The Seagull



Issue 678 Friday 15th October 2021

Next week is Week 2 Week commencing 01/11/21 is Week 1

All Enquiries: 020 8270 6222

Email: headteacher@jorichardson.org.uk

Website: www.jorichardson.org.uk
Twitter: @JRCS_School





HEADTEACHER'S NEWS

Year 10 Parents' Evening

It was a pleasure to welcome students and their parents/carers into school on Wednesday 13th October for our first face-to-face Progress Evening since last year's restrictions began. We received positive feedback on the helpfulness of being able to meet your son or daughter's GCSE teachers in person, and I hope that your conversations proved fruitful in helping to support Year 10 through this next important stage of their education.

If you were unable to attend or have any questions about your son or daughter's progress, please contact the relevant Head of Department to arrange a telephone conversation.

Careers

On Thursday 14th October we welcomed students from schools across the borough to JRCS for a Cultural and Creative Industries Careers Fayre. A number of our Year 9

students were invited to attend and found the morning a helpful introduction to routes into careers such as film making, costume design, radio, advertising and media. Heads of Year will contact students as further opportunities occur over the course of the year for different career industries.

Year 11 students have also been attending individual careers interviews over the past two weeks with our borough Careers Advisor. We hold these interviews annually for every Year 11 student as a chance to discuss potential future pathways and to help inform their choices for subjects to study beyond Key Stage 4. I hope your son or daughter has found this an informative and helpful process. If you have any questions or would like any further guidance to support students in their career or options choices, please contact their Head of Year.

ACHIEVE Days – Wednesday 20th and Thursday 21st October

We are very much looking forward to being able to re-start our ACHIEVE day programme next

week, taking students out on trips with their peers and providing a range of curriculum opportunities beyond the classroom for all year groups. I have included in this week's Seagull an overview of each year group's ACHIEVE days. Please check this carefully so that you are aware of your son or daughter's start and finish times and any equipment they need to bring with them.

A reminder that, unless exempt, all staff and students travelling on a coach or the tube as part of an external trip will need to wear a face covering for the duration of their journey, in line with Covid safety measures.

If you have not yet paid for the trips on ParentPay, please can I ask that this is done as a matter of urgency as the payment deadline is Friday 15th October. Please contact your son or daughter's Head of Year with any questions or if you need any further information.

Covid update

With infection rates rising across the country and concerns about a potential surge in flu and other respiratory viruses this winter, we have taken the decision to return to mask-wearing in communal areas of the school after October half term.

I would ask that parents and carers support this measure by please ensuring your son or daughter brings a mask to school every day when we return. We will be treating the half term holiday as a circuit break and deep cleaning the building ahead of introducing this safety measure as an extra layer of precaution as we head into the colder months.

I would also ask that you ensure your son or daughter takes a lateral flow test at home on Sunday 31st October before returning from the half term break, and that you continue to support them in testing twice weekly at home thereafter.

Staff Inset Day/October half term

A reminder that school is closed to students next Friday, 22nd October as staff will be undertaking an inset day. I would like to take this opportunity to thank our parents, students and stakeholders for your ongoing support of the school and to wish all of our school community a safe and enjoyable October half term break.

Ms Keane Headteacher



School trips – important information Asthma pumps and medication

Parents/carers are reminded that students must be provided with all the medication that they may require while off site for the school trips. Medication should be clearly labelled with the student's name.

If you have reported to the school that your child has asthma, they must be carrying an asthma pump. Failure to do so may prevent your child taking part in the offsite activity. Epipens must be collected by the students from the Student Services Department on the day of departure.

If your child brings home their school medication, it is the parents'/students' responsibility to return all medications to school after the trips.

If you have any queries or concerns, please call us at the Student Services Department any day after 12 noon.

Mrs O'Keefe Student Services Manager / Safeguarding

Sixth Form Open Evening

On Wednesday 3rd November we are holding our Sixth Form Open Evening. This is an opportunity for Year 11 students to explore the many subjects we offer at Sixth Form, and to talk to staff and students to gain an insight into A Levels and vocational courses.

