

The Seagull



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HEADTEACHER'S NEWS

Upcoming Events

As you will be aware on Monday the Government changed the date of the end of the lockdown restrictions from 21st June to Monday 19th July. This has had an impact upon a number of events and activities we had planned for the last four weeks of term. We are currently making plans in relation to the Year 11 Prom, Year 13 Masquerade Event, Sports Day, New Intake Evening and a number of other events.

In next week's Seagull we plan to include a final calendar with details of all our events taking place before the end of the Summer term.

Blue Peter Badge

In nearly 20 years of working at JRCS I think that this is the first ever occasion when a student has won a Blue Peter Badge. I want to congratulate Barimah in Year 8 on his fantastic poem (featured on page 4) and I look forward to seeing his badge as soon as he receives it.

Gold Seagull

Congratulations to the following Gold Seagull winners:

Ryan in Year 10 and Annabelle in Year 12.

Special congratulations to our first Triple Gold Seagull winner this academic year:

Keyra in Year 8.

Mr Smith
Headteacher



GENERAL NEWS

A Fond Year 13 Farewell

Last Wednesday (9th June) we said our farewell to Year 13 at their Leavers' Assembly. Some of the students have been at JRCS for seven

years and others joined us for an amazing two years of the Sixth Form.

All students have persevered and developed in a programme that has not quite been what they, or we, imagined when they started the Sixth Form in September 2019!



During the assembly students reminisced on their fashion sense from further down the school with some "golden oldie" photos and realised how they have made the most of what has been possible during their two years in the Sixth Form. Tutors gave personal tributes to their tutor groups and reflected on how our young students had matured into amazing young adults and are ready to go out and face the world.

Mrs Evans and Miss Campbell referenced particularly, in their speeches, the determination and resilience shown through the two years and how they have so many skills compared to others that have not experienced such an unpredictable time during studies and how they will fall back on these in future life, being stronger for it. Mrs Wren's guidance with their university decisions will hopefully make the next transition smooth. The help and support for those going into work or apprenticeship is continuing, with two high profile degree apprenticeships already achieved.

Obviously, two highlights of the event were the "Year 13 Wave", which was successfully

completed in all directions, and the finale of an ice-cream from the van outside!

Although sad to see them go, we know they are set up to take the world by storm - watch out world! The whole Sixth Form team wish them strength, fun and success.



Miss Campbell
Deputy Director of Sixth Form
Head of Year 13

Wellbeing @ JRCS



As a way to mark 'Thank a Teacher Day' (23rd June) we officially opened the Wellbeing Garden this week. In a small ceremony on Monday our Student Voice teams, Head Girl, myself and Mr Smith all gathered to share appreciation for teachers at JRCS and recognise the important of positive wellbeing in teaching and learning.

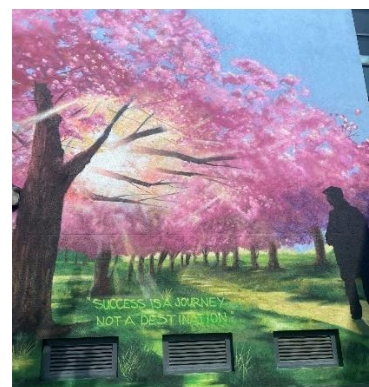
Wellbeing has long been a priority at JRCS and as we have navigated the challenges of the past year or so, we have come to learn that we need to work on this a little more to help with our collective recovery. What we have learnt is that we need space; space to be alone and space to be together. Importantly, that space needs to be fit for purpose and designed with our school community in mind.

In 2019, we opened the Wellbeing Room which is now used frequently for school counselling

sessions and 1:1 meetings with those who need the calming lights, chalkboard wall to write on and mindful activities to get into the right head space to learn. But, whilst this is an excellent space for most students, for some, this still feels too restrictive as it is a room. Therefore, we set about creating a wellbeing garden designed to bring the benefits of designated space to the outdoor environment for all students to enjoy.

