

# The Seagull



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## SUMMER 2020



### HEADTEACHER'S NEWS

The last few months have been enormously challenging for all of us. The speed at which Covid-19 took over our lives was unbelievable. As a result of the pandemic, we have not operated as a full school since Friday 20<sup>th</sup> March 2020. However, we have run a support school for a small group of young people since that day and on Monday 15<sup>th</sup> June, they were joined by groups of our Year 10 and Year 12 students on a part-time basis. Throughout this time, we have done our best to ensure that we continued to communicate with you, both through providing work for our students and also keeping you updated about any potential changes to our plans.

Two weeks ago, the Government announced that all schools will fully reopen in September. However, this was accompanied by extensive documentation which outlined the conditions of our return to school. Without going into great detail, we have had to carefully plan for this whilst adhering to strict guidelines relating to group sizes, social distancing and limitations placed on specific subjects.

This edition of The Seagull will hopefully give you all the information that you need relating to the arrangements for the start of the new academic year.

The school will reopen to staff only on Tuesday 1<sup>st</sup> September and Wednesday 2<sup>nd</sup> September. This is to give us the opportunity to ensure that we are fully prepared for the students' return in the ensuing days.

### Years 7-11

On Thursday 3<sup>rd</sup> September and Friday 4<sup>th</sup> September, Year 7 students should attend school at the following times and use the following entrance and exit points:

Tutor	Start	End time	Entrance and exit
7A	8:30	2:30	North End
7B	8:30	2:30	North End
7C	8:40	2:40	Castle Green
7D	8:40	2:40	Castle Green
7E	8:50	2:50	North End
7F	8:50	2:50	North End
7G	9:00	3:00	Castle Green
7H	9:00	3:00	Castle Green
7I	9:10	3:10	North End
7J	9:10	3:10	North End

From Monday 7<sup>th</sup> September, we will begin a planned programme to reintroduce each year group into school:

#### **Year 7**

Monday 7<sup>th</sup> September: 8.30am-3.20pm. Enter and exit via Castle Green.

Tuesday 8<sup>th</sup> September: 8.30am-2.50pm. Enter and exit via Castle Green.

#### **Year 8**

Monday 7<sup>th</sup> September: 9.00-11.00am. Enter and exit via North End.

#### **Year 9**

Monday 7<sup>th</sup> September: 12.00-2.00pm. Enter and exit via Maths gate.

#### **Year 10**

Tuesday 8<sup>th</sup> September: 9.00-11.00am. Enter and exit via Castle Green.

#### **Year 11**

Tuesday 8<sup>th</sup> September: 12.00-2.00pm. Enter and exit via South End.

### **Full teaching for Years 7-11 will start from Wednesday 9<sup>th</sup> September.**

The Government directives require us to not only stagger the students' entry and exit from school, but also to teach them in year group "bubbles" contained within designated zones within the school building. As a result, we have written a timetable which means that different year groups will start and end the day at different times, as well as having separate break and lunch times to ensure that they do not mix with students from other year group bubbles. The details of all start and finish times from Wednesday 9<sup>th</sup> September are contained within the table below.

	Monday		Tuesday		Wednesday		Thursday		Friday		
Year	Start	End	Start	End	Start	End	Start	End	Start	End	Entry and Exit Points
7	8.30	3.20	8.30	2.50	8.30	2.00	8.30	2.50	8.30	2.50	Castle Green
8	8.40	3.30	8.40	3.00	8.40	1.30	8.40	2.30	9.00	2.30	North End
9	9.00	3.45	9.00	3.10	9.00	1.40	9.00	3.10	8.40	3.00	Maths Gate
10	9.15	4.00	9.30	3.05	9.30	1.50	9.30	3.00	9.30	3.05	Castle Green
11	9.30	4.10	9.45	3.15	9.45	2.10	9.45	3.15	9.10	3.15	South End

### **Sixth Form**

On Thursday 3<sup>rd</sup> September and Friday 4<sup>th</sup> September, Sixth Form students should be on the school site at the times detailed below:

#### **Year 13**

Thursday 3<sup>rd</sup> September

11.30am-12.30pm Assembly in Boothroyd Hall

12.30pm-1.30pm Tutor period

1.30pm Dismissal

#### **Year 12**

Friday 4<sup>th</sup> September

11.30am-12.30pm Assembly in Boothroyd Hall

12.30pm-1.30pm Tutor period

1.30-2.00pm Travel to guest school (if this applies to you) - buses will be located at Castle Green

2.00pm Guest assembly at guest school (then make your own way home)

For induction information please click on this link <https://jorichardson.org.uk/year-groups/join-us-2/join-us-in-sixth-form/>

Teaching for both Sixth Form year groups starts on Monday 7<sup>th</sup> September, both at JRCS and in our partner schools. Sixth Form students should enter and exit by the South End.

Year 12 and 13 will be following the same timetable as was previously in place last year. Therefore, they will need to be in school at 8.30am. Their final lesson will finish at 3.05pm on Tuesday, Thursday and Friday. However, on Monday they will finish at 4.05pm and on Wednesday they will finish at 1.30pm, as normal.