The event will be held in Boothroyd Hall and we are requesting that students either attend independently or be accompanied by one parent/carer only. We are staggering the times of arrival on the evening to alleviate overcrowding. All those attending will be encouraged to wear a face mask if they are able to, and masks will be available at the welcome desk on arrival.

The times of the evening are as follows:

11A - 11E: 3.30pm - 4.30pm 11F - 11J: 4.45pm - 5.45pm

We look forward to seeing you.

Mrs Evans
Director of Sixth Form

Important dates for student immunisations COVID vaccinations for students aged 12 – 15 will take place at JRCS on Monday 8th November 2021. E-consent forms will be sent out shortly. The form can also be found on the school's website.

Students 16 and above are required to book their own COVID jab using the online NHS booking system.

Flu Vaccine

These will take place at JRCS on Wednesday 1st December 2021 and Thursday 2nd December 2021

Forms were given to students by hand on 7th October. PLEASE RETURN FORMS BY 19th OCTOBER if your child wishes to have their vaccination done at school.

HPV Vaccine

Dose 1 Dates: Monday 10th January 2022 and Tuesday 11th January 2022. Forms will be

issued nearer the time.

Dose 2 Dates: Monday 11th July 2022 and

Tuesday 12th July 2022.

Year 9 DTP and Meningitis ACWY Wednesday 2nd March 2022 and Thursday 3rd March 2022. Forms will be issued nearer the time.

Any questions regarding the jabs should be directed towards the immunisation provider, Vaccination UK. Their number can be found on the consent forms that you will receive.

Mrs O'Keefe Student Services

Hello Yellow

On Sunday 10th October it was World Mental Health Day and to mark the occasion in school we joined the Young Minds initiative to wear yellow. It was a joy to look down Main Street and see hair scrunchies, headbands and scarves in all shades of yellow. My favourite yellow items being Ms Keane's bright yellow socks and Mr Glover's highlighter yellow trousers!

Alongside wearing yellow, we had Mrs Richardson and our wonderful student Wellbeing Team out on Main Street spreading awareness by:

Handing out bright yellow stickers to fill the school with yellow

- Creating bunting by asking students to write down how they look after their wellbeing (pictured)
- Laying out cakes and biscuits in the staff room for staff
- Getting students to complete challenges to spread positivity such as, giving someone a compliment or smiling at a friend

As we continue to strengthen our approach to wellbeing in school, we are working on how we support young people at school and home. As part of our work to support students at home, we have developed a new section of our school website entitled, The Wellbeing Hub. Here students, staff and parents can find useful information on how to maintain positive wellbeing, what can affect our wellbeing and how to seek more help for mental health concerns.

Here's to positive wellbeing for all members of the JRCS community and if you have any ideas on how we can continue to tackle this issue, then do get in touch!

Our Year 12 and 13 students went all out!



Check out Ms Keane's socks with the wellbeing team.



Here is Mrs Richardson, the Wellbeing Team and the start of our 'How to keep yourself well' bunting!



Ms Draisey Head of Year 10 & Mental Health Lead odraisey@jorichardson.org.uk

Netball News

On Tuesday 12th October the Year 7s had their first netball match against Goresbrook School. Due to excellent commitment this term we were able to take 16 Year 7s (pictured on front page). This is the first time we have entered two teams into a competition and this is a fantastic achievement. All girls showed lovely sportsmanship and played really well considering this was their first netball match. The girls were triumphant due to excellent shooting from Rosie and Tegan.

Well done to everyone involved. Anyone who would like to join the netball team is welcome every Tuesday (3:00pm – 4:00pm).

Miss Pridie PE Department

BLM Poem - By Amy Year 10

Roses are red, violets are blue, We are all flowers beginning to bloom. Over the horizons spreading like life, We don't hate, We need to fight.

