# The Seagull



Issue 638 Friday 14th February 2020

Week commencing 24.02.20 is Week 2

Enquiries: 020 8270 6222 Absence Line: 020 8724 1531 Website: www.jorichardson.org.uk Email: headteacher@jorichardson.org.uk

Twitter: @JRCS\_School 💟





# **HEADTEACHER'S NEWS**

### Half term

I cannot believe that we are approaching the half way point of this academic year. So much has happened over the past six months and we have so much more to look forward to before we finish school in the Summer. Our Year 11 and 13s are now well into their revision programmes to help them prepare for the Summer examinations. If you are a parent whose son or daughter is in either of these year groups, please help them to use the time during half term as effectively and productively as possible.

I wish you all a peaceful and happy half term and look forward to seeing all our students back in school at the normal time on Monday 24<sup>th</sup> February.

# **Gold Seagull**

Congratulations to this week's Gold Seagull winners (pictured above): Alexandru and Oluwanifemi (Year 7), Lillie and Zubin (Year 8) Christina and Alina (Year 9) and Maisie (absent from photo) (Year 10).

Well done!

Mr Smith Headteacher



### **GENERAL NEWS**

# Sixth Form Progress Evening

The Sixth Form Progress Evening is on Thursday 27<sup>th</sup> February from 3:45pm - 6:45pm. We hope that parents and carers will be able to come to meet subject teachers to discuss progress and achievements.

I look forward to seeing you there.

Mrs Wren
Director of Sixth Form

# Time to Talk Day

On Thursday 6<sup>th</sup> February, we marked Time to Talk Day; a day which aims to raise awareness and reduce stigma for those living with mental health conditions. There were assemblies and tutor activities which encouraged students to get talking about mental health. At break and lunch time we had 'Talk Time' in Main Street and 'The Jokers' were on hand to help people to smile! Ms Doshi ran some guided meditation sessions too.

Staff were treated to tea bags and biscuits in their pigeon holes and cakes were on sale in the staff room throughout the day to raise money for the charity MIND.







Many thanks to all the staff who were involved in the preparation and a big thanks to Kane, Bradley, Lewis, Adiyat, Amy, Maisie, Rachel, Goda, Chiara, Mayo, Liam, Laura, Abigail, Ellie and Sandra who helped out preparing for the event and on the day.

Mrs Quail Head of Social Studies Youth Mental Health First Aider

# **Opportunity for Year 11 students**

On Wednesday 26<sup>th</sup> February 2020, Year 11 will have an assembly about National Citizen Service. We believe this is an amazing opportunity and we will encourage students to take part. NCS is a great way for students to develop their life skills and will help them stand out when applying for university or a job.

### What is NCS?

More than half a million young people have completed NCS and 100,000 more will take part this Summer. NCS takes place in the Summer holidays, it lasts for three or four weeks, and is split into three parts:

Part 1 - Young people stay away from home at an outdoor activity centre (Monday to

Friday.) It's a chance to meet new people and do amazing activities like rock climbing, canoeing, and abseiling.

Part 2 - A more local residential (Monday to Friday) packed with workshops to help young people develop important life skills. There will also be plenty of time for having fun with new friends.

Part 3 - Teams take one or two weeks (non-residential, Monday to Thursday) to design and deliver a social action project in their local community on something about which they are passionate.

### When is NCS?

NCS takes place in the Summer holidays. There are several start dates this Summer and when you complete your application, we will talk you through the options to help you choose.

# Why do NCS?

- NCS looks good on UCAS statements and develops skills employers want
- NCS gives young people a chance to meet lots of new people
- NCS helps young people be heard in their local community
- NCS is great fun

# How much will it cost?

NCS costs £1,500 a place, most of which is covered by the government. As such, NCS will only cost you £50. That covers food, activities, and accommodation while young people are away. Please be aware that we offer financial assistance to those who are eligible.

# How to sign up for NCS

At the assembly, students will be given a sign-up pack with a short form to complete. Completed forms need to be returned to the school before Friday 27th of March. NCS places are allocated on a first come first served basis so please ensure you return the form by the deadline date.

