

The Seagull



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HEADTEACHER'S NEWS

Welcome back!

Welcome to the first edition of The Seagull for the Summer term 2021. As we slowly move back into some sort of normality, you will see that The Seagull is beginning to reflect more and more of the events, activities and achievements involving the young people at JRCS. In addition to this, we are currently making tentative plans for a wider range of activities to take place after the proposed end to most Covid restrictions on June 21st. We are hoping that our Year 11 Prom can take place, Sports Day and a number of other trips and many other events for all our year groups. Please keep an eye on The Seagull for regular updates on the plans that we are putting together.

Gold Seagull

Congratulations to the following Gold Seagull winners:

Year 7: Imran, Ruby-Rose, Benedicte, Rhemson, Alexander, Jack, Erin and Mariam.

Year 8: Amy, Eva, Karina, Irina, Chloe, Faith, Simona and Brandon,

Year 9: Jaime, Nathan, Daniels, Zubin, Brandon, Adaora, Esther, Ermal, Theo, Rayyan, Clayton, Georgiette, Robert, Morgan, Kayley, Nojus, Darius and Maria.

Year 10: Kira, Mahhum, Lola, Marvin and Eila.

Year 11: Luisa, Chelsea, Rachel and Nancie.

Special Congratulations to our Double Gold Seagull winners:

Year 7: Vasilena, Fareedat, Jannah, Wania, Leonie, Armaan, Anacleto, Ife and Valentina.

Year 8: Orestas, Ebony, Ronni, Irina, Denisa, Harpreet, Tasha, Titilopemi, Abir, Lacie, Holly, Jing-Yi and Ronni.

Mr Smith
Headteacher



GENERAL NEWS

Year 8 - HPV Dose – Tuesday 27th April 2021

The second dose of HPV will be carried out next week. Please forward any questions to the programme organisers at barkinganddagenham@vaccinationuk.co.uk or 0203 432 7301.

Thank you.

Student Services Department

Year 8 Celebration Breakfast



On the last Thursday before half term, Year 8 had their first celebration breakfast. The breakfast was to celebrate the students who have made a positive impact to the year group since returning from lockdown 3. The students were selected by the year team and a great time was had by all. Reasons for students being invited to the celebration breakfast included being kind and helpful, made a positive change in a subject and displayed a great strength in one of the Character is Key characteristics (Respect, Resilience, Responsibility, Reflection & Resourcefulness)

Not only were the 30 students treated to a breakfast, they then had the opportunity to relax and play table tennis with their peers. The atmosphere in the Sports Hall was fantastic and it was a pleasure to spend the morning celebrating these students. I look forward to the next one.

Miss Emeny
Head of Year 8

Keeping hydrated

Keeping well hydrated is really important for us. Dehydration can make us feel unwell with the following:

- Headache.
- Dizziness or light-headedness.
- Sleepiness.
- Dry mouth and mucous membranes being thinned (lips, gums, nostrils) increasing our chance of catching a virus
- Low blood pressure, bringing on the feeling of faintness.

Please ensure that your child has water to bring to school or a bottle that they can refill while in school.

Student Services Department

Listen to the stories. Learn the principle. Spread the word.

With the recent events in relation to Sarah Everard, there have been conversations concerning sexual assault all over social media. Many students within the JRCS community have been a part of this conversation. This could be due to personal experience or general concern. We believe it's essential that communities don't shy away from it as silence acts as part of the problem.

During the last two weeks of last term, we were going into all year group assemblies to spread

awareness and educate those around us on what sexual assault is and its impact, in order to help nurture a mindset that has zero tolerance for it. Sexual assault is defined as unwanted sexual contact or actions taken without consent. We are all maturing and learning as we grow so we need to acknowledge people's boundaries and learn to respect them instead of making it a joke. As a community, it is important that we stand up for one another and offer help when issues like this arise; we should never normalise inappropriate behaviour and mindset as this can promote serious psychological problems in the future.

Let us be the generation who stops the normalisation of sexual harassment and assault.

Rachel and Zydrune - Year 11

Well done Mia!



Huge congratulations to Mia in Year 7, who has achieved a county record in archery for having the best shot within the under 12 age group. Mia was first introduced to the sport by her grandad just over a year ago, and she now holds the clubs record of 489 out of a possible 600.

Well done Mia!!! Keep up the good work.

Miss Jones
Year 7 Tutor

West Ham Foundation

We have been extremely fortunate to work with the West Ham Football Foundation this academic year and have been able to provide some fantastic opportunities to students across all year groups.



Easter Football club

Well done to the students across Year 7 – Year 10 who attended the West Ham Easter football programme. Students participated in daily football sessions across the week and had the opportunity to meet and play football with Carlton Cole, an ex-player for England and West Ham. The coaches were impressed with the attitudes and enthusiasm from our students and we look forward to many more opportunities to come!

Jesse Lingard - player appearance

Robert (Year 7), Sebastian (Year 11), Destiny (Year 10), Kenzie (Year 8), Harrison (Year 8), Connor (Year 9), Harley (Year 8) and Jayme (Year 9) had the fantastic opportunity to participate in a virtual chat with the West Ham and England footballer, Jesse Lingard, this week. Jesse joined us via Zoom and the students were able to ask a question relating to his football career, top tips on motivation and the key to his success. Jesse spoke personally with the students and it was a brilliant session for all involved!



Miss Simpson
Assistant Headteacher



Year 11 Prom

We have excellent news... based on the current plan to ease restrictions in the UK on 21st June, I am thrilled to announce that we are steaming ahead with our prom plans.

Year 11 will have their prom on Monday 12th July 2021 at Orsett Hall.

The prom committee and I have met this week to start the planning and of course, we will share more details when we have them. What a wonderful way to celebrate such an outstanding year group after a very challenging KS4.

Now it is time to focus and to revise hard but know in the back of your mind that prom is coming. Keep making me proud Year 11.

Miss Draisey

WORD OF THE WEEK

26th April 2021- 30th April 2021

JRCS 200 word challenge



Read it

Idiolect

Define it:

The speech habits of a particular person; the unique speech of an individual

Digging deeper:

An idiolect is an individual's distinctive and unique use of language including speech. This differs from other words you might know like dialect or sociolect. You can see the '-lect' suffix refers to speech. Your idiolect is made up of words you know that you have learnt because of where you live, your interests and your styles of speaking in different scenarios. Idiolect is personal to the individual. Dialect is when we use language that is specific to our area, for example words specifically said in London. Sociolect is language we adopt through being in a particular group for example people our own age or people we know in a specific social group. Consider if dialect or sociolect has impacted your idiolect!

Draw It

On the whiteboard/paper/ mini whiteboards

Deconstruct it

Deriving from Greek, the prefix 'idio' means personal and private. The second part of the word is the suffix '-lect' which comes from the word dialect. The suffix *lect* has origins in Greek and French meaning to converse with or speaking with.

Link It

Report back next week: how did you find ways to link this word to your learning in different subjects?

Use It

1. Only by getting to know someone can you really master their idiolect.
2. Those words might be part of your idiolect, but they are not clear.
3. In my idiolect, I struggle to shift between informal speech and more formal dialogue.