

The Seagull



Issue 744 Friday 8th September 2023

Next Week is Week 2

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HEADTEACHER'S NEWS

Unity Day



Welcome back! I hope you all enjoyed the summer break.

A very warm welcome to our new Year 7 cohort who have made a fantastic start. This week they have been

participating in Unity Day and Island Day which you can read about further down in this week's edition of The Seagull.

Open Evening and late start Thursday

On Wednesday 13th September we have our Open Evening for current Year 6 parents/carers and students. If your child has been asked to help on the evening, they will have a sticker in their planner. Student helpers must be in full school uniform during the evening. Any student who is not helping but visiting with younger siblings should be accompanied by a parent and should **not be** in uniform.

Due to the late finish on Wednesday, we will have a later start for all year groups on Thursday 14th September. Students should arrive at school for 10.50am for 11.00am start.

Congratulations to Year 13 and Year 11



Congratulations to our Year 11 and Year 13 students. As a school despite all the disruption students faced due to the pandemic and the increase in grade boundaries, our results were in line with pre-pandemic levels!



Over 85% of students in Year 13 got into their first choice university! Many of our Year 13 students have achieved A* grades in the subjects they studied, including A*s for Sammi in all her A Level subjects (Biology, Chemistry and Maths), Liepa (English Literature and Religious Studies) and Edvardas (Maths). Two of our students, Venessa and Sophie, achieved the highest possible grade in their vocational CTEC Health and Social Care course, achieving D*D*D*.

There are many students who have been offered places at prestigious universities and we are overjoyed that Sammi and Filip have secured a place at Imperial College London to study different variations within chemistry. In addition to this, Edvardas is looking

forward to studying Economics at The University of Bath and David is attending the University of Warwick to study Biochemistry. Our students have chosen to continue their



educational journey by studying a range of subjects at universities across the United Kingdom. We have students studying Law, Physiotherapy, Civil Engineering, Business and Psychology, as well as many others.

We are very proud of our students who have successfully achieved apprenticeships. After a long process of applications, interviews and tests, Megan is starting a Degree Apprenticeship in Financial Journalism with Rhotic Media and Oliver is embarking on a Level 6 Apprenticeship in Financial Administration.

We were equally pleased with our Year 11 students' results. We are incredibly proud of all that they achieved with 65% achieving a grade 4-9 in English and Maths and almost half achieving 5-9 in English and Maths.

We particularly want to congratulate the following students who achieved outstanding results. Ali achieved a clean sweep of grade 9s, Zubin achieved eight grade 9s and one grade 8, Reuben achieved six 9s, two 8s and a 7 and finally, Luisa who achieved five grade 9s.

Their hard work and commitment to their studies has paid off and now they are set to take on the next challenges of their journey.

Well done Class of 2023!

Uniform reminder

Can I remind parents that students should have proper school shoes and not trainers or canvas shoes for school, skirts should be knee length and trousers should be tailored. Students are not allowed to wear jewellery and will be asked to remove all piercings. Any students in incorrect uniform will be educated in the Standards Room. Many thanks to parents for ensuring the majority of students have the correct uniform and look really smart at the start of term. If you need any support with uniform, then please contact us.

Ms Keane
Headteacher

Year 13 Stubbers Trip

All Year 13 students will be attending the Stubbers trip on Wednesday 13th September for a day of team building, challenge and fun. Details are on MCAS.

Miss Duncan
Deputy Director of Sixth Form - Head of Year 13

Online Safety

We would like to remind all parents and carers to download the free National Online Safety App to keep up to date with the latest games, tech and apps that children are using.

The app features helpful guides, training courses and videos to help safeguard your children and the flyer at the end of the Seagull includes a QR code to scan and download from Apple App or Google play Store. We have also included this week's parent guide on 'Sharing Photos Online' to advise parents on the associated risks with sharing images online.

Any incidents regarding online safety or online bullying should be reported using the IMABI app and pastoral teams will deal with these accordingly.

Miss Boulton
Online Safety Lead

Unity Day

On Unity Day the students participated in sessions which covered wellbeing, equalities, respect, student voice, teambuilding and orienteering. The aim of the day was for each tutor group to build relationships with their peers and staff as well as highlighting the positive character traits that we celebrate at JRCS.