If you would like any other information about the NCS programme, please call NCS on 0800 197 8010 or visit <a href="www.wearencs.com">www.wearencs.com</a>. We truly value NCS as a transformative programme and hope you'll encourage your young person to take part.

Miss Duncan Head of Year 11

# **UK-US Youth Dialogue Programme**



Reece, Year 13, successfully beat off over 100 rivals to get the opportunity to take part in the UK-US Youth Dialogue Programme delivered by the Windsor Fellowship.

Reece found out about the opportunity and contacted the organisation to get the details and how to go about applying. The programme is open to applicants in Year 12 or 13 who are in full time education in Greater London. Their aim is to develop strong leadership, team building and communication skills, combined with thoughtful self-reflection and personal confidence as well as developing understanding of culture, lifestyles, values and issues in the USA through direct contact with diverse families, teenagers, leaders and organisations.

Reece and Keren (also in Year 13) made it through to the last 30 and went to a meeting with the YDP staff to try and get chosen within the final 12. Both acquitted themselves well.

Reece was ultimately successful and is now looking forward to experiencing an amazing opportunity. This begins in February with an introductory evening, then three residential seminars in the UK before taking part in the American Summer Camp and experiencing life with an American family through a "home stay" in Chicago. After this there will be a reflective residential back in the UK.

An amazing opportunity created by Reece independently finding out and applying to the fellowship.

He will have an amazing experience and we look forward to him coming back in September before going off to university to tell us all about it.

Congratulations!!

Miss Campbell
Deputy Director of Sixth Form
Head of Year 13

# **RS Winter Competition.**

The RS Department recently ran a creative competition for students in KS3 for which they were asked to consider three different titles; 'Inspiration', 'Where is God' and 'Picturing Faith.' Students were asked to creatively respond to these three titles in any way they wished. We had some fantastic entries ranging from poetry to essays and photography to artwork.

The judges found it very difficult to pick their favourite but in the end four stood out from the rest and these individuals received an LOC as well as a book voucher. Well done and thank you to all those that entered. It was fantastic to see what creative students we have at JRCS.





Ameera - Year 8

Radvile - Year 8





Casey - Year 8

Nifemi – Year 7

Mr Kendall Head of Religious Studies

# Cooking Club 28th January 2020



Students had a great cooking club night, when they made a vegetarian dish to promote vegetarian food in the school, which was a puff pastry and baked bean slice. It's really

important not to have too much red meat and processed food in your diet each week. Well done on last week's pastry work, where the students learnt how to plait pastry to produce some excellent results under the guidance of Ms Deboo and Mrs Moffatt.

Great evening!

# Cooking Club 4th February 2020



Great cooking session, students learnt how to cook a Bakewell Tart better than Mr Kipling! It was a process where the students had to make the mixture and the pastry for this cake. The results were amazing and all the students turned out some excellent Bakewell Tarts. I hope your families enjoyed the fruits of your hard work. The students learnt some great new skills.

I would like to thank Ms Deboo and Mrs Moffatt for their support.

# Sri Lankan Cooking night fund raiser for Vietnam trip 2020



We had a great cooking night on Friday where staff from all parts of the school supported the food department in a cooking lesson on Sri Lankan food.

I would like to thank everyone who got involved, it was greatly appreciated. The event was in support of the JRCS trip to Vietnam later this year. Some of the dishes the staff cooked are below. Some staff were vegetarian, so recipes were adapted and had prawns or tofu.

- George's dal
- Chicken and coconut curry
- Devilled prawn as opposed to chicken curry
- Gotu Kola sambol
- Coconut Rotti

It was a great evening. I enjoyed teaching such a diverse group of people. I would like to thank Mrs Moffatt and Ms Deboo for their support.

