



The Seagull



Issue 695 Friday 1st April 2022

Week beginning 18.04.2022 is Week 2

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HEADTEACHER'S NEWS

Gold Seagull



Congratulations to this week's Gold Seagull winners

Sophia Year 7,
Adrianna Year 7,
Mmachi Year 7,
Oluwanifemi Year 9
and Zubin Year 10

Special
congratulations to
our first double
Gold Seagull

winner of this academic year Sophia Year 7



Letter to parents

I have included in this Seagull a copy of the letter I sent home to all parents this week. It includes key information about some upcoming changes after the Easter holidays. It also celebrates the many successes of the term and shares a link to the Dove self-esteem project resources for parents. This is a brilliant website which includes lots of advice on supporting positive mental health and body image in young people. Please take the time to read this letter carefully.

My Child At School app

After the Easter holiday, the MCAS app will become our mainstream form of communication between school and home. Please ensure that you download the app onto your phones over the Easter holidays and enable push notifications when you complete the set up.

Changes to the school day

Please be aware that, after Easter, morning registration begins for all students, in every year group, at 8:35am. Failure to arrive in their form classroom or assembly lines by 8:35am will be classed as students being late to school, which will result in a 20 minute detention.

We strongly advise that all students arrive on site by 8:30am to make sure they get to form rooms on time.



School will finish at the following times, depending on day of the week:

- Monday 4:00pm
- Tuesday 3:00pm
- Wednesday 1:30pm
- Thursday 3:00pm
- Friday 3:00pm

You will find further information in the letter attached about your child's entry and exit points at the start and end of the school day.

Thank you for your ongoing support and for ensuring your son/daughter is punctual in arriving to school at these updated times after Easter.

Year 11

Thank you to our Year 11 students and parents for attending your Progress Evening this Wednesday. I'm sure that staff will have spoken to individual students about the importance of Easter revision school - please see the full schedule of workshops that are running over the Easter holiday at the back of this Seagull.

Please ensure your son/daughter attends and is spending time working independently at home on their revision and exam preparation over the course of the Easter holidays.

Young Mayor of Barking and Dagenham



Congratulations to Zubin Year 10 who has been elected Young Mayor of Barking and Dagenham. Zubin has written an article in this Seagull to introduce the work he will be doing during the coming year.

We are extremely proud of his achievements so far and we are sure he will do a fantastic job as Young Mayor.

Drama against Conflict Fundraising

On Friday this week JRCS came together as a community to support those who have been adversely affected by conflict and displacement due to war.

Over 400 students attended a special showcase organised by the Drama Department to raise funds for the British Red Cross. There

was a brilliant atmosphere all round, and an important chance to raise funds and awareness for a vital cause.

Students who received Platinum, Gold and Silver report rankings were invited to attend with their ticket cost covered by the school as a reward for their hard work, along with all Year 7 and Year 8 students with 100% attendance at Saturday school.

Our student action teams have also been involved in wider fundraising work all week to support this cause. Well done to everyone and thank you to our Drama Department and student performers.

I would like to wish everyone a wonderful Easter break, and to thank you for your ongoing support of JRCS. I look forward to welcoming students back to school for our final term of the year.

Ms Keane
Headteacher



GENERAL NEWS

Lost Property / School Uniform

We have a large amount of lost clothing items here in school. These need to be collected by the Easter Holidays, Friday 1st April.

Please clearly name each item of your child's clothing to enable it to be returned if lost.

Any lost property not claimed by 4:00pm will be disposed of.

Main School Office

Young Mayor's Charity

As part of my role as Young Mayor, I am fortunate to support a charity this year. We are currently in the selection process and wish to give young people a chance to vote for the charity they believe will have the greatest impact on our borough.

To have your say, click on the link or find the vote on the One Borough Voice website. Thank you for voting!

<https://oneboroughvoice.lbbd.gov.uk/bd-young-mayor-charity-vote>

Zubin Year 10

Year 7 Travel Writing

Year 7 have been travelling to a plethora of different destinations within the classroom this term! They have completed a travel writing unit in English, learning to improve their writing through the use of emotive language, compound and simple sentences, and to persuade their readers.



