The Seagull



Issue 675 Friday 24th September 2021

Next week is Week 1

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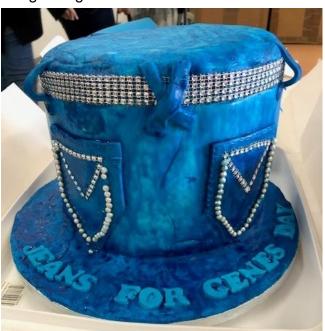
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HEADTEACHER'S NEWS

Jeans for Genes Day

Well done to our Sixth Form team who organised and ran a successful Jeans for Genes Day on Thursday, 23rd September. Sixth Form staff baked a range of delicious cakes to sell in school, while our Sixth Form students sold raffle tickets and each contributed £1 to wear jeans to school for the day. A special mention to Ms Ma'ani for her spectacular four-tiered home-baked extravaganza, this year's raffle prize (pictured below). The donations are still coming in, and we will confirm the total amount raised in next week's Seagull. These funds will make a big difference to the lives of children and families living with genetic disorders.



Duke of Edinburgh Award

This weekend sees a group of students and staff setting off on their Bronze Duke of Edinburgh training weekend. Our intrepid explorers will be heading to Danbury where they will work together as a team to build the

key expedition skills necessary for this prestigious award. I wish them all the best of luck and hope the weekend is both enjoyable and informative. We look forward to hearing all about it on their return!

School Photographs

On Tuesday 28th September there will be a professional photographer in school to take pictures of our Year 11, Year 12 and Year 13 students. You will receive more information on this from your son or daughter's year teams. Please ensure students come to school well presented and in full school uniform/appropriate Sixth Form dress code.

ACHIEVE Days

Parents and Carers will receive leaflets outlining all of the information you need about our upcoming trips programme early next week. Please make sure you read this carefully and sign and return any permission slips and payments in line with the deadlines set out in the leaflets. If you have any questions or concerns about the ACHIEVE Days, please contact your son or daughter's Head of Year.

Covid Update

While schools have been able to move away from the more severe restrictions that were in place last academic year, we continue to do all that we can to keep our staff and students safe in school. As infection rates remain high across the country, I would remind parents to please remain vigilant and not to send your son or daughter to school if they are showing any Covid symptoms unless they have had a negative PCR test returned. All students and staff should continue to test twice weekly at home with a lateral flow test in order to support us in upholding Covid safety within the school.

Ms Keane Headteacher

GENERAL NEWS

Holidays/Leave of absence during term time

Please be aware that fixed penalty notices have been and will continue to be issued to parents/carers who take their child out of school during term time. If there are extenuating circumstances that may cause your child to miss school for a period of time, it is your responsibility as parent/carer to provide the school with the correct documentation to show that the absence was unavoidable.

Please be aware that the fixed penalty notice can be per parent per child and increases if not paid within a set time frame.

Thank you.

Mrs O'Keefe Student Services Manager Attendance Lead Safeguarding Team

Y10 Boys Football Essex Cup – Marshalls Park (H)

Thursday 30th September Make sure to come to training on Tuesdays to be in with a chance of being in the squad.

Mr Coupland PE Department

You are what you eat

They say you are what you eat So, I tried eating a big bowl of happiness but it was hard to swallow Then I tried to eat beauty But it tasted like plastic and salt I tried to eat books But then the words lost their meaning All to fit into society All so that people would like me So, I could be smart, beautiful, and happy But that just gave me anxiety Being told to be myself But being myself, I would be judged I tried to eat a hot plate of love Just to be loved But couldn't get past the first bite So, when society told me 'You eat too much; a woman should be thin' I listened. So, I ate nothing

Jeans for Genes Day!













Nothing in this cruel world.

And therefore, I became nothing.