### **General Information**

Year group bubbles will be located in the following zones:

- Year 7 – Music x3, French x4, ICT x3
- Year 8 – Science
- Year 9 – Maths block + 2 additional rooms
- Year 10 – Humanities corridors
- Year 11 – English corridor
- Year 12 /13 – Sixth Form corridor, PE classroom

Students will be issued with their new timetables when they first come on their allocated days. For the first few weeks, there will be no after school detentions and we will not be in the position to offer extra-curricular clubs until at least half-term. Year 7 students will still be attending Lexia classes and there will not be any Key Stage 4 or Key Stage 5 intervention classes until after the half-term break.

Students will have at least one 30 minute break each day (and on most occasions two) and Aspens, our caterers, will be providing a grab and go service during these times. Students on free school meals can purchase food during either of these two breaks. There will be no breakfast service for the foreseeable future as students will not be allowed onto the school site before their allocated start time and they will also be supervised by JRCS staff at all times. Also, there will be no food service at the end of the school day.

If parents have to drop off students at school, please do so as quickly and efficiently as possible and do not congregate around entrance and exit points.

**Please do not send your child to school if they are unwell but follow the usual absence reporting procedures.**

Parents are not allowed on the school site unless attending a previously arranged meeting or at the direct request of the school.

Face masks which have been worn on the way into school must be removed before entering the building and replaced with a fresh one if required.

### **GCSE and A Level Results**

As you will be aware, due to the Covid-19 situation, neither our Year 11 nor our Year 13 students sat any public examinations this summer. However, like their counterparts across the country, they will receive results for all the courses that they were entered for. Sixth Form results will be made available to students on Thursday 13<sup>th</sup> August. If you wish to collect your results in person, please arrive at JRCS between 9.00 and 11.00am.

Year 11 GCSE and BTEC results will be available to students in school on Thursday 20<sup>th</sup> August. As we are unable to accommodate the whole year group on site at the same time, could you please attend at the following times if you wish to collect your results in person:

- |         |             |
|---------|-------------|
| 10.00am | 11A and 11B |
| 11.00am | 11C and 11D |
| 12.00pm | 11E and 11F |
| 1.00pm  | 11G and 11H |
| 2.00pm  | 11I and 11J |

Should you not wish to come into school, these results will be forwarded to you by post.

Parents are requested not to come onto the school site on either of the above dates, but you are more than welcome to wait for your son or daughter outside Castle Green.

If you have applied to come to JRCS Sixth Form, you will have been allocated a pathways meeting time on either Friday 21<sup>st</sup> August or Monday 24<sup>th</sup> August. If you are hoping to study A Level maths, there is a maths test on Monday 24<sup>th</sup> August at 9.30am. Further details will be available on Thursday 20<sup>th</sup> August when you collect your results.

Thank you for all your ongoing support and I look forward to seeing you all again in September.

Stay safe.

Below are some links to for you to enjoy:

You've got a friend: [https://www.youtube.com/watch?v=Gej9\\_vuXXlc&feature=youtu.be](https://www.youtube.com/watch?v=Gej9_vuXXlc&feature=youtu.be)

Gareth Thomas: IGTV: <https://www.instagram.com/tv/CB8OzUJFoNF/>

Welcome Video for New Year 7: <https://www.youtube.com/watch?v=l8cd42-Lisk>

Year 10 Team: <https://www.youtube.com/watch?v=PMpbDcNXPT4>

JRCS During lockdown:

<https://twitter.com/bbcyoungreport/status/1257938146865577986?s=21>

Mr Smith  
Headteacher

### JRCS Wall of Unity





### School Meal Provision

The usual school meal provision will be back up and running in September and I have attached a letter from Aspens, our catering provider, with some more information and reassurance about their enhanced hygiene and safety measures. There is also a link in the letter should you need to apply for free school meals due to a change in circumstances.

Mrs Morris

### A Wall of Unity (pictured on page 4)

Approximately 100 students and staff have joined together in creating a digital mosaic to express their support against inequality as part of the BLM movement. They submitted images of their fists and with each fist image unique and beautiful the images together grew into a bigger mosaic wall expressing how we stand together united. Huge thanks to everyone who participated. It has been a real privilege to facilitate this artwork in a time where we all appreciate that little interaction, kindness and support even more.

Ms Franz  
Art Department

### Year 11

It has to be said that you have had the most unique Year 11 experience in modern times and one that you will be talking about for years to come. It has been a sad time in many ways as you have not had the same opportunities and rites of passage as previous Year 11 cohorts but it has also been a privilege to have had the time to reflect on your pathway choices for the years ahead. Well done to all of you who have used your lock down time wisely to think through your options for next year, to research different job options for the future, to complete transition work for those studying at Sixth Form next year or to try out new skills, activities or online learning. At this point I would like to congratulate Bridget in 11E who has been absolutely outstanding over this period. She

has got involved in all opportunities available to her and will have an array of experiences that she will be able to call upon for her CV or personal statement. I am immensely proud of her achievements. In addition she has penned the phenomenal poem that is in this

edition of the Seagull for the Black Lives Matter competition. I would also like to congratulate Yasmin in 11E for her art work for the same competition. Both students will be rewarded for their efforts.

As we approach what would have been the end of term, I would just like to ensure that you are all set for next year. Here are a couple of pieces of advice that might come in handy.