Mr Hargreaves
Food and Catering

# **Year 11 Borough Netball Rally**

The Year 11 netball team achieved Bronze medals at the Borough Netball Rally held at Robert Clack on Wednesday 29<sup>th</sup> January. JRCS competed against Robert Clack and All Saints in our pool and both games provided some entertaining and competitive netball. This team have played together since Year 7 and it has been a pleasure to coach them over the last five years. We have one remaining league game against All Saints to play and we are hoping to play a fundraiser event to raise money for the Year 11 prom.

Well done to the following: Jayzy, Abibat, Ella, Adunola, Maya, Kanya, Annabelle and Temi.



Miss Boulton Assistant Headteacher

# Under 14s Girls Football Vs Sydney Russell- Thursday 6th Feb

On Thursday the girls took to their first game of 2020. The girls have been putting in all the

hard work on and off of the pitch at the moment.

The girls got off to a flying start by Tekirah in Year 9 breaking through her own defence and hitting the crossbar from just past the halfway line.

The girls continued to create chances from Ella in Year 8 and Lola in Year 9 but none of them testing the goalkeeper. Unfortunately, Sydney Russell managed to take their only three chances and get them on target. The final result 3-0 to Sydney Russell. Player of the Match goes to Tekirah.

The girls' next game will be against Barking Abbey after February half term.

# Year 7 Netball vs Robert Clack A & B Team – Tuesday 11<sup>th</sup> February

On Tuesday the girls played their last competitive league game of Year 7 versus Robert Clack. The girls played back to back games and all girls played fantastically well. Results Jo Richardson 13 - Robert Clack - 3 and Jo Richardson 1 - Robert Clack 2.

Player of the match goes to Ashley.

# Year 7 Netball Rally -Wednesday 12<sup>th</sup> February at Robert Clack

On Wednesday 12<sup>th</sup> February the Year 7 netball squad took part in their first borough netball tournament.

The girls got off to a flying start by winning 4 out of the 5 games. Therefore, they came top of their pool making it through to the semifinals. In the semi-final the girls were very unlucky and lost to an extremely talented Riverside team 3-1. This meant the girls played Greatfields in the 3<sup>rd</sup>/4<sup>th</sup> play off final. The girls managed to pull off a 2-1 win which means overall they came 3<sup>rd</sup> out of 12 teams. This is a fantastic achievement and fully deserved.

Player of the tournament goes to Fisayomi.

This is the Year 7s' last competitive match of this season. All girls have trained and played tremendously hard and have showed tremendous character through every game.

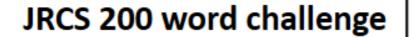
Well done girls!

Miss Pridie Head of Year 7



# WORD OF THE WEEK

10<sup>th</sup> – 14<sup>th</sup> February 2020





# Read It

summary

# Define It

A summary is a brief explanation of the key points.

# **Digging Deeper:**

In reading, to create a summary is to strip the text down to its key ideas or themes. The verb version of this word is 'to summarise', meaning to shorten down to the key, most important facts. Other words you might hear which have similar meanings are: abridged, sum-up, and to wrap-up. We use the skill of summarising often: as your mission for this week, try to find at least 3 examples of lessons or situations in school where you have used it. Be ready to report back to your form tutor next Monday!

# **Draw It**

On the whiteboard/paper/ mini whiteboards

# Deconstruct It

Originally stems from the Latin root summa, meaning whole, totally, gist.

# Link It

Report back next week: how did you find ways to link this word to your learning in different subjects?

# Use It

- Alfie presented a summary of the newspaper reports.
- Their homework was to write a summary of key events in 19<sup>th</sup> Century history.

# Vietnam 2020

Menu Example Choices

Beef Pho Rice noodle with fresh herbs Crunchy summer rolls Spiced rice with garlic

and ginger
Prawn noodles
Crispy Seaweed
Prawn crackers
Vegetarian Option



FOOD NIGHT

Join us for Food Entertainment Raffle

Friday 28<sup>th</sup> February 2020 6pm – 8pm

For Tickets please contact: 0208 270 6222

Or: <u>CThomas@jorichardson.org.uk</u>; ADuncan@jorichardson.org.uk £6 per head