Black lives matter.

We need to listen to what people have to say, Here are some words from the heart not the brain.

"I support all lives,
We all deserve to thrive.
We are all the same on the inside,
We should not feel like we must hide."

My blood is red, Your blood is red, Speak from the heart and not the head. We are all the same, But when you speak evil words it causes great pain.

We all want to live our life best, At the end of the day we're all laid to rest.

Congratulations

JRCS would like to congratulate Eva in Year 9 for her achievements last weekend at the National Archery Championships. She won two Gold medals in separate competitions for her age group. She is an inspiration to all those around her and we wish her all the best in her upcoming training for future competitions.



The Year 9 Team

JRCS Friday Mentors



I would like to say a huge thank you to the wonderful Sixth Formers who have taken the time to mentor our students in JRCS's peer on peer mentoring scheme. They have been exceptional by guiding our younger students with their studies and have made excellent tutors. Thank you for giving up your free time; the students and myself really appreciate it.

Mrs Way
EAL Co-ordinator

Planet Super League

A sustainable diet is one that is generally healthful and has a low impact on the environment and food supply. Adopting a sustainable diet can help maintain an individual's health while also making sure the planet has enough resources to feed future generations.

On the 30th September, the Premier League came to visit Jo Richardson's Year 7s. 17 students took part in a Planet Super League Workshop where they focussed on sustainability through nutrition. The workshops

included case studies on footballers such as Hector Bellerin and Jesse Lingard who have recently taken on healthier diets and seen a positive difference in their performance and daily life. The students were able to identify healthy foods and their benefits and then create a weekly diet plan as a Sports Nutritionist. The 17 students will be visiting West Ham United's London Stadium to see first-hand how footballers and professionals operate in a sustainable fashion.





Mr Thomas West Ham Foundation Community Hub Officer

Poetry in Performance

The Drama Department would like to say a huge well done to everybody who auditioned for our 'Poetry in Performance' competition, a poetry and performance interschool event. Everyone who attended last Tuesday was absolutely fantastic and you made our decision a very hard one!

Congratulations to the following students who will be competing at Beauchamps High School on 18th November:

Year 8: Goodness, Sienna and Rayya.

Year 7: Sophia, Ayda, Remiel, Ria, Blessing, Gracie and Akanksha.



We are so impressed by your talent and can't wait to watch you represent Jo Richardson!

Keep your eyes peeled for more information on this and an upcoming KS3 Drama Club.

Miss Hallas & The Drama Department

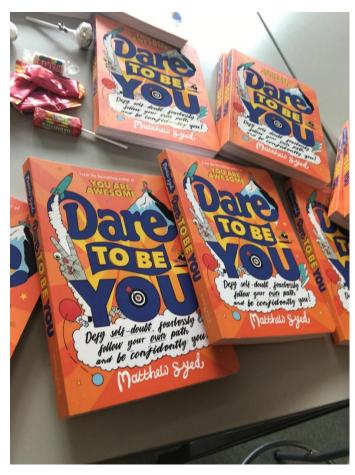
JRCS Pride and Allies

Pride and Allies had a wonderful surprise gift this week! Ms Osland, the School Librarian, donated 20 books, "Dare to Be You" by Matthew Syed, to the group for students to keep. This book is also available in the library for any students wishing to take it out and have been distributed to wellbeing leads around the school for redistribution. "Dare to Be You" is a book to help young people stop worrying about fitting in, with the blurb reading "There's no such thing as 'normal'." Written by Matthew Syed, a table tennis champion, and Kathy Weeks, a mindset transformer.

The book is designed to help young people believe in themselves. These books were given to the library by Bouygues and have been distributed to students who may need extra support with self-doubt or need confidence with being able to express their true selves. Ms Harland, lead teacher for Pride and Allies, said "Thank you so much to Ms Osland! I am reading this book too and I'm finding it an inspiration. Anything that can help our students feel confident and happy being themselves is great in my book!"

