

The Seagull



Issue 703 Friday 17th June 2022

Next week is Week 2

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Girls Panathlon Football event



HEADTEACHER'S NEWS

Gold Seagull

Congratulations to this week's Gold Seagull winners:

Eva Year 7, Mahad Year 7, Remiel Year 7, Elois Year 8, Denisa Year 9, Muhammed Year 9, Vilte Year 9, Farhan Year 9, Hamza Year 9, Regan Year 9, Nikhil Year 10, Alina Year 10, Kazi Year 11, Anastasia Year 11 and Danny Year 11.

Congratulations to this week's Double Seagull winner
Ayen Year 9.

Congratulations to this week's Triple Seagull winner:
Sophia Year 7.



Year 11 Celebration Assembly

On Friday, we held our end of Year 11 celebration assembly. Form tutors gave talks reflecting on students' time at JRCS, and students marked the occasion with the release of bubbles. I would like to take this opportunity to wish all our Year 11s all the best for the future, whether you are joining us in Sixth Form or moving on to other ventures. Well done and good luck. Students must still attend school for exams and warm up sessions after Friday.

ACHIEVE Days 3 & 4 Wednesday 13th and 14th July

Our summer ACHIEVE days will take place on Wednesday 13th and Thursday 14th July 2022. Trips leaflets have been sent by email to all parents. Please read these carefully as students may be starting and finishing school at different times to the normal school day.

Year 7 and Year 9 are going off site and must therefore have parental consent forms returned ahead of the trips. For Year 7 there is a fee of £20.50 payable for the Chatham Docks trip, which is reduced to half price for families who are in receipt of Free School Meals.

Further details can be found in the trips leaflets. If you have any questions, please contact Ms Eastman by email on NEastman@jorichardson.org.uk, or get in touch with your son/daughter's Head of Year.

ACHIEVE Day 5 – Monday 18th July

On Monday 18th July we will be running a fun day for students. Details of the day will follow shortly. Please note Year 9 & 10 will have a late start on this day at 11.00am and Year 7 & 8 will have an early finish at 2.30pm. This is in order to allow us to staff the activities we are running for students.

Last day of term

Tuesday 19th July is the last day of term. School finishes at 12.00pm.

Refuge workshops

This week, Year 8 took part in a day of workshops run by the organisation Refuge. These sessions helped students to understand what healthy relationships look like, learn important ways to look after their well-being, and included an eSafety element. There will be an opportunity for Year 7 to also take part in these workshops in the coming weeks.

Ms Keane
Headteacher



GENERAL NEWS

ParentPay Year 11 and 13

Reminder to all Year 11 and 13 parents/carers and students: ParentPay accounts must be cleared of any debt or credit before students leave JRCS. If debts are not cleared, we cannot guarantee the release of any examination certificates.

No credited amount under £5 can be refunded but can be moved to a sibling's account. You may wish to leave some money on their account for the students to use whilst doing their exams, but please ensure this is all used before the end of this academic year.

Please do not hesitate to contact us if you have any concerns or queries.

Mrs Morris
Assistant Headteacher

PDE department: Pass the Positivity Ant and Dec competition (NSPCC)

Following on from Ms Keane's announcement last week, we now have access to the outstanding poster that won the competition; well done again to Sophia Year 7. 92 books have now been delivered to the school for all KS3 students to benefit from.



Miss Hector
Head of PDE and Citizenship

RETURN LIBRARY BOOKS



BOOK ALERT... Can those students with an overdue library book please return the book to the library promptly.

Look hard to find it, see if a book is sitting aimlessly on a shelf, in amongst some

schoolbooks or left in your locker!

Twenty-seven students with an overdue library book have been emailed this week reminding them to return the book.

Can parent/carers please support the school library and check the library book gets returned OR the £5 library fine is paid on ParentPay.

The payment goes towards the cost of a replacement book.
Some of these books were brand new and/or popular books when they were borrowed.
Please contact Ms Osland with any library concerns.

A library is not a library without books!!
Thank you for your support.

Ms Osland
Librarian

Borough Athletics



On Saturday 11th June the following students represented Barking and Dagenham at this year's 2022 borough athletics competition in Chelmsford.



This is an amazing achievement as it means they are the best students within the borough at their event. All 4 students showed a lot of determination in their event and had some extremely tough competition as they were competing against some Great Britain athletes.



