

# The Seagull



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## HEADTEACHER'S NEWS

### Calendar and Events

As you may recall last week, I gave you details about the changes we have made to our events and activities which were scheduled for the last two weeks of term. On this note, please take a good look at the article written by the PE Department which gives details about which year groups will be involved in the Sports Days scheduled for the week beginning Monday 12<sup>th</sup> July.

Mr Smith  
Headteacher



## GENERAL NEWS

### JRCS Sports Day 2021

This year Sports Day will be taking place at Jo Richardson, with separate events taking place for Year 7, 8 and 9. The dates for the different Sports Days are as follows:

Monday 12<sup>th</sup> July – Year 9 Sports Day

Tuesday 13<sup>th</sup> July – Year 7 Sports Day

Wednesday 14<sup>th</sup> July – Year 8 Sports Day

The events will take place in the morning and then students will return to normal lessons when it has finished. On the day, students need to come to school in their full JRCS PE kit, be prepared for any warm or wet weather and have plenty of drinks to take with them on the field while they are competing. Students will still be able to access the normal school food provisions as the events will finish in time for the students to take their normal break/lunch time.

The PE Department is excited to be able to deliver a Sports Day this year to students, especially those in Year 7 and 8 who will be

experiencing a JRCS Sports Day for the first time. We hope all the students enjoy their day.

Mr Howard  
Head of PE

### Post 18 Transition Week

Year 12 students are spending the last week or so of term in a range of activities as part of Post 18 Transition Week. There are workshops, guest speakers and activities – all designed to help the students prepare for their lives after JRCS. Each student will know their timetable and should attend at the time given.

Mrs Wren  
Post 18 Coordinator

### 6-a-side Football Tournament



On Monday, Mr Bashir, Mr Kersey and Mr Richards took the Year 9 Boys to Riverside School for a 6-a-side football tournament. The boys performed superbly to reach the final and



finished runners-up. They displayed great team spirit and should be thoroughly proud of their efforts.

Mr Bashir

### **Bronze DofE group success!**

On Monday and Tuesday of this week six students from Year 10, Enis, Rahim, Mason, Leon, Justin and Porscha completed their Bronze Duke of Edinburgh Award qualifying expedition. They started out in the pouring rain on Monday and trudged north through a very wet Epping Forest, however by lunchtime the sun came out which lifted everyone's spirits. The group camped in a beautiful spot in High Beech and cooked an excellent evening meal on camp stoves followed by toasted marshmallows.

Day 2 dawned grey but dry, and the group made an early start departing from camp at 8:30am. Their aim for the expedition was to explore myths and legends of Epping Forest. They explored Loughton Camp on their way. an ancient earthwork in the heart of the forest and visited the five-hundred-year-old Queen Elizabeth's Hunting Lodge (originally built by Henry VIII) at the end of their walk, where Queen Elizabeth I is alleged to have ridden her pony up the stairs! They also made excellent time arriving over an hour early at the finish point.



Congratulations to all the students involved on keeping going through some very wet and muddy conditions and to Mr Hill for his excellent supervision and support of the group. I would also like to thank Miss Hall (especially for her wonderful washing up) and Tara and Lucy also from Year 10 who joined us at the campsite on Monday evening.

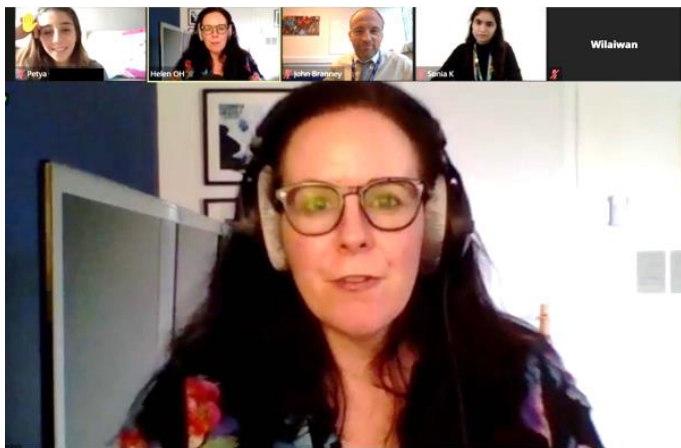
We look forward to hearing about Year 10's adventures in Epping Forest when they give their expedition presentation.