Pride and Allies meet on Wednesdays in MS2 - email Ms Harland for more details.

Visit the library for more inspirational and life changing book choices!





Ms Harland
Pride and Allies Lead Teacher





Celebrating Black History Month

Menu

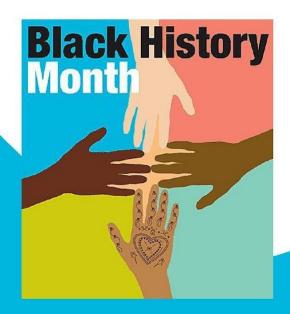
Jamaican Style Jerk Chicken Served With Jollof Rice Accompanied By Jerk Gravy

Or

Ethiopian Misir Wat Lentil Stew Served with Jollof Rice

Spice Rice Pudding

All meals will be accompanied by a side of Vegetable or a fresh salad



Available on: Tuesday 19th October





Rt Hon Nadhim Zahawi MP Secretary of State for Education

Sanctuary Buildings, Great Smith Street, Westminster, London, SW1P 3BT

From the Rt Hon Sajid Javid MP Secretary of State for Health and Social Care

> 39 Victoria Street London, SW1H 0EU

A joint letter to parents of secondary school and college students in England on Covid19 testing and vaccines from the Secretaries of State for Education and for Health and Social Care

11th October 2021 COVID-19 AND YOUNG PEOPLE IN ENGLAND

We know that children and young people have been hugely affected by the pandemic, both in terms of their education and their ability to socialise and participate in activities that benefit them outside of formal education.

We want to thank you as parents and guardians of secondary school and college students for your support over the last eighteen months. We know this time has been difficult for many of you, as well as for the young people you care for.

As students return to the classroom, we would ask for your continued support to make sure your children are able to stay in face-to-face learning, by encouraging them to:

- test themselves for COVID-19 twice a week, and more frequently if they are specifically asked to do so. This way, we can find individuals who have the virus but are not showing symptoms, and stop them from passing it on to others.
- come forward for the COVID-19 vaccine. This is one of the best things young people can do to protect themselves and those around them.

We know that students have missed a lot of time in school and college since the pandemic started, and that there is no substitute for face-to-face learning. Keeping students in the classroom in the coming months is therefore a Government priority, both for their immediate and longer-term wellbeing.

We know that some of you will be concerned about the health risks to the young people you care for. We want to reassure you that the evidence shows that young people remain at very low risk of serious illness from COVID-19.

However, we need to continue to reduce the spread of COVID-19. Young people who get ill will need to miss school or college, and may spread it to others. That is why we are encouraging you all to support your children to get vaccinated and to continue to test regularly. This will help to detect cases early, reduce spread, and keep students in education.

Vaccination

Vaccines are our best defence against COVID-19. They help protect young people, and benefit those around them. Vaccination makes people less likely to catch the virus and less likely to pass it on.

The COVID-19 vaccination programme for children aged 12-15 years has now started. Thousands of young people across the country have already taken the opportunity to receive their vaccine. If your child is 12-15 years old, a consent form and information leaflet from the NHS will be sent home allowing you to provide consent for your child to receive their vaccination at school.

We remind you that 16- and 17-year-olds can book their vaccination through the <u>National Booking Service</u> or find a convenient <u>walk-in</u> site. Please do help your 16- and 17-year-olds to book a vaccination if they have not already done so. We would also encourage you to book a vaccination for yourself if you have not done so already, or if you have missed a second dose.

Testing

We ask that you support and encourage your children to test twice a week at home, every week, with Lateral Flow Device (LFD) tests. This will help us reduce the transmission of COVID-19 among our children. Please report and upload test results <u>online</u>, even if they are negative or void, as this allows us to understand the virus and take additional action when needed.