Final scores-
Junior girls - Joan – 4th 100m (13.02 secs)
Junior Boys- Intisar- 4th 100m (11.90 secs)
Intermediate boys Lewis – 6th 400m (49.50 secs) and Fahad- 8th Discus (19.6m).

Once again this is an amazing achievement, and all students should be extremely proud. Well done!

Miss Pridie
PE Teacher

Girls Panathlon Football event

On Wednesday 15th June I had the pleasure along with Ms Felton of accompanying eight young women from Jo Richardson who were attending a football event run by the Panathlon organisation and based at Barking Abbey School. The students involved were Mmachi

and Shanaya in Year 7, Lily in Year 8, Chloe, Phoebe, Tasha and Hanya in Year 9 and Lisa in Year 10.

The morning consisted of several different activities where the students were taught various football drills and exercises. After lunch, the students were put into various teams alongside the students who had been running the workshops in the morning.

Lisa, Chloe and Natasha put up a great performance both in goal and on the field. Shanaya on the purple team managed to get involved and scored a goal or two, as did Hanya. The joint prize for most goals and most enthusiastic play has to go to Lily, Mmachi and Phoebe who threw themselves into each and every game with gusto.

The students all received medals for taking part and will be receiving certificates in assembly for their involvement. Thanks to all the students for their good humour and enthusiasm on such a hot day and to Ms Felton for her enthusiasm and support.



Ms Montague – Teacher in SDD



GCE & GCSE Exams

Below is the exam timetable for GCE & GCSE exams which start on Monday 16th May. These are official exams and students will be required to attend normal lessons when they do not have a scheduled exam. Please make sure students have a good breakfast and they have the correct equipment with them for each exam, including a calculator (if needed) and a black pen. If they wish to, they may bring water, but this needs to be in a clear plastic bottle with the label removed. Please remind your child that under no circumstances should mobile phones or smart watches be taken into exam rooms. If your child is unable to attend any of their exams, please call the attendance line as usual and we will require a letter from your doctor.

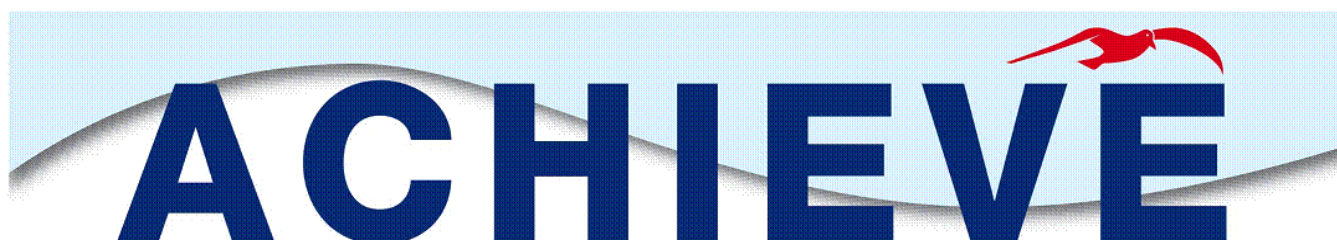
Date	Start Time	Level	Exam
20/06/2022	09:00	GCE	Chemistry A - Chem A: Synths & Analytical Techniques Wtn
20/06/2022	09:00	GCSE	Combined Science Option F - Paper Five:chemistry(f)
20/06/2022	09:00	GCSE	Combined Science Option H - Paper Five:chemistry(h)
20/06/2022	09:00	GCSE	Chemistry Option H - Paper Two(h)
20/06/2022	14:00	GCSE	Food Prep And Nutrition - Written - Foodprep&nutrition Comp1 Written Princ
21/06/2022	09:00	GCE	Religious Studies Adv Option B - Religious Studies Adv Paper 2b
21/06/2022	09:00	GCSE	History A Option Dd - Superpower Relations
21/06/2022	12:00	GCE	Physical Education - Pe: Socio-cultural Physical Activity Sport Wtn
21/06/2022	14:00	GCE	Mathematics - Mechanics
21/06/2022	14:00	GCE	Mathematics - Statistics
21/06/2022	14:00	GCE	Physical Education - Pe: Socio-cultural Physical Activity Sport Wtn
21/06/2022	14:00	GCE	Mathematics - Statistics & Mechanics
21/06/2022	14:00	GCSE	Dance - Dance Written Paper
21/06/2022	14:00	L1L2	Hosp & Catering Industry Onscreen - Hospitality&catering Unit1: Onscreen
22/06/2022	09:00	GCE	History Option G5 - Britain:empire & Warfare
22/06/2022	09:00	GCSE	Music - OCR Repository - Music:listening And Appraising - Wtn
23/06/2022	09:00	GCE	Chemistry A - Chem A: Unified Chemistry Wtn
23/06/2022	09:00	GCSE	Combined Science Option F - Paper Six:physics(f)
23/06/2022	09:00	GCSE	Combined Science Option H - Paper Six:physics(h)
23/06/2022	09:00	GCSE	Physics Option F - Paper Two(f)
23/06/2022	09:00	GCSE	Physics Option H - Paper Two(h)
24/06/2022	09:00	GCE	Biology Adv - Biology Adv Paper 3
27/06/2022	09:00	GCSE	Portuguese Option F - Writing (f)
27/06/2022	09:00	GCSE	Portuguese Option H - Writing (h)
28/06/2022	09:00	GCSE	Russian Option F - Writing (f)
28/06/2022	09:00	GCSE	Russian Option H - Writing (h)