Ms Montague  
DofE Manager



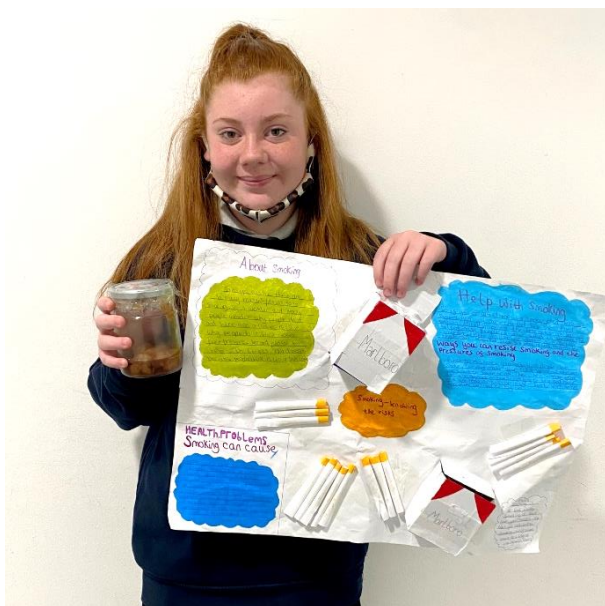
## Media Studies

The JRCS Media Studies Department teamed up with the independent London College - DLD - to allow students access to a video conference with Empire editor-at-large Helen O'Hara. Helen has been working at the famous film magazine for over 11 years. She also hosts their podcast and is a freelance journalist. Helen is author of the book "The Best 80s Movies". Sonia in Year 12 said, "The zoom meeting was really fun! There were around six students including me and we were all really interested! I asked quite a few questions about being a woman critic, the public interest and difficult interview questions. It was really insightful and I'm grateful to have been offered this opportunity!". JRCS are indebted to John Branney, Assistant Principal at DLD for inviting us.



Ms Harland  
Head of Media Studies

**Well done Sadie!**



In PDE Year 7 were given an extended homework task which focussed on smoking –

the students were required to create an anti-smoking poster/advert, which educates young people about the dangers of smoking. The students also had to identify the potential health, social and economic impacts of smoking, suggest ways of resisting the pressure to start smoking, outline the reasons why young people may start smoking and suggest sources of help and support to help young people quit smoking. I was really impressed with the level of effort, time and thought that Sadie seemed to have put in this task, achieving an LOC.

Miss Mambuini  
PDE Department

## Media GCSE

Year 10 students are creating their coursework pieces for their Media Studies GCSE. They have a choice to make a magazine front cover and article, or a film poster and DVD cover. The students have to take all the images themselves and then use Photoshop, an industry standard piece of software, to edit the layout and design. Enis took advantage of the "studio" created in the classroom for his coursework, a poster and DVD cover for a new action movie. Mr Rutland supported Enis by becoming an action hero for a lesson, being directed by Enis for his photoshoot. Are you ready for your close-up Mr Rutland?