The garden is complete with lights, greenery, summer flowers, a water feature and a brand new mural that was commissioned as a tribute to Mr Smith who retires at the end of this academic year (pictured below). We are extremely proud of our garden and all that it stands for and we know that our students will treat the space with utmost respect so that we can all enjoy its value for years to come. We hope that we can welcome you all to Open Evenings and Progress Evenings soon to see it for yourselves.

Additionally, keep an eye on the school website as we will also be launching a 'Wellbeing Hub' there to ensure all members of our JRCS community can live well together.



Miss Draisey
Head of Year 11 & JRCS Mental Health Lead

Year 12

This week Year 12 students were fortunate to have a speaker come to talk to them in person. Moj Taylor from Push talked to the students about why going to university is a good idea for most students. He talked about his own university experience and gave examples of research students should do before they make their choices.

The Year 12 students are going to get plenty of guidance in the next few weeks with more sessions and information about their options for September 2022. Look at [HOME \(push.co.uk\)](https://www.push.co.uk) if you want to know more about what they

learnt. If you have any questions, now or in the future, please get in touch with Mrs Wren mwren@jorichardson.org.uk who is coordinating the Post 18 aspect of JRCS Sixth Form.

Mrs Wren
Post 18 Coordinator

Jack Petchey Award Winners

Huge congratulations to our Sixth Form Jack Petchey winners, Abu, Molly and Matthew and our Year 8 winners Simona and Michael. They should be very proud of their achievements as they are very deserving winners!

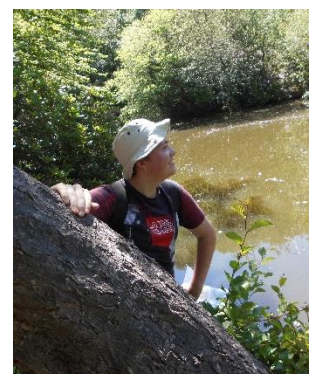


Miss Deboo
Jack Petchey Co-ordinator

Bronze D of E training heats up!

On Wednesday 16th June Mr Kilminster and I had the pleasure of working together with seven students who work closely with the Student Development Department to complete a training day for their Bronze Duke of Edinburgh Award (DofE). These students have been waiting to do their expedition since Year 9 when their planned expedition work had to be postponed due to Covid. The students involved were all in Year 10, Alessia, Enis, Rahim,

Mason, Leon, Porscha and Justin. Despite it being a very hot day on Wednesday, the group came well prepared with lots to drink, hats and sunscreen and some very cool shades (especially Rahim and Enis). They paced themselves well in the heat and took full advantage of stops in the shade. They all had a turn at navigating and leading the group and sharpened up their map skills ready for their qualifying expedition which takes place on Monday and Tuesday 28th and 29th June. We wish them all the very best, and hopefully some slightly cooler weather.



Many thanks to all the students for their excellent attitude and behaviour throughout the day and also to Mr Kilminster for his excellent guidance of the group.

Ms Montague
DofE Manager

Sitting by the Parakeets **By Barimah Year 8**



'Twas a cool summer afternoon
I was sat at the hedges
With the cherry blossoms that, with grace
bloomed
And marvelled at its ledges

And a visitor arrived;
To a flying ambassador it cites,
The Ringneck glides
In terrific flight,
And on the tree abides.

And the visitor salutes,
With the most prestige coating of green;
And a beak, the complexion of vivid maple,
The sun enhancing its regal sheen
And as it stands, it holds the prize, of a plum
branch
Stationed gently in its cradle.

He bowed his head low
As if to pay homage,
And its feet stood firm like stucco

Realising that his time has come
The branch it rested on, he plumbed
And glided off the tree,
The ringneck flocked with dozens;
And flew into the distance.

Year 10 Science Mock Revision

I have written some more TEAM's Quizzes to
help you revise for your Mock Examinations.

Topics are on:

Mitosis

Animal growth

Plant growth

Stem cells

Isotopes

Mendeleev

Ionic bonds

Electronic configuration

Momentum

Crash hazards
Stopping distances
Energy Store and transfers.

