

# The Seagull



Issue 745 Friday 15<sup>th</sup> September 2023

Next Week is Week 1

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## HEADTEACHER'S NEWS

### Year 6 Open Evening



We have had a fantastic start to term. It was great to welcome so many parents/carers to our Year 6 Open Evening. We have received overwhelmingly positive feedback

about the school. I have enclosed feedback from one of the many emails received about the excellent work of our tour guides:

*"I attended the Open Evening with my daughter last night. We were both very impressed with your school and what chances and opportunities are available. It was lovely to see your pupils passionate about subjects and what they enjoy about being taught at JRCS along with her feelings toward the school that she obviously feels a lot for."*

May I thank all the students that supported on Wednesday evening to ensure the night was such a success.



As I say in my speech at the beginning of each year, we are a strict school with high expectations around uniform and behaviour.

We feel this is really important in ensuring students have high standards in everything they do. Our policies help us to maintain an ethos of high expectation. This leads to a positive and calm learning environment for all our students.

May I thank parents/carers who have supported us in delivering this. Our uniform and behaviour management policy are available on our website. I have included a copy of the uniform policy as a reminder at the back of The Seagull. Please support us by ensuring students do not wear jewellery to school, have appropriate school shoes and skirts are knee length.

As the weather begins to turn colder, a reminder that students should either wear the school jumper or have a proper coat. No tracksuit tops or hoodies are allowed.

### Trips and ACHIEVE days

One of the things that sets us apart from other schools is the number of trips and activities outside of the curriculum we offer. This Wednesday students will have a chance to attend our out of school hours fair and sign up for extra curricular clubs. A list of Autumn term clubs we are running is enclosed in this week's issue of The Seagull. Please encourage your child to engage in these opportunities and sign up for extra curricular clubs. We will also be holding our ACHIEVE days on 18<sup>th</sup> and 19<sup>th</sup> October. Details of the trips or activities for each year group will be sent out shortly.

Ms Keane  
Headteacher

### Year 11 Information Evening Wednesday 20<sup>th</sup> September 5.00pm

Dear Year 11 parents/carers, this is a reminder about our fantastic information evening for you as Year 11 supporters. It is crucial that you

attend the evening where you will get to hear more about what Year 11 entails, how you can support your son/daughter and how we will be supporting them too. We will be giving out some resources to help support more effective study at home and showing you too where to find support for them. The evening begins at 5.00pm on Wednesday 20<sup>th</sup> September and it is important that students arrive in uniform and with a parent/carer to be permitted entry. We can't wait to see you soon.

Ms Draisey & the Year 11 Team

### **Year 12 Information Evening**

**Thursday 21<sup>st</sup> September 5.30pm-6.30 pm**

We look forward to welcoming the parents/carers of Year 12 students. The evening is designed to give you the opportunity to find out what Sixth Form life entails, including routines, expectations, key dates, opportunities, and you will be able to meet the Sixth Form team who will support your son/daughter through their Sixth Form journey.

### **Year 13 Information Evening**

**Thursday 28<sup>th</sup> September 5.30pm-6.30 pm**

We look forward to welcoming the parents/carers of Year 13 students. Please come along to discover the requirements of Year 13 that will enable your son/daughter to successfully reach their next destination. We will be discussing, exam and revision preparation, the UCAS process, apprenticeships, and well-being.

Mrs Evans  
Director of Sixth Form

### **Entry to the School Reception**

Can parents/carers please be aware that the doors to reception are now locked at certain times of the school day. Please press the buzzer and this will contact the school reception, please note that if the receptionist is on the phone, she may not be able to answer straight away, please be patient.

The Office Team

### **Rumble at The Jungle**

If you have been keeping up with the Year 12 Mentoring updates you will be aware that seven Year 12 (now Year 13) students have been involved with a 10-week mentoring programme

with Media company Jungle Creations, via Peer2Peer.