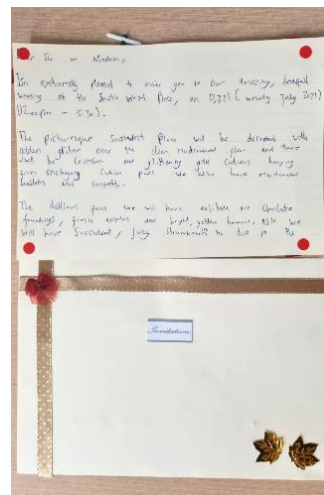
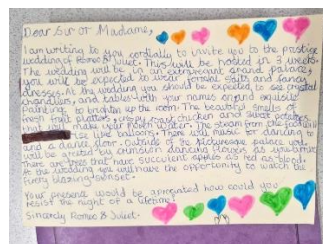
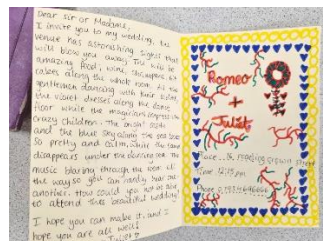
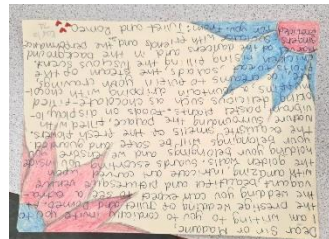
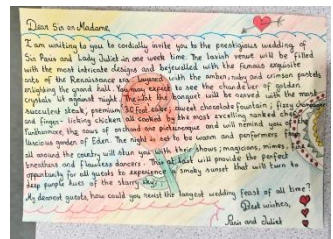
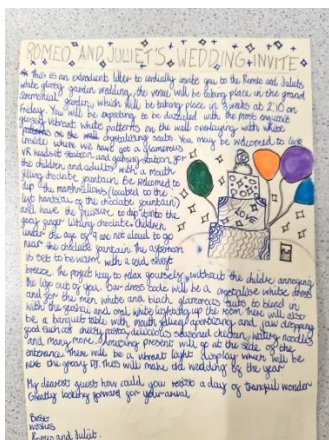
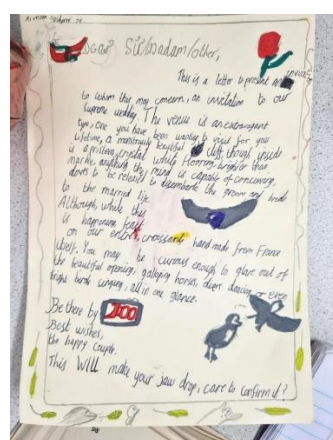
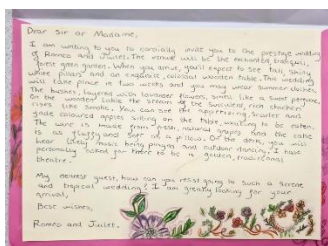


I am very proud of all the Year 10 Media students. After a long time in lock-down learning, it is great to see the students being so engaged and creative. I am also very grateful for the enthusiasm and support Mr Rutland shows his students, as a teacher and as a model! Enis sought help from Ms Chandler and the Drama Department while looking for props and costumes, and from Ms Claydon in Art for the make-up. Enis' work is a great example of JRCS working together as a community to help students achieve.

Ms Harland  
Head of Media Studies

## Wedding Invitations

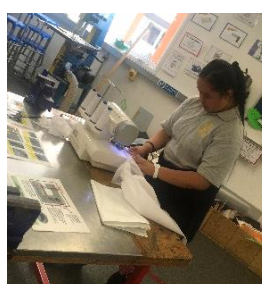
Miss Smith's English class, 7A, created some wonderful wedding invitations for the play *Romeo and Juliet*. It was such outstanding work and she would like to share them with the school!



## Textiles Club

Exciting times for textiles at JRCS; the DT Department just received nine brand new sewing machines that will improve and inspire students' work. Textiles students have been working hard on the costumes and props for the school production *Wonderland*!!!

Their commitment to learn to use the machines and dedication to improve their skills on such a tight schedule, was impressive and a great reminder that you can achieve great things when you put your mind to it.





I am proud of your work ethic and how far you have all come, you are a wonderful bunch to be around.

Keep up the good work!

Mrs Mir  
DT Department

### Athletics Success:

On Wednesday 30<sup>th</sup> June four Year 7 students were selected to represent Barking and Dagenham at this year's district finals in Chelmsford.



The four students were Anacleto (1500m), Ehizojie (100m), Ehizele (200m) and Liliyany (Long jump). All four students performed fantastically and fought hard in their individual events. Outstanding performances go to Ehizojie who is now Essex 100m champion as he came 1<sup>st</sup> with a time of 12.96 seconds and Ehizele who came 4<sup>th</sup> in the 200m with a time of 27 seconds. A great achievement for all four students. These students will also go on to represent JRCS in the indoor athletics championship in October. Well done!

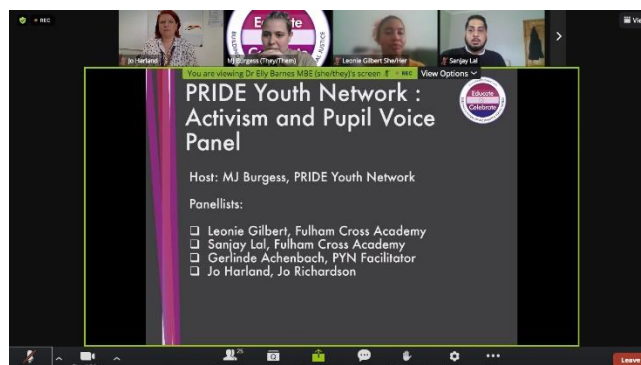


Please remember that athletics continues next week in the build up to Sports Day so please get involved.