In addition to regular twice weekly testing:

- Children displaying the symptoms of COVID-19 should self-isolate and get a PCR test.
- Children who receive a positive LFD result should isolate and book a PCR test to confirm their result.
- Children who are identified as a close contact by NHS Test and Trace should take a PCR test and continue to go to school while they wait for their result.
- In response to potential outbreaks, your school, college or local health team may advise additional testing. For example, if your child is identified as a close contact, they may be asked to take daily LFDs, while they wait for their PCR result. In this scenario, they should continue to attend school as long as their LFD results remain negative.

Additionally, please encourage your child to <u>follow guidance on wearing face coverings</u> in crowded spaces with people they don't know well, for example on school transport.

We know that many of you will have questions or concerns about this, and we understand that. The NHS website (www.nhs.uk) is an excellent source of advice, which we hope will be able to answer many of your questions about testing or vaccination. If not, you can call the 119 service who should be able to help with questions on testing. When you get a vaccination consent form for your child, it will include details of how you can ask further questions of your local teams.

Thank you again for your support.

RT HON NADHIM ZAHAWI MP

RT HON SAJID JAVID MP

5.)~

Here are some frequently answered questions for parents, from Dr Mary Ramsay, Head of Immunisation at the UK Health Security Agency

Why do young people aged 12 to 15 years need to get the vaccine?

Coronavirus (COVID-19) infection is typically mild in most young people, but it can be very unpleasant for some and one dose of the vaccine will provide good protection against severe illness and hospitalisation.

Vaccinating 12 to 15 year olds also helps reduce the need for young people to have time off school and reduces the risk of spread of COVID-19 within schools. The vaccine will protect young people from COVID-19 and reduce disruption to education, which is good for their welfare and mental health.

Why did the JCVI say young people didn't need the vaccine?

The Joint Committee on Vaccination and Immunisation (JCVI) looked at the direct health benefits of vaccines, and in the case of 12 to 15 year olds, they said that there was only a small advantage for young people in getting a dose of the vaccine.

The Chief Medical Officers (CMOs) took into account the extra health benefits from avoiding children missing education and concluded that there were public health grounds to recommend vaccinating 12 to 15 year olds. The UK CMOs' advice sets out their reasoning here:

https://www.gov.uk/government/publications/universal-vaccination-of-children-and-young-people-aged-12-to-15-years-against-covid-19

My child has already had COVID-19 - should they still get the vaccine?

Yes, they should be vaccinated regardless of whether they have already had a COVID-19 infection because:

- research has not yet shown how long people who have had COVID-19 are protected from getting it again after they recover
- vaccination helps to boost your protection, even if you've already had COVID-19 Has the vaccine been given to 12 to 15 year olds in other countries?

Trials in thousands of children have shown that the vaccine works very well in this age group. The vaccine has since been given to millions of 12 to 15 year olds in a number of countries, including 8 million in the United States. Data from these countries show that the vaccine has a good safety record.

Key questions on the children and young people's COVID-19 vaccination programme (continued)

Does the COVID-19 vaccine cause heart problems in young people?

Worldwide, there have been very rare cases of inflammation of the heart called myocarditis or pericarditis reported after COVID-19 vaccines. Most of these young people felt better following rest and simple treatments. These cases have been seen mostly in younger males and mainly occurred within a few days of the second dose; it is extremely rare after the first dose of the vaccine.

Is the vaccine safe for children with allergies or other medical conditions?

There are very few children or young people who cannot receive the vaccine. If in doubt, young people and their parents or carers should check with the school immunisation team or consult their GP or specialist clinician.

I have seen fake stories on social media about the vaccine

You may have come across false or misleading information about the virus or the vaccine. It is important that you get your information from trusted sources such as:

The children's programme information

The parents' guide is on the link below with the guidance for schools: https://www.gov.uk/government/publications/covid-19-vaccination-resources-for-schools

Here is the leaflet for the children and

parents: https://www.gov.uk/government/publications/covid-19-vaccination-resources-for-children-and-young-people

Further information can be found here: www.nhs.uk/covid-vaccine-children.