- If you haven't applied for Sixth Form, college or an apprenticeship for September do this as a matter of urgency. Some provisions have already closed their application process.
- If you have applied, but there is even a small doubt about whether you will be accepted or not, make sure you have a back-up plan.
- If you are coming to Sixth Form, make sure you have done all the work available for your subjects on the sharepoint.
- If you haven't already, do some research into future careers or jobs that may interest you or university or higher level apprenticeships that may interest you
- If you haven't already, make sure you have something tangible to say about what you have done during+ lock down. All future employers and education provisions will be asking you how you have spent lock down.
- If you need a careers appointment, make sure you let me know.
- And if you have done all of the above then carry on doing the above but make sure you have a well earned rest so you are ready and recharged for September.

Year 11 – it has been an absolute honour to work with you all for the last five years. I have enjoyed every minute – even when it hasn't been easy. I look forward to seeing you all on Thursday 20<sup>th</sup> August. Make sure you have read the arrangements for picking your results up so you know when and where to go. You will need your results for any interview you will have to discuss next year.

We will hopefully find a way to all get together in the future to celebrate our time together. Until then, stay safe and well and enjoy the summer. Best wishes to you and your families.

Miss Duncan, Miss Meaney and Miss Boulton



## May Support School



As a Head of Year, I had the great opportunity to come in to school during May half term and work with a variety of students who I do not normally see. We ended the week on a huge high and so I thought I would share the photos with you all. Students made Guatemalan worry dolls, drew cartoons, baked cheesecakes, meditated in the Peace Garden and went wild with the chalk in the playground! It was quite a day, all students worked well and engaged in all of their learning opportunities.

Miss Draisey

### Year 10 & the Black Lives Matter Movement

As the Head of Year 10 I was overwhelmed with the calls for action received from members of my year group in relation to the BLM protests. Consequently, I sent the following email:

*Good afternoon Year 10,*

*I wanted to email you to tell you how incredibly overwhelmed and proud I have been with your individual responses to the Black Lives Matter movement. I have received a number of emails urging me to ensure that JRCS does not remain silent. Our goal to 'Be Nice' has never been felt so strongly and it is a testament to you as a year group that you are striving to stand together on this issue.*

*For staff here at school we have all shown our support individually on #blackouttuesday by doing so on our social media, by sharing the reading we have completed or by taking time to share our developing understanding with those around us. Unfortunately, we are not at school together, instead, we are in our own homes facing this challenging time independently and this has made it difficult for us to unite a response as a whole school. What is important is that the response we*

*choose is right for you, right for JRCS and right for our community, and developing that right response takes time and collaborative working.*

*There is a small working group set up with SLT to plan a way for JRCS to show its support. We know that in normal times we would show support in tutor time, in assemblies, in our word of the week and even in our school displays. As you know, this can't happen right now, but we want to plan for what we CAN do now and what we CAN do in the future to ensure that this issue is not forgotten.*

*As the mature Year 10s that you are, I know that you will be willing to support us with this, therefore, if you have any ideas on how we can do this (either right now or in the future planning of school life), please email me directly.*

*So, whilst this email is neither silence nor shouting, I just wanted to let you know that I hear you, I value your input and that together we will stand. I turn now to one of the most poignant remarks I have seen this week: "I understand that I will never understand, however I stand".*

Additionally, all year groups then took part in a competition with two categories to enter, visual and written creativity. See below all the entries together, you can see them all on the school website under SMSC and see the winning entries in our other article!

I am incredibly proud of the powerful response seen by Year 10 in relation to this movement and I look forward to working on it more with them in September.



Miss Draisey

### Year 10 are grateful

In the earlier weeks of lockdown it became very important to reflect on everything we had

instead of considering what we had lost. Consequently, I asked Year 10 to send me some things that they were grateful for, below are some of my favourites that I think are worth sharing!

I wonder if they still feel the same way now?

*"I'm grateful for being able to wake up every morning and see my family, I'm grateful for having a roof on top of my head and food too, I'm also grateful for being able to contact my friends and knowing that they're doing well. (I really miss them)" – MB*

*"For me what I am grateful for is that I am able to spend all of my time with my family in the month of Ramadan. Also, because of the lockdown I am able to learn how to be more independent." – SC*

*"One thing I am grateful for is outlook as it provides me with a method of keeping in touch with all my teachers" – RO*

*"I would say that I am grateful for my friends always checking in to see if I'm okay. This helps me to remember that I should be grateful for the support I am being given whether it is through teachers or friends as some people do not have this simple blessing" – SA*

*"I am grateful for my family, pets and a nice planet to live on." – BS*

*"I am grateful for My dog, my dog keeps me company during this weird time meaning that I have a friend away from my friends at school who I am missing very much. He's also kept me busy and gets me out of the house when taking him for walks, He's my excuse to actually get dressed and Get some air which I'm extremely grateful for." – AS*

*"I feel quite relaxed and it is good we have technology as we still get to keep in touch with everyone. I like spending quality time with my family, we have been setting each other PE and fitness challenges as well so it is quite funny." – TS*

*"I'm grateful for being able to get resources like food to keep me alive at this time. It makes me think of the poor people that are suffering at a time like this. I'm thankful for being able to have an education, a shelter and a family who supports me throughout every decision I make. I'm thankful for the teachers who've made me the person I am*

*today and help me learn in a way at this unusual time." – SM*

*"I am grateful for FaceTime, my 80 year old nan has now got an iPad and the internet, it has been amazing to be able to FaceTime her and remind her that we still think about her - even if she does not quite get it and we only ever see the top half of her head" – Miss Draisey*



### **Year 10 School**

As the Head of Year 10, this has been an incredibly strange and worrying time. I have worried about them losing their education at this critical moment, I have worried about them being at home and I have worried about how to support them when I cannot physically see them. Yet, my worries were eased when the Year 10 tutor team and other key members of staff began to make regular calls home and students were getting weekly emails about work.

