VACCINATION UK

A porcine-free flu vaccine is available



You do not have to choose the nasal spray - a porcine-free alternative is available.

Protect your child from flu this winter

Your child will be offered a **free** NHS flu vaccination as part of the school-aged vaccination programme.

The vaccine usually offered to children is a nasal spray. The nasal flu vaccine contains a small amount of porcine gelatine.

PREFER A VACCINE WITHOUT PORCINE GELATINE?

A **porcine-free** injectable flu vaccine is also available.

If you do not want your child to receive a vaccine containing porcine gelatine for religious, cultural or personal reasons, you can request the injectable flu vaccine instead.

TWO VACCINE OPTIONS

NASAL SPRAY



- ✓ Given as a quick spray into each nostril
- ✓ The preferred vaccine for most children
- ✓ Contains a small amount of porcine gelatine
- ✓ No needle is needed

INJECTABLE VACCINE



- ✓ Given as an injection, usually in the upper arm
- ✓ Does not contain porcine gelatine
- ✓ Available for children who cannot have, or whose parents prefer not to have, the nasal spray

WHY VACCINATE AGAINST FLU?

Flu can make children very unwell and can spread easily at school and at home.

- Protect them from flu and its complications
- Reduce the chance of flu spreading to family and friends
- Protect people who may be more vulnerable to becoming seriously ill

HOW DO I CHOOSE THE PORCINE-FREE VACCINE?

- When you receive your child's flu vaccination consent form, complete it as instructed and select the injectable flu vaccine if you would prefer the porcine-free option.
- If you have questions or need help completing your child's consent, please contact the Vaccination UK team.

VACCINATED AT SCHOOL | PROTECTED FOR WINTER

WWW.SCHOOLVACCINATION.UK

NHS