ACHIEVE Day Wednesday 20th October 2021

Colchester Zoo	Date	Year	Forms	Student arrival/ registration	Dep time or start of activity	Approx. return time/finish time	Where to register	Equipment	Lunch arrangements	Spending money	School uniform?
Spymasters/ Mountfitchet Castle	20/10/2021	7	ABCDE	7A/7B 7.00am 7C/7D/7E 8.30am	7A/7B 7.15am 7C/7D/7E 9.00am	7A/7B 3.10pm 7C/7D/7E 4.10pm	A= MA1 B= MA2 C= MA1 D= MA2 E= MA3	Weatherproof clothing	Packed lunch + water	max £5	Yes
West Ham Workshops	20/10/2021	7	FGHIJ	8.30am	9.00am	3.00pm	F = MA5 G = MA6 H – MA7 I = MA8 J = MA9	Standard school equipment (pen, pencil, calculator etc.) & planner	Normal lunch arrangements	n/a	Yes
The Globe	20/10/2021	8	ABCDE	8A/8B/8C 8.30am 8D/8E 9.40am		8A/8B/8C 2.00pm 8D/8E 3.30pm	A= SC1 B= SC2 C= SC3 D= SC4 E= SC5	Weatherproof clothing	Packed lunch + water	n/a	Yes
Colchester Zoo	20/10/2021	7	FGHIJ	8.30am	9.00am	3.30pm	F= SC6 G= SC7 H= SC8 I= SC9 J= SC10	Weatherproof clothing	Packed lunch + water	max £5	Yes
Tower of London	20/10/2021	9	ABCDE	8.30am	9A/9B/half 9C 9.15am half 9C/9D/9E 9.45am	9A/9B/half 9C 3.15pm half 9C/9D/9E 4.15pm	A=EN1 B= EN2 C=EN3 D=EN4 E=EN5	Weatherproof clothing	Packed lunch + water	max £10	Yes
Fair Trade/DT/Food	20/10/2021	9	FGHIJ	8.30am	8.40am	3.40pm	F= GE1 G= GE2 H= GE3 I= HI2 J= HI3	Standard school equipment (pen, pencil, calculator etc) & planner	Normal lunch arrangements	n/a	Yes
Future Proofing	20/10/2021	10	ALL	9.30am	10.00am	3.30pm	A=PDE1, B=PDE2, C=PDE3 D=RE1, E=RE2, F=Lit Lab, G =BS2, H=MFL1, I=MFL2, J=MFL3	Standard school equipment (pen, pencil, calculator etc) & planner, wear PE Kit	Normal lunch arrangements	n/a	PE Kit
English & Maths Exams	20/10/2021	11	ALL	9.30am	9.45am	2.00pm	Assembly Lines	Standard school equipment (pen, pencil, calculator etc) & planner	Normal lunch arrangements	n/a	Yes
Positvely Mad	20/10/2021	12	ALL	8.45am	9.00am	2.00pm	Sports Hall	Standard school equipment (pen, pencil, calculator etc) & planner	Normal lunch arrangements	n/a	n/a
Post 18 Transition Day	20/10/2021	13	ALL	9.00am	9.00am	3.00pm	DA2	n/a	Normal lunch arrangements	n/a	n/a

