

The Seagull



Issue 718 Friday 2nd December 2022

Next Week is Week 1

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Year 7 Football



HEADTEACHER'S NEWS

Reading



I am sure we are all aware of the importance of reading to ensure students can access the curriculum. Reading doesn't only

improve our vocabulary, but it also helps us learn how to concentrate, pay attention and take in information at a rapid pace.

Reading for pleasure has been found to improve our confidence and self-esteem,

providing the grounding we need to pursue our goals and make life decisions that is why reading is so important to us at JRCS.

It was fantastic to see 30 of our Year 7 students reading with their Year 11 reading partners during registration.

Look out for next week's Seagull where we will update you with all the things we have done to support reading in the school and how you can support your child with reading at home.

Year 11 mocks

Next week is an important week for Year 11 as they start their mock exams. Attendance to these exams is really important as it's a chance

to practice exams in the hall before the real thing in the summer.

Students should check their exam timetable carefully and ensure they bring the correct equipment for the exams. Students will need a clear pencil case, black pen, pencil and ruler and a scientific calculator.

I am sure students have been working hard and revising at home in preparation for their mocks. May I wish Year 11 the best of luck for the next two weeks.

Festive jumper day

We will be holding a festive jumper / non school uniform day on Wednesday 7th December. Any money raised will be donated to Save the Children and Ben Kinsella trust.

Students not wearing uniform are asked to bring a £1.00 donation for charity. Students must ensure their dress is appropriate for school (no crop tops or vest tops or T-shirts with offensive slogans) and they should not wear jewellery.

Conduct of parents/carers and adults outside of school

Could I remind parents/carers that we will not accept aggressive or intimidating behaviour towards staff and students. If you have a concern about an issue between your child and another student, then please ensure you inform your child's Head of Year or pastoral team and we will look into the incident and take any necessary action in line with our behaviour management policy.

Under no circumstances should adults approach a child other than their own. If this does occur, we may be forced to report the incident to the police or ban parents/carers from site.

We pride ourselves on our commitment to tackle issues between students but can only do so if we are informed about the issue in a timely fashion. Our behaviour management policy is available on our website, and we ask that you support us in its delivery as per our home school agreement.

Ms Keane
Headteacher



Lost Property

Can all parents please be reminded that any lost property not claimed before the end of term will be disposed of.

School Office

Prom

Dear Year 11 parents/carers, as we approach the challenging time of mock exams it is a good time to consider the positives at the end of Year 11.

For our lovely Year 11s, their results are important, but prom is one of the major events that will allow them to celebrate all their hard work, so much so, our prom committee has already started fundraising to make sure that the Class of 2023 prom is the best JRCS has ever seen.

As a committee they have been very reflective on the economic challenges we are all currently facing, which is why they are committed to fundraising. So far, this includes a weekly 'shop' offering snacks and drinks to staff during CPD and asking the staff band to put on a special gig to raise money.

In our quest to make the prom affordable for all, we are making the ticket cost £35. The venue charges £42 per student, but we are determined to raise the £7 per person to make this prom accessible for all.

Considering this, we are also going to launch the payment early to support you to plan for this cost. As we enter December, why not make this the perfect Christmas present?

Details

Date: Monday 3rd July 2023

Cost: £35 (Inc. Meal)

How do I pay? Via ParentPay (This will be open so you can pay in smaller amounts)

Deadline: 9th June 2023

Behaviour

As I was writing to you all, I felt it was also a good time to remind all Year 11 students that whilst we want every single one of them at our prom, we expect ongoing excellent behaviour beforehand. Any repetitive or serious poor behaviour may result in a loss of a prom place – don't let that be you.

We look forward to seeing you all at our next Progress Evening (Wednesday 18th January



2023). As always, please don't hesitate to get in touch by emailing your son/daughters form tutor.

Kind regards

Ms Draisey & the Year 11 Prom Committee

Poetry in Performance competition



On Thursday 24th November Jo Richardson hosted the annual Poetry in Performance competition and three other schools participated.

The theme was identity and the poems ranged from 'Still I Rise' by Maya Angelou and 'Russian Doll' by Rachel Rooney. The responses from parents and carers were amazing. One audience member stated, *"I was really inspired from Still I Rise because it talks about all the hardships a person can go through but yet they will never give up"*



Once again, we are so proud of everyone who participated and congratulations to the Year 8 group for winning the trophy and bringing the competition back home next year!