What I soon realised is, that despite being a generation born into a technologically advanced World, we all still struggle with emailing regularly and staying in touch. So, when the time came for Year 10 to return to school, I was ecstatic! The Year 10 team made a video and prepared to welcome year 10 back for the 5 weeks until the end of the term. Overall, the attendance has been great, always between 60-70% and those remaining at home have kept in touch too!

As always, I am incredibly proud of this year group, during lockdown I have had the opportunity to reflect on their starting points in Year 7, how they were when I took over in Year 8 and now, to see who they have now become. They are a credit to me, their families and themselves and I look forward to having them back full time in September.

Year 10 were asked to reflect on their experiences of the last few weeks, we hope to display more of these in September but, for now, here are a few poignant thoughts:



*"This experience has been very stressful but also has helped me to relax and rest from my usual routine" – LB*

*"This experience has been overwhelming and something I could never have imagined happening with thousands of people dying and normal life completely changing. I am very grateful to be healthy" – ZM*

*"I feel okay coming into school, I did not expect lockdown to be so sad and lonely, I feel worried about my GCSEs" – UK*

*"I feel that I have missed out on a lot, in terms of school, and I found newer methods of learning hard to adjust to. I've also been feeling a mixture of upset, angry, frustrated, betrayed, robbed and confused and I've not been sure why or who with. But, I've also learned to open up and accept my feelings and that it's okay, not to be okay" – AS*

### Tips for the Summer:

1. Remain positive about returning in September, it will all be okay, we will make sure you succeed.
2. Check my emails for the 'Year 10 Work Tracker' to check you're all up to date with work from the last few weeks
3. Stay in touch with one another, now more than ever you'll need a friend
4. In the week before school resumes, get prepared, have your uniform and equipment ready to go to remove any possible barriers to your success.



Mr Smith monitoring the 2m social distancing lines:



Miss Draisey and Team English eagerly awaiting the arrival of Year 10



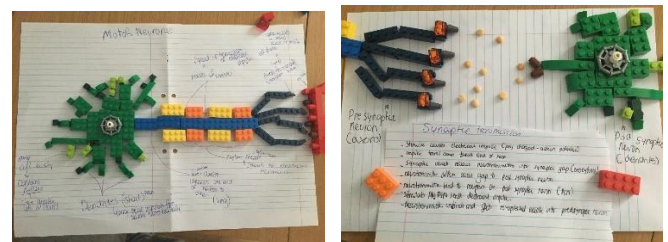
Arriving ready for a new day!



Sanitising before entering the school building

### Psychology During Lockdown

During lockdown, Year 12 Psychology students got their creative juices flowing by making models of concepts they had learned in class.



Gabija created an impressive neuron using lego parts. She even uses the lego to demonstrate the process of synaptic transmission in the second image:

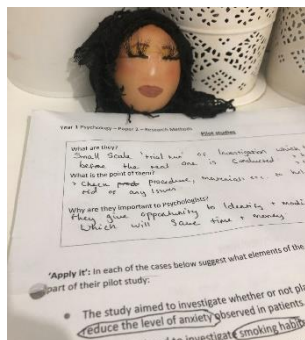
Laura Ettridge knitted a fantastic motor neuron which was equally impressive!

When learning about attachment in Psychology, students usually undertake a two-week egg baby project in which they attempt to attach to an egg by naming it, personalising it, spending time with it and recording its journey.





Samira created this fantastic egg-baby named 'Halima B-egg-um'. She appears very grown up for an egg baby with her false eyelashes and psychology revision!



The Psychology students enjoyed these projects as not only did it allow them to showcase their creative skills when learning about concepts, but it was a fun way to keep themselves engaged during lockdown.

Miss Tasneem

### LOC incentive.... If you have a School Library Book!

Please keep these books safe, the books will need to be returned in September. Over 200 students have a school library book on loan. All these books have been 'renewed' so no 'overdue notices' have been sent to parent/carers.

As a big incentive each student will receive a LOC if they return their library book within two weeks of returning to school in September. This applies to students who borrowed a library book before schools closed in March. There will still be opportunities for all students to earn credits/LOCs from the library in September.

Thank you for your support, stay safe and I look forward to seeing you all.

Ms Osland  
School Librarian

### BLM 500 Word Competition

Alone, I was sitting on the bench while children darted across the playground, with cheese-like smiles splattered upon their faces - something that I didn't have. Something that I will never get. As I stared down at my feet in excruciating pain, I focused on my feet dragging against the concrete. Why don't they like me? - well, I already knew the answer to that... my skin. My skin: the skin that doesn't define me yet- one look at it, and people would avoid me like I'm an infectious plague. If only everything were different...no if only society was. The hatred migrating the school building migrated the world.

