



Issue 634 Friday 17th January 2020

Next week is Week 2

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Advance Warning

On Wednesday 12th February school will be finished for students at the slightly early time of 12:30pm. This is to enable some very important staff health and safety training to take place at JRCS. Lunch will not be available on this day, however our usual lunch menu will be available at breaktime, also no clubs or activities will run during the afternoon. My apologies for any inconvenience this may cause.

Please do not hesitate to contract me if you have any questions relating to this early closure.

Gold Seagull

Congratulations to this week's Gold Seagull winner. Filip is our first winner this year from Year 10.

Well done Filip!

Mr Smith Headteacher



GENERAL NEWS

Year 9 Visit to the Imperial War Museum



On Tuesday 7th January seven students in Year 9 visited the Imperial War Museum to conclude the skill section of their Bronze Duke of Edinburgh Award in which they learned about life on the Western Front during World War 1. They visited the World War 1 gallery at the museum and were fascinated by objects such as a sniper's uniform, homemade weapons, a leather glove shrunk by mustard gas and a reconstruction of a trench. After lunch they chose to visit the World War 2 gallery. A great day was had by all and the group are to be congratulated on their excellent behaviour.

Congratulations to Alessia, Porscha, Enis, Rahim, Justin, Leon and Mason, and many thanks to Mr Bashir who accompanied the trip.

Ms Montague Teacher in SDD



UCL Science Lectures - FREE

Every Friday I go to the science-based lectures at University College London (UCL). UCL is remarkable and is one of the top universities in the UK and the rest of the world. The lectures are free and anyone can attend. The lectures are held in the Chemistry Auditorium, Christopher Ingold Building, which is in Central London. All lectures start on Fridays at 6:30pm and last for approximately 1 hour, followed by a maximum of 30 minutes for discussion.

The lecturers there are professionals in their field and have done extensive work, such as a Physicist who went to Antarctica to do his research on neutrinos which are subatomic particles that baffle Physicists. The lecturers talk about different topics which you don't touch upon in school and are usually taught in University or A-levels and are very interesting and informative. The topics cover all Sciences from Quantum Physics to Microbiology; the topics even change every week so you won't learn the same thing twice.

The reason I go there is because I am very interested in and would like to pursue a career in Physics. Universities, particularly Oxbridge, like to choose students who enjoy the subject and show an interest in it by doing the extra things that others don't.

The next lecture is on 31st January and will be about 'How the Large Hadron Collider Cures Cancer: Proton Therapy at UCLH.' I hope to see you there. If you would like more information here is a link to their website: <u>https://www.ucl.ac.uk/physics-</u> <u>astronomy/outreach/science-centre-lectures</u>

Thank you for reading.

By Waleed (Year 10)