Please see following page 6 for QR codes.

Mr Glover
Director of Learning - Science

Success at Borough Athletics



On Tuesday 15th June 15 Year 7s and Year 8s represented JRCS at the Borough Athletics Championship. The day was highly successful with lots of students achieving a place on the winners' podium. All students showed fantastic sportsmanship towards each other and other schools and as a result this was the highest scoring Borough competition in the history of JRCS.

Overall results out of 12 schools:

Year 7 girls - 2nd 97 points

Year 7 boys - 4th 86 points

Year 8 Girls - 5th 74 points

Year 8 Boys - 5th 75 points



Girls relay team (Heidy, Joan, Opi & Lilyana) - 1st place

Year 8

Isaac - Discus 3rd

Tyrell - Triple Jump 2nd

Adriana - Long Jump and 200m 3rd

Fatomata - 300m 3rd

As a result of their efforts the following students have been nominated to represent Dagenham and Redbridge at regional competition on the 30th June.

Year 7: Joan, Anacleto, Enhjoze, Ehizele and Lilyana.

Year 8: Tyrell.

Well done to all those who participated. Athletics training for Year 7 and 8 will be continuing every Tuesday and Thursday after school.

Miss Pridie & Mr Coupland
PE Department



Year 7 Cricket Team

Congratulations to the Year 7 Cricket Team, who won their first ever match against Eastbury School. The team put in an excellent batting display to score 76 runs from their 8 overs and this was supported by an even better bowling performance to restrict their opponents and eventually won by 40 runs.

The performance was made greater by the fact the game was played in heavy rain for the majority of it, but the team showed fantastic enthusiasm to continue playing. Hopefully, this will be the start of a successful Summer of cricket.

The students involved are listed below:

Ayyan, Zahib, Nathan, Imran, Eldar, Mahin, Hossain and Imran.

Mr Howard
Head of PE



Individual results:

Year 7

Imran- Discus and 800m 3rd

Joan - Shot 1st place 100m 1st

Anacleto - 1500m 2nd

Ife - Javelin 3rd

Lilyana - 200m 3rd and Long Jump 2nd

Ehjoze - 100m 2nd

Ehizele - 200m- 1st

ACHIEVE

Science Year 10 Mock Exams

Below are some more TEAM's quizzes for you to try.

Good revision for your mocks.