Last week saw them travel to France where they were writing about the wonderful activities on offer in Paris. They have produced some fantastic leaflets to showcase their learning.

Well done Year 7

Ms Raihana
English Department

Year 12 London Zoo Trip

On the 23rd March, the Psychology department took Year 12 students to visit London Zoo where we had the opportunity to take part in an 'Animal Intelligence' workshop.



In this workshop we explored how animals learn through the principles of social learning theory, e.g., how some find it much easier to imitate role models than others. We were also shown a few examples of this type of learning by the zookeepers where they had squirrel monkeys mimic certain shapes and get rewarded with food afterwards which made them more likely to repeat the shape task to continually be rewarded (positive reinforcement).

They also encouraged us to try this with a partner where one of us was an animal (gorilla) and the other a zookeeper and the zookeeper had to create a set of steps in order to encourage the animal to perform a certain

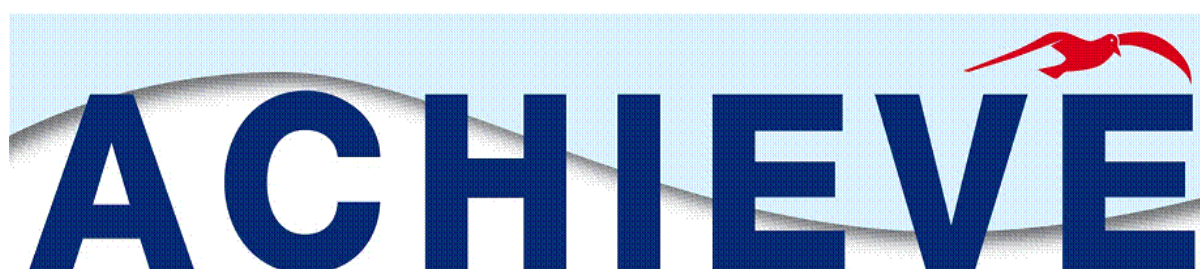
behaviour to receive a reward, which in the animal's case was a banana.

This workshop linked well with our approaches in Psychology lessons and was really interesting and informative. Throughout the day we had the chance to walk around the zoo and see many animals which was really fun especially because it was incredibly sunny which made it even more enjoyable. Overall it was a really fun and exciting experience.