Hannah & Elois – Year 9

Fundraising, Press & Publicity Student Action Team

Online Safety

"What parents and carers need to know about Tik Tok" is the theme of this week's parent guide and this social platform is the most popular in the under 16 age bracket. Risks that it can present include accessing content that is not age-appropriate or features dangerous challenges, contact with strangers and being addictive in nature.

The guide offers advice to parents to minimise these risks and, as ever, we encourage you to contact pastoral support should you need any further guidance around online safety.

Please remember to access the National Online Safety app or website and register as a parent/carer to access the wide range of free resources for parents to help safeguard young people online.

Miss Boulton
Online Safety Lead

Online Safety



JRCS has received the National Online Safety Certified School Accreditation for its whole school community approach to protecting children in the online world.

We have successfully completed a comprehensive online safety training programme demonstrating our commitment to keeping children and young people safe online which is in line with the Department of Education's statutory requirements.

Thank you to staff and parents/carers for accessing the accredited courses and educational resources to help make the internet a safer place for children.

Miss Boulton
Online Safety Lead

Year 13



On Friday 25th November five Year 13 students had the opportunity to attend a series of mini lectures at the Economics In Action conference in St James' Park.

The students were exposed to a range of interesting topics including: The History of

Economic Thought, The Economics of Uber, and Human Rationality.

The talks were very thought provoking and gave the students a flavour for the experience they are likely to have at university.

Students that attended: Edvardas, Donte, Matthew, Arafat, Megan.

Mr Lungley
Lead Teacher of Economics

Year 7 Parent Coffee Morning

On Wednesday 30th November, myself and our dedicated mental health support team invited our Year 7 parents/carers to find out more about mental health and wellbeing at JRCS. At the event, we had tea, coffee and biscuits to complement the wealth of information shared on what we do at JRCS and what the mental health support team can offer.

At JRCS we value the wellbeing of our young people and so we have a student and staff wellbeing team, a dedicated PDE and tutor time programme to address mental health and wellbeing, along with a number of spaces in school for students to use to reflect. Most importantly, we work with a number of external agencies to ensure that every young person can find the right support for them.

This includes our Mental Health Support Team (MHST). Our MHST are NHS employees who are the step before CAMHS; the hope is to help our young people to tackle low mood or anxiety before CAMHS is required. Each practitioner has been trained in delivering interventions and can do this in a number of ways: • 1:1 session for 6-8 weeks • Group work • Workshops.

If you are interested in finding out more about what JRCS can offer, don't hesitate to get in touch with your child's form tutor. We look forward to seeing more parents/carers at our next event.

Ms Draisey
Senior Mental Health & Wellbeing Lead

Year 11 at the London Stock Exchange

On Tuesday myself and Mr Brew took a group of 6 Year 11 students to St. Paul's to visit the London Stock Exchange Group.

During the visit students had the opportunity to speak with industry leaders including those working in diversity, wellbeing, investment banking and stocks management. The trip

began with a panel (pictured) of those employers, including the former financial advisor to our Prime Minister Rishi Sunak (on the right).



At 4:30pm we also got to see the close of business which was a spectacle of lights and sound in the centre of the impressive building just outside St. Paul's cathedral.

The wonderful students we had with us then engaged in a 'speed networking' event, building great connections for their future endeavours, this included Abigail in Year 11 who managed to get an email address for a contact within the first hour of being in the building and Georgiett who was told she was going to 'change the world'.



It was such a pleasure to take this group into London for the afternoon and they made me feel incredibly proud. Here are just a few photos from our trip but it was a great experience overall.

A huge well done to the students who attended (pictured below: Georgiett, Abigail, Hannah, Arnas, Marney, Hisham).



Plus, thank you to Mr Cully who made this trip possible and Mr Brew for coming along and supporting some excellent networking skills.

Ms Draisey
Head of Year 11

Aspiration Cohort

Our Year 11 students have been busy this week working towards their first round of full mock exams and a smaller group, our Aspiration Cohort, have been doing even more.



Each week this group of students has been meeting to hear more about how to push themselves towards reaching the highest grades in their GCSEs. This has included sessions with maths and science.

This week, Ms Keane came along to meet the group and delivered a session on a biology topic the group had raised as challenging, this is also paired with a voice-over PowerPoint for them to refer back to.

It is not every day you get a lesson with the Headteacher! Next week, these students will hear from the Colin Pond winners (Year 12 students) who are coming in to share their pearls of wisdom on being successful at GCSE level.