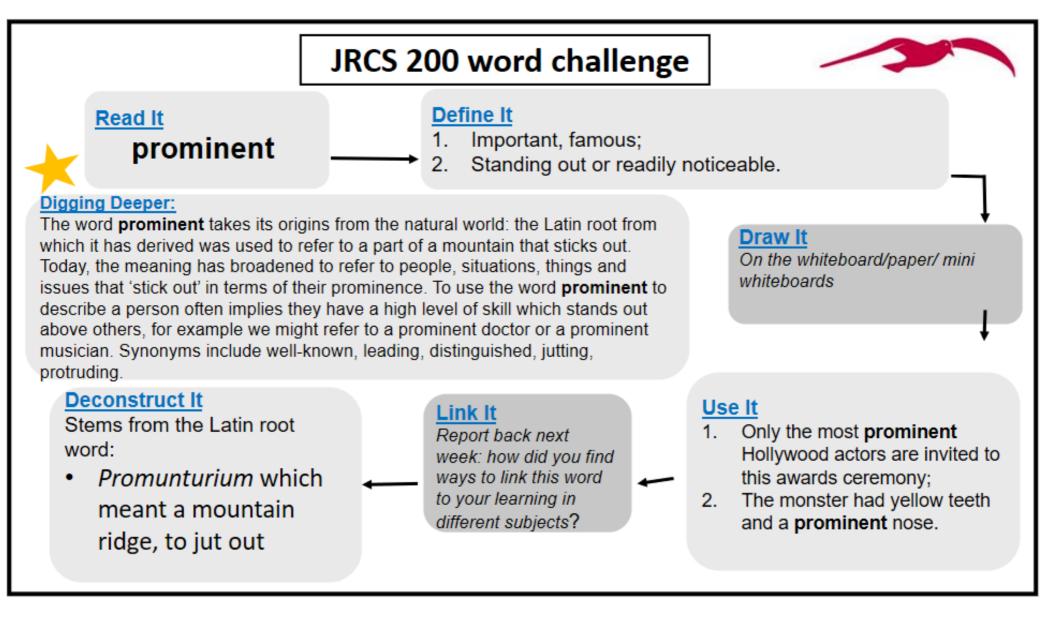


Weekly Outline of Out of School Hours Learning Activities – Spring Term 2020							
Club	Year Group	Staff	Time	Venue			
Monday							
SDD Homework Club	7	Mrs Prockter	12:30pm - 1:05pm	SD2			
Bench Ball	7	Miss Pridie	12:30pm - 1:10pm	Sports Hall			
Netball	8 - 10	Miss Pridie	1:30pm - 2:00pm	Sports Hall			
Yoga	All	Miss England	1:30pm - 2:00pm	DA1			
SDD Homework Club	8 - 11	Mr Bashir & Mr Hession	1:30pm - 2:05pm	SD2			
Indoor Athletics	7 - 9	Miss.Pridie	4:15pm - 4:50pm	Sports Hall			
Tuesday							
Fitness	All	Mr Coupland	7:45am - 8:15am	Fitness Suite			
Wings Dance Conditioning	Selected	Miss England	7:45am - 8:15am	DA1			
Wind Band	Invited	Mr Johnston	8:30am - 9:00am	MU1			
SDD Homework Club	7	Miss Newman	12:30pm - 1:05pm	SD2			
Maths Games Club	7	Ms Colborne	12:30pm - 1:05pm	Maths Block			
Table Tennis & Badminton	8 - 9	Miss Jones	1:30pm - 2:00pm	Sports Hall			
SDD Homework Club	8 - 11	Mrs Roult/Mrs Debono/Mr Bashir	1:30pm - 2:05pm	SD2			
Music Theory Club	All	Ms Hurst	3:05pm - 4:00pm	MU2			
Bronze D of E (Week 2)	10	Mr Hargreaves & Miss Deboo	3:05pm - 4:45pm	FC4			
Science Club (Week 2)	7 - 9	Miss Ali / Miss Tasnim	3:10pm - 4:00pm	SC1 / SC7			
Electronics Club	All	Mr Massop	3:10pm - 4:05pm	DT8			
Netball	7 - 8	Miss Pridie & Miss Jones	3:15pm - 4:15pm	Netball Courts			
Football	7 - 8	Mr Howard & Mr Coupland	3:15pm - 4:15pm	Field			
Wings Dance Training	Selected	Miss Simpson	3:15pm - 4:15pm	DA1			
Wednesday							
Fitness	All	Mr Coupland	7:45am - 8:15am	Fitness Suite			
Orchestra	Invited	Mr Jenner	8:15am - 9:00am	MU1			
Yoga	All	Miss England	11:00am - 11:20am	DA1			
Debate Club	7 - 9	Ms Meehan & Mr Watts	1:30pm - 2:00pm	EN11			
Zumba / Dance	7 - 9	Miss Jones	1:30pm - 2:00pm	DA1			
Panathlon Club	All	Ms Montague	1:30pm - 2:00pm	Sports Hall			
JRCS Pride & Allies	All	Ms Harland	1:30pm - 2:00pm	MS2			
SDD Homework Club	7 - 11	Mrs Roult & Mrs Debono	1:30pm - 3:00pm	SD2			
Cheerleading	7 - 9	Coach	2:00pm - 3:00pm	Sports Hall			
Peace Garden	All	Mr Kilminster	2:00pm - 3:00pm	Peace Garden			
Girls Football	All	Mr Richards	2:00pm - 3:00pm	Astro / Field			

Weekly Outline of Out of School Hours Learning Activities – Spring Term 2020							
Club	Year Group	Staff	Time	Venue			
Thursday							
Fitness	All	Mr Coupland	7:45am - 8:15am	Fitness Suite			
Choir	All	Miss Herel & Mr Jenner	8:15am - 9:00am	MU1			
Times Table Rockstars	All	Miss Johnson	11:00am - 11:30am	MA12			
Table Tennis & Badminton	10 - 11	Miss Jones	1:30pm - 2:00pm	Sports Hall			
Panathlon Club	All	Ms Montague	1:30pm - 2:00pm	Sports Hall			
SDD Homework Club	8 - 11	Miss Chandler & Mr Hession	1:30pm - 2:05pm	SD2			
Maths Games Club	8 - 9	Ms Moody	1:30pm - 2:05pm	Maths Block			
Jazz Band	Invited	Ms Hurst & Mr Barquilla	3:05pm - 4:00pm	MU2 / MU3			
Football	9 - 10	Mr Howard & Mr Brierley	3:15pm - 4:15pm	Field			
Netball	9 - 10	Miss Boulton & Miss Jones	3:15pm - 4:15pm	Netball Courts			
Basketball	8 - 13	Mr Coupland	3:15pm - 4:15pm	Sports Hall			
Girls Football	7 - 9	Miss Pridie	3:15pm - 4:15pm	Field			
Hip Hop Dance	All	Miss England	3:15pm - 4:30pm	DA1			
Cooking Club	7 - 9	Mr Hargreaves/Ms Moffat/Miss Deboo	3:15pm - 4:45pm	FC4			
Textiles Club (Week 1)	7 - 9	Miss Mir	3:20pm - 4:20pm	DT4			
Friday							
Boxing Club	7 - 9	Mr Hession	7:45am - 8:15am	Sports Hall			
Woodwind Group	Invited	Ms Hurst	8:00am - 8:30am	MU2			
Piano Ensemble	Invited	Mr Jenner	8.30am - 9.00am	MU1			
Basketball	All	Mr Coupland	1.30pm - 2.00pm	Sports Hall			
Gospel Choir	All	Ms Hurst	1.30pm - 2.00pm	MU2			
SDD Homework Club	8 - 11	Ms Newman & Miss Chandler	1:30pm - 2:05pm	SD2			
Wings Dance Training	Selected	Miss England	3:15pm - 4:15pm	DA1			
Cricket	All	Coach	3:15pm - 4:15pm	Sports Hall			



WORD OF THE WEEK 13th – 17th January 2020





RECEIVE TWO MONTHS FREE ON YEARLY GYM

MEMBERSHIP

ADULT

PER MONTH

£15

CONCESSION MEMBERSHIP

£10

PER MONTH

FLEXIBLE

MEMBERSHIPS

Free Locker Token Personal Training

DIRECT DEBIT OPTIONS

Group Classes

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