Miss Pridle  
PE Department

### JRCS Pride and Allies

On Wednesday 30<sup>th</sup> June, Ms Harland joined a panel of teachers and Headteachers who have set up Pride Youth Network groups in schools. She spoke about the similarities and differences between starting a Pride group at an independent college and a state school, the benefits of having a Pride group at school and the value it brings to the students and staff. Ms Harland also gave advice to other students and teachers around the country on starting their own Pride groups. The Pride Youth Network is a branch of Educate & Celebrate, a charity who help schools normalise LGBT+ supportive curriculums. Ms Harland praised Mr Hinchcliffe and the History Department for their excellent resources created for LGBT+ History Month and Pride Month. The annual conference had speakers from primary and secondary schools across the country and a very interesting and enlightening discussion of trans awareness in sports. JRCS Pride and Allies is online because of Covid restrictions. If any student wishes to join, please email or come to see Ms Harland. JRCS is, and always will be, an inclusive school.



# Public Health information:

**1. Vaccination pop-up clinics** - please see below details of vaccination clinics across the borough from 2 July to 17 July:

**All are walk-ins – no appointment necessary**

Surge Vaccination - LBB		
Pop up Site - Mini site clinic	Clinic Dates	Times
Al Madinah Mosque, 2 Victoria Rd, Barking IG11 8PY	<b>2 - 4 July</b>	10-4pm
Marks Gate Community Centre, Rose Ln, Dagenham, RM6 5NJ	<b>07-Jul</b>	9-2pm
Heath Park Community Centre, 76 Rusholme Ave, Dagenham RM10 7ND	<b>10-Jul</b>	11-4pm
Dagenham Library, 1 Church Elm Ln, Dagenham RM10 9QS	<b>12-13 Jul</b>	12-6pm
Gudwara Barking, 100 North St, Barking IG11 8JD	<b>11-Jul</b>	11-4pm
Harmony Clinic, Concord House, 23-27 Kemp Road, RM8 1ST	<b>08-Jul</b>	3-8pm

## Other local Walk in sites

Walk in at Broadway	27-Jun	10-4pm
Walk in at Broadway	10-Jul	10-6pm
Walk in at Parsloes	29-Jun	1-5pm
Walk in at Parsloes	03-Jul	10.30-2.30pm

- Even if you are not sure about having the vaccine, come along and talk to a doctor and get answers to your questions.
- If you are not able to attend on any of the walk-in days, please call the Broadway Theatre vaccination centre booking line on 020 8076 4752 to book a time that suits you.
- If you've had your first dose, please wait at least 8 weeks before the second one

## 2. Lateral Flow Test Site - changes

Please note there will be some changes to LBB lateral flow test sites:

- The test site at Relish, Town Square, Barking IG11 7NB will be closed on Sunday 4 July only, and from Monday 5 July, the opening hours will change to 10am to 6.45pm every day.
- The test site at Park Centre, Rectory Road, Dagenham, RM10 9SA will permanently close on Thursday 1 July.
- A new test site will open in Dagenham Library, 1 Church Elm Lane, Dagenham RM10 9QS from Tuesday 6 July, and opening times will be 10am to 6.45pm every day.





## Recommended reading list for KS3

### Fantasy

#### **Simple**

Jenny Nimmo – *Midnight for Charlie Bone* from the *Red King* series

#### **Average**

Michelle Paver – *Wolf Brother* from the *Chronicles of Ancient Darkness*

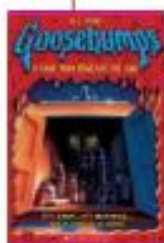
Cornelia Funke – *Dragon Rider*

#### **Challenging**

Gareth Nix – *Old Kingdom* Series, start with *Sabriel*

Phillip Pullman – *The Northern Lights* series

Peter Dickinson – *The Ropemaker*



### Horror

#### **Simple**

R. L. Stine – *The Goosebumps* series

M.D. Spenser – *The Animal Nightmare*

Ian Livingstone – *Caverns of the Snow Witch* and other titles, you can choose your own adventure.

