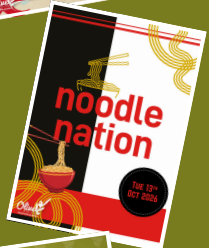


# AUTUMN MENU

WEEK 1  
WEEK 2  
WEEK 3

MEAL  
DEAL  
£2.70

Theme  
Days



MON

TUES

WED

THURS

FRI

MAIN  
£2.60

MOO-PING STYLE  
CHICKEN CURRY  
WITH COCONUT RICE  
(CE\*, MU\*, SO, G/W)

CININNATI STYLE  
BEEF CHILLI &  
STEAMED RICE  
(G/B\*, O\*, R\*, W\*)

GRAB N GO

BEEF PASTA AL  
FORNO WITH  
TOMATO & HERB  
SAUCE  
(CE, E\*, MK, G/W)

FISH & CHIPS  
WITH GARDEN  
PEAS  
(F, G/B\*, W)

ROOTS & SHOOTS  
£2.60

JAMAICAN  
CAULIFLOWER CURRY  
WITH RICE & PEAS  
(CE, G/B\*, W\*)



VEGGIE CHILLI TACO  
WITH SHREDDED  
LETTUCE, SALSA &  
SPICY RICE  
(MU\*, SO\*, G/B\*, O\*,  
R\*, W\*)



GRAB N GO

SUPER GREEN PESTO  
VEGETABLE RAGU  
WITH WHOLEMEAL  
PENNE  
(MK, G/W)

MARGHERITA PIZZA  
WITH CHIPS & HOUSE  
SALAD  
(MK, G/W)

PASTA POPINA  
£2.45

TOMATO & BASIL  
PASTA  
(G/W)



CREAMY MUSHROOM  
& PEA SPAGHETTI  
(CE, E, MK, G/W)

GRAB N GO

CHERRY TOMATO &  
SPINACH PASTA  
(CE, G/W)



MEDITERRANEAN  
VEGETABLE PASTA  
(G/W)



PUD  
£1.50

SUMMER CRUMBLE  
WITH CUSTARD  
(MK, G/W)

MANGO CHEESECAKE  
(E\*, MK, SO\*, G/B\*,  
O\*, R\*, W)

GRAB N GO

CHOCOLATE &  
ORANGE MARBLE  
CAKE  
(E, MK, SO\*, G/W)

RICE PUDDING WITH  
FRUIT COULIS  
(MK)

ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD



STREET  
£2.70

FULLY LOADED  
CHEESEBURGER  
(MK, SE\*, SO, SU,  
G/W)

CHICKEN  
MASSAMAN CURRY  
WITH LIME &  
CORIANDER RICE

GRAB N GO

FIRECRACKER  
CHICKEN WRAP WITH  
CAJUN MAYO  
(E, G/W)

SOUTHERN STYLE  
BAKED CHICKEN LEG  
WITH SPICY RICE &  
BBQ BEANS

ALLERGENS KEY:

CE = CELERY  
CR = CRUSTACEAN  
E = EGGS

F = FISH  
G = GLUTEN  
G/B = BARLEY

G/O = OATS  
G/R = RYE  
G/W = WHEAT

L = LUPIN  
MK = MILK  
MO = MOLLUSCS

MU = MUSTARD  
N = NUTS  
P = PEANUTS

SE = SESAME  
SO = SOYA  
SU = SULPHUR DIOXIDE

\* = MAY CONTAIN

Go  
Vegan

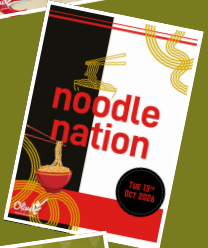
Olive  
dining  
food with passion

# AUTUMN MENU

WEEK 1  
WEEK 2  
WEEK 3

MEAL  
DEAL  
£2.70

Theme  
Days



MON

TUES

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THURS

FRI

MAIN  
£2.60

PAPRIKA SPICED  
BEEF GOULASH WITH  
BUTTERED EGG  
NOODLES  
(E, G/W)

LEBANESE SPICED  
CHICKEN WITH  
BATATA HARRA &  
TANGY TOMATO  
SAUCE  
(G/B\*, O\*, R\*, W\*)

GRAB N GO

CREAMY CHICKEN &  
LEEK PIE WITH GOLDEN  
PUFF PASTRY LID &  
BUTTERED NEW  
POTATOES  
(CE, MK, G/W)

FULLY LOADED  
CHEESY BEEF  
BURGER WITH RED  
ONION, TOMATO &  
CHIPS  
(MK, SE\*, SO, SU,  
G/W)

ROOTS & SHOOTS  
£2.60

HUNGARIAN VEGGIE  
MEATBALLS IN  
SPICED TOMATO  
SAUCE WITH  
BUTTERED POTATOES  
(E\*, SO, G/B\*, O\*, R\*,  
W)