As a group they have worked incredibly hard, and I am so proud of everyone who has attended every single week. Well done Year 11 and thank you to all staff who have given up their Wednesday lunch breaks to come and see the group.

Ms Draisey
Head of Year 11

Maths Clubs and Family brainteasers

Exciting times in Maths, we have lots going on during lunchtimes and afterschool!

Puzzle club Thursday lunchtime Maths atrium – for those that want to play some games and try out some puzzles.

UK Maths Challenge club Thursday lunch and Friday pm MA9 – for those more committed mathematicians. This is preparation for the UKMT challenge which is a national competition we enter our students for, presently offered for Years 7 and 8 (but Year 9s are welcome).

Every two weeks the maths department will be setting a maths problem in The Seagull.

Families are welcome to enter in a prize draw. The winner will receive a prize!

All entries need to be in by Tuesday, 13th December 2022. Winner announced in The Seagull but also in assembly.

At the back of The Seagull is this week's problem.

Miss Morozova
Maths Teacher

Year 7 Football

On 25th November, the boys (pictured on the front page) played their second league game of the year. After their incredible 9-2 win against local derby Goresbrook, the boys then took on Greatfields full of confidence and in good spirits.

The game finished 13-2 to our Seagulls with hatricks from Andrei and Mario, and many more of the boys getting in on the goal sheet. Another superb performance from our Year 7.

Well done team!
Mr Sengulay-Thomas
PE Department



Year 11 Mocks Exams

Below is a copy of the timetable for Year 11 Mock exams for December 2022. These are internal exams and students will be required to attend normal lessons. Please make sure students have a good breakfast and they have the correct equipment with them for each exam, including a calculator (if needed) and a black pen. If they wish to, they may bring water, but this needs to be in a clear plastic bottle with the label removed. Please remind your child that under no circumstances should mobile phones or watches be taken into exam rooms.

If your child is unable to attend any of their exams, please call the attendance line as usual and we will require a letter from your doctor.

Day/Date	Paper	Start
Monday 5th December	English Language Paper 1	9:00am
	History Paper 2	11:30am
	Maths Paper 1	2:00pm
Tuesday 6th December	RE Paper 1	9:00am
	Engineering Dance Hospitality & Catering Food	11:30am
	Geography Paper 1	2:00pm
Wednesday 7th December	English Language Paper 2	9:00am
	GCSE PE Paper 1 CNAT Sport Music (Listening)	11:30am
Thursday 8th December	French Listening & Reading	9:00am
	Combined Science Biology Separate Science Biology	11:30am
	Computer Science Paper 1 Spanish Writing	2:00pm
Friday 9th December	Maths Paper 2	9:00am
	Spanish Listening & Reading	11:30am
	French Writing	2:00pm
Monday 12th December	GCSE Business Studies BTEC Business	9:00am
	Media Paper 1	11:30am
	Combined Science Chemistry Separate Science Chemistry	2:00pm
Tuesday 13th December	Citizenship	9:00am
	DT	11:30am
	History Paper 3	2:00pm
Wednesday 14th December	Geography Paper 2	9:00am
	Computer Science Paper 2 Drama	11:30am
Thursday 15th December	Media Paper 2 (Audio/Visual)	9:00am
	Combined Science Physics Separate Science Physics	11:30am
	PE - Paper 2	2:00pm
Friday 16th December	Maths Paper 3	9:00am
	Construction	11:30am
	Dance (Practical)	11:30am
	RE Paper 2	2:00pm
Monday 19th December	Art (Practical)	All Day
Tuesday 20th December	Art (Practical)	All Day