At the end of the day, the students were presented with a metaphor of a puzzle and asked to consider how this links with the idea of unity within their class and Year 7 as a whole. One student spoke in assembly and said, 'if the puzzle pieces were all the same, they wouldn't be able to fit together', which perfectly encompasses how we celebrate our differences.

We celebrated Year 7's first day in true JRCS tradition where staff lined the exit to clap them out.

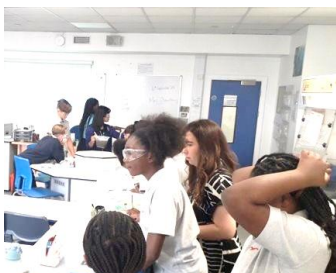
We couldn't be prouder of the positive start Year 7 have made and look forward to seeing the many successes that this year group will achieve throughout this year!

Miss Simpson, Mr Watts and Miss Howard
The Year 7 team

The Island day



The Year 7s started their second day at JRCS with "The Island", a day where students work in their forms doing lots of interesting work based on being in an unfamiliar context.



They experienced building a communications tower, working as a

team, learning how to filter clean water, building a signaling device to be rescued and many more interesting activities. The level of engagement was amazing, and it was really good to see all of the fantastic work they were doing in their subject areas.

Each form tutor was asked to nominate two students to gain their very first LOC from the school which will be sent out shortly. Overall, a fantastic start to life at JRCS that encompasses the ideals of community, resilience, and achievement for all.

Well done Year 7!



Mr Gaudoin
Director of Learning for Mathematics and Numeracy

Student Voice - Summer Summit - 17th July 2023



July brings around a time for reflection and, for Student Voice, an opportunity to celebrate and look back on what has been an incredibly successful year ensuring students' voices are heard around the school.



All six Student Voice Action Teams gathered together for an afternoon of celebration, reminiscing and forward planning. We revisited our action plans from last year and were incredibly happy to see that so many of the two- and five-month plans were put into action this year. We reflected on our progress as a community and looked to next year in how to ensure that our plans are put into action and our voices continue to be heard.

Students looked back on the bigger projects they were able to devise and facilitate over the year, as well as small independent wins, developing their confidence, public speaking, working with a cross-year group range of

students and developing their professionalism in delivering interview panels.

Over the year students, have been involved in raising money for the Poppy Appeal, Young Carers' Association, Children in Need, The Jodie Chesney Memorial Fund, The Red Cross and many more charities. Students facilitated our food parcel Christmas Hamper Competition, Culture Day, Wellbeing Week, The Jodie Chesney memorial bench unveiling, our Poetry in Performance competition, tree planting for the Jubilee and delivering a reusable water bottle campaign, culminating in handing out 1,500 reusable JRCS water bottles to our school community. Students have overseen interview panels and made important decisions around school life. They have supported at events such as progress evenings and new intake evenings. They have had opportunities to meet West Ham football players through our West Ham programme and spoken and delivered assemblies in front of hundreds!

Some special mentions and awards went to the following students:

Perfect Attendance - Lexie 7

Best Interviewer - Victoria - 7

Most Creative - Joseph 9

Above & Beyond - Zhi & Shanai 9

Outstanding Leader - Ayen 10

Student of the Year - Frankie 7

I couldn't be prouder of our Student Voice Action Teams this year and I hope they have found this year enriching and beneficial. We will begin our new democratic campaign and voting process this September and hope to see many reapply.

Miss Hallas
Student Aspirations Coordinator

Au Revoir Year 13 HSF Scholarship Winners



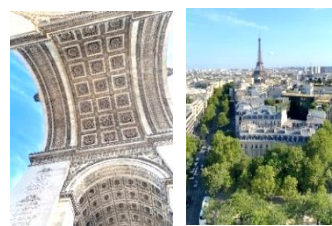
their time in Year 12.

The Network seeks to support students who wish to pursue a career in the City and provides them with a mentor, an internship at the end of

Toni and Megan were two Year 13 students (left July 23) who achieved a Network Scholarship from Herbert Smith Freehills during



Year 13 and both mentor support and financial support during their future studies.



This summer not only saw the two students achieve excellent A level results but attend their internship at Herbert Smith

Freehills. They were there for three weeks, during which time they shadowed HSF employees, pitched to Goldman Sachs and... spent time at an HSF office in PARIS! However, the best person to tell you about their time is one of the students themselves – this is the email I received from Toni at the end of his internship:

"I have finished my internship at HSF, it was absolutely fantastic!