ACHIEVE Day Thursday 21st October 2021

Visit/Event	Date	Year	Forms	Student arrival	Dep time or start of activity	Approx. return time	Where to register for Years 7 & 8 Rooms needed all day for Years 9, 10, 11, 12 & 13	Equipment	Lunch arrangements	Spending money	School uniform?
Spymasters/ Mountfitchet Castle	21/10/2021	7	FGHIJ	7F/7G 7.00am 7H/7I/7J 8.30am	7F/7G 7.15am 7H/7I/7J 9.00am	7F/7G 3.10pm 7H/7I/7J 4.10pm	F= MA1 G= MA2 H= MA1 I= MA2 J= MA3	Weatherproof clothing	Packed lunch + water	max £5	Yes
West Ham Workshops	20/10/2021	7	FGHIJ	8.30am	9.00am	3.00pm	A = MA5 B = MA6 C - MA7 D = MA8 E = MA9	Standard school equipment (pen, pencil, calculator etc) & planner	Normal lunch arrangements	n/a	Yes
The Globe	21/10/2021	8	FGHIJ	8F/8G/8H 8.30am 8I/8J 9.40am		8F/8G/8H 2.00pm 8I/8J 3.30pm	F= SC1 G= SC2 H= SC3 I= SC4 J=SC5	Weatherproof clothing	Packed lunch + water	n/a	Yes
Colchester Zoo	21/10/2021	8	ABCDE	8.30am	9.00am	3.30pm	A= SC6 B= SC7 C= SC8 D= SC9 E= SC10	Weatherproof clothing	Packed lunch + water	max £5	Yes
Tower of London	21/10/2021	9	FGHIJ	8.30am	9F/9G/half 9H 9.15am half 9H/9I/9J 9.45am	9F/9G/half 9H 3.15pm half 9H/9I/9J 4.15pm	F=EN1 G= EN2 H=EN3 I=EN4 J=EN5	Weatherproof clothing	Packed lunch + water	max £10	Yes
Fair Trade/DT/Food	21/10/2021	9	ABCDE	8.30am	8.40am	3.40pm	A= GE1 B= GE2 C= GE3 D= HI2 E= HI3	Standard school equipment (pen, pencil, calculator etc) & planner	Normal lunch arrangements	n/a	Yes
Future Proofing	20/10/2021	10	ALL	9.30am	10.00am	3.30pm	A=PDE1, B=PDE2, C=PDE3 D=RE1, E=RE2, F=Lit Lab, G =BS2, H=MFL1, I=MFL2, J=MFL3	Standard school equipment (pen, pencil, calculator etc) & planner, wear PE Kit	Normal lunch arrangements	n/a	PE Kit
Maths & Science Exams	21/10/2021	11	ALL	10.00am	10.15am	1.40pm/2.15pm	Assembly Lines	Standard school equipment (pen, pencil, calculator etc) & planner	Normal lunch arrangements	n/a	Yes
London Culture	21/10/2021	12	ALL	9.45am	-	4.30pm	Becontree Station	n/a	Packed Lunch or money to buy food	n/a	n/a
Post 18 Transition Day	21/10/2021	13	ALL	9.00am	n/a	3.00pm	DA2	n/a	Normal lunch arrangements	n/a	n/a

WORD OF THE WEEK

18th-22nd October 2021



JRCS 200 word challenge



Read it

Trailblazer

Define it:

A person who is the first to do something- an innovator and pioneer.

Digging deeper

Throughout Black History Month, we celebrate key figures who blazed a trail for millions after. From leaders of the Civil Rights Movement to today's history makers, trailblazers past and present are honoured. Consider key trailblazers that you might not know as much about like teen Claudette Colvin whose actions of refusing to give up her seat to a white passenger on the bus were later mirrored by Rosa Parks. Claudette's age meant she was seen as too young to fight segregation laws, but she paved the way for Parks who followed suit. Consider how many trailblazers you know and endeavour to learn more about their path and legacy during this month.

Deconstruct It

Literally taken from the 1900s from Germanic 'blas' meaning 'leaving a pale mark' this phrase literally means to make a path through a forest of wilderness. Now we use the word in a figurative sense of 'following in someone's path'

Link It

Report back next week: how did you find ways to link this word to your learning in different subjects?

Draw It

On the whiteboard/paper/ mini whiteboards

Use It

- I felt proud that he was a cultural trailblazer.
- These great people were the trailblazers for me.
- Black History Month highlights the trailblazers who fought and those who are still fighting for greater equality today.