Weekly Outline of Out of School Hours Learning Activities - Autumn 2022				
Club	Year Group	Staff	Time	Venue
Monday				
Orchestra	7, 8, 9,10 & 11	Mr Jenner	8:15am - 8:50am	MU1
KS3 Handball/Basketball	7, 8 & 9	Mr Watts	12:30pm - 1:00pm	Sports Hall
SDD Homework Club	7, 8 & 9	SDD staff	12:30pm - 1:00pm	SDD
Boys Dance Company	KS3	Mr Hazelwood	12:30pm - 1:00pm	DA1
KS4 Basketball	10 & 11	Miss Pridie	1:30pm - 2:00pm	Sports Hall
SDD Homework Club	10 & 11	SDD staff	1:30pm - 2:00pm	SDD
Indoor Athletics	All	Miss Pridie	3:00pm - 4:30pm	Sports Hall
Tuesday				
KS3 Basketball	7, 8 & 9	Mr Thomas/Mr Watts	7:44am - 8:15am	Sports Hall
Vocal Group	7, 8, 9, 10 & 11	Miss Harris	8:15am - 8:55am	MU2
GCSE Dance Technique	11	Miss England	11:00am - 11:30am	DA1
SDD Homework Club	7, 8 & 9	SDD staff	12:30pm - 1:00pm	SDD
KS3 Netball	7, 8 & 9	Miss Emeny	12:30pm - 1:00pm	Sports Hall
SDD Homework Club	10 & 11	SDD staff	1:30pm - 2:00pm	SDD
Bronze DofE Expedition	Year 10 invited	Ms Montague	3:05pm - 4:35pm	SD4 starts 27/9
Textiles club	KS3	Ms Mir	3:05pm - 4:05 pm	DT4
DT Club	KS3	Ms Kamal/ Ms Dorma	3:05pm - 4:05 pm	DT6
Food Club	KS3	Ms Damian/ Ms Hinds	3:05pm - 4:05 pm	FC1
KS3 Netball	7, 8 & 9	Miss Emeny/Miss Pridie	3:15pm - 4:15pm	Netball Courts
Year 8 Football	8	Mr Watts	3:15pm - 4:15pm	Astro
Year 10 & 11 Football	10 & 11	Mr Howard	3:15pm - 4:15pm	Astro
Year 7 Rugby	7	Mr Kersey	3:15pm - 4:15pm	Field
Wednesday				
Silver DofE Expedition	11	Ms Montague	7:30am - 8:30am	SD3 starts 28/9
Fitness Club	All	Mr Thomas	7:45am - 8:15am	Fitness Suite
Volleyball	All	Miss Pridie	7:45am - 8:15am	Sports Hall
Year 10 Band	10	Mr Jenner	8:15am - 8:50am	MU1
Jazz Band	7, 8, 9, 10 & 11	Miss Hurst	8:15am - 8:55am	MU2
Indoor Cricket	All	Mr Howard	1:30pm - 2:00pm	Sports Hall
KS3 Dance rehearsals	KS£	Miss England	1:30pm - 2:00pm	DA1
Pride and Allies	All	Miss Harland	1:30pm - 2:00pm	MS2
Thursday				
Fitness Club	All	Mr Watts	7:45am - 8:15am	Fitness Suite
Wind Band	7,8, 9, 10 &11	L Ellis	8:15am - 8:55am	MU2
Panathlon Club	7, 8 & 9 invited	Ms Montague	10:00am - 10:30am	S Hall from 29/9
Junior maths challenge club	7 & 8	Ms Aragroug and Ms Moody	12:30pm - 1:00pm	MA4
KS3 Table Tennis/Badminton	7, 8 & 9	Mr Watts	12:30pm - 1:00pm	Sports Hall
SDD Homework Club	7, 8 & 9	SDD staff	12:30pm - 1:00pm	SDD
SDD Homework Club	10 & 11	SDD staff	1:30pm - 2:00pm	SDD
GCSE Dance Technique	10	Miss England	1:30pm - 2:00pm	DA1
Year 13 Debate Club	13	M Ribbons and F Jabbar	1:30pm - 2:00pm	SF2
KS3 Dance Company	Audition 7,8 & 9	Miss England	3:00pm - 4:30pm	DA1
Electronics Club	KS3	Ms McKenzie	3:05pm - 4:05 pm	DT3
Computing Intervention	10 & 11	Mr Cambell	3:05pm - 4:05 pm	IT1
KS4 Netball	10 & 11	Miss Boulton	3:15pm - 4:15pm	Netball Courts
Year 7 Football	7	Mr Thomas	3:15pm - 4:15pm	Astro
Year 9 Football	9	Mr Cully	3:15pm - 4:15pm	Astro
Girls Football	All	Miss Pridie	3:15pm - 4:15pm	Astro
Year 8 Rugby	8	Mr Kersey	3:15pm - 4:15pm	Field
Spanish Club (Week 1 only)	All	Miss Fernandez and Selene Damian	3:15pm - 4:15pm	MFL3
Friday				
KS4 Basketball	10 & 11	Miss Emeny	7:45am - 8:15am	Sports Hall
Music Theory Club	10 & 11	Mr Jenner	8:15am - 8:55am	MU1
KS3 Dance rehearsals	KS3	Miss England	10:00am -10.30am	DA1
KS3 Maths puzzle club	7,8 & 9	Ms Morozova and Ms Malik	12:30pm - 1:00pm	Maths atrium
KS3 Trampolineing	7, 8 & 9	Miss Pridie	12:30pm -1:00pm	Sports Hall
SDD Homework Club	7, 8 & 9	SDD staff	12:30pm - 1:00pm	SDD
SDD Homework Club	10 & 11	SDD staff	1:30pm - 2:00pm	SDD
GCSE Intervention	11	Miss England	3:00pm - 4:30pm	DA1
Year 11 Football	11	Mr Cully	3:15pm - 4:15pm	Astro