During my three weeks, I did lots of work shadowing days, workshops, networking, work sessions, and project work on the Goldman Sachs pitch. I have met some very fantastic people and made good relationships with many such as my mentor, fellow scholars, and other employees at HSF. My pitch to Goldman Sachs also went very well.

To add on Paris was amazing, the views, architecture, and food were really good. Plus the HSF office has beautiful views of the Eiffel Tower, we learnt a lot in France and really enjoyed it!

I am also more confident, personable, and well-rounded and it showed in the pitch. As a group, we did very well and impressed a lot of people. I have seen a lot of growth in myself in a range of areas."

The current Year 12s will have the chance to apply for the scholarship during this year. I asked Toni whether he felt it was a good thing to do.

"I believe the scheme is the best in the whole of London if not the country since I haven't heard of anything that comes close. As this was a paid and international internship at age 17-18! Even when I had to introduce myself to people at both offices, they were all surprised at the opportunity to present to Goldman Sachs and

go abroad at such an age, no matter their seniority."

Year 12 – WATCH OUT FOR THE INFORMATION

Miss Campbell
Deputy Director of Sixth Form
Head of Year 12

French Day July 2023



The Year 7 experienced a wonderful and amazing French day where they learnt about France in occasion of the Bastille Day which is the 14th of July.

On the 12th and 13th of July Year 7 participated in many activities organised by the MFL department, such as traditional French sport "Pétanque" and two more familiar games: tug of war and dodgeball with the help of Mr Richards and Mr. Thomas. These games awakened the



enthusiasm and the competitive side of the students which allowed them to learn more about the French sport but also have fun with their peers.

Another beautiful activity run by Mademoiselle Umeh, included not only learning about the prestigious French brand Coco Chanel, but also how iconic pieces seen on runways originated from a single sketch. They were challenged to create their own piece using simple everyday materials – black trash bags and toilet rolls. This showcased their creativity and their impressive designs or mummified models. The Year 7s gained an insight about the history and meaning of the French national anthem through Mademoiselle Belloni and were given the opportunity to sing along passionately almost as if they were French citizens themselves. Moreover, the students were energetic and seemed excited for the opportunity to learn about traditional French music and with the help of Mademoiselle Fernandez they also learnt to dance to Bal-

Musette music. Mademoiselle Buffon had the incredible idea to teach the students about one of the most recognisable landmarks in the world but also putting them in the shoes of the architect of the Eiffel tower by using materials to create their own Eiffel Tower, in which the highest one would win.



The Year 7s finished their day with French bakery such as croissant and pain au chocolat alongside a photo booth with the French flag.

Written by Luisa and Hepzibah (Press and Publicity) Year 11 Language Ambassadors

Silver DofE success for Year 11



At the end of the summer term seven students from Year 10 took on the challenge of learning to canoe in order to complete their silver expedition.

The group travelled to Trewern from 10th-14th July and took part in a week of training to learn paddling skills, rescue skills, controlling their craft on moving water and expeditioning. The group really took on board all of the instruction that they were given by John Clark at Trewern and were able to demonstrate by the Friday that they could complete a two day expedition on the Brecon and Monmouthshire Canal.



They all developed considerable resilience as the weather was a challenge, especially on the Friday when it poured with rain for most of the day. Congratulations to the soggy seven - Majid, Ishaq, Enoha, Daniel, Imtiaz, Kristina and Adrijana for all the progress that they made throughout the week. Thank you also to Dave Kilminster who helped to supervise the trip.

On 25th July, the group departed school once again heading for Trewern this time to complete their qualifying expedition. Unfortunately, this time they were without Kristina who was unwell. Hopefully she will be able to complete her expedition on another occasion. The group departed from Whitney-on-Wye on Wednesday morning, following a brief revision session of their paddling skills observed by Dave Barber who was assessing the group. The rain over the previous two weeks had brought the river up, and the group easily made it to Byecross Farm Campsite by 4pm.

Unfortunately, once again they experienced less than friendly weather on Wednesday evening with plenty of rain; this did seem rather cruel after the weather on their training!

Thursday dawned dry, and once again the river had risen. Dave saw the group down the first rapid - Monnington Falls and then they continued through the city of Hereford and on to Holme Lacey and Lucksall Campsite. This was a long distance of over 30km but due to the speed of the water was easily manageable.