Biology



Mitosis



Animal growth



Plant growth



Stem cells

Chemistry



Isotopes



Mendeleev



Ionic bonds



Electronic config

Physics



Momentum



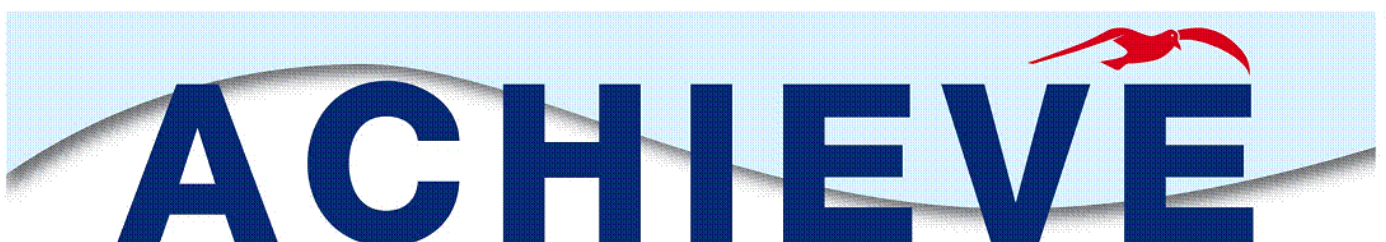
Crash hazards



Stopping distance



Energy stores/transfers



Weekly Outline of Out of School Hours Learning Activities - Summer 2021

Club	Year Group	Staff	Time	Venue
Monday				
Year 8 Wings Boys Football	By referral or invitation	Mr Kersey/Mr Richards	7:45am - 8:30am	SC4
SDD Homework	7	Mrs Roult & Mrs Debono	11:00am - 11:30am	SD3
Step into Dance Hip Hop Classes	7	Visiting Dance Teacher	11:00am - 11:30am	DA1
SDD Homework	8	Mr Bashir & Ms Newman	12:30pm - 1:00pm	SD3
Step into Dance Hip Hop Classes	8	Visiting Dance Teacher	12:30am - 1:00pm	DA1
SDD Homework	9	Mr Bashir & Miss Hunt	1:30pm - 2:00pm	ARP1
Step into Dance Hip Hop Classes	9	Visiting Dance Teacher	1:30am - 2:00pm	DA1
Debating Club	12	Rodrigo / Ms Duncan	1:30pm - 2:10pm	SD4
Year 8 Wings Football	By referral or invitation	Mr Kersey/Mr Richards	3:15pm - 4:45pm approx	Astro
Year 7 Wings Rugby	By referral or invitation	Mr Kersey/Mr Richards	3:15pm - 4:45pm approx	Sports Field
Tuesday				
Year 7 Wings Girls Football	By referral or invitation	Mr Kersey/Mr Richards	7:45am - 8:30am	Astro
Year 7 Volleyball	7	Mr Coupland	7:45am - 8:15am	Sports Hall
Year 7 Wings	7	Mr Richards	7:45am - 8:15am	Sports Hall & Astro
Wings Dance Academy	7	Miss Jones & Miss Simpson	7:45am - 8:15am	DA1
SDD Homework	7	Miss Chandler	10:00am - 10:30am	SD3
SDD Homework	9	Mrs Prockter	10:30am - 11:00am	SD3
Wings Dance Academy	8	Miss Jones & Miss Simpson	12:30pm - 1:00pm	DA1
Wings Dance Academy	9	Miss Jones & Miss Simpson	1:30pm - 2:00pm	DA1
Debating Club	12	Rodrigo/ Ms Duncan	1:30pm - 2:10pm	SD4
Year 10 Bronze D of E	10	Ms Montague	3:05pm - 4:30pm	SD4
Mad Hatters Drama and Dance	7 & 8	Ms Hallas	3:10pm - 4:10pm	Year 7 DR3 & Year 8 DA2
Wellbeing Club	9	Miss Hunt & Miss Dino	3:15pm – 4:00pm	Maths Atrium
Textiles Club	8	Mrs Mir	3:10pm - 4:10pm	DT4
Engineering Club	9	Ms Hinds	3:15pm - 4:10pm	DT5
CAD/CAM Electronics	8	Miss McKenzie	3:15pm - 4:10pm	DT3
Year 8 Athletics, Cricket, Rounders & Tennis	8	All PE staff	3:15pm - 4:15pm	Astro and Field
Year 7 Wings Football Boys/Girls	By referral or invitation	Mr Richards	3:15pm - 4:45pm approx	MU3
Year 8 Wings Rugby	By referral or invitation	Mr Kersey	3:15pm - 4:45pm approx	Sports Field
JRCS Pride has moved online. Email Ms Harland jharland@jorichardson.org.uk for access to the group				

