith** had broadened and people had started to use it to talk about other types of high points as well. Synonyms (other words used to say the same thing) include summit, pinnacle, peak, top, culmination, climax. The antonym (opposite word) to zenith is nadir, meaning the lowest point or rock bottom.

Deconstruct It

Developed from the Arabic root:

 Samt (al-ra's) ~ meaning the way (over one's head)

Link It

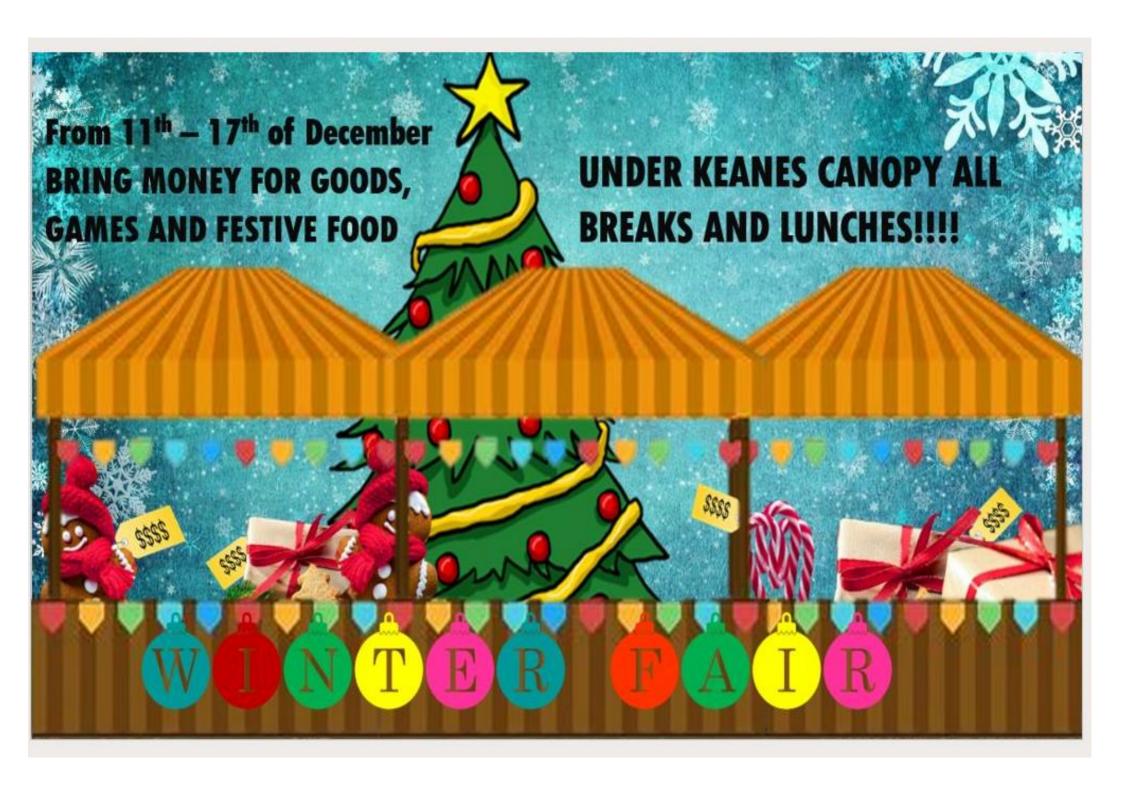
Report back next week: how did you find ways to link this word to your learning in different subjects?

Draw It

On the whiteboard/paper/ mini whiteboards

Use It

- This album is considered the **zenith** of his music career.
- Since my energy is at its zenith in the mornings, that's when I go to the gym.
- Staff No Talent is the zenith of the academic year.







JRCS DANCE CHRISTMAS SHOWCASE



Thursday 12th December 2019

4.30-5.30PM

In DA1

Come and enjoy a creative evening with JRCS Dance watching a selection of dance pieces and styles from KS3-KS4

No tickets for sale instead a donation for Cancer research