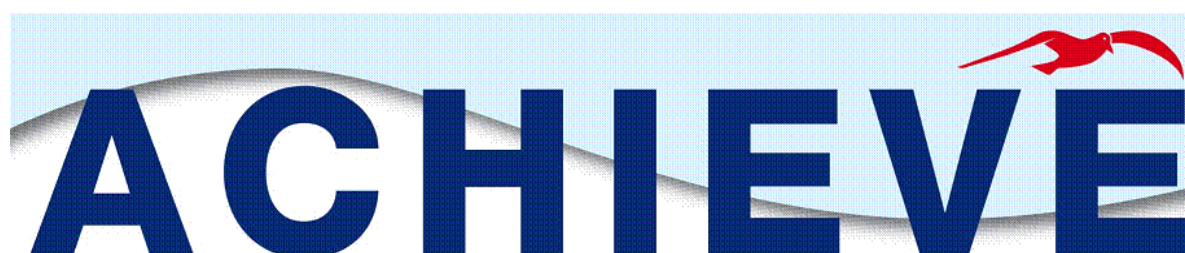
Oktawia Year 12

Year 11 Easter Revision Timetable			
	9:00am - 11:00am	11:15am - 1:15pm	1:30pm - 3:30pm
Monday 4th April	English LP1 <i>Boothroyd Hall, EN9, EN11</i>	English LP2, unseen poetry <i>Boothroyd Hall, EN9, EN11</i>	English Power and conflict, unseen English <i>Boothroyd Hall, EN9, EN11</i>
Tuesday 5th April	Citizenship RS1 and RS2	Dance DA1	Music MU1
Wednesday 6th April	Media studies MS1	Construction and Engineering BTEC DT5, 6	DT and Food Tech DT6, DT5
Thursday 7th April	Science 11JPh - SC11 TIZ 11J3 - SC5 GLO 11J6/R6 - SC3 BAK2 11RBio - SC6 AGY 11J4 - SC12 IQB1	Science 11R3 - TIZ SC11 11R4 - GLO SC5 11TJCh - SC3 BAK2 11J2 - SC7 TAS2 11R2 - SC10 IMO 11R5 - SC2 SHH 11J4 - SC12 IQB1	Science 11TSCH - SC5 GLO
Friday 8th April	Geography EN1		
Week 2			
Monday 11th April	9:00am - 11:00am	11:15am - 1:15pm	1:30pm - 3:30pm
	Business BTEC BS1 and BS2	Business BTEC BS1 and BS2	Business GCSE BS1, 2 and 3
	PE GCSE EN1 and SF1 PE CNAT IT1	Computer Science IT1	Computer Science IT1
Tuesday 12th April	Maths (Foundation)		
Wednesday 13th April	Maths (Higher) EN1, 2, 3, 4, 5	Combined Science 11J5 (Mr Ali's class) SC9	Triple GCSE Chemistry CH11BJ2 SC9
		Spanish EN3, 4	Spanish EN3, 4
Thursday 14th April	Religious Studies RS1 and RS2	History HU1, HU2, HU4	



ACHIEVE

Year 13 Easter Revision Timetable			
	9:00am - 11:00am	11:15am - 1:15pm	1:30pm - 3:30pm
Sat 2nd April		Psychology Exam skills from the Examiner SS1	
Monday 4th April		Psychology Approaches & Research methods SS2	Psychology Social influence & memory SS2
Tuesday 5th April	Politics SS1		
Wednesday 6th April	English EN7	English EN7	English EN7
	Biology SC2, SC6	Biology SC2, SC4	
Thursday 7th April	Sociology SS1	Sociology SS1	
Friday 8th April		Geography EN1	
Week 2			
	9:00am - 11:00am	11:15am - 1:15pm	1:30pm - 3:30pm
Monday 11th April	Business A level Paper 1 BS3	Business A level Paper 2 BS3	
Tuesday 12th April		Maths Statistics EN1	
		Core Maths EN2, 3	
Wednesday 13th April	Chemistry SC9	Maths Mechanics and Pure EN1 and 2	Maths Mechanics and Pure EN1 and 2
Thursday 14th April	Drama BRC		
	History HU1, HU4		



ACHIEVE



31 March 2022

Dear Parent / Carer

The last half-term has been one of rediscovery and renewed experiences. We have finally been able to get external providers back into school and our students out on trips and visits. We have also been able to welcome some of you back into our building. This is something we have missed over the past two years, and it certainly adds value to the students' educational experience. We are looking at ways to share students' success with you. This will be highlighted in our next update but, in the meantime, please keep reading The Seagull each week as well as ensuring you download our new school app MCAS (My Child At School) which is being launched over Easter. Please also keep a check on your emails for updates. All these methods of communication will ensure you know what is happening in the school and it is also a good opportunity for us to share the success of our students. Here are a few examples of the things which have occurred over the past half-term:

Year groups:

- Recruitment of Executive Students in Sixth Form
- Form Representative meetings across the whole school
- Careers drop-in sessions for Year 9
- Options interviews for Year 9
- Healthy relationships with ARC theatre with Year 9
- Macbeth workshops for Year 11
- RPC academic mentoring for Year 10
- Poetry visit for Year 10
- Zoo trip for Year 12 psychology students
- Year 11 drama visit to the Woman in Black

Whole school:

- Wellbeing workshops with Peer to Peer
- Student Voice climate change summit
- Subwise assemblies
- BRAVE workshop – building resilience against violence and extremism
- Careers meetings
- Benik Afobe visit
- Reward trip for platinum, gold and silver students
- Drama against conflict fundraising events

The list could go on, but the above is just a part of the work that is happening both in and outside of the building.