Weekly Outline of Out of School Hours Learning Activities - Autumn 2021

Club	Year Group	Staff	Time	Venue			
Monday							
SDD Homework	7 & 8	Miss Felton & Miss Marshall	10:00am - 10:30am	SDD/ARP3			
Year 7 & 8 Indoor Athletics	7 & 8	Miss Pridie	12:30pm - 1:00pm	Sports Hall			
SDD Homework	9, 10 & 11	Miss Newman	1:30pm - 2:00pm	SDD/ARP3			
Tuesday							
KS3 Basketball	7, 8 & 9	Miss Emeny	7:45am - 8:15am	Sports Hall			
Wind Band	All wind and brass players	Mr Way & Miss Ford	8:15am - 9:00am	MU1			
SDD Homework	7 & 8	Mrs Roult & Miss Chandler	10:00am - 10:30am	SDD/ARP3			
Badminton & Table Tennis	7 & 8	Mr Watts	12:30pm - 1:00pm	Sports Hall			
SDD Homework	9, 10 & 11	Mrs Prockter & Miss Chandler	1:30pm - 2:00pm	SDD/ARP3			
Bronze D of E	10	Ms Montague & Mr Hargreaves	3:05pm - 4:35pm	FC4			
Poetry in Performance	Invited	Miss Hallas, Miss Willis & Miss Bryan	3:05pm - 4:05pm	DR3			
Year 7 Football	7	Mr Watts	3:15pm - 4:15pm	Astro			
Year 10 Football	10	Mr Coupland	3:15pm - 4:15pm	Astro			
Year 11 Football	11	Mr Howard	3:15pm - 4:15pm	Astro/field			
Year 7 Netball	7	Miss Pridie	3:15pm - 4:15pm	Ball Courts			
Year 10 Netball	10	Miss Emeny	3:15pm - 4:15pm	Ball Courts			
Year 11 Netball	11	Miss Emeny	3:15pm - 4:15pm	Ball Courts			
Wellbeing Club	10 & 11	Miss Hunt	3:15pm - 4:15pm	TBC			
Wednesday							
Fitness Club	All	Miss Jones/Miss Pridie	7:45am - 8:15am	Fitness Suite			
Volleyball Club	All	Mr Coupland	7:45am - 8:15am	Sports Hall			
Year 11 Band	Invited	Mr Jenner	8:15am - 9:00am	MU1			
SDD Homework	7 & 8	Miss Felton & Miss Hunt	10:00am - 10:30am	SDD/ARP3			
SDD Homework	9, 10 & 11	Mrs Debono & Mr Bashir	11:00am - 11:30am	SDD/ARP3			
Panathlon Club	All	Ms Montague	1:20pm - 2:00pm	DR3			
JRCS Pride	All	Ms Harland	1:30pm - 2:00pm	MS2			
Indoor Cricket	All	Mr Howard	1:30pm - 2:00pm	Sports Hall			
Peace Garden Club	By invitation	Mr Kilminster	2:05pm - 3:05pm	Peace Garden			

Weekly Outline of Out of School Hours Learning Activities - Autumn 2021

Club	Year Group	Staff	Time	Venue			
Thursday							
Fitness Club	All	Mr Watts	7:45am - 8:15am	Fitness Suite			
Silver D of E	11	Ms Montague	7:30am - 8:30am	SD3			
Orchestra	All wind, brass and string players	Mr Jenner	8:15am - 9:00am	MU1			
Panathlon Club	7 & 8	Ms Montague	10:00am - 10:30am	Sports Hall			
Maths Club	7 & 8	Mr Khan & Ms Aragroug	12:30pm - 1:00pm	Math Atrium			
SDD Homework	9, 10 & 11	Ms Montague & Miss Hunt	1:30pm - 2:00pm	SDD/ARP3			
Badminton & Table Tennis	9, 10 & 11	Mr Coupland	1:30pm - 2:00pm	Sports Hall			
DNA Production	11	Miss Branch, Miss Hallas & Miss Willis	3:05pm - 4:05pm	DR1/2/3			
Science Club	7 & 8	Miss Tasnim, Miss Akhtar & Miss Omirinde	3:15pm - 4:15pm	SC7			
Girls Football	All	Miss Pridie	3:15pm - 4:15pm	Astro			
Year 8 Football	8	Mr Coupland	3:15pm - 4:15pm	Astro			
Year 9 Football	9	Mr Howard/Mr Watts	3:15pm - 4:15pm	Astro			
Year 8 Netball	8	Miss Jones	3:15pm - 4:15pm	Netball Courts			
Year 9 Netball	9	Miss Boulton	3:15pm - 4:15pm	Netball Courts			
Year 11 Intervention	11	Mr Howard	3:15pm - 4:15pm	PE1			
		Friday					
KS4 Basketball	10 & 11	Miss Emeny	7:45am - 8:15am	Sports Hall			
SDD Homework	7 & 8	Miss Roult & Miss Newman	10:00am - 10:30am	SDD/ARP3			
SDD Homework	9, 10 & 11	Mrs Debono & Mr Bashir	1:30pm - 2:00pm	SDD/ARP3			
Badminton & Table Tennis	9, 10 & 11	Mr Coupland	1:30pm - 2:00pm	Sports Hall			
Vocal Group	KS4 Singers	Vocal Teacher	3:05pm - 3:30pm	MU2			



How do you identify?



- Do you want more information about LGBT+?
- Are you worried what people will think?
- Are you questioning?
- Do you like helping others?
- Not LGBT+ but you want to show support?

Wednesdays 1:30 MS2

> All year groups Email HAR2 for more info.

WORD OF THE WEEK 27th September-1st October 2021