'Rinnnnng!'

The school bell - my favourite sound. I picked myself up, and I ran, and ran until I could no longer carry myself. I don't know how long I had been running for, I needed to get away from school - I needed to get away from their perceptions.

My legs had a mind of their own. I swerved zigzagging in and out of the crowd their faces filled with disgust - I didn't care! Neither did I care where I was heading.

Finally, skidding to a halt, my breath caught up with me. Scanning my new - but unknown - location I read a sign: DEAD END! My mother always said if anyone is bullying you, ignore them, be the better person - but if their view of you stabs you in the chest, how are you supposed to ignore that? As I placed my head against the wall, my eyes were attracted to a lonely shard of glass. Staring down at the cracked glass I look at my inconsolable reflection. My shoulder-length afro textured hair was in a tangled pandemonium, stuck to my face with tears and snot. Beads of sweat raced back down making my camo-green jumper - now clinging to me - damp. I looked like a mess - a nightmare even! However, little did I know how much worse it could get...

Daydreaming into my reflection, I noticed something, an elderly woman about to cross the street. Subconsciously, I had the urge to assist her, the urge to give her a helping hand. Wiping the tears and snot from my face, I ran towards her "Madam, may I help you-" everything else happened in a blink of an eye. 'Don't Touch Me!' A shrill voice pierced my ears, the woman clutched her purse with her dear life. "I don't want your help, because you're black!"

Is this really a story? Or reality...? Many people are bullied or singled out because of their skin tone, we are vicious and deadly in society when really, we are not. And those last words have been used against me, those painful moments when society looks down at you just because of your appearance. You feel like a piece of useless plastic crunched under the perception of the world. Yet we all bleed blood? Now...Is this really a story?

Nifemi Year 7

Acts of Kindness  
Winner: Joel 9A  
(photos of food  
creations made for  
family)  
Runner-up: Mason 9I  
(Lockdown poem)

My Father working at the train station, working every day to give my family a chance.....



Winner: Elle 9G (Short Story)

Runner-up: Lubna 9G (Video of a day in the life)

My new normal

It's 11:30pm down the endless streets of this ghost town I ache with paranoia. This darkness, hood up. Ready. I have nothing and my knife is paralyzed for a split second—too slow enough that still cannot be the line between *Life and death*, there is no option for second chances. I raised the words: *Life or death?* until I saw none to surrender, alas, they are all blurring, no where to stay. They are everywhere with their bare chests, distorted faces and hollow-checked bodies. I turn for a quick glance of the blood-soaked monster. *Watch it* a monster it was only my childhood friends: Scott, Scott and Lydia, we have been a group since we were young and we were a Major group too, didn't make it. My friends would work for an organization to protect the remainder of people left on earth from the evilness.

In this cursed world we have groups to run things, we have the influence group who try and find any sort of power to treat or disregard people before they become members, we have the selfish ones who care for others who arent doing great things they are like the thousands of this community) we have the kind ones who grow and treat the community local and finally we have the brats, my group and we protect our children with our lives we go out and protect the area and if a member is seen as have a choice we start to be cautious. This is our new normal.

As night falls, we treacherously scarred across the spine-chilling terrain. Home. We approach a gargantuan wall that towers over our community doing its best to keep out the plague that haunts our world. I pray that one day someone will miraculously find a cure. Then I can have my flimsy back. I hope I meet the security men at the large door as they inspect us for any type of blabs or scratches they cause the virus to spread. We get the "all clear" and get sent home.

[illegible]

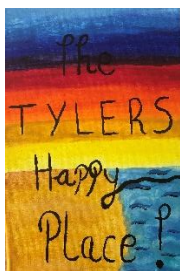
The next, my brother-in-law comes forward as Luke tells us all tell him our names and he looks at me in the eyes but it forces it's sister look uncomfortable, he states for a while then says "just tell me" I take a deep breath in and said "what happened?" In what they say and realize that what the "brake" is he said the but we call these countries two attached states that have been broken apart. I felt a relief but I was not alone in this because my wife

[illegible][illegible]

Laughs go out and we hear laughing. It's the same again the one I want, he's there laughing conversationally, you note if we are all so confused then (like a) I'll see what grade you're in the front. "Wow!" The next and we hear roar and laughter then he all what's going on and we were part of an experiment to see the binary of nature of a few people in case this small work they have left, we passed. We are taken to a village with lots of people and we have a shower, get changed and are led to replace books, we make our way towards a lecture hall building and told we here now. It's so pretty. This is our new normal.

Winner: Tumi 9E (medley of songs on piano)

Runner-up: Alice-Mae 9G (art work on canvas)



Winner: Lucy 9F (House decorations)

Runner-up: Christina 9C (Poster)



Winner: Joyce 9D (poem)

Runner-up: Eva 9l (poster)

Well done to you all

Mrs Rowland

We have been raising awareness, celebrating our diverse community and providing opportunities for our students to have a voice.