The programme has been one of the best we have ever taken part in, and this is down to Heena at Peer2Peer and Dionne at Jungle Creations for their facilitation and organisation.

However, the real stars have been the seven students and their amazing mentors. At the end of the summer term, they were getting to the end of the programme and working hard on their final pitches. Their project had to meet a set of criteria and showcase not only their skills and their learning, but their ability to sell to an audience. At stake was the opportunity to gain a paid two-week internship at Jungle Creations – so we were left waiting to see who would be crowned “King Queen of the Jungle”.



I was privileged to go to the presentations on 22<sup>nd</sup> August at the Jungle offices. I was asked to be on the judging panel with Heena, Dionne and Mel Chapman (CEO of Jungle Creations). When agreeing I did not realise what an emotional experience it would be.

Each pair presented their project and vision and then had an individual interview with the panel (both mentee and mentor separately). Each member of the panel found a different project affected them in an emotional way they were not expecting.

I could not get over how professional, well-prepared, and knowledgeable every single student was. We expect great things from them, but they blew the top right off. I saw students that 10 weeks earlier were more reserved and quieter, students that would have struggled to stand up in front of four people and talk to them – suddenly command the floor and take the judging panel with them on their projects' journey from inception to creation and to where it could go in the future.



Every single student held the judges' attention throughout their presentation. Each pitch was different, showcasing their own interests and passion and using their mentor's expertise to provide a seriously professional business pitch. We had pitches around Disney & FIFA, via magazines & live chat shows, products and merchandise provided. Projects dealing with equality for all, educating about careers – the variety was awe inspiring as the ideas came from the students themselves.

And then.... we had to choose one winner! Every one of them could have been that winner, genuinely it was one of the hardest things to do. For Mel, who does this all the time, it was a genuine challenge and long discussions were had between the four of us – a testament to our students. It became so difficult that Mel generously agreed to two students getting an internship (remember it is paid!).

Before I reveal our winners, it is important to realise that every student achieved greatness during their project. More importantly, through the programme as a whole, each one grew as a person, in confidence and stature. The trust that developed between mentee and mentor was incredible. I cannot thank Heena (Peer2Peer), Dionne & Mel (Jungle) and Connor, Mariem, Nads, Patri, Steph, Tom & Tricia (the exceptional Jungle Mentors) enough – they have made a huge difference and given seven students an exceptional experience.

And so to the winners:

Almas & Nads

## Almas & Nads Internship Winners



Ronnie & Steph

## Ronnie & Steph Internship Winners



Hopefully the Jungle Drums are telling me that we'll do it again this year!!