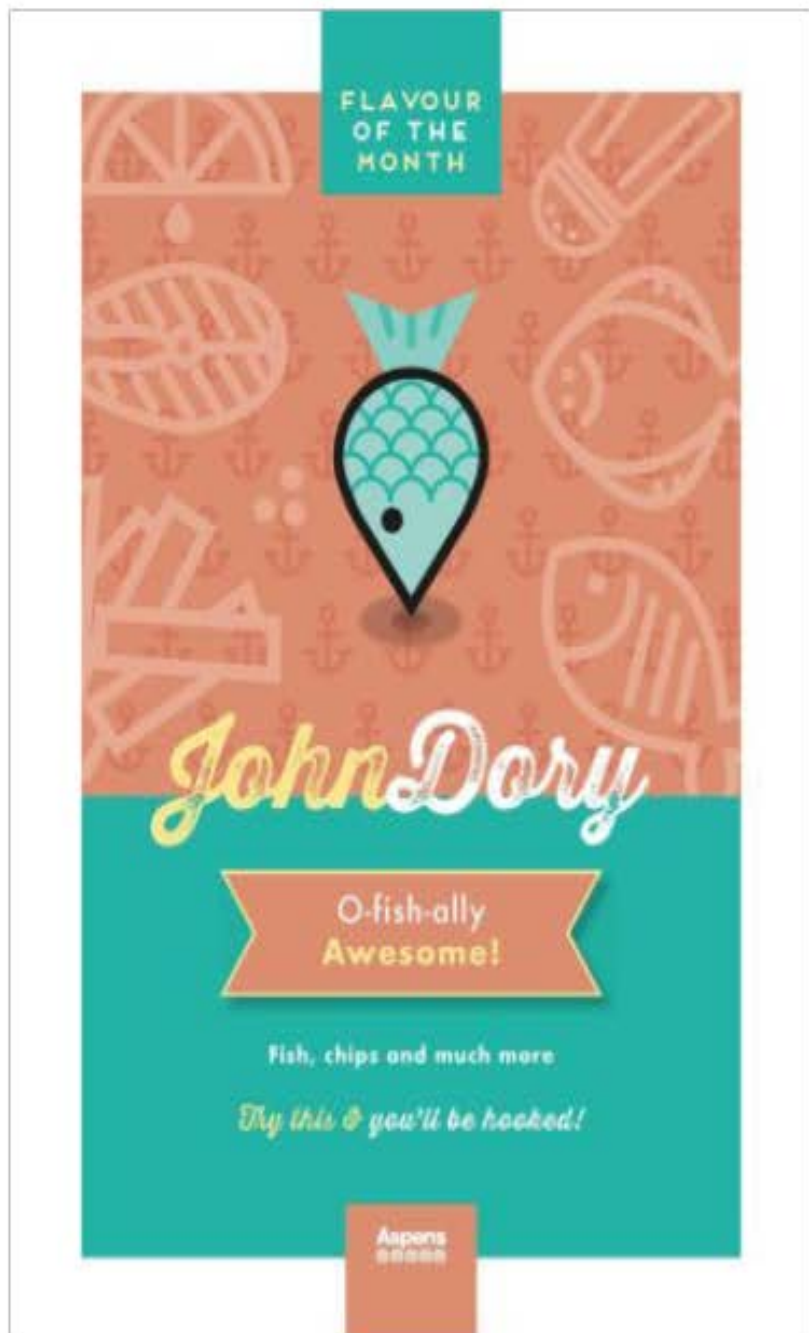
Weekly Outline of Out of School Hours Learning Activities – Summer 2022