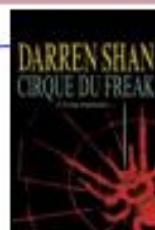
#### **Average**

Darren Shan – *Vampire Blood Trilogy*, start with *Cirque Du Freak*

Robert Westall – *The Scarecrows*

#### **Challenging**

Stephen Cole – *The Wereling* series, start with *Wounded*



### Action and Adventure

#### **Simple**

Siobhan Dowd – *London Eye Mystery*

Paul Jennings – *Unbelievable!* (Short stories)

Anthony Horowitz – *Alex Rider* series, start with *Stormbreaker*

#### **Average**

Alan Gibbons – *Shadow of the Minotaur*

Gary Paulsen – *Hatchet*

#### **Challenging**

Malorie Blackman – *Noughts and Crosses*

Scott Westerfeld – *Uglies*



### Science Fiction

#### **Simple**

Robert Swindells – *Hydra*

#### **Average**

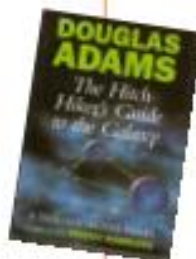
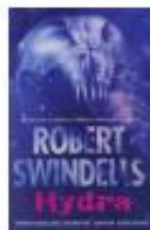
Ann Halam – *Dr Franklin's Island*

Allison Allen-Gray – *Unique*

#### **Challenging**

George Orwell – *1984*

Douglas Adams – *Hitchhiker's Guide to the Galaxy*





## Recommended reading list for KS3

### Emotional and Epic

#### **Simple**

Sharon Creech – *Heartbeat*  
Frank Cottrell Boyce - *Millions*

#### **Average**

Bali Rai – *(Un)Arranged Marriage*  
Kevin Crossley Holland – *Gatty's Tale*  
Mary Hooper – *At the Sign of the Sugared Plum*  
Tanya Landman – *Apache: Girl Warrior*

#### **Challenging**

J. G. Ballard – *Empire of the Sun*  
Gudrun Pausewang – *The Last Children*



### Something different?

#### **Simple**

David Almond – *Skellig, Clay*  
Lincoln Peirce – *Big Nate, the Boy with the Biggest Head*  
Mal Peet – *The Penalty*

#### **Average**

Louis Sachar - *Holes*  
John Van De Ruit - *Spud*  
Catherine MacPhil – *Grass*

#### **Challenging**

Sue Townsend – *The Adrian Mole series*  
Melvin Burgess – *Junk*



### Interested in another culture?

#### **Simple**

Elizabeth Laird - *The Garbage King*

#### **Average**

Yen Mah Adeline – *The Chinese Cinderella*  
Geraldine McCaughrean – *The Kite Rider*

#### **Challenging**

Diane Matcheck - *The Sacrifice*



### Classics

Lemony Snicket – *Series of Unfortunate Events*

Rudyard Kipling - *The Jungle Book*

Anna Sewell - *Black Beauty*

Mark Twain – *The Adventures of Huckleberry Finn*

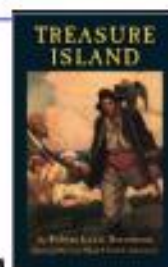
C. S. Lewis - *The Chronicles of Narnia*

Charles Dickens – *A Christmas Carol*

R. L. Stevenson - *Treasure Island*

Louisa May Alcott - *Little Women*

J. R. R. Tolkien - *Lord of the Rings*





# WORD OF THE WEEK

5th- 9th July-2021

## JRCS 200 word challenge



Read it

# Compassion

Define it:

*Sympathy and concern for the suffering and misfortune of others*



Digging deeper:

Consider other words you know that also use the Latin stem 'com' for together or 'pati' for pity. Compatible seems the most obvious choice and comes from the Latin 'suffer with'. It then is used 100 years later to mean existing in harmony. The opposite of compassionate is someone who is impassible, incapable of feeling suffering.

Draw It

*On the whiteboard/paper/ mini whiteboards*

Deconstruct it

From Latin, 'Com' means with or together. 'Pati' means to suffer. This becomes 'Compati' meaning to feel pity, then in the mid 14th century it is used to describe the sadness we feel when someone else suffers.

Link It

*Report back next week: how did you find ways to link this word to your learning in different subjects?*

Use It

1. Compassion means having sensitivity and being emotionally aware of others.
2. She showed great compassion to her friend in a time of need.
3. He looked on with compassion in his eyes at the suffering.