Weekly Outline of Out of School Hours Learning Activities - Summer 2021

Club	Year Group	Staff	Time	Venue
Wednesday				
Year 8 Wings Football	By referral or invitation	Mr Kersey/Mr Richards	7:45am - 8:30am	Astro
Year 8 Fitness and Basketball	8	Miss Jones	8:00am - 8:30am	Sports Hall and Astro
Year 10 Band	10	Mr Jenner	8:45am - 9:20am	Music Recording Studio
Year 9 Wings Rugby	By referral or invitation	Mr Kersey/Mr Richards	2:00pm - 3:00pm approx	Gym
Year 7 Wings Football	By referral or invitation	Mr Richards/Mr Bashir	2:00pm - 3:00pm approx	Astro
Year 8 Panathlon	8	Ms Montague	1:30pm - 2:00pm	Sports Hall
Peace Garden Club	By invitation	Mr Kilminster	2:10pm - 3:10pm	Peace Garden
Thursday				
Year 9 Wings Football	By referral or invitation	Mr Richards/Mr Bashir	7:45am - 8:30am	Astro
Year 9 Wings Rugby	By referral or invitation	Mr Kersey	7:45am - 8:30am	Gym
Year 9 Basketball	9	Miss Emeny	8:15am - 8:45am	Sports Hall and Astro
Year 9 Music Band (starts 24/03/21)	9	Mr Jenner	8:30am - 9:00am	Music Recording Studio
SDD Homework	8	Mr Bashir & Mr Kilminster	11:00am - 11:30am	SD4
Year 7 Panathlon	7	Ms Montague	11:00am - 11:30am	Sports Hall
SDD Homework	9	Mr Bashir & Mrs Roulit	11:30am - 12:00pm	SD3
SDD Homework	8	Mr Kilminster	1:00pm - 1:30pm	SD3
Debating Club	12	Rodrigo / Ms Duncan	1:30pm - 2:10pm	SD4
Science Club	7	Miss Islam	2:50pm - 3:20pm	Science Lab
Mad Hatters Drama and Dance	9&10	Ms Hallas	3:00pm - 4:00pm	Year 9 DR3 & Year 10 DA2
Digital Photography	9	Ms Franz	Meets every 3 weeks 3:10pm - 4:00pm	Online / MS1
Textiles Club	8	Mrs Mir	3:10pm - 4:10pm	DT4
Built Environment Design	9	Miss McKenzie & Miss Kamalathanan	3:15pm - 4:10pm	DT5
Year 7 Athletics, Cricket, Rounders & Tennis	7	All PE staff	3:15pm - 4:15pm	Astro
Year 9 Wings Rugby	By referral or invitation	Mr Kersey	3:15pm - 4:45pm approx	Sports Field
Year 10 Wings Football	By referral or invitation	Mr Richards	3:15pm - 4:45pm approx	HU3
Year 11 Intervention	11	Mr Howard	3:15pm - 4:15pm	SS1
Cooking Club	9	Miss Deboo	3:15pm - 4:30pm	FC1
Cooking Club/Cake Club	7	Mr Hargreaves	3:30pm - 4:45pm	FC4
Friday				
Year 9 Wings Rugby	By referral or invitation	Mr Kersey	7:45am - 8:30am	MA1
Year 10 Wings Football	By referral or invitation	Mr Richards	7:45am - 8:30am	Astro
Year 10 Basketball	10	Mr Howard	8:15am - 8:45am	Sports Hall and Astro
Debating Club	12	Rodrigo / Ms Duncan	1:30pm - 2:10pm	SD4
Year 9 Athletics, Cricket, Rounders & Tennis	9	All PE staff	3:15pm - 4:15pm	Astro
Year 10 Wings Football	By referral or invitation	Mr Richards	3:15pm - 4:45pm approx	Astro

WORD OF THE WEEK

21st-25th June 2021

JRCS 200 word challenge



Read it

Hierarchy

Define it:

Any body of people or things that is ranked in a specific order



Digging deeper:

Hierarchy is often presented as a pyramid. Beneath the top, each part of it is below some other part. It is a system that can be used to show management, or importance. We often see this ranking process as negative, but creating a list priorities can help people know their responsibilities and bring calm and order. Students often think this noun is linked to 'higher' because of it's association with ranking, but this sound is purely coincidental.

Draw It

On the whiteboard/paper/ mini whiteboards

Deconstruct it

The word comes from the Greek *hierarchēs*, which was formed by combining the words *hieros*, meaning "supernatural, holy," and *archos*, meaning. "ruler." *Hierarchy* has continued to spread its meaning beyond matters ecclesiastical and governmental, and today is commonly found used in reference to any one of a number of different forms of graded classification.

Link It

Report back next week: how did you find ways to link this word to your learning in different subjects?

Use It

1. Some argue the Premier League has become less focused on talent, but more a hierarchy of wealth.
2. He rose through the political hierarchy to become leader.
3. In the hierarchy of plant classification, an order is bigger than a genus.