Miss Campbell  
Deputy Director of Sixth Form  
Head of Year 12



## Weekly Outline of Out of School Hours Learning Activities

### Autumn 2023

Club	Year Group	Staff	Time	Venue
<b>Monday</b>				
Netball	8-9	Miss Bevan	12.30pm - 1.00pm	Sports Hall
Table tennis	10-11	Mr Thomas	1.30pm - 2.00pm	Sports Hall
Netball	7	Miss Bevan	1.30pm - 2.00pm	Sports Hall
Indoor Athletics	7-9	Miss Pridie & Miss Bevan	4.05pm - 5.00pm	Sports Hall
<b>Tuesday</b>				
Girls Fitness	All	Miss Pridie	7.45am - 8.15am	Fitness Suite
Handball	8-9	Miss Bevan	12.30pm - 1.00pm	Sports Hall
Sports Leaders	10	Mr Thomas	1.30pm - 2.00pm	Sports Hall
Year 7 & 9 Football	7 & 9	Mr Howard & Mr Thomas	3.15pm - 4.15pm	Astroturf
Netball	7,8 & 9	Miss Bevan & Miss Pridie	3.15pm - 4.15pm	Sports Hall
KS3 Dance Company	7,8 & 9 Audition only	Mrs England & guest teachers	3.15pm - 4.15pm	DA1
<b>Wednesday</b>				
Yoga	ALL	Mrs England	7.45am – 8.15am	DA1
KS3 Basketball	7,8 &9	Miss Bevan	7.45am - 8.15am	Sports Hall
Year 9&10 Football	9&10	Mr Cully	7.45am - 8.15am	Astroturf
Indoor Cricket	ALL	Mr Howard	1.30pm - 2.00pm	Sports Hall
RDF	KS4	Coach	3.00pm - 4.00pm	Sports Hall
<b>Thursday</b>				
Fitness	All	Mr Thomas	7.45am - 8.15am	Fitness Suite
Futsal	8-9	Mr Thomas	12.30pm - 1.00pm	Sports Hall
Netball	10 & 11	Miss Boulton & Miss Jones	3.15pm - 4.15pm	Ball Courts
Year 8, & 10 Football	8-10	Mr Thomas, Mr Cully	3.15pm - 4.15pm	Astroturf
Girls Football	All	Miss Pridie	3.15pm - 4.15pm	Astroturf
<b>Friday</b>				
KS4 Basketball	KS4	Mr Howard	7.45am - 8.15am	Sports Hall
Dance Choreography	8-9	Mr Hazlewood, Mrs England	12.30pm - 1pm	DA1
Table Tennis & Badminton	8&9	Miss Pridie	12.30pm - 1.00pm	Sports Hall
Dance Performance	7	Mr Hazlewood, Mrs England	1.30pm - 2.00pm	DA1
KS3 Basketball	KS3	Coach	3.15pm - 4.15pm	Sports Hall

# Times of the Day 2023/24



**THE JO RICHARDSON**

SUCCESS FOR ALL

C O M M U N I T Y S C H O O L

ACHIEVE

YEARS 8-9	Start 8.30 am	8.35 am	P1a 9.00 am	P1b 9.30 am	P2a 10.00 am	P2b 10.30 am	P3a 11.00 am	P3b 11.30 am	P4a 12.00 pm	P4b 12.30 pm	P5a 1.00 pm	P5b 1.30 pm	P6a 2.00 pm	P6b 2.30 pm	P7a 3.05 pm	P7b 3.35 pm	4.05 pm
Monday	8.20am earliest arrival at school unless involved in pre-school activity/ club	Reg/ assembly	P1a	P1b	Break	P2b	P3a	P3b	P4a	Lunch	P5a	P5b	P6a	P6b	P7a	P7b	End of day
Tuesday		Reg/ assembly	P1a	P1b	Break	P2b	P3a	P3b	P4a	Lunch	P5a	P5b	P6a	P6b	End of day		
Wednesday		Reg/ assembly	P1a	P1b	Break	P2b	P3a	P3b	P4a	P4b	P5a	1.40pm end of day. Lunch available until 2.00pm followed by optional school activities					
Thursday		Reg/ assembly	P1a	P1b	Break	P2b	P3a	P3b	P4a	Lunch	P5a	P5b	P6a	P6b	End of day		
Friday		Reg/ assembly	P1a	P1b	Break	P2b	P3a	P3b	P4a	Lunch	P5a	P5b	P6a	P6b	End of day		

YEAR 7 & YEARS 10-13	Start 8.30 am	8.35 am	P1a 9.00 am	P1b 9.30 am	P2a 10.00 am	P2b 10.30 am	P3a 11.00 am	P3b 11.30 am	P4a 12.00 pm	P4b 12.30 pm	P5a 1.00 pm	P5b 1.30 pm	P6a 2.00 pm	P6b 2.30 pm	P7a 3.05 pm	P7b 3.35 pm	4.05 pm
Monday	8.20am earliest arrival at school unless involved in pre-school activity/ club	Reg/ assembly	P1a	P1b	P2a	P2b	Break	P3b	P4a	P4b	P5a	Lunch	P6a	P6b	P7a	P7b	End of day
Tuesday		Reg/ assembly	P1a	P1b	P2a	P2b	Break	P3b	P4a	P4b	P5a	Lunch	P6a	P6b	End of day		
Wednesday		Reg/ assembly	P1a	P1b	P2a	P2b	Break	P3b	P4a	P4b	P5a	1.40pm end of day. Lunch available until 2.00pm followed by optional school activities					
Thursday		Reg/ assembly	P1a	P1b	P2a	P2b	Break	P3b	P4a	P4b	P5a	Lunch	P6a	P6b	End of day		
Friday		Reg/ assembly	P1a	P1b	P2a	P2b	Break	P3b	P4a	P4b	P5a	Lunch	P6a	P6b	End of day		