I would like to take this opportunity to share a useful resource with you. The Dove self-esteem campaign below is something we support and will be addressing via our tutor time. Please take some time to look at the resources and discuss them with your child.

<https://www.dove.com/uk/home.html>

#NoDigitalDistortion

Summer Term 2022

As always, we will monitor the situation with COVID 19 carefully. From September, we were asked to run the school with staggered starts and finish times. After the Easter break, we are able to remove this and go back to normal school timings (please see details below). This provides a clear structure for all students and allows us to get back to a full pastoral programme in the morning.

	Tutor time start. Students are advised to be at their entrance at 8:30am	Finish Monday	Finish Tuesday/Thursday/Friday	Finish Wednesday	Entrance/exit
Year 7	8.35am	4.00pm	3.00pm	1.30pm	Egg
Year 8	8.35am	4.00pm	3.00pm	1.30pm	Maths Block
Year 9	8.35am	4.00pm	3.00pm	1.30pm	Maths Block
Year 10	8.35am	4.00pm	3.00pm	1.30pm	South End
Year 11	8.35am	4.00pm	3.00pm	1.30pm	Egg
Year 12 & 13	8.35am	4.00pm	3.05pm	1.30pm	South End

One of the things that we are most proud of is our inclusion provision. Your child's form tutor is always the first point of contact. If you have any questions or queries, they are best placed to answer them. Each year group also has a Head of Year and an attached Pastoral Assistant. This means that there are always people available to help with issues if they are needed.

Here is a reminder of how each year team looks. If you need to contact your child's form tutor, please use the email address below and place their name in the subject.

office@jorichardson.org.uk

TUTOR GROUPS

YEAR 7

HoY: Ms Matin
Pastoral: Mrs Steadman
SLT: Ms Eastman

YEAR 8

HoY: Ms Worlock
Pastoral: Ms Meaney
SLT: Miss Simpson

Form	Tutor		Form	Tutor
7A	Mr Rutland		8A	Ms Ryzak
7B	Miss Malik		8B	Miss Bakkali-Taheri
7C	Mr Lungley		8C	Miss Gendoo
7D	Mrs Morrison		8D	Mr Watts
7E	Miss Scrimshaw		8E	Ms Sweeney
7F	Miss Lea		8F	Miss Salter
7G	Miss Smith		8G	Mr Yeates
7H	Miss Kulici		8H	Mrs Umeh
7I	Miss Meehan		8I	Mr Costa
7J	Mr Coupland		8J	Ms Chery

YEAR 9

HoY: Miss Emeny
Pastoral: Miss Muhidin
SLT: Miss Boulton

YEAR 10

HoY: Ms Draisey
Pastoral: Mr Kersey
SLT: Mr Rackstraw

Form	Tutor		Form	Tutor
9A	Miss McKenzie		10A	Miss Hunt
9B	Ms Bryan / Ms Branch		10B	Ms Pridie
9C	Ms Hibbert		10C	Mrs Mir
9D	Miss Ali		10D	Ms Tingey
9E	Miss Raihana		10E	Ms Lynch / Ms Montague
9F	Mrs Iqbal		10F	Mr Boume
9G	Ms Musker		10G	Ms McMillan / Ms Begum
9H	Ms England / Mrs Levene		10H	Mr Amin
9I	Ms Harland		10I	Miss Akhtar
9J	Ms Hurst/Mr Jenner		10J	Miss Ross

YEAR 11

HoY: Mrs Rowland
Pastoral: Miss Duhaney
SLT: Mrs Morris

Form	Tutor
11A	Ms Franz
11B	Mr Khan
11C	Mr Mercer
11D	Mrs Patel
11E	Mrs Imo (Mr Ahmed Fri)
11F	Ms Brook
11G	Ms Buffon
11H	Mr Ali-Ahmad
11I	Mr Hinchliffe
11J	Mr Howard

SIXTH FORM

Director of Sixth Form / SLT: Mrs Evans
Deputy Director of Sixth Form (Y12): Miss Campbell
Post-18 Co-ordinator: Mr Watts