Each year group has participated in a competition to create their own response to the movement. We have been incredibly impressed by the thoughtful, mature and creative responses to this and are proud to announce our winners below and share their fantastic work with our wider school community. Please also visit our website to see the breadth of work that is being created by all students across a range of departments.

Year 7 Visual:

Winner – Rebeca 7E

### Runner Up -Shalom 7D

Year 7 Written:

Winner- Layla 71

Runner up – Anthony 7H

Year 8 Visual:

Winner: Zubin 8F

Runner up: Greta 8D

Year 8 Written:

Winner: Gabija 8F

Runner up: Lewis 8C

Year 9

Winner: Joyce 9D

Runner up: Eva 9l

Year 10 Visual:

Winner: Misty-Diamond 10C







## BLM

Below is a poster students from 8B have produced on BLM, with the primary focus on Sport. They've been emailing fantastic pieces of work over the last few weeks on BLM, so we decided to put it all together as a poster.

Tyler, Tommy, Jackl and Lily-May worked on the poster.



Mr Bashir  
SDD Department

## PDE/Citizenship

As a Department we have been so proud of so many of you. Through self-motivation and hard work you have produced some excellent pieces of work. We can't mention everyone but those who have really stood out for us have been:

### The PDE unsung heroes:

Year 8: Zubin, Saule & Greta

Year 9: Alyssa, Trisha, Shae, Mollie & Aleina

### GCSE Citizenship unsung heroes:

Hope, Doris, Zainab & Gloriane

Miss Hector

Head of Citizenship / PDE

## Peer Mentors

Congratulations to our new Peer Mentors (listed below). These students went through a rigorous interview process and were exceptional. They will be supporting the new Year 7s on their transition into secondary school. I am so proud of them.

## Stepping Stones Mentors

Congratulations to our new Stepping Stones Mentors (also listed below). These students will be working with the new Year 7s and mentoring them through their first year at secondary school. I know they will do a fantastic job.

Peer Mentors Name	Form
Aleina	9H
Almas	9F
Amidat	9E
Christina	9C
Destiny	9H
Ella	9D
Ella	9C
Elvinas	9H
Jessen	9C
Jessica	9E
Joseph	9A
Julia	9I
Koryn	9A
Margaret	9H
Maryam	9I
Shae	9D
Sidnie	9J
Tayte	9H
Trisha	9H
Tyara-Kim	9B

Mrs Rowland

Stepping Stones Mentors Name	Form
Aisha	9F
Anastasia	9D
Aqsa	9J
Hayley	9G
Jorthy	9J
Joyce	9D
Kazi Rahmah	9J
Lubna	9G
Radina	9G
Reegan	9J
Safa	9C
Tiarna	9D
Tara	9G

## Media Studies Update

Students attending Support School during lockdown have been experiencing option subjects they may not have studied before, like Business Studies and Media. The Media Studies classes, led by Ms Harland and Mr Rutland, have been very busy! Here is a commentary on the three projects they have undertaken:

### 1. BBC Young Reporter

At the beginning of lockdown the students undertook a news unit. The final task was to create a podcast for the BBC Young Reporter project about what it was like being in school when no one else was there. The BBC loved their work and asked us to take photos so we could turn the podcast into a video for their YouTube channel. This video has been shared by BBC My World (part of the BBC World Service) to a global audience. You can see the students' hard work here:

[https://www.youtube.com/watch?v=8b7TXUFdY\\_o&feature=youtu.be](https://www.youtube.com/watch?v=8b7TXUFdY_o&feature=youtu.be)

## 2. Photoshop Project

The Support School were then taught some basic photoshop skills, taking Ms Harland or Mr Rutland's head and putting it on someone else's body and creating logos and banners. Charlie in 8D became very proficient in Photoshop very quickly, making a logo and banner for his YouTube site.

## 3. Disney Project

Students learned about the different careers at Disney, one of the biggest media companies in the world. They then chose a Disney brand and created a film keeping true to that brand, for example classic Disney, Pixar, Marvel, Star Wars and National Geographic. They had to plan their film, create character profiles, make a poster, storyboard a sequence and write the script for the trailer. Here are some of the students' ideas and work.

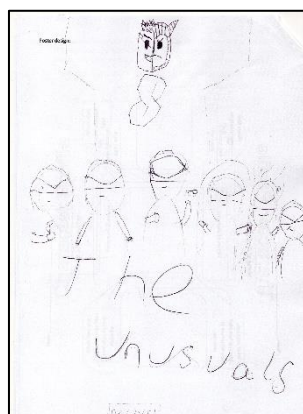
Ryan 7I

Ryan's film falls under the Marvel brand. Out in the universe two elements are engaged in a constant, life-long battle. The Fire Lantern and Water Lantern chase each other around the universe, Fire Lantern wants to destroy worlds and Water Lantern fixes his mess. Because of global warming, the Earth has become hotter, making it easy for Fire Lantern to get through the atmosphere and wreak havoc on Earth. Can Water Lantern save us all? Ryan received an LOC for his hard work in this unit. He took his booklet home and finished all the tasks in one night!