Times of the Day

2022/23



THE JO RICHARDSON

SUCCESS FOR ALL

C O M M U N I T Y S C H O O L

ACHIEVE

YEARS 7-9	8.25-8.35 am	8.35 am	P1a 9.00 am	P1b 9.30 am	P2a 10.00 am	P2b 10.30 am	P3a 11.00 am	P3b 11.30 am	P4a 12.00 pm	P4b 12.30 pm	P5a 1.00 pm	P5b 1.30 pm	P6a 2.00 pm	P6b 2.30 pm	P7a 3.00 pm	P7b 3.30 pm	4.00 pm
Monday	8.25am earliest arrival at school unless involved in pre-school activity/club	Reg/assembly	P1a	P1b	Break	P2b	P3a	P3b	P4a	Lunch	P5a	P5b	P6a	P6b	P7a	P7b	End of day
Tuesday		Reg/assembly	P1a	P1b	Break	P2b	P3a	P3b	P4a	Lunch	P5a	P5b	P6a	P6b	End of day		
Wednesday		Reg/assembly	P1a	P1b	Break	P2b	P3a	P3b	P4a	P4b	P5a	End of day/ Lunch	Optional school activities				
Thursday		Reg/assembly	P1a	P1b	Break	P2b	P3a	P3b	P4a	Lunch	P5a	P5b	P6a	P6b	End of day		
Friday		Reg/assembly	P1a	P1b	Break	P2b	P3a	P3b	P4a	Lunch	P5a	P5b	P6a	P6b	End of day		

YEARS 10-13	8.25-8.35 am	8.35 am	P1a 9.00 am	P1b 9.30 am	P2a 10.00 am	P2b 10.30 am	P3a 11.00 am	P3b 11.30 am	P4a 12.00 pm	P4b 12.30 pm	P5a 1.00 pm	P5b 1.30 pm	P6a 2.00 pm	P6b 2.30 pm	P7a 3.00 pm	P7b 3.30 pm	4.00 pm
Monday	8.25am earliest arrival at school unless involved in pre-school activity/club	Reg/assembly	P1a	P1b	P2a	P2b	Break	P3b	P4a	P4b	P5a	Lunch	P6a	P6b	P7a	P7b	End of Day
Tuesday		Reg/assembly	P1a	P1b	P2a	P2b	Break	P3b	P4a	P4b	P5a	Lunch	P6a	P6b	End of day		
Wednesday		Reg/assembly	P1a	P1b	P2a	P2b	Break	P3b	P4a	P4b	P5a	End of day/ Lunch	Optional school activities				
Thursday		Reg/assembly	P1a	P1b	P2a	P2b	Break	P3b	P4a	P4b	P5a	Lunch	P6a	P6b	End of day		
Friday		Reg/assembly	P1a	P1b	P2a	P2b	Break	P3b	P4a	P4b	P5a	Lunch	P6a	P6b	End of day		



JRCS DANCE CHRISTMAS SHOWCASE

Wednesday 14th December 2022

4-5PM

In DA1

**Come and enjoy a creative evening with
JRCS Dance watching a selection of dance
pieces and styles from KS3-KS4**

**No tickets for sale instead a donation for
Crisis (Homeless Charity)**



What Parents & Carers Need to Know about

TIKTOK

AGE RESTRICTION
13+

(certain features are restricted to over-18s only)

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

While TikTok's "Following" feed only displays videos from users someone follows, "For You" is a stream of clips based on their previously watched content. Most videos on a child's "For You" feed will therefore be light-hearted and amusing, but it could potentially surface something unsuitable. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the sheer volume of uploads mean they aren't manually monitored and vetted.

18 CONSIDERED DANGEROUS CHALLENGES

Due to TikTok's immense popularity, some young people have unfortunately been influenced by videos challenging them to perform harmful, criminal or even deadly acts. One extreme example was the "blackout" trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. It led to two families filing lawsuits against TikTok over the tragic deaths of their children.