Club	Year Group	Staff	Time	Venue
Monday				
Wings Football	7 Boys	Mr Bashir & Mr Richards	7:45am - 8:30am	Astro
SDD Homework	7 & 8	Miss Felton & Miss Marshall	10:00am - 10:30am	SDD/ARP3
Year 7 & 8 Basketball	7 & 8	Miss Emeny	10:00am - 10.30am	Sports Hall
SDD Homework	9, 10 & 11	Miss Newman	1:30pm - 2:00pm	SDD/ARP3
Tuesday				
KS3 Basketball	7, 8 & 9	Mr Howard	7:45am - 8:15am	Sports Hall
Wings Football	7 & 8	Mr Bashir & Mr Richards	7:45am - 8:30am	Astro
Wind Band	All wind and brass players	Mr Way & Miss Ford	8:15am - 9:00am	MU1
SDD Homework	7 & 8	Mrs Roult & Miss Chandler	10:00am - 10:30am	SDD/ARP3
Badminton & Table Tennis	7 & 8	Mr Watts	Lunch - 12:30-1pm	Sports Hall
SDD Homework	9, 10 & 11	Mrs Prockter & Miss Chandler	1:30pm - 2:00pm	SDD/ARP3
Y12 Debate Club	12	Sixth form student	1:30pm – 2:00pm	SF2
Debate Club	9	Rodrigo Cardoso/Miss Emeny	3:05pm - 3:35pm	EN8
Drama Club	7 - 9	Miss Willis	3:05pm - 4:05pm	DR3
Wellbeing Club (see HUN3 to join)	10 & 11	Ms Hunt and Ms Tang	3:05pm - 4:00pm	ARP Kitchen
Bronze D of E	10 till 24/5 9 after that	Ms Montague	3:05pm - 4:35pm	SDD4
Textiles Club	7 - 9	Mrs Mir	3:10pm - 4:10pm	DT2
Screen Printing (Textiles Club)	7 - 9	Ms Mckenzie	3:10pm - 4:10pm	DT3
DT Club	7 - 9	Ms Kamal	3:10pm - 4:10pm	DT6
Year 7 Football	7	Mr Watts	3:15pm - 4:15pm	Astro
Cricket	ALL	Mr Howard/ Mr Coupland	3:15pm - 4:15pm	Field
Rounders	ALL	Miss Pridie/ Miss Emeny	3:15pm - 4:15pm	Field
Tennis	ALL	Mr Watts	3:15pm - 4:15pm	Tennis Courts
Wednesday				
Fitness Club	All	Miss Pridie	7:45am - 8:15am	Fitness Suite
Volleyball Club	All	Mr Coupland	7:45am - 8:15am	Sports Hall
Wings Football	8 Boys	Mr Bashir & Mr Richards	7:45am - 8:30am	Astro
Year 11 Band	Invited	Mr Jenner	8:15am - 9:00am	MU1
SDD Homework	7 & 8	Miss Felton & Miss Hunt	10:00am - 10:30am	SDD/ARP3
SDD Homework	9, 10 & 11	Mrs Debono & Mr Bashir	11:00am - 11:30am	SDD/ARP3
Y12 Chess and Games Club	12	Sixth Form student	11:30am - 1:30pm	Common Room
JRCS Pride	All	Ms Harland	1:30pm - 2:00pm	MS2
Gold Duke of Edinburgh	12 & 13	Ms Montague	2:00pm - 3:00pm	SD3
Peace Garden Club	By invitation	Mr Kilminster	2:05pm - 3:05pm	Peace Garden