Deputy Director of Sixth Form (Y13): Miss Duncan

Form	Tutor		Form	Tutor
12A	Mr Kendall		13A	Mr Agyapong
12B	Ms Colborne		13B	Mrs Sumsion
12C	Miss Johnson		13C	Mr Campbell
12D	Miss Tasneem		13D	Mr Hassan
12E	Ms Hector		13E	Ms Moody / Mrs Wing
12F	Miss Thomas		13F	Mrs Shahin

Finally, I would like to take this opportunity to wish all our Year 11 and Year 13 students the best of luck in their exams. We are very proud of all they have achieved so far despite the adversity they have faced. Please make sure you are familiar with the timetable for Easter revision school in order to make the most of this additional support in the run up to the exams.

Wishing you and your family a safe and happy break.

Yours faithfully

A handwritten signature in black ink, appearing to read 'L Keane'.

Ms Keane
Headteacher

To: Parent/Carer

1 Town Square
Barking
IG11 7LU

Dear Parent or Carer,

Date: 29th March 2022

Letter to Parents from Matthew Cole, Director of Public Health, London Borough of Barking and Dagenham

I am writing to you to ask for your support in helping us protect more teenagers in Barking and Dagenham against Tetanus, Diphtheria, Polio and Meningitis.

This year the current uptake of these immunisations is lower than it has been in previous years. Low levels of immunisation put children and young people at risk of getting these serious diseases – however it is not too late to change this.

As part of the national immunisation programme, teenagers in Year 9 are required to get the 3-in-1 booster and the Meningitis ACWY vaccines in addition to the HPV vaccine in Year 8. These vaccines have been used for decades as an effective way of protecting teenagers against a whole range of dangerous diseases such as Tetanus, Diphtheria, Polio, Meningitis and several types of cancer.

Meningitis is an inflammation of the lining of the brain which causes long-term problems and can be fatal. Tetanus, Diphtheria & Polio are three separate diseases which can cause problems such as difficulty breathing and swallowing, muscle spasms and a high temperature. Not getting the vaccine could lead to your child becoming very unwell. You can read more about both vaccines and the diseases they protect against below:

- <https://www.nhs.uk/conditions/vaccinations/men-acwy-vaccine/>
- <https://www.nhs.uk/conditions/vaccinations/3-in-1-teenage-boosters/>

Parental consent

To support us in protecting more teenagers against these serious diseases, we ask that parents or carers who haven't yet completed the online consent form do so by visiting

<https://london.schoolvaccination.uk/dtp/2021/barkinganddagenham>

It is important to do this even if you choose not to consent to your teenagers' vaccination.

If you require a paper consent form, please contact Holly Westfallen at Vaccination UK who will be able to provide this. Her contact details are included at the end of this letter.

It's not too late for your child to get vaccinated

If your child hasn't already received these immunisations, it's not too late for them to do so. Please complete the online consent form or contact Vaccination UK if you require a paper

consent form. Vaccination UK will either arrange a date to go back into your child's school or alternatively you can attend one of the drop-in clinics taking place across the borough.

The details of these clinics are below:

Venue: Fanshawe Community Centre. Address: Barnmead Road Dagenham, RM9 5DX

- Wednesday 6th April 2022: 10:00 – 14:00
- Tuesday 3rd May 2022: 15:00 – 17:30
- Wednesday 1st June: 10:00 – 14:00

Venue: Barking Library. Address: 2 Town Square, Barking IG11 7NB

- Monday 11th April 2022: 10.00 – 14:00
- Tuesday 24th May 2022: 15:00 – 17:00

With your support, we can ensure that our children and young people are kept safe from these diseases.

If you have any questions or concerns, please contact Holly Westfallen at Vaccination UK who is responsible for the immunisation programme in secondary schools across the borough. You can contact Holly by email (Barkinganddagenham@v-uk.co.uk) or by phone (0203 432 6143).

Yours sincerely,



Director of Public Health