Rares 7I

Rares' film is also part of the Marvel brand. People have been transported from our world to another, on this new planet they start developing super-powers and become The Unusuals. As they get stronger, they start defying The Superiors of their old world. In retaliation, The Superiors hunt The Unusuals. Can they find the 6 Orbs



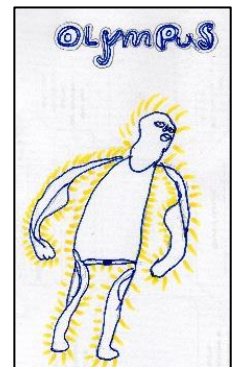
that will help them wake the fabled Woman Of Gold? Only she can help them destroy The Superiors?

Maya (8J) and Leia (9C)

Maya and Leia's film, Unexpected Love, falls under a classic Disney film, though there is a twist. Prince Alexander of England has it all, money, good looks, a powerful family. The Prince is reckless and spends money like nothing matters. While on holiday in Brazil he meets Isabella, a poor girl, they talk and fall in love. Isabella teaches Alexander that there is more to life than money. When Alexander must return to England Isabella leaves her over protective father and travels the world, walking through strange lands and working on a ship for passage. She travels the world to find him so they can live happily ever after. They have a daughter. Maya used her excellent Photoshop skills to create a poster for this film, unfortunately we don't have permissions to share the images she was editing. Maya enjoys editing films and images in her spare time outside school.

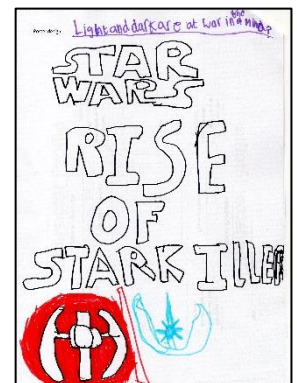
Craig 7H

Craig's Marvel film is called Olympus. His main character is a highly trained, exceptional athlete. When corrupt governments and officials make decisions that affect his family, community and his training, he uses his athletic skills as a superpower. Can he fight all the corrupt governments around the world?



Morolaoluwa 8A

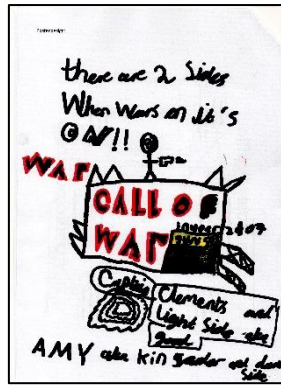
Morolaoluwa's film falls under the Star Wars brand. With the tag line "Light and Dark are at war in one mind", Rise of Star Killer sees Marik Skywalker (aka Star Killer, grandson of Anakin Skywalker) struggle with his jedi origins. The Light Side and The Dark Side are both in him, calling him to their cause. He develops a split personality and his Dark Side causes havoc across the universe while his Light Side has to return to clean up the mess.





Charlie 8D

Charlie's Star Wars films, Call of War, has war from the start and sees Captain Clements fight Amy (aka Kin Vader) The Dark Side in forests and parks. His tag line is "There are two sides. When war is on, it is ON".



Ifeoluwasimi 8F

Ifeoluwasimi created a Disney Pixar film about three friends who have to support each other whilst travelling through time. Her main heroine has vitiligo. Ifeoluwasimi felt that Disney could use its massive influence to educate audiences and raise awareness of this condition.

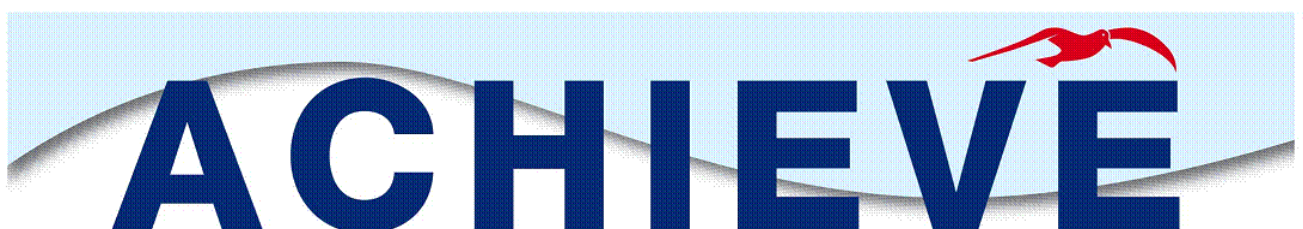


### Library Reading Cloud

Just a reminder for all students, you can access your 'school library account' by logging onto the Reading Cloud at [www.readingcloud.net](http://www.readingcloud.net) Use your school computer login details and don't forget to select The Jo Richardson School. You will be able to find all your library information concerning books you've borrowed, current loans, news, information, submit book reviews (earn credits for this) and lots more. There are links to free online reading as well. Have a look and persevere with some of the links as a couple of them maybe limited to time during the lockdown.

Enjoy, stay safe!

Ms Osland  
School Librarian





### **JRCS PE Department Summer Challenge**

To keep you fit and healthy over the summer holidays try the JRCS PE challenge.  
Below are 42 different physical challenges for you to try – one for each day of the holiday.