ROASTED  
VEGETABLES, BEANS &  
CHICKPEAS WITH  
BATATA HARRA &  
TANGY TOMATO SAUCE  
(CE, G/B\*, O\*, R\*, W\*)

GRAB N GO

CHEDDAR TOPPED  
VEGGIE HOT POT WITH  
SEASONAL VEGETABLES  
(CE, MK, G/W)

VEGGIE SUPREME  
PIZZA WITH CHIPS  
& HOUSE SALAD  
(MK, G/W)

PASTA POPINA  
£2.45

TOMATO & BASIL  
PASTA  
(G/W)

MEXICAN STREET  
CORN PASTA BAKE  
(MK, G/W)

GRAB N GO

MEDITERRANEAN  
VEGETABLE PASTA  
(G/W)

THREE CHEESE  
PASTA  
(MK, G/W)

PUD  
£1.50

STICKY TOFFEE  
PUDDING  
(E, MK, SO\*, G/W)

MIXED BERRY  
CRUMBLE WITH  
CUSTARD  
(MK, G/W)

GRAB N GO

JAMAICAN GINGER  
CAKE WITH CUSTARD  
(E, MK, SO\*, G/W)

CHOCOLATE SPONGE  
WITH CHOCOLATE  
SAUCE  
(E, MK, SO\*, G/W)

ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD



STREET  
£2.70

JERK CHICKEN CURRY  
WITH RICE & PEAS  
(CE)

FIRECRACKER BEEF  
& WHOLEGRAIN RICE  
(CE, G/B\*, O\*, R\*, W)

GRAB N GO

CARAMELISED ASIAN  
BEEF RAMEN NOODLES  
(CE\*, E, MU\*, SO, G/W)

HOT & SPICY  
CHICKEN WINGS  
WITH CHUNKY  
CHIPS & SLAW  
(E)

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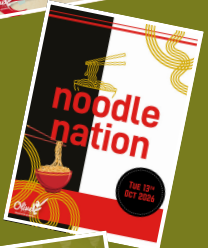
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MAIN  
£2.60

CHICKEN &  
VEGETABLE BALTI  
CURRY WITH  
STEAMED RICE  
(MU\*, G/B\*, O\*, R\*,  
W\*)

MEAT FEAST PIZZA  
WITH HOMEMADE  
POTATO WEDGES &  
CHEF'S SALAD  
(CE\*, E\*, MK, MU\*,  
SO\*, G/W)

GRAB N GO

TRADITIONAL BEEF  
RAGU WITH HERB  
INFUSED PENNE  
(CE, G/W)

FISH & CHIPS  
WITH GARDEN  
PEAS  
(F, G/B\*, W)

ROOTS & SHOOTS  
£2.60

SRI LANKEN YELLOW  
VEGETABLE CURRY  
WITH STEAMED RICE  
(CE)  
V

VEGGIE SUPREME  
PIZZA WITH  
HOMEMADE WEDGES  
& CHEF'S SALAD  
(MK, G/W)

GRAB N GO

TUSCAN COURGETTE &  
PEPPER STEW WITH  
HERB INFUSED PENNE  
(CE, G/W)  
V

MARGHERITA  
PIZZA WITH CHIPS  
& HOUSE SALAD  
(MK, G/W)

PASTA POPINA  
£2.45

MAC & CHEESE  
(MK, G/W)

CREAMY PUMPKIN  
PASTA  
(CE, E, MK, G/W)

GRAB N GO

ROASTED SQUASH &  
PEA ALFREDO  
SPAGHETTI  
(E, MK, G/W)

TOMATO & BASIL  
PASTA  
(G/W)  
V

PUD  
£1.50

SPICED BANANA  
SPONGE WITH  
COCONUT SAUCE  
(E, MK, SO\*, G/W)

PEAR UPSIDE DOWN  
CAKE WITH CUSTARD  
(E, MK, SO\*, G/W)

GRAB N GO

APPLE CRUMBLE WITH  
CUSTARD  
(MK, G/B\*, O, W)

WEST INDIAN FRUIT  
CAKE  
(E, MK, SO\*, G/W)

ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD



STREET  
£2.70

TRINIDADIAN STYLE  
BEEF HOT POT  
(CE, G/B\*, O\*, R\*, W)

MEXICAN BEEF  
BURRITO WITH  
CHEF'S SALAD  
(CE, MU\*, SO\*, G/B\*,  
O\*, R\*, W)

GRAB N GO

SWEET & SOUR  
CHICKEN BALLS &  
FRIED RICE  
(MK, SO\*, G/B\*, O\*,  
R\*, W)

PIRI PIRI CHICKEN  
& DIRTY RICE

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