Uniform is an important part of belonging to JRCS and we have high expectations of all our students. Our uniform promotes a positive image and supports the ethos of the school, whilst reflecting the practical needs of the students. Students should remember that correct uniform must be worn to and from school as well as whilst in school. For opening times of the uniform shop sited in the Castle Green foyer, please call 020 8724 1500.

In the rare event that a student is unable wear correct uniform, parents/carers **must** complete the appropriate section of the 'Permissions' page at the front of this planner. If this procedure is not followed then we regret we will **confiscate** incorrect items, whatever the weather. Confiscated items will be available for collection from the Office by students at the end of the school day. **All items of uniform must be clearly marked with students' names.**

### **Key Stage 3 school uniform requirements**

- Grey polo shirt with silver JRCS logo
- **Plain** black tailored school trousers / **plain** black **pleated knee length** school skirt. A range of these school skirts is available from the Castle Green uniform shop and we strongly advise that they are purchased from here. Skirt length should be close to the knee. The school will decide whether skirts are an appropriate length and students wearing skirts that are not the appropriate length may be placed in the LSU or sent home. Jean style trousers and leggings are not allowed.
- In the summer term students may wear **plain** black **knee length** tailored shorts or shorter trousers (no PE shorts).
- **Plain**, smart, black low-heeled shoes (or low-heeled boots **only if** worn with trousers). Trainers, Creative Recreations, Converse, Vans, Uggs, board style, deck style, canvas pumps, shoes with a white/coloured band around the sole or plimsolls are not acceptable and must not be worn either at school or to and from school. Shoes must be suitable for school wear with **laces or a strap**. Loafers are acceptable.
- Sweatshirt, blazer, cardigan or v-necked jumper, all with red JRCS logo (all these items are optional).
- Students may wear any coat, scarf or gloves on the way to and from school. These must not be worn inside the school building.
- Students who wish to wear a hijab should ensure it is **plain** black or navy blue.
- Girls' headbands must be single width, **plain** black, navy blue or grey.
- Belts should be **plain** black, single width, with no large buckles.
- Girls' socks must be **plain** black and below the knee. Tights must be **plain** black (not patterned).

**Tops with hoods are banned in JRCS. Students are only allowed to wear the school sweatshirt, cardigan or V neck jumper.**

### **School bags**

We expect all students to have an appropriate school bag which will allow for A4 sized books to fit inside without the edges becoming damaged. Students **should not** use 'draw-string' PE bags for their school books and equipment.



## Uniform KS4

Uniform is an important part of belonging to JRCS and we have high expectations of all our students. Our uniform promotes a positive image and supports the ethos of the school, whilst reflecting the practical needs of the students. Students should remember that correct uniform must be worn to and from school as well as whilst in school. For opening times of the uniform shop sited in the Castle Green foyer, please call 020 8724 1500.