Weekly Outline of Out of School Hours Learning Activities – Summer 2022

Club	Year Group	Staff	Time	Venue
Thursday				
Silver D of E	11	Ms Montague	7:30am - 8:30am	SD3
Fitness Club	All	Mr Watts	7:45am - 8:15am	Fitness Suite
Wings Football	8 Boys	Mr Bashir & Mr Richards	7:45am - 8:30am	Astro
Orchestra	All wind, brass and string	Mr Jenner	8:15am - 9:00am	MU1
Panathlon Club	7 & 8	Ms Montague	10:00am - 10:30am	Sports Hall
Debate Club	8	Rodrigo Cardoso/Miss Worlock	10:05am - 10:30am	SC2
Maths Club	7 & 8	Ms Aragroug	12:30pm - 1:00pm	Math Atrium
SDD Homework	9, 10 & 11	Ms Montague & Miss Hunt	1:30pm - 2:00pm	SDD/ARP3
Badminton & Table Tennis	9, 10 & 11	Mr Coupland	1:30pm - 2:00pm	Sports Hall
DNA Production	11	Miss Branch, Miss Hallas & Miss Willis	3:05pm - 4:05pm	DR1/2/3
Electronics Club	7 -9	Ms Mckenzie	3:10pm - 4:10pm	DT3
Food Club	7 -9	Miss Deboo	3:10pm - 4:30pm	FC1
Science Club	7 & 8	Miss Tasnim, Miss Akhtar & Miss Omirinde	3:15pm - 4:15pm	SC7
Athletics	ALL	PE Department	3:15pm - 4:15pm	Field
Year 11 Intervention	11	Mr Howard	3:15pm - 4:15pm	PE1
Photography Club (New)	9 and 10	Ms Franz	3:30pm - 4:30pm	AR2
Musical Theatre Club	All	Miss Hallas	3:10 – 4:10pm	DR3
Friday				
KS4 Basketball	10 & 11	Miss Emeny	7:45am - 8:15am	Sports Hall
SDD Homework	7 & 8	Miss Roult & Miss Newman	10:00am - 10:30am	SDD/ARP3
SDD Homework	9, 10 & 11	Mrs Debono & Mr Bashir	1:30pm - 2:00pm	SDD/ARP3
Badminton & Table Tennis	9, 10 & 11	Mr Coupland	1:30pm - 2:00pm	Sports Hall
Y12 Book Club	12	Sixth Form student	1:30pm - 2:00pm	SF1
Vocal Group	KS4 Singers	Vocal Teacher	3:05pm - 3:30pm	MU2
Wings Football	10	Mr Richards	3:30pm - 4:45pm	Astro





Friday 24th June

**Come to dine
with us a proper
British classic**

Aspens



It's all about Classic

**Battered Fish Fillet
Salt & Vinegar Chips
Mushy Peas
Tartare Sauce**

**Homemade Fishless
Cake**

**Fish Finger Burger
Lemon Yoghurt**

The Heathway Centre Summer Holiday Activities

25th July - 26th August 2022



**Siblings
welcome
to all our
activities**

**To make these
activities more
affordable,
The Heathway
Centre have
subsidised all
coaches**



**All coach
seats cost
£6.00 per
person**

**Please notify
staff of any
allergies**

The Lost Hours - Do you know where your child goes when they leave school?



Data from the Crime and Disorder Strategic Assessment shows in Barking and Dagenham, **there is generally an increase in youth violence between the hours of 3.00pm and 9.00pm (a peak at 3.00pm)**, when young people finish school and parents get home from work – hence the name of the campaign, Lost Hours. This is because they are generally unsupervised.

The things to watch out for

The use of social media to organise fights in public places / inappropriate meetings

Students spending time in large groups outside of fast-food establishments

Public transport hubs

McDonalds in Dagenham Retail Park - This is a meeting point for several schools across the local area

Students causing damage to local residents' property and general antisocial behaviour

Students being unable to explain where they went and who they spent time with

We are sharing the above with you in the spirit of contextualised safeguarding.

<https://www.csnetwork.org.uk/en/about/what-is-contextual-safeguarding>

<https://www.nspcc.org.uk/>

We ask that students go straight home from school, check-in with parents and change out of their school uniform. This request is supported by the Local Authority. Please see the link below for more information about their campaign to keep young people safe.

<https://losthours.org/>

[Lost Hours – It's time you knew where your kids are](#)

Parents – are you worried about your son or daughter? If you're concerned that a young person could be in danger due to their involvement in a gang, youth violence or anti-social behaviour or you're worried they're being exploited by a gang, please contact our Multi-Agency Safeguarding Hub on [020 8227 3811](tel:02082273811) during working hours.

losthours.org