<b>1</b> How long can you hold a plank for?		<b>22</b> How many boxing jabs can you do in 2 minutes?	
<b>2</b> Go for a 30 minute run.		<b>23</b> How many times can you walk/run up the stairs without stopping?	
<b>3</b> Meditate for 5 minutes! Lots of free videos on YouTube .		<b>24</b> How many attempts does it take you to flick a teabag into a cup from 2 meters away?	
<b>4</b> How many step-ups can you do, on a step, in one minute?		<b>25</b> How long can you hold a side plank for?	
<b>5</b> How far can you jump from a standing position with no run up?		<b>26</b> How long can you hold your arms out whilst making little circles? Stop the clock once your arms start to drop!	
<b>6</b> How many times can you pass a ball round your waist in one minute?		<b>27</b> How long can you hold a wall squat for?	
<b>7</b> How many press ups can you do in one minute?		<b>28</b> How long does it take you to run 2km?	
<b>8</b> Jog continuously for 10 minutes or keep going for as long as you can!		<b>29</b> Follow a free yoga video on YouTube for 5 minutes!	
<b>9</b> How many times can you jump side to side in 60 seconds?		<b>30</b> Try to complete 100 lunges today.	
<b>10</b> How many times can you juggle two tennis balls or hard-boiled eggs without dropping one?		<b>31</b> How many keepy uppys can you do with a tennis ball, using the back of your hand?	
<b>11</b> Eat at least 3 pieces of fruit today!		<b>32</b> Drink a litre of water today!	
<b>12</b> How many times can you throw and catch a tennis ball/apple/orange in a minute with only one hand and not moving from the spot?		<b>33</b> How many sit ups can you do in one minute?	
<b>13</b> How many burpees can you do in one minute?		<b>34</b> How long can you balance on your right leg for without moving?	
<b>14</b> Make a skipping rope out of household items and time how long you can skip for.		<b>35</b> How far away can you throw paper into a bin from?	
<b>15</b> Find a Joe Wicks workout video on Youtube and complete it.		<b>36</b> How many star jumps can you do in five minutes?	
<b>16</b> Go on a 15 minute power walk!		<b>37</b> How many times can you pass a ball or toilet roll through both of your legs (figure of 8) in a minute?	
<b>17</b> How long can you balance a hardboiled egg on your head for?		<b>38</b> Create your own circuit training session, pick 10 exercises of your choice and complete. 1 minute work, 30 seconds rest..... can you do it twice!?	
<b>18</b> How many times can you do a two feet to two feet jump sideways over a cereal box in 30 seconds?		<b>39</b> How many keepy uppys can you do with a tennis ball?	
<b>19</b> How long can you balance for on your left leg?		<b>40</b> Create a target, how many times can you hit the target out of 10 from 2m away?	
<b>20</b> Complete 5km today either by walking, running or cycling.		<b>41</b> Out of 5, how many times can you chip a rolled-up pair of socks into a bucket?	
<b>21</b> How many squats can you do in five minutes?		<b>42</b> How many of the previous 41 challenges can you beat your previous score on in 24 hours?	

Write your best score in the empty box and then send it to the PE department at the end of the summer.  
Prizes will be awarded to students who complete most challenges and get the highest scores.



Dear Parents/Carers

We want to take this opportunity to give you some really important information about your school meal service from September and reassure you that we have everything covered so we can continue to feed children around the country safely.

At Aspens, many of our team are parents themselves and have faced similar challenges over the past four months - home-schooling, keeping young minds positive and feeding them 24/7 to name a few. We want to take this opportunity to reassure you that our food provision continues to be healthy, nutritious but above all else, safe in the unprecedented environment we have found ourselves in.

From September, schools will kick start their minds, their mental health will improve when they are reunited with their friends and we want to make sure that we also contribute to their wellbeing by giving them nutritious food, safely, from day one.

We appreciate how many changes schools are having to make to keep children and staff safe and we are working with them to offer the best food solution according to their individual requirements. We also need to make sure it's still an enjoyable experience for all.

Here's a summary of what we are doing behind the scenes to give you reassurance as you head into the summer break:

- All changes made will be in conjunction with up to date government led guidance and advice, especially around social distancing, food safety and enhanced cleaning regimes. This includes agreeing with your school changes to timings and locations if required.
- Food suppliers are able to support changes needed in delivery schedules to ensure that there is limited crossover and a 'no contact' process. For example, no entrance to the kitchens will be allowed and delivery boxes are to be unpacked and wiped before storage.
- Our due diligence procedures, including food hygiene and safety have new, enhanced recording procedures ready for September. Each meal service is then certified as being compliant by our Head of QHSE.
- Our teams are carrying out specific return to work and COVID-19 training and will be certified "fit to work" before returning.
- We are also reviewing payment methods and ordering processes to ensure we are providing the safest method possible.
- Our lunches provide a nutritious range of food that differs every day and will get their taste buds buzzing again. This will take the pressure away from parents/carers, having to provide that balance and variety with a lunch from home.

We also understand that there may be some families that have had a change in financial circumstances and may now be entitled to apply for Free School Meals. Please look into this. This website helps you to establish if you can claim.

<https://www.gov.uk/apply-free-school-meals>

We are experts in feeding school aged children and are really looking forward to providing your child with their school meal when we return in September. We also look forward to welcoming all the new starters to school.

I hope this letter has helped to make your decision about school food easier and we will provide more detailed information about the return to school food closer to September.

**Aspens Services**