The group certainly enjoyed the dry weather on their final night. On the final day the river had increased in volume yet again and it only took

the group two hours to get to their final destination at Tresseck Farm, where the normal large beach had been completely covered by the swollen river. The group nonetheless landed safely and were met by Dave who debriefed them and gave them the good news that they had all been successful in completing their expedition. They have only to complete their presentation now in the form of a video once they return to school in September.

Thank you very much to Miss Lea and Bill Lockton who helped with supervising the group on this trip.

Retiring remarks

On a personal note, it was a real privilege to accompany this brilliant group of students on my final expedition as DofE manager. They responded magnificently to all of their training and the advice they were given and developed their initiative and resilience throughout their expedition journey. I was also especially moved by the riverside tribute that they gave me under an arch of paddles with some very touching words contributed by Majid.

As you read this, I will be travelling in Australia having retired at the end of term. I have thoroughly enjoyed leading the DofE award for nearly half of my career at JRCS, I would like to thank all of the students with whom I have worked and the staff, parents and carers who have supported them. I hand over to the brilliant Miss Lea who has been my right-hand woman on most expeditions throughout the past year and who I know is going to be a fantastic DofE manager.

To all members of the Jo Richardson Community, all the best for the future and don't forget to enjoy life's adventures!


Ms Montague
D of E Manager (retired)

PE Clubs

All PE and Dance clubs are starting from 11th September. For the first two weeks students can receive double credits and double stamps in planners.

Miss Priidie
Second in PE

AT JO RICHARDSON WE



Aspire to be our best
Commit to our learning
Hold high standards in everything we do
Involve ourselves in our communities
Engage with all opportunities
Value, care for and respect each other
Establish resilience



SUCCESS FOR ALL

Open Evening

Wednesday 13th

September

Doors open 6pm

Headteacher Presentations

6.15pm & 7.30pm

All prospective parents,
carers and students are
welcome

 **ACHIEVE**



THE JO RICHARDSON

SUCCESS FOR ALL

COMMUNITY SCHOOL

ACHIEVE



Weekly Outline of Out of School Hours Learning Activities

Autumn 2023

Club	Year Group	Staff	Time	Venue
Monday				
Netball	8-9	Miss Bevan	12.30-1.00pm	Sports Hall
Table tennis	10-11	Mr Thomas	1.30-2.00pm	Sports Hall
Netball	7	Miss Bevan	1.30-2.00pm	Sports Hall
Indoor Athletics	7-9	Miss Pridie & Miss Bevan	4.05pm – 5.00pm	Sports Hall
Tuesday				
Girls Fitness	All	Miss Pridie	7.45am – 8.15am	Fitness Suite
Handball	8-9	Miss Bevan	12.30pm – 1.00pm	Sports Hall
Sports Leaders	10	Mr Thomas	1.30-2.00pm	Sports Hall
Year 7 & 9 Football	7 & 9	Mr Howard & Mr Thomas	3.15pm – 4.15pm	Astroturf
Netball	7,8 &9	Miss Bevan & Miss Pridie	3.15pm – 4.15pm	Sports Hall
Wednesday				
KS3 Basketball	7,8 &9	Miss Bevan	7.45am – 8.15am	Sports Hall
Year 9&10 Football	9&10	Mr Cully	7.45am – 8.15am	Astroturf
Indoor Cricket	ALL	Mr Howard	1.30pm – 2.00pm	Sports Hall
RDF	KS4	Coach	3.00pm-4.00pm	Sports Hall
Thursday				
Fitness	All	Mr Thomas	7.45am – 8.15am	Fitness Suite
Futsal	8-9	Mr Thomas	12.30pm – 1.00pm	Sports Hall
Netball	10 & 11	Miss Boulton & Miss Jones	3.15pm – 4.15pm	Ball Courts
Year 8, & 10 Football	8-10	Mr Thomas, Mr Cully	3.15pm – 4.15pm	Astroturf
Girls Football	All	Miss Pridie	3.15pm – 4.15pm	Astroturf
Friday				
KS4 Basketball	KS4	Mr Howard	7.45am – 8.15am	Sports Hall
Table Tennis & Badminton	8&9	Miss Pridie	12.30pm – 1.00pm	Sports Hall
KS3 Basketball	KS3	Coach	3.15pm – 4.15pm	Sports Hall



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- ✓ An online safety training course for parents – developed by our experts and delivered by online safety ambassador Myleene Klass;
- ✓ A user-friendly interface with increased functionality – find exactly what you need, when you need it;
- ✓ The option to get notifications to your phone as soon as new content becomes available – so you can stay up-to-date with the latest online crazes (and risks);
- ✓ An in-app voting system so you can help determine the subjects you'd like us to cover in future;
- ✓ The facility to personalise your content by favouriting key resources.