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### Key Stage 4 school uniform requirements

- Blue polo shirt with silver JRCS logo
- **Plain** black tailored school trousers / **plain** black **pleated knee length** school skirt. A range of these school skirts is available from the Castle Green uniform shop and we strongly advise that they are purchased from here. Skirt length should be close to the knee. The school will decide whether skirts are an appropriate length and students wearing skirts that are not the appropriate length may be placed in the LSU or sent home. Jean style trousers and leggings are not allowed.
- In the summer term students may wear **plain** black **knee length** tailored shorts or shorter trousers (no PE shorts).
- **Plain**, smart, black low-heeled shoes (or low-heeled boots **only if** worn with trousers). Trainers, Creative Recreations, Converse, Vans, Uggs, board style, deck style, canvas pumps, shoes with a white/coloured band around the sole or plimsolls are not acceptable and must not be worn either at school or to and from school. Shoes must be suitable for school wear with **laces or a strap**. Loafers are acceptable.
- Sweatshirt, blazer, cardigan or v-necked jumper, all with red JRCS logo (all these items are optional).
- Students may wear any coat, scarf or gloves on the way to and from school. These must not be worn inside the school building.
- Students who wish to wear a hijab should ensure it is **plain** black or navy blue.
- Girls' headbands must be single width, **plain** black, navy blue or grey.
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# TARIFF SEPTEMBER 2023

DRINKS	PRICE	BREAKFAST	PRICE
Water 330ml	80p	Breakfast Roll	£2.05
Fruit Slush – Med/Lrg	90p/£1.45	Small Breakfast Baguette	£1.40
Capri Sun	£1.30	3 Piece Breakfast Pot	£2.00
Dalston Cans	£1.40	Toast with Butter or Jam	35p
Radnor 200ml Carton	£1.10	Pancake with Topping	£1.25
Milk / Flavoured Carton	£1.00	Waffle with Topping	£1.55
HOMEBAKES		Pastries & Croissants	£1.55
Muffins	£1.30	Cereals + Milk	90p
Mini Cakes	From 40p	Porridge for Staff	Free/ £1.05
Cookies	£1.15	Porridge for Students	Free
Chocolate / Cheese Straw	£1.15	Porridge Toppings	40p Each
HOT GRAB & GO		COLD GRAB & GO	
Ciabatta	£3.20	Roll	£1.00
Panini	£2.60	Sub	£2.05
Toastie	£2.15	Wrap	£2.60
Loaded Nachos	£2.25	Street Vibes & Naturally	From £2.85
Garlic Dough Balls	£1.40	Baguette	£2.65
Burrito	£2.65	Cold Pasta Pot – Med/Lrg	£1.00/£2.50
Chicken Wings	£2.15	Sml Self-Serve Salad Bar	£1.80
Shawarma	£2.65	Houmous Pot	£1.20
Pizza Slice	£1.50	Edamame Beans	£1.60
Street Vibes	£2.60	Sushi	£3.00
Naturally (V / Ve)	From £2.65	Yoghurt/Jelly/Fruit Pots	£1.00
Hot Pasta Pot – Med/lrg	£2.15/£2.50	Whole Fruit	55p
Jacket Potato – 1 Topping	£2.05		

VAT on hot food and beverages will be charged at the current rate for all staff members



# What Parents & Carers Need to Know about LIVE STREAMING

Live streaming involves broadcasting and watching videos online in real time, often on social media or via platforms like YouTube and Twitch. Viewers can interact through comments, chats and reactions during the broadcast: such instant engagement makes this an exciting way to share experiences, learn from others and build digital communities. Despite the many positives, live streaming also creates a potential platform for unsuitable content and poses some risks to children: it's essential to keep privacy and safety in mind and comply with each site or app's age restrictions.

**AGE RESTRICTION**  
13+  
16+ 18+  
Age varies by platform

## WHAT ARE THE RISKS?

### LACK OF AGE VERIFICATION

Despite their age restrictions, some platforms don't require proof of age at sign up – meaning that anyone can register for an account (and potentially pretend to be older or younger than they actually are). In many cases, this means that young live streamers can never be totally certain exactly who they are broadcasting to and who is engaging with their live stream.