CONTACT WITH STRANGERS

With around 1.1 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-18s (or youngsters using a false date of birth) are set to public by default. This not only means that someone's profile is visible to everyone else on the app, it also lets their videos be suggested to others and enables anyone to comment on them or download them.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase emojis in the app. These emojis are then sent as rewards (retaining their monetary value) to other users for videos they've created. Coin bundles range from £9.99 to an eye-watering £99; TikTok's policy is that they can't be bought by under-18s, but it's possible to bypass this with a fake birthdate.

ADDICTIVE NATURE

Like all social networking platforms, TikTok can be addictive: figures show that young people are investing increasing amounts of time in it. In the UK, children with TikTok spend an average of 102 minutes per day on the app, versus 53 minutes on YouTube. This compulsive repeated use can interfere with their sleep patterns – leading to irritability – and distract them from other activities.

TIKTOK NOW

Introduced in late 2022, the 'TikTok Now' feature lets users post a daily video or photo at the exact same time as their friends. Users receive a synchronised notification at a random time of day, giving them three minutes to take a video or real-time photo. This addition can not only be a distraction to young people but could lead to them inadvertently sharing private content such as their location.

Advice for Parents & Carers

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account with their child's and control their settings remotely. Parents can then, for example, turn on Restricted Mode (reducing the chances of a child seeing inappropriate content); set screen time limits; and manage their child's ability to send messages (and to whom). Children can't alter these settings without parental approval.

MAKE ACCOUNTS PRIVATE

Although under-18s will have their TikTok account set to private by default, bypassing this setting is relatively easy. However, parents have the ability to manually set their child's account to private – meaning that their videos won't be visible to strangers and they won't be able to exchange messages with people who aren't on their friends list.

LIMIT IN-APP SPENDING

If your child is using an iPhone or Android device to access TikTok, you can alter the settings to prevent them from making in-app purchases. We'd recommend that you enable this feature, as it's quite easy for a young person – without realising what they're doing – to spend a significant amount of real money buying TikTok coins so they can unlock more features of the app.

DISCUSS THE DANGERS

If your child wants to use TikTok and you're happy for them to do so, it's crucial to talk about the potential risks in this type of app. For example, ensure they understand not to share any identifying personal information – and that they realise they could be exposed to inappropriate content. Thinking critically about what they see on TikTok can help children become generally more social media savvy.

READ THE SIGNS

If you're concerned that your child might be spending too much time on TikTok, or that they've been emotionally affected by something inappropriate or upsetting that they've seen, it's important to know how to spot the possible signs. Increased irritability and a lack of concentration are potential red flags, as are failing to complete homework or regularly not eating meals.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid The Inquirer, Carly is now a freelance technology journalist, editor and consultant.



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GET A TASTE OF

Christmas at

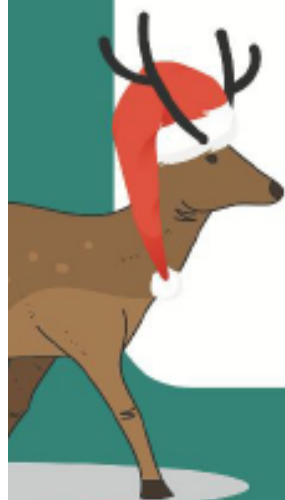
To Richardson

16 December 2022
Halal Roast Chicken

**Vegetarian Quorn Roast
Roast Potatoes, Pigs in Blankets
Yorkshire Pudding
Roast Roots, Stuffing & Gravy**

£2.45

Homemade Cookies or Still Water





Fortnightly Puzzle #1



Below are three sequences of letters. Each sequence follows some sort of rule. You must work out the rule and write down the next 3 letters in the sequence...

Sequence 1:

O T T F F S S E _ _ _

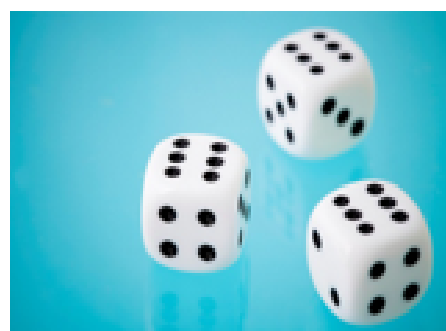
Rule: _____



Sequence 2:

A D C F E H G _ _ _

Rule: _____



Sequence 3:

D N O S A J J _ _ _

Rule: _____

Name: _____

Year and tutor group: _____