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What Parents & Carers Need to Know about SHARING PHOTOS ONLINE

WHAT ARE THE RISKS?

School is often a time chock-full of milestones for your child, and you may well be eager to share their accomplishments with the world. In today's digital age, sharing images of such precious moments on social media is commonplace, and – while that's a lovely thing to do – it does come with some risks attached. Our guide can help parents and carers to consider the potential dangers and make informed choices about safely sharing photos of their children online.

INVASIONS OF PRIVACY

Even with the right settings in place, absolutely nothing online is 100% private. Anyone who can view your photos could take screenshots and potentially share them elsewhere. Privacy settings are still important, though, so it's always wise to ensure your social media accounts have them set up; just bear in mind that you can't completely control what happens to anything once it's gone online.

REVEALING PERSONAL DETAILS

Small details in photos can often reveal personal information. Backgrounds can give clues to where you live, for example, while school logos on uniforms, sports kits, or bags could help someone identify which school your child attends. With interactive maps and reverse image searches commonplace online, information like this could easily be misused by an individual with malicious intentions.

MISUSE OF IMAGES

Once something's been shared online, it's almost impossible to get it deleted. Photos can show up in search engine results and be downloaded, manipulated, and shared without consent. There's the potential for someone's images to be used for advertising purposes (which in many cases, isn't illegal) or even more inappropriate reasons, such as cyber-bullying or serious forms of exploitation.

ONLINE GROOMING

Pictures that convey details about your child's interests, activities, or daily routines could arm an online predator with the kind of information they can deploy to gain a child's trust. They might use this knowledge to pretend to be the same age as the child or to have a shared hobby. Essentially, the more a predator knows about a young person, the easier it is for them to invent some 'common ground'.

PRESSURE TO PLEASE

When their parents or carers share notable moments and accomplishments in a child's life on social media, some children may begin to feel an expectation to always meet certain standards, to achieve things, or to behave in ways that are "worth sharing". Knowing that other people (even friends and family) can see these posts on social media might also add to the pressure they're feeling internally.

IMPACT ON DIGITAL FOOTPRINT

Every photo of a child posted online contributes to their digital footprint. Young people's lives have never been so closely and publicly documented as they are now, and this permanent online presence could affect a child's future opportunities or the choices they make as they grow up – in addition to influencing how they see themselves and, consequently, their emotional wellbeing.

Advice for Parents & Carers

REVIEW SETTINGS REGULARLY

Make sure your social media's secure in terms of who can view your content or see your location (only family and trusted friends, for example). Privacy settings aren't totally foolproof, but they do make it tougher for strangers to access your pics. Reviewing your settings regularly is also a good starting point for conversations with your child about managing their own social accounts when they're older.

CONSIDER OTHER CHILDREN

When taking a group photo, make sure you get parents' or carers' permission to share it on social media. There may be an important safeguarding reason for them not wanting their child's photo posted publicly online, or it might simply not tally with their personal beliefs or cultural background. A quick conversation in advance, just to make sure, is usually hugely appreciated.

CHECK YOUR PHOTOS

Photos of your child shouldn't provide any clues to where they live or go to school; even a house number, street name, or car number plate could be a giveaway. Cover up or blur out school logos, too. If you really want to share a particular pic, you could post a watermarked or low-res version, which can help to discourage misuse as those images are less appealing to download or reproduce.

THINK AHEAD

Try to consider the longer-term implications of what you post. Would you be happy with that photo being online in 10 years' time? Would your child still be OK with the image when they're older? Once your child is mature enough, you could ask for their consent before posting; it respects their privacy, fosters trust and understanding, and helps them to start thinking about their own online life.

Meet Our Expert

Gabriela Kozak is a safeguarding consultant with more than 20 years' experience working with children, families, and adults in education, local authority, and mental health settings, both in the UK and internationally. She has developed online safety training for local authorities and foster care agencies across Britain and is the online safety expert for FosterWeb.



NOS National Online Safety
#WakeUpWednesday



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Advanced Dancers:

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