### DISCLOSING PERSONAL INFO

A characteristic of live streaming is the ability for videos to be instantly shared worldwide. Without the correct privacy settings enabled, a child could inadvertently reveal personal information or their location, making them vulnerable to online predators or identity theft. It's wise to regularly check the privacy settings (and what data is being shared) on any apps your child has signed up for.

### ANYTHING COULD HAPPEN

As the video streams are live, children might encounter (or inadvertently share) inappropriate content. Most live-streaming apps have rules to prevent this and monitor their services, also providing report buttons where content can be flagged for review. It may not be dealt with instantly, however, meaning that your child could be further exposed to harmful content during a live stream.

### UNAUTHORISED RECORDINGS

Each live streaming platform stores completed videos for different periods (Twitch saves broadcasts for 90 days, for example, while Facebook and YouTube remove them only at the creator's request). Deleting a video, though, doesn't always stop it from being shared: in some cases, streams have been illegally recorded (or screenshots taken) by certain viewers and redistributed on other sites.

### ROGUE CONTENT CREATORS

Children can also watch other people's live streams, which could potentially contain anything at any time (such as nudity, drug use or profanity). Most apps claim to monitor live streams and will stop any that don't adhere to their guidelines – but with millions of streams per day, it's complicated to regulate them all, so children could be exposed to inappropriate content without parents knowing.

### DANGER OF GROOMING

There are increasing reports of children being coerced into performing "suggestive acts" by strangers on some live-streaming apps. Due to the lack of verification required for certain apps, almost anyone can sign up to these services (including anonymously or under a fake identity). It's vital, therefore, to ensure the correct safety measures are in place before your child begins live streaming.

## Advice for Parents & Carers

### PUT PRIVACY FIRST

Through the streaming app's settings, switch your child's account to 'private', so only their friends and followers can see their broadcasts. You could also turn off the live chat, shielding your child from any upsetting comments – although viewers' feedback is often seen as an integral part of the fun. Identify any nearby items (such as school uniforms or visible landmarks) that could give away your child's location.

### MANAGE MULTISTREAMING

Some apps and sites let users stream their content through multiple social media platforms at once. A broadcast on SteamYard, for example, can be shared on YouTube, Twitch, X and Facebook if the accounts are linked. The privacy settings can differ on each of these, so we'd suggest only streaming via one platform at a time to maintain greater control over who's watching your child's videos.

### GET INVOLVED YOURSELF

Research suggests a significant number of streams show a child on their own, often in a supposed safe space like their bedroom. If your child wants to live stream, ask if you could be present because you're interested in how it works. You could even set up your own account to gain a more detailed knowledge of what your child talks about in their live streams – and who they're broadcasting to.

### TALK ABOUT LIVE STREAMING

Try to start with positives before discussing potential risks. You could ask which live streaming apps your child likes and how they use them. Do they just watch streams or create their own? Explain why it's unwise to reveal personal information while streaming (even to friends). If you feel your child's too young for live streams, explain your reasoning to them and perhaps agree to review this decision in the future.

### CONSIDER THEIR ONLINE REPUTATION

As the broadcasts are live, it often causes the misconception among young people that whatever happens in their video simply 'vanishes' once the stream ends. However, videos can stay online indefinitely or be recorded by other users. It's important that your child understands what they do and say in a live stream could potentially damage their online reputation and, quite possibly, be seen by prospective future employers, colleges or universities.

## Meet Our Expert

Wendy Smith is Head of Digital Learning at Thornes's Barnborough, London. Recognised in the EdTech 50 UK Awards Yearbook 2021/22 for his efforts in the digital transformation at Cusby Town Primary School and Trear Hamlets, he is also a Google for Education Certified Trainer and guest lecturer at University College London on the integration of technology across the curriculum.



**NOS**  
National Online Safety  
#WakeUpWednesday

Source: <https://www.net.org.uk/media/23/302/distribution-of-captures-of-live-streamed-child-sexual-